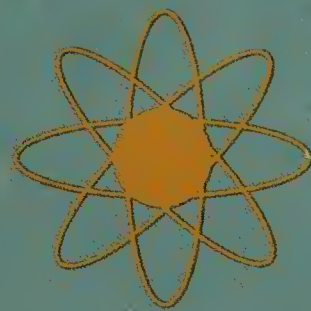
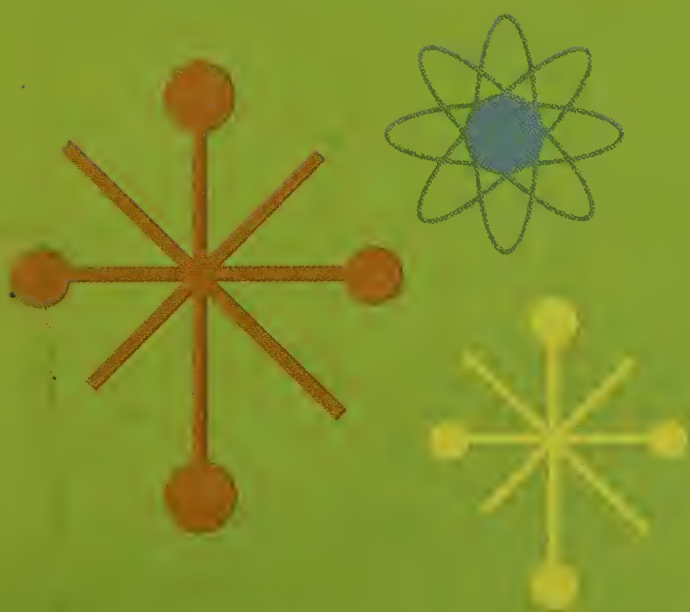


Indian Echoes



Episodes

1997



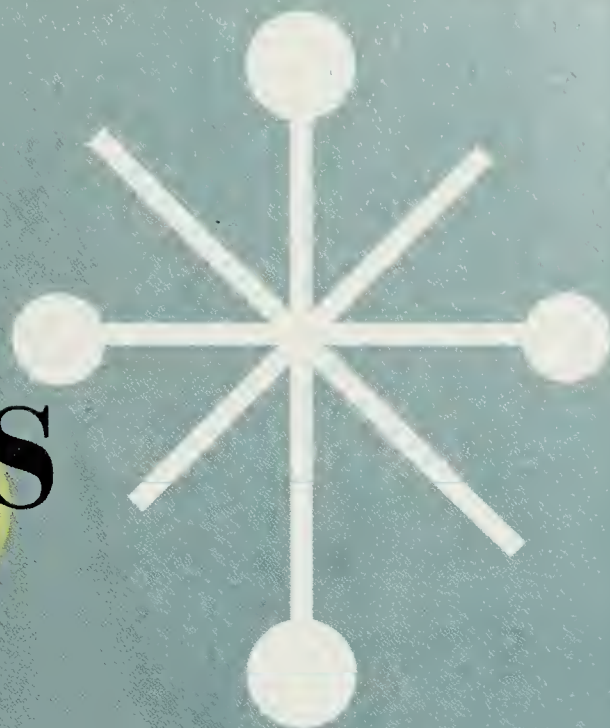
Episodes

1997



Indian Echoes

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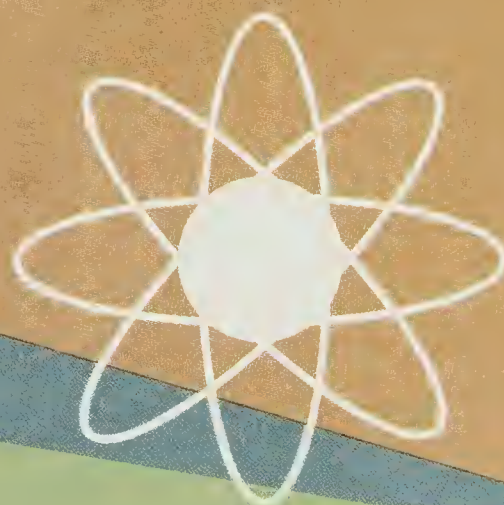
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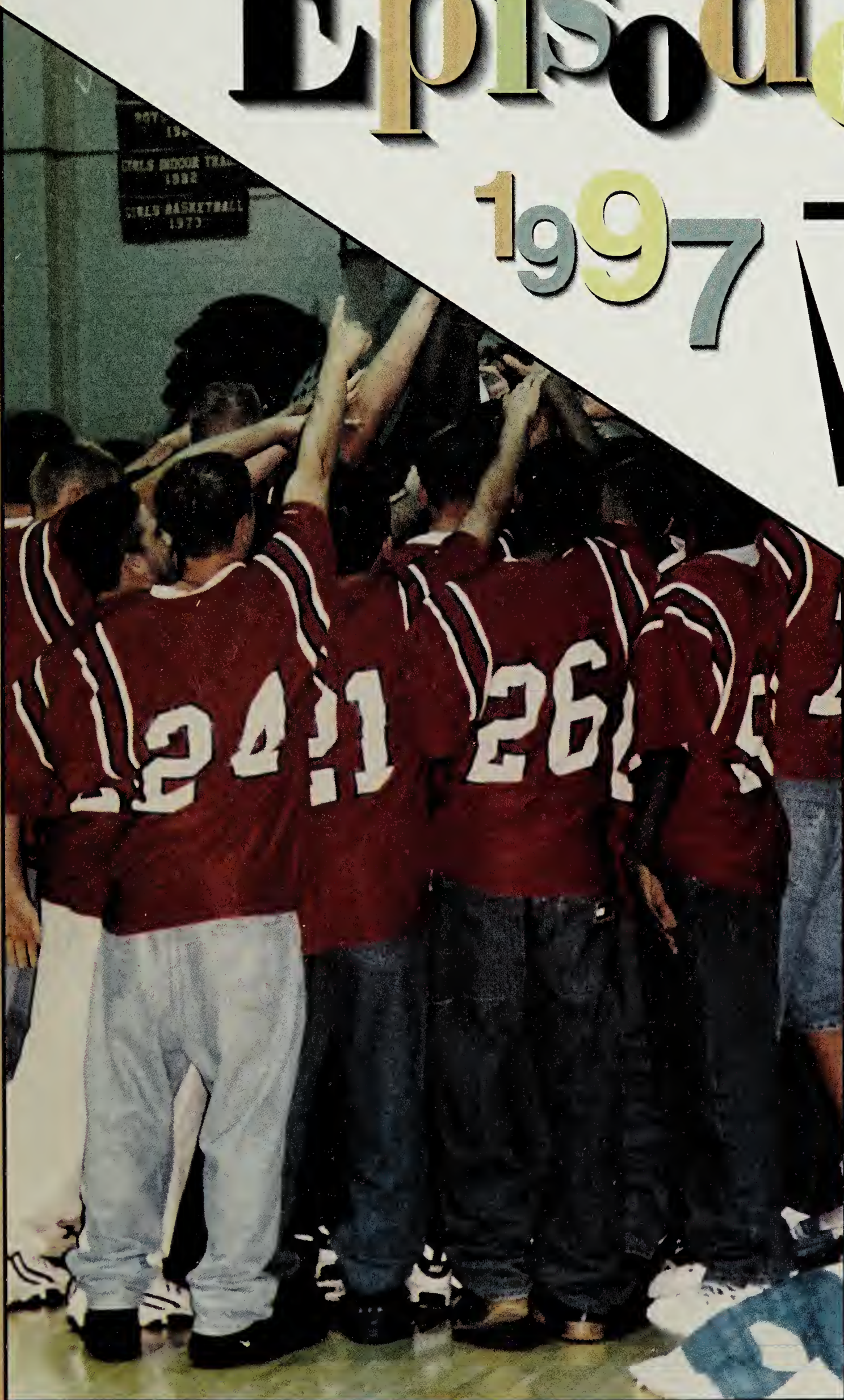


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Episodes

1997



Gar-Field Senior High School
14000 Smoketown Road
Woodbridge, VA 22192


(703) 730-7000

Fax: (703) 730-7197

Dreaming of touchdowns and field goals, senior Alicia Meyer patiently waits for the next time she can stand proud and be loud for the team.



Using a little help from the cheerleaders, senior Greg Briney made more noise than usual trying to stir up the crowd.



Entertaining themselves, seniors Josh and Jason Hogan put on funny faces at a Gar-Field football game.

Episodes



The football team shows its appreciation by putting a pie in the face of Mr. Wright.

A last year of special occasions and memory-making began on September 3, 1996 for the seniors in the graduating class of 1997. For one last time we entered, and took in the smell of a new year. We gathered our friends and with a sigh exclaimed, "Our last year!"

For some, this was a time of happiness and an overall feeling of achievement. For others, it was a time of sorrow as we remembered those we lost and what we would soon lose—the high school years.

As our seniors began and ended their last year, the freshmen class of 2000 came in with a new found exuberance. They let go of their childish ways as they adapted to the new feeling of being a young adult. They began preparing for the day they would graduate. Our juniors edged in closer to their senior years, while sophomores waited less than patiently for their driver's licenses.

This year's theme, **Episodes**, reflected the on-going storyline written and played out each day here at the School of Champions. From homecoming to graduation, we lived a drama so close to sitcoms, commercials and soap operas. It's amazing a spin-off television show hasn't yet been created. We were the characters on our own dramatic episode. We were the writers.

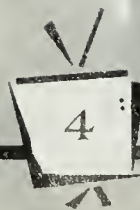
Undoubtedly, the many reels of memories will find their way into syndication and reruns will abound for the future through this history book. Each time you open this book, you will remember the good, the sorrowful, the crazy, and the melodramatic days of the 1996-97 school year.

Celebrate your memories. Tune in with friends. Make a bowl of popcorn and fasten your seatbelts for one action-packed series of **Episodes**.

•Janet Ortiz, Editor-in-Chief

Opening





Student Life

"These Days are our Happy Days"

When students think back to the fall of 1996, they find it hard to believe that yet another year has gone by. Upon entering the halls of Gar-Field in September, there were a mixture of feelings in the air. From the freshmen to the seniors, a feeling of anxiousness and excitement was present. Everyone seemed to look forward to seeing the friends they had missed since last June. It was interesting to see how people had changed over the summer, and it was certain that we would change even more as the year went on.

No one looked forward to the start of the school year as much as the senior class. This was the year they had been waiting for. Seniors chose to live in the moment while these high school days were still here.

Most students agree that the best times were those spent with friends; the company of a friend always made for some good laughs. While there were times of defeat and heartache, the good times far outweighed the bad. The memories made in our Gar-Field days are sure to last a while, if not forever, and they are what made student-life so great. • Karen Testerman

With trumpet in hand, practice made perfect for junior Billy Brack. Spending extra time in the band room paid off.



End of the Road

After years of study, preparation, friendship and discovery, the journey was finally over. The twelve long, yet short, years of work and dedication had come to a close. Graduation was a proud moment for students, as well as parents. This feeling was evident for Brenda Smith and her family. "A memorable moment for me was when I looked out in to the crowd and saw my parents sitting there with big smiles on their faces." Graduation meant it was time to say good-bye to the friends one may have known since kindergarten. Friends would split up and go their separate ways. For many students this was the hardest part of graduation. Christina Taylor commented, "I made some of my closest friends in high school and I miss them bunches! My phone bill stays high with calls to old friends."

"I looked out in to the crowd and saw my parents sitting there with big smiles on their faces."

-Brenda Smith

Following the graduation ceremony, the Class of '96 headed for the Dale City Recreation Center for the After-Grad Party. There were games, prizes, food and many memories to be made. Graduates shared last laughs together, as a class, before moving on to their own paths. Brenda Smith remembered, "the fun, the laughter, and when the time came to go our own ways."

Along with leaving friends and family, graduates faced many new decisions to make concerning their future. Some chose the college path with career goals in mind, while others still were uncertain of what was in their future. The opportunities and experiences were endless. With graduation came the realization that one had reached the end of just another road. Just when one thought the journey was complete, one found a new just beginning. •Karen Testerman, Robyn Levin, Nikko Nasca

New Paths to Choose





The Class of '96 enthusiastically threw up their caps in celebration of their graduation. A proud feeling of accomplishment was felt as the caps were tossed in the air. After the tossing of the caps, grads gave hugs and talked with family and friends.

At the After-Grad Party, Guillermo Cintron was ready to take on his sumo-wrestling opponent. In addition to sumo-wrestling, students could also play casino games, or have a caricature drawn of themselves. There were also many door prizes to be won.



Friends Mary Burke and Jennifer Dineen took a moment at the After-Grad Party to pose for a picture under a tropical scene. Graduates took this photo opportunity to capture a few last memories with their friends. The After-Grad Party was one of the last times the Class of '96 would be together.

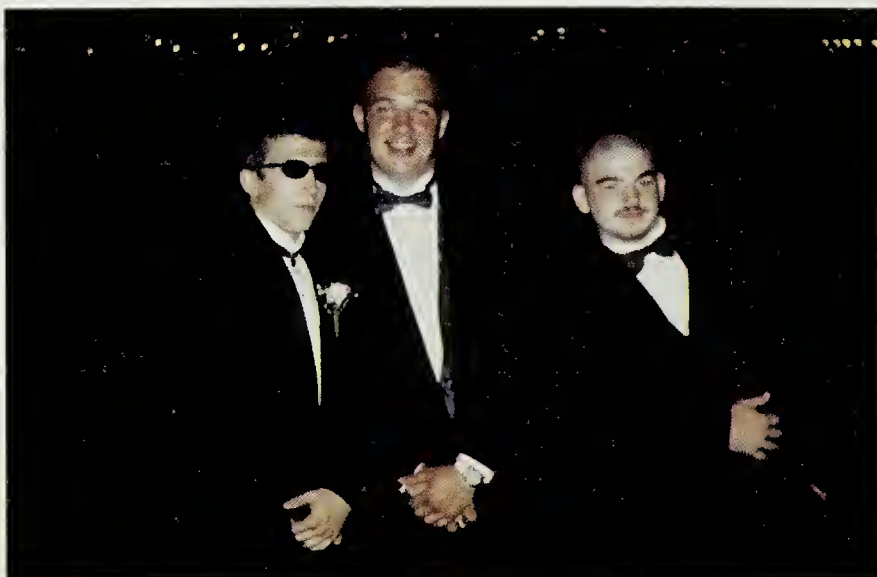
Twins Aaron and Derek Alderman took part in the traditional turning of the tassels. This signified the big change in a senior's life. The high school days had ended and it was time to move on to the "real world."

A moment was all senior Terry Dillard needed to catch his breath after a long evening of non-stop dancing. Some guys could not understand why the girls never wanted to sit one out. "Girls just wanna have fun!"

"Make it last forever and ever." John McElhenny and M.C. Dvoroznak capture the moment with yet another picture. The evening was full of flashes and clicks as couples posed in every angle possible.



The basic black tuxedo was a classic example of style and class. Posing and looking good, seniors Mikey Riley, Dan McKenzie, and junior Gary Hamn break it down for a quick one outside Potomac Landing.



A kiss was all that was needed to make a beautiful night become Paradise! Eric Smith and Krystal Fichter celebrate Eric's last formal dance by topping it off with a special kiss on the cheek.



Almost Paradise

The 1995-96 junior-senior prom was not only a glamorous, exciting time to mingle, dance, and enjoy the company of friends, but it was *Almost Paradise*!

After weeks of preparation, dates arrived at doors, ready to pose for the family picture moment. With just a little touch-ups after pictures, couples were on their way to dinner before heading for the Stouffers Hylton Hotel. Intimate dinners were shared at some of the best restaurants in the metropolitan area. Most couples

"The most memorable part of prom was being with my girlfriend."

-Senior Andrei Militaru

doubled and triple dated, while one group contained 14 different couples! "I went to the prom with about 14 couples and it made the prom a blast! The only problem was that when we girls went to the ladies' room, it was a bit crowded," said senior Christa Gargan on her *full* evening of fun and excitement.

In a world where time moves by quickly, attendees of the Prom needed a token of remembrance to make a lasting memory. Pictures and more pictures were taken from the moment dates arrived at the doors. Girls bombarded mirrors in order to make their prom pictures look the best. Picture-taking was all about the beauty of the moment.

As the night came to an end, couples gathered on the dance floor and danced to the theme song *Almost Paradise*. As they held one another close, couples inhaled and took in the memories of the evening. For seniors, this was a moment of reflection as they remembered their anticipation of making this last memory.

•Janet Ortiz

Knocking on Heaven's Door

Reign of Victory

This year's Homecoming festivities began with an exciting, yet surprising game night. A great football match-up, elaborate floats, and nine ladies of royalty showed off the best of Gar-Field. Not even the rain could damper the spirit and pride of the Indians.

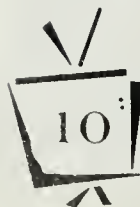
The Indian team charged the Panthers early on in the first half with a touchdown by senior Brian Daniels and a field goal by senior Steve Ryan. With a head start, the team continued to show off its strength and skill throughout the night. For the second half of the game, the varsity team fought their way through the rain and the Potomac defense. "The rain only made the game more fun," said junior Randy Ware, "we proved that we could play well through anything." Seniors Brian McElhenny and Brian Daniels each scored a touchdown during the third quarter. Although the Panthers were able to take one touchdown in the final minutes of the game, they were no match for the mighty Indian defense. The varsity team won the game with a final score of 24-7. "I was proud to win another Homecoming game, especially because we beat the other team with such a high score," added senior Brian Daniels.

At half-time, the classes paraded their *Hollywood Heroes* floats, showing off scenes from Batman, the Wizard of Oz, other movie classics, and the famous Hollywood sign. Although the freshmen and other classes offered strong competition, the senior class won the float contest. The half-time ceremonies also included the crowning of senior Elizabeth Davis as the Homecoming Queen. Despite the fun and glamour of the festivities, a raging storm that would continue for the duration of the night, began to pour down on the fans and players. While several spectators took shelter back at the school or in their cars, many dedicated fans stayed to show their support of the "Big Red Machine." •Claudia Williams, John Galgano

"The Homecoming game was great! We had so much fun winning through the storm!"

- Senior
Khalid Attia

Indians Storm Panthers





Head to head with the Potomac Panthers, the mighty Indians faced off for an exciting game. The varsity team was determined and prepared for the match-up, but never could they have planned for the terrible rain storm that ensued at half-time.

With encouraging pats from team members, the varsity squad showed team unity as senior Jamie "Moose" Johnson ran through the line-up. The anticipation of the big match-up with Potomac could only increase as the announcer called the names of the starting players.



The theme of the Homecoming weekend, Hollywood Heroes, came to life on the sophomore float where the famous Hollywood sign was recreated. The class of '99 tossed out candy to a crowd of cheering fans as they road along with the float parade.

As the last seconds of the game left the Indians victorious, seniors Nathan Vineyard and Josh Lawson showed their excitement. Their pride was more than evident as they enjoyed the victory that kicked off a memorable homecoming weekend. A homecoming win was always special, but this one seemed even more significant as the football team had to fight through a raging rainstorm during the game.

After a fancy dinner, juniors Ben Gregson, Christin Talbot, Keith Benderoth, and Kristin Bellando couldn't wait to get to the dance floor. However this group couldn't pass up a chance to capture the memories.

Stolen away from the excitement senior Elizabeth Davis, homecoming Queen, and her date, senior Carl Carter stopped for a quick picture. Obviously enjoying themselves, they walked hand in hand to the dance floor. The honor of being crowned queen made this night special for Elizabeth.



No one could pass up the chance to dance the Macarena. Everyone joined in on the fun of the popular dance. Dancing with friends made homecoming enjoyable.



As they posed for their parents, this group of sixteen waited to start the anticipated evening. Taking pictures was important to both the parents and the students. The memories of the night would last a lifetime.





Night for Fun

An evening of romantic dinners, flashy dresses, and time out with respected friends: one might think of Hollywood's heroes, but in fact, it was Gar-Field's Homecoming night. Homecoming has always been a night to get together with school friends outside of the classroom and this year's theme added a bit of glamour to the anticipated evening. Many couples enjoyed the chance to hit the dance floor after a long, formal evening. "Dancing is what made the whole thing worth it. Even though the rain spoiled the game the night

before, the music we danced to was great," described senior Leah Kuhns.

"It was nice to get to spend a special night out with good friends. This year's homecoming was the best!

-Senior Scott Clendaniel

For others, the chance to get dressed up is what makes the night so special. "It was great to see my friends in fancy dresses and suits; something we don't always get the chance to see each other in," exclaimed freshman princess Tamara

Williams. Searching for the perfect dress or perfect suit sometimes takes weeks of preparation, but always adds to the anticipation. After the days spent searching for all little details and accessories, the dance is the time to enjoy it all. Junior Nick Powers explained, "I was nervous getting ready because I wanted everything to turn out perfect, but when the night came it all turned out right and I had the best time."

The Hollywood Heroes theme carried over through out the night. The main hall was transformed into a hall of fame bearing stars of celebrities and recreated artifacts from the class floats. "It's amazing how the hall looked," said junior Sara Smith, "Everyday it's just a hall we pass through, but that night it was so festive." The glamour and excitement that Tinsel Town is famous for came to life at Gar-Field. •Claudia Williams, John Galgano

and Dancing

Discovering Friendships

Friends. Pals. Amigos. Homies. Whatever they were considered, they were definitely the most important people in the students' lives. Who else was there to listen to their problems, make them laugh, and walk them to class in less than seven minutes?

Between classes, groups crowded the halls of Gar-Field. Some students, like junior Jennifer Flom, preferred to hang out with a large group of friends, "That way I'll always have someone to go out with." Other students favored having a best friend. The one person they could trust more than anyone else. Senior Ebony Lambert recalled the best time she had with her best friend, "We went to Disney World together for two weeks. I'll never forget it." Senior Leah Foster also found comfort in having one really close friend. "Even though I just met my best friend last year, it seems like we've known each other forever."

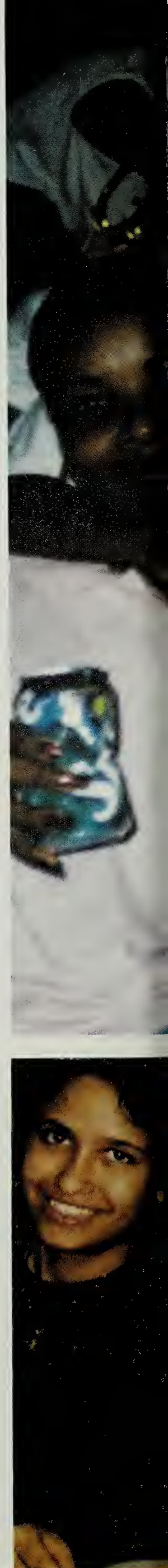
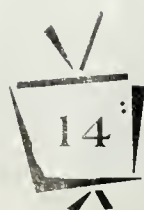
Every student needed someone to rely on. High school was full of tough changes where students sometimes needed a strong shoulder to cry on. Through bad grades, break-ups, and all sorts of "parent problems", having that special someone really helped.

Then there were the weekends and school breaks that were made a lot more fun when one's friends were around. Friday night football games, big parties, college visits, or even just those quiet evenings of hanging out at someone's house. The high school years were filled with wonderful memories of all these special people who shared their time. Whatever friends did together, it was better by doing it with someone than by themselves. "I've known a lot of my friends since elementary school, and I'm really glad that we're all still close buds," stated sophomore Jim Klapmust. Even as the high school days came to a close, the friends one made would always hold a special place in their heart.

•Tara Koshetar, Neda Farahmand, Vidya Kori, Sanjana Khoobchandani

"Even though I just met my best friend last year, it seems like we've known each other forever."-Senior Leah Foster

That Last Forever





Good friends, sophomores Valerie Johnson, Sandrine Chebou, Jeannine Veal, Leslie Allen, and junior Chinita Woody take a break from playing their instruments at a football game. Many long-lasting friendships were made through extracurricular activities afterschool.

Lunch was a time where friends could socialize and make plans for the weekend or afterschool. During lunch, seniors Jeremy Johnson, Kyle Enzler and Adrian Watkins tried to make the best of their 25 minute break.



At lunch, juniors Rose DelaCruz, Charlene Bonilla and friend enjoyed the short amount of free-time they had before going to their next class. Lunch gave students enough time to make plans or recall the events of the day.

In addition to showing school spirit, attending sporting events was a good way to spend time with friends. Enjoying a soccer game with a friend from another school, juniors Danielle Johnson and Teresa Peters watched attentively as Gar-Field attempted to score a goal.

In his spare time, junior Keith Benderoth often plays soccer with a bunch of friends. Keith has always loved soccer; he began playing when he was five years old, and has continued ever since.

Sports brands such as Adidas and Nike, were the most popular brands among students at Garfield. Junior Nick Lichtenfels often wore his Adidas gear around school.



Top Three Picks

Best Movies

1. Independence Day
2. A Time to Kill
3. Nutty Professor

Best T.V. Show

1. Friends
2. Party of Five
3. NY Under Cover

Favorite Sports Team

1. Dallas Cowboys
2. Chicago Bulls
3. Baltimore Orioles

Best Car

1. Ford Mustang
2. Honda Prelude
3. Mitsubishi Eclipse

Best Station

1. 95.5
2. 93.9
3. 104.1

Favorite Foods

1. pizza
2. pasta
3. Chinese

Best Brand

1. Nike
2. Adidas
3. Calvin Klein

Best Music

1. Fugees
2. Bone Thugs and Harmony
3. Metallica



The race for favorite car wasn't a big one since the majority of the select few who voted chose the Ford Mustang. Senior Mike Sullivan was excited to hear that his car, a Mustang, won in the best car of the year. He loved to show it off and was glad that it was recognized.



What Kicks in '96

Green Eggs and Ham? Is that really the most popular book at Gar-Field High School? One thing for sure. The results of the survey of Gar-Field's favorites revealed the nature of our character. There were responses like crispy chicken on a bun for favorite food, cricket as a favorite sport, and others showed their school pride by voting for Gar-Field football as their favorite sports team.

Each category featured a clear winner. On the movie frontier, *Independence Day* clocked in ahead of the second place finish by 37 points. Junior Megan Westcott was one of the many who loved *ID4*. She said, "Independence Day was the best!

"Soccer is my favorite sport because it involves physical contact, and a lot of athletic ability. Scoring a goal always gives me a rush." -Junior Nick Powers

Everybody in the theater was clapping and cheering which added to the excitement!"

In the music category, *The Fugees* and *Bone Thugs and Harmony* rivaled closely with 21 and 19 votes respectively. *Metallica* came in third with six votes. Another category with a strong showing was that of the most popular hang-out.

The majority of the student body enjoyed hanging out at the homes of friends. Fast food restaurants like Taco Bell, McDonald's and Denny's proved to be hot spots among students. One respondent even said New York City. Wherever the location, the main objective was to have fun.

Regardless of the category, people had strong opinions. Sophomore Brian Leatham commented on his favorite clothing, Tommy Hilfiger. "I like my clothes to be of good quality so that when they are put through the dryer, they don't fade or fuzz."

"Soccer is my favorite sport," said junior Nick Powers, "because it involves physical contact and a lot of athletic ability. Scoring a goal always gives me a good rush."

Likes and dislikes had as much to do with current trends as habits handed down from parents. The preference for products as basic as Coke or Pepsi provides one with a starting point for comparison. These are the best and most memorable of the year.

•Martha Dunn, Jenny Cahill, Collette Mainardi

What's Heaven in '97

The Other 48 Hours

When the bell rang on Friday afternoons, hundreds of students crowded the parking lot eager to get a head start on their weekend plans. Where were they all going? Chances were students scattered to games, to friends' houses, or to spend time with boyfriends or girlfriends. There always seemed to be somewhere to go or someone to see.

Junior Erin Ruane had a wide variety of things to do on weekend. "I usually go out to the movies, go ice skating, or my go to one of my friends' houses and have fun." Weekends provided an opportunity to escape the hardships of a stressful week at school.

As the seasons changed, students found themselves valuing the weekends more than ever. "When school starts, the weekends begin to mean more to me since I only get two days, unlike the summer when it's everyday to do something," stated senior Josh Hogan.

"On weekends, my friends and I hang out together and do something fun."

-Erin Ruane

During the school year an average weekend cost students \$20 or more. But where did all that money go? "I usually spend at least \$100 on the weekends. Most of my money goes towards clothes, food, and recreation," sophomore Emily Ostrander confessed.

Many students found themselves eating out on weekends. Students preferred Taco Bell and McDonald's over any other restaurants. Although on Sunday evenings, some found themselves within the comfort of their own homes. Junior Lisa Roberts said, "I usually eat dinner with my family, and then finish my homework on Sunday nights."

Weekends provided time for more than just fun. Most students worked for a retailer at Potomac Mills Mall in order to have the money for the weekend. Senior Jenni Reese stated, "I spend the majority of my weekends working at *Guess?* in the mall, but at night, I hang out with my friends."

From Fridays to Sundays, season to season, partying to studying, students found a variety of ways to spend their weekends. •Kristen Crabtree, Kelly Smith

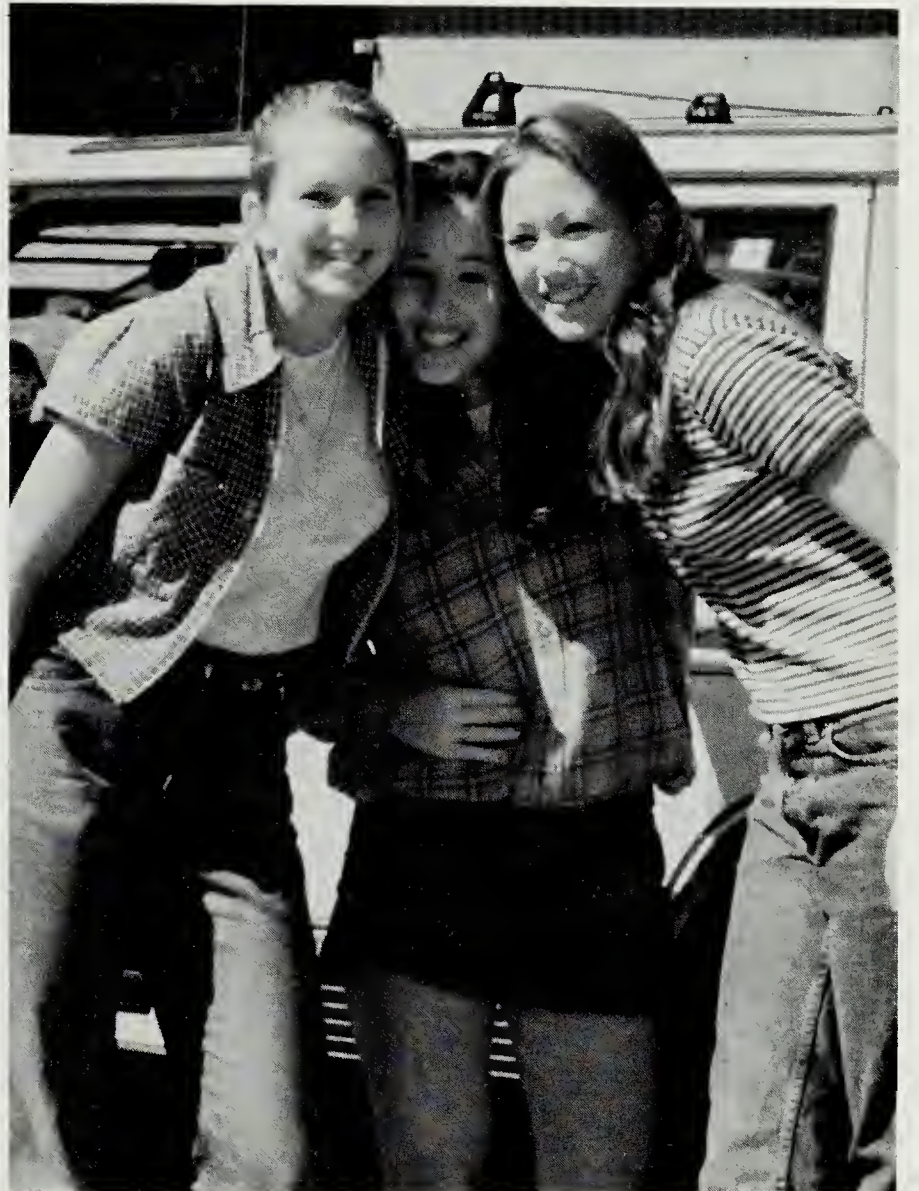
A Time To Chill





After a night of serious partying, juniors Josh Powell, Megan Norgart, sophomore Macon Foscue, and freshman Stacey Siefke decided to take a quick pose for a snap shot. The weekend was a time for movin' and goovin'!

Relieved that the week was over, juniors Kelli Hicks, Eva McCarthy, and Jennifer Flom, began preparing for the weekend. Oh, the choices between parties or the movies!



McDonald's was the choice for a quick bite after a Friday night football game for senior Danny Broughton and junior Margaret Rowland. Trying to beat the herds from the football game to the hottest fast food spots meant leaving before the game ended.

"The Loud Crowd," cheered on Garfield at some of the major football games, especially against cross town rivals Woodbridge, Hylton, and Potomac. Seniors Emily Faught and Josh Hogan were among the "Loud Crowd" which consisted of some of the Senior Class' finest.

HALLOWEEN SCARES

Ghouls, goblins and Ross Perot. Only one explanation could be given: the costume holiday of the year, Halloween. Though Halloween was on a Thursday, this didn't stop students from doing the traditional egging and toilet papering of houses and cars until well into the evening.

Several students were spotted walking on their knees trying to pass for twelve year-olds in order not to be spotted trick-or-treating in their teens. But the majority of the students sucked in their gut and let everyone know that trick-or-treating wasn't only for the kiddies. "It stinks because my parents think I'm too old to go trick-or-treating," said senior Billy Gorman.

According to seniors Dimitrios Konstantinou and Abby Fehrman, "We like Halloween because it gives people of all ages an opportunity to dress up and act like kids again."

Deep down, one believed in ghosts and other spooky creatures that were supposedly associated with Halloween. Just walking around alone on this creepy night, listening to the wind howl and the soft rustle of the leaves beneath one's feet, created the scene of horror. But students made the thoughts of monsters vanish as they continued with silly pranks and enjoyed the night with friends. "I like Halloween because of the parties, the candy, and the pranks. Once we toilet papered a jeep with the top down and filled the inside with shaving cream. It was funny," said sophomore Tim Brown.

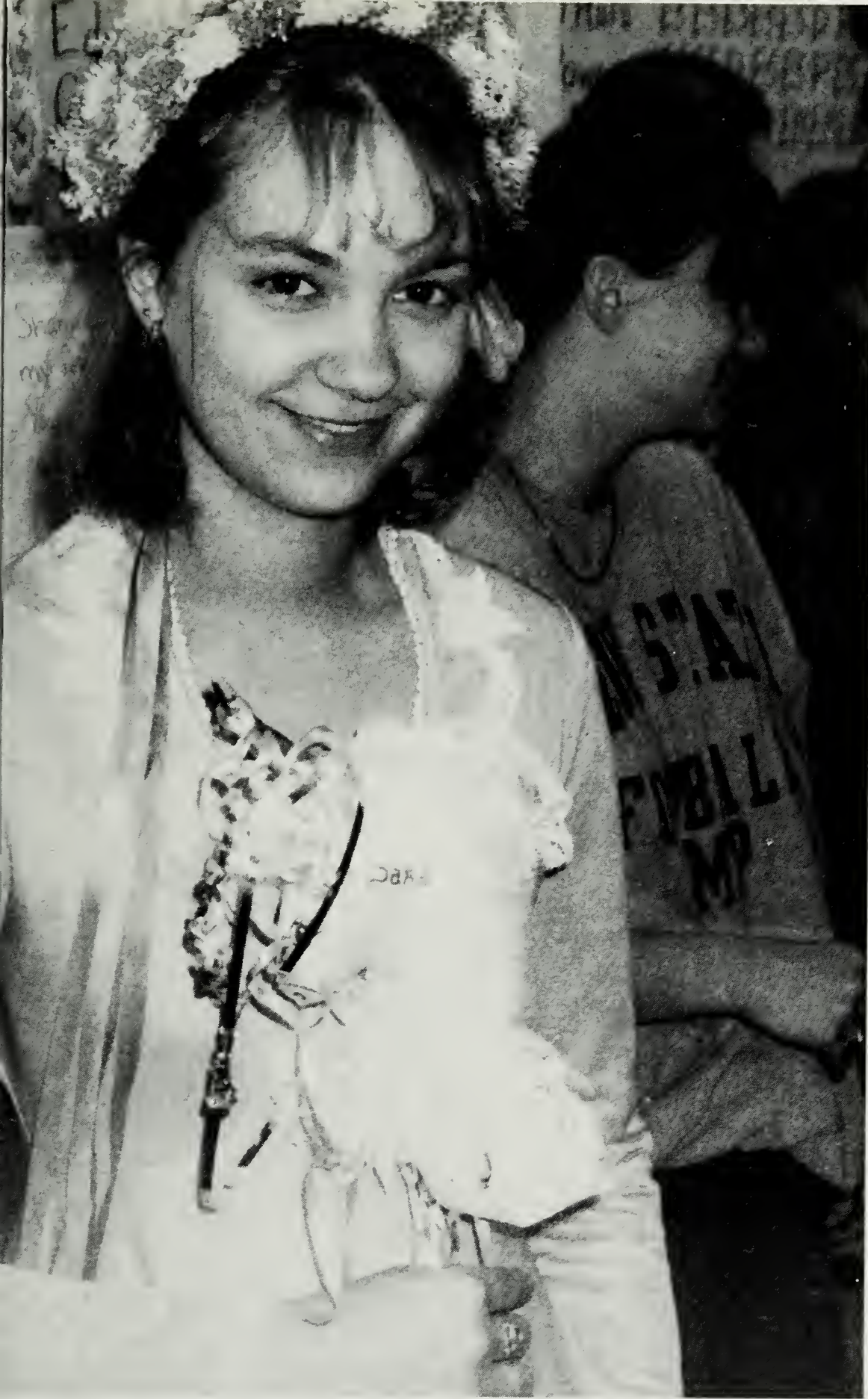
"Weird things always seem to occur around the household during this time of year," stated junior Mike Guilfoyle. If one wasn't going door-to-door and didn't have the urge to deface other people's property, there was always a party to go to or candy to hand out at home. After all, it was a school night! •Damon Smuzynski, Adam Hoffman

"Halloween is a time for fun, not for craziness and destroying things."

-Senior Mike Sullivan

and Dares





While reigning over the fairies, senior Sara Blindauer held her wand to let everyone know she was going to cast a "good" spell over the teachers to make them throw away the tests for that day. (Or to allow the classes to throw little Halloween parties).

By showing such spirited horror, he hoped to make little kids run. Though a scary picture, he was no match for the faculty when a pop quiz came upon his desk.



In her best form, Mrs. Kate Schell-Smith proudly demonstrated a courtly pose. Teachers also got into the spirit of the holiday as they paraded in the most unexpected. It just goes to show that we are all kids at heart.

Held in red suspenders and a sense of humor, senior Tommy Cope presented a wonderfully wacky question to others as well as himself as he awaited patiently for the day to begin. Being goofy and crazy was one of the advantages of Halloween.

Fashion Victims

Fashion is one of the most powerful forms of expression. The hallways were full of color and style this year as students paraded through the school with their new clothes, each trying to be unique in their style.

"Fashion is another way of expressing yourself without having to say a word," stated sophomore Katy Tochtrop.

Personal style reached new heights as students dared to be different. Apparently, there were no limits to the outrageous outfits put together by these stylish individuals.

"Style, it's all about me and me only," replied Sophomore Janette Brown in response to what is unique about her style.

Expression through wardrobe flowed freely as the students broke free from the restricting standards of the "norm". "I travel far just to shop and sometimes I go to thrift stores," explained sophomore Cynthia Murphy, "I make some of my own clothes and wear things no one else would wear."

Low maintenance style seemed to be the favorite this year. Comfort was a very important factor in deciding what to wear each day.

"I don't think fashion is very important because people should like you for who you are, not what you look like or what you wear," stated sophomore Erin Johnson. Of course looking good was also a major consideration. Half the students spent hours getting ready in the morning for their daily fashion show, while the other half barely had time to run a comb through their hair. Many people viewed school as a place to display their latest fashions, but for others it was a chance to show who they really were. •Tina Lambert

and Jennifer Bock

"I dress to be comfortable, not to impress."

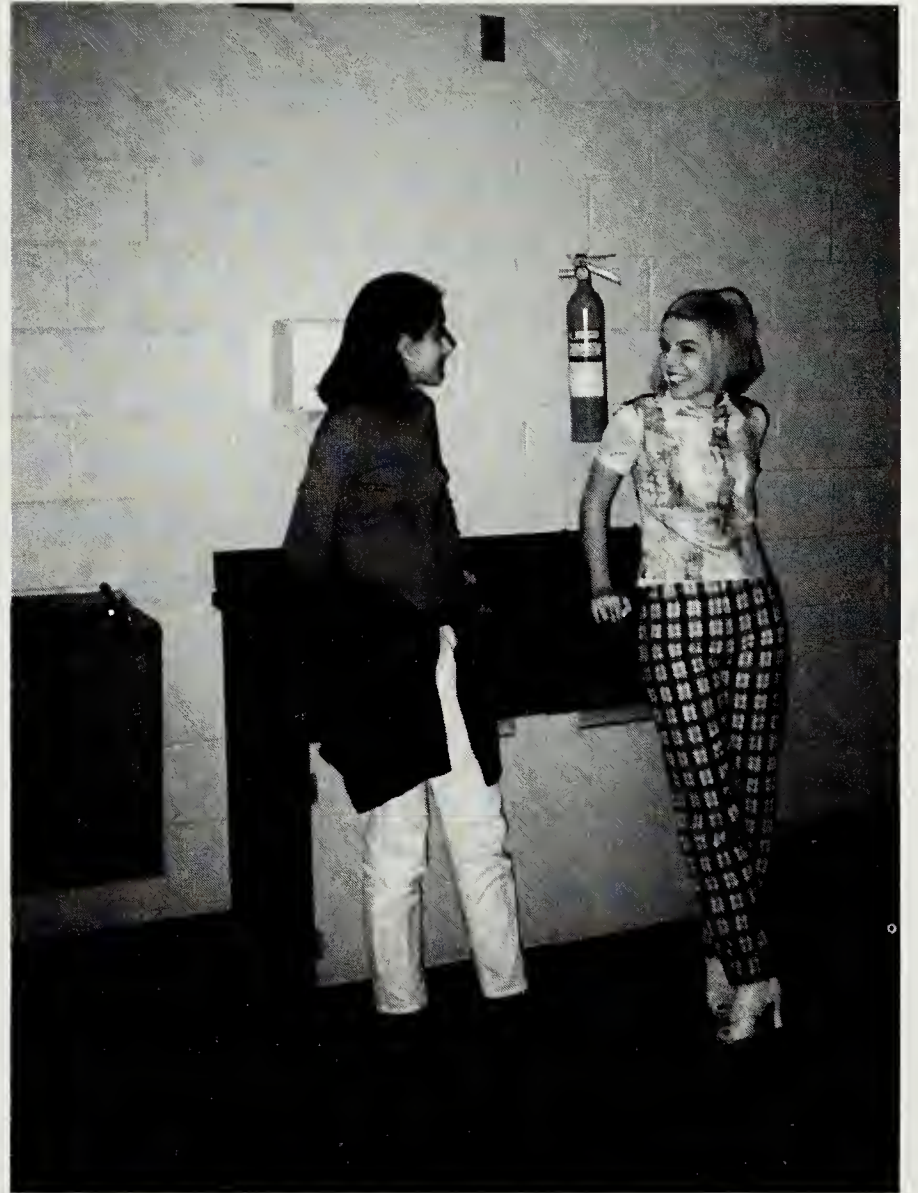
-Ryane Bulka

The Story of Our Lives



A veteran to outrageous fashion, senior Karen Hennessee downplays her eclectic fashion sense to be a non-conformist. Usually, the word "peculiar" described her fashion consciousness.

Off-setting senior Angela Arbogast's bright green ensemble, senior Weda Azimi makes her own statement with toned down neutral colors. Angela lives for standing out in a crowd, and this ensemble sure helped.

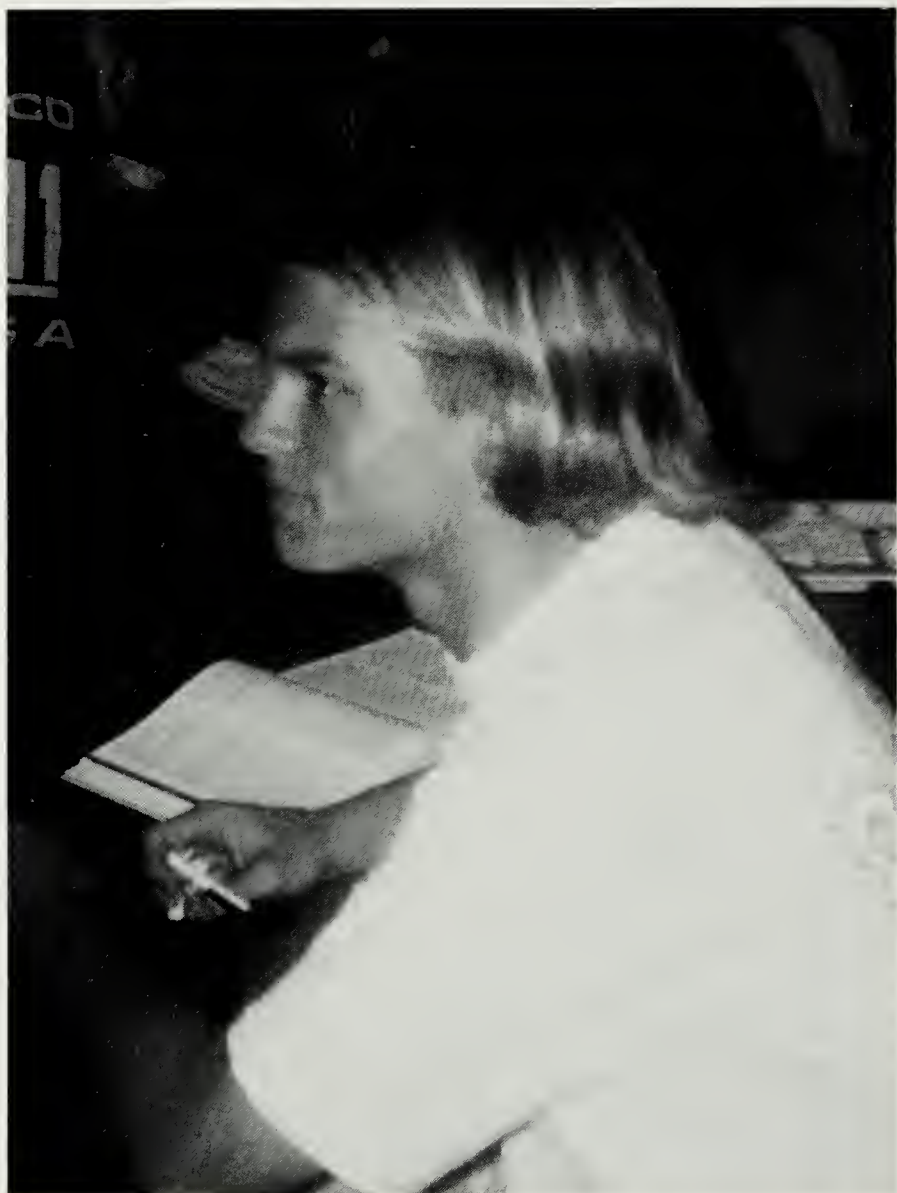


Senior Dan Broughton dresses to impress. While going for the more sophisticated look, Dan always seemed to be on top of the latest trends.

Comparing the bagginess of their blue jeans, senior Derek Martin and junior Jessica Hacker resolve their difference of opinion at the sound of the dismissal bell.

As a senior, Tommy Cope knew what it was like to be the underclassman on the Lacrosse team. Tommy looked forward to having his brother, freshman Matt Cope, on the Lacrosse Team. He couldn't wait to teach his brother the techniques to making a winning team.

These brothers and sisters were lucky enough to be best friends with one another. Jason and Sabrina Furr and Jami and Jesse Bedford could always be seen together, whether at a football game or sitting together at lunch.



While Tina Lambert helps to make Picture Day run by smoothly, her sister Alexandra lends a helping hand. Having a sister on the Yearbook staff gave Alexandra a headstart into what the yearbook staff did and how time consuming it could be. Will we see Alexandra following in her sister's footsteps?



Identical twins can be confusing for teachers as well as fellow students, especially when two of the Senior class' Presidents were. Josh and Jason Hogan were well known for their identical faces as well as their participation in school activities. No matter how much they looked alike, they had two very different personalities.





We are Family

AS a part of the School of Champions, the students, faculty and administrators united as a community. Within these communities we had individual families. Gar-Field was host to a huge number of brothers and sisters, cousins and on occasion mothers and their children. Year after year, teachers looked upon their students with a feeling of *deja vu*; feeling as though they had seen the individual at another place in time. After a few moments came the dreaded question: "Are you such and such's sister/brother?"

"My teachers are always calling me by my brother's name," commented senior Wade Moore, whose brother happened to be his twin. Many teachers compared siblings and often made references about their counter

"Having an older brother in school has really made my first year here at Gar-Field a lot easier."

-Freshman Stacey Siefke

parts behavior when they were in that class, making the student feel good but most often making them feel a sense of jealousy. However, it soon became evident to almost everyone how different and individual each sibling could be.

"My sister and I are very different people but we share a lot of the same interests. It's fun to be able to do things together," said senior Kristina Stump. Being in the same school gave many brothers and sisters a chance to enjoy

each others company and learn more about their sibling. Even though being around each other so much could create competition and sometimes spur fights, many siblings enjoyed having someone they knew they could count on with them in school.

"My family means a lot to me so I make sure to help my little brother out in school. But, we also eat lunch together and walk to class together because we're friends, too," said senior Julie Alter of her freshman brother, Adam.

Having a brother or sister in the same school could create a little fun and mischief. Sophomore Abby Coffie was occasionally the subject of her brother's practical jokes, but she recognized that it was all in fun. To her, it was more fun to have a sibling in school with her than to have to adjust to a new setting by herself. High school had always been a place to grow and meet new people, but it was always better to learn the ropes from someone you knew and trusted. •Claudia Williams, Michelle Dorer

I've Got All My Siblings With Me

Round Up

Yet another year had begun with new trends, styles, and attitudes and of course a new fall line-up on the "tube." Entertainment emphasized the race for ratings with new fall shows, movies, and music groups.

Prime time's fall sweeps included everything from young politicians struggling to get to the top in the Big Apple (*Spin City* starring Michael J. Fox), single roommates dealing with life and each other (*Malcolm and Eddie*), to a high school girl's life as a witch (*Sabrina, the Teenage Witch*) on ABC's Friday night TGIF line-up.

Returning sitcoms also had a spot in the race with *Caroline in the City* and let's not forget about *New York Undercover*, *ER*, and *NYPD Blue* that constantly reminded us that we are the last to say who makes it and who doesn't.

Music came out swinging with *Garbage*, *LeAnn Grimes*, *3T*, and *Jewel*. Although the death of *Tupac Shakur* slowed down the rap industry, it didn't stop it completely with the success of *Outkast* and *Nas*.

Television and music weren't the only industries trying to get the people's vote; Hollywood also jumped on the bandwagon releasing *Ransom* starring Mel Gibson, *Devil's Own* starring Harrison Ford and Brad Pitt, *Jerry Maguire* with Tom Cruise, and *The Preacher's Wife* starring Whitney Houston and Denzel Washington.

According to Entertainment Weekly, the following is a list of what survived the year, and what needed to crawl under a rock and die, and the top five for each industry were:

Television: 1) *Seinfeld*, 2) *Third Rock from the Sun*, 3) *Spin City*, 4) *Friends*, 5) *Relativity*.

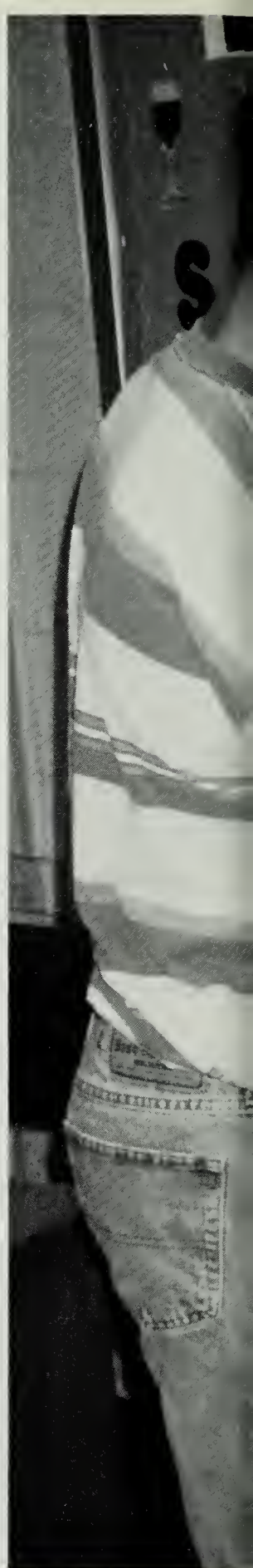
Music: 1) *New Edition*, 2) *R.E.M.*, 3) *Blackstreet*, 4) *Celine Dion*, 5) *Alanis Morissette*.

Movies: 1) *Ransom*, 2) *Sleepers*, 3) *The Preacher's Wife*, 4) *A Time to Kill*, 5) *Independence Day*.

Senior Karen Nabholz summed it up by saying: "Music is a great way to express your hopes, feelings, and dreams. Listening to music is fun; and it's a great way for me to relax after a tough day of school." •Kristina Oglvie, Nisreen Elhillali, Danielle Colbert.

"Music is a great way to express your hopes, feelings, and dreams. Listening to music is fun, and is a great way to for me to relax after a tough day at school." - Senior Karen Nabholz

the Usual Suspects





Students constantly strived to open their minds to other cultures behaviors and beliefs. During class, senior Tony Bapple tried to sneak in a little rhythm into the lesson plan.

Among other groups, the Fugees and Blackstreet were on Billboard Magazine's top 10. Waiting for his sister to drive him to school, freshman Erik Ogilvie listened to his favorite songs.

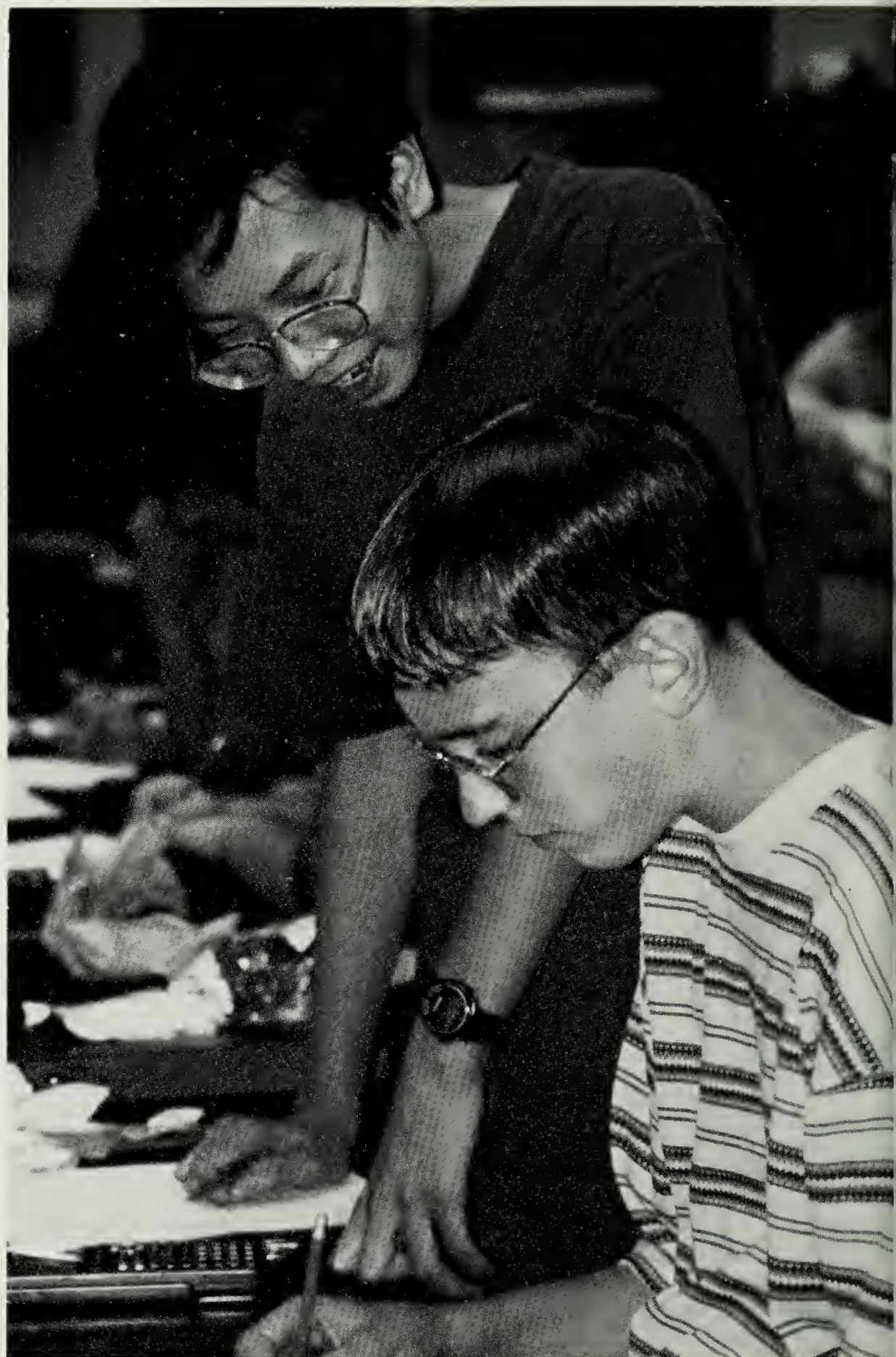
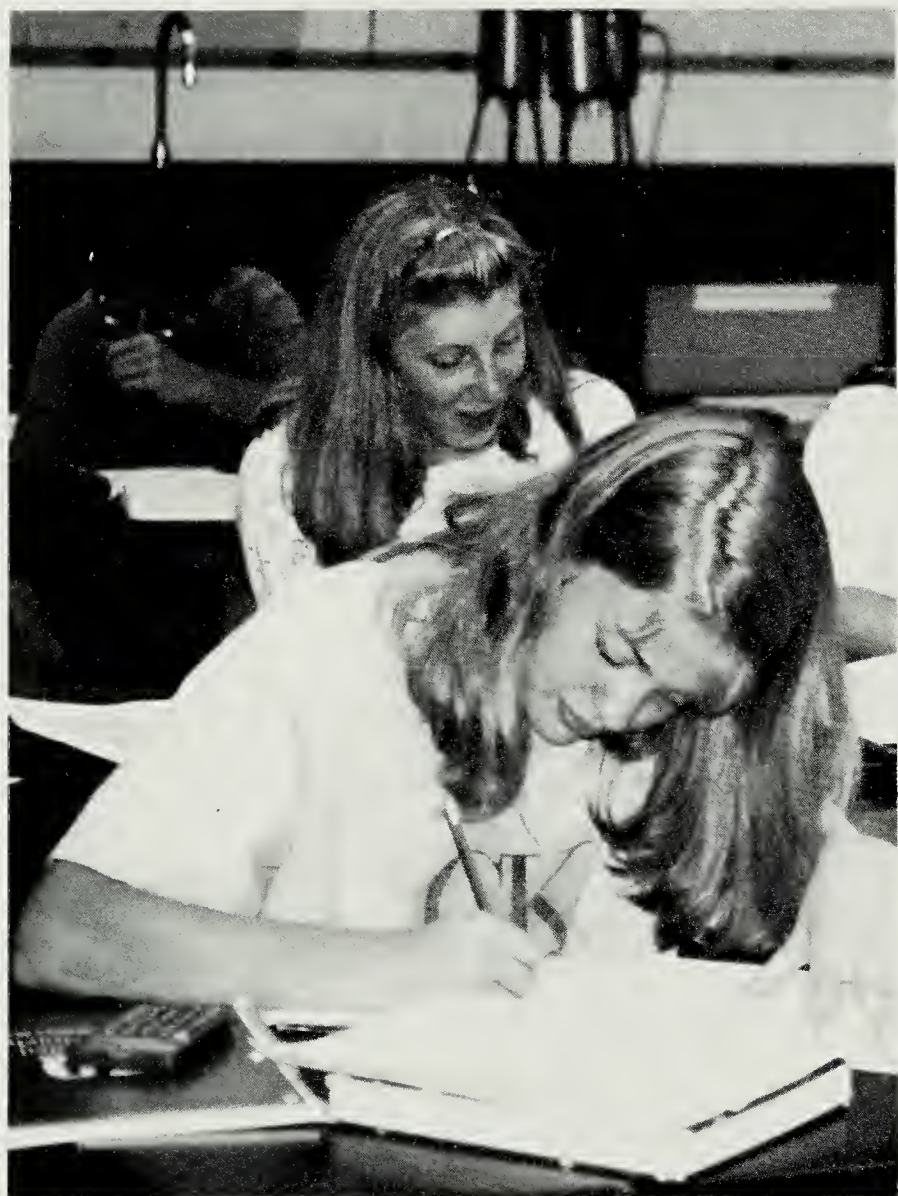


Gossip about TV and music were often the hot topics of discussion. Junior Heather McNabb, seniors Matt Pastore, Wendy Foscue, and junior Brandy Wine discussed music, movies, and general news during lunch.

With nothing but TGIF and Perot's infomercials on TV, junior Jessica Hacker made it a Blockbuster night. Renting movies was often times the only other alternative when students were burnt out of the same old thing on the television.

Conscientiously working to complete her test review sheet, junior Natalie Anzzolin was quick to find each answer. Luckily, her class was allowed to use their notes to prepare for the chapter test. Review sheets were often very helpful to students and let them know what to expect.

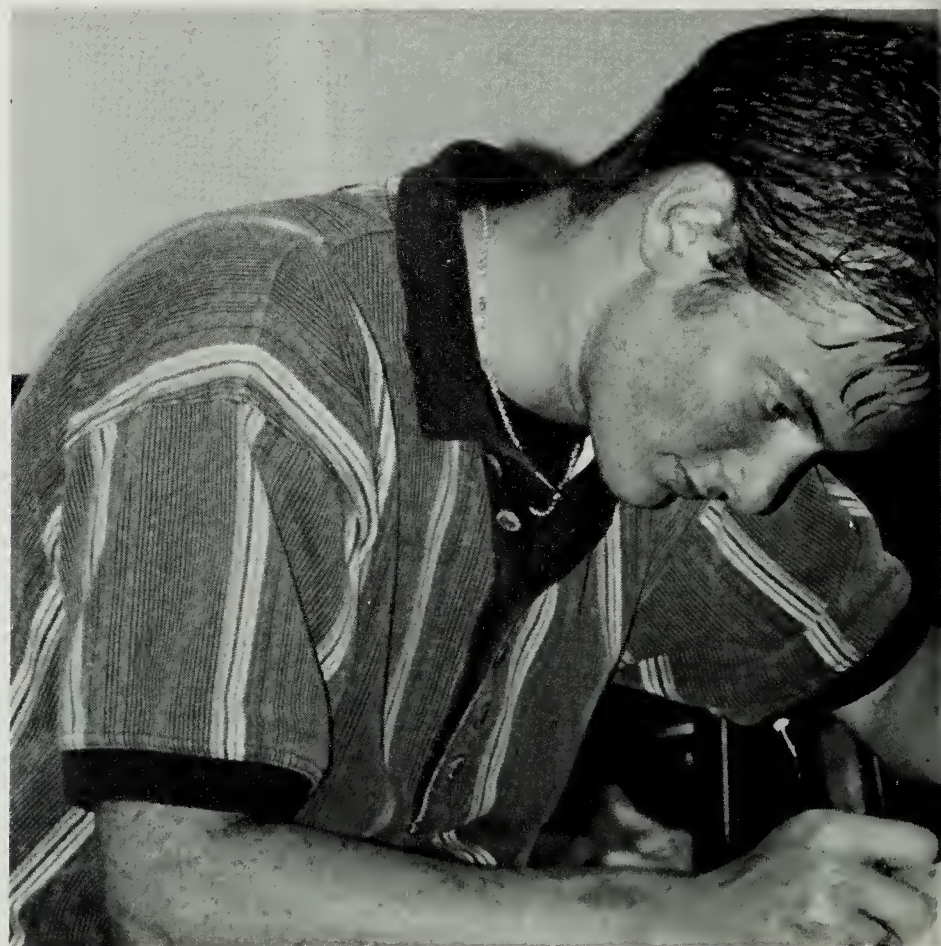
Many science teachers used labs instead of written tests to check what students had learned. Working together to complete a lab, partners junior James Chou and sophomore Mark Roslan on the finishing touches. Labs were a good way to learn cooperatively; students often learned better in groups.

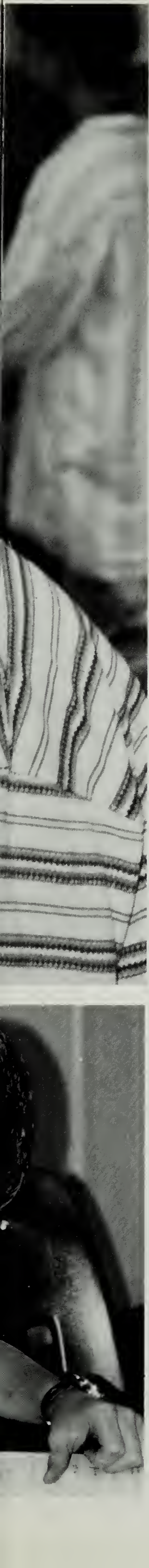


Students were frequently staying after school or coming during aide periods to make up tests missed from days they were absent. Striving to finish her make-up quiz, freshman Sharnique Jackson looked through her book to find the answers. Sometimes, teachers let students have open-book make-up tests and quizzes.



Carefully calculating a science equation, senior David Dallek was quick to figure out the problem. Like many students, David would be relieved with the completion of this test.





Sharpen Your Pencils

"Clear everything off your desk. All you need is a pencil. Keep your eyes on your own paper, and you may begin." students had heard these spoken time and time again-those same old pre-test instructions.

No matter what the subject was, no matter how many hours they spent studying, students always seemed to dread taking tests.

"When it comes to taking tests, I usually just go in and wing it," commented junior Mike O'Leary.

"I'm a really bad test taker, and I hate tests," stated junior Teresa Peters.

"Teachers need to be able to assess the knowledge of students and see that they have digested the material learned." -Mrs. Nickerson

"Before a test I usually feel mad if I forgot to study," junior Jami Kessel responded when she was asked about her pre-test feelings.

"When I am preparing for a test I usually read over the material, take notes, and then I study the notes," commented senior Kerry James about her studying techniques. Every student had their own individual study system, and everyone knew what worked best for them.

"To study I usually bring the book home, but I don't get around to opening it," junior Megan Westcott admitted.

Sadly, many students were in the same situation as Megan, with various after school activities taking up their time. In some instances the amount of studying needed to do well on a test exceeded the boundaries of what many students were willing to do.

A test is defined as "a means of examination, trial or proof," according to the *American Heritage Dictionary*. "I think taking tests is important because teachers need to be able to assess the knowledge of students, and see that they have digested the material learned," said Mrs. Nickerson of the Guidance Department.

Above all, tests were not just important for class, but they were important throughout life.

•Taylor Jefferson, Tracy Kinoshita, and Erin Nicholson

Clear Your Desk

My Hero Lives

The majority of the students agreed a hero was someone who inspired something great in their lives. Freshman Pat Chaffin said, "A hero is someone you can look up to." Senior Gary White added, "A hero is someone who is admired for what he did or who he is."

Some students admired their parents and felt they were heroes. Freshman Megan Goffrey said, "My mother is my hero. She is independent, respectful, and I want to be just like her."

Still others defined a hero as an individual who does good for someone else. Such was the case for junior Nicci Evans. Nicci described her mother as a hero. She admires her mother because she has always been strong in every situation.

Freshmen Amber Bernardi, Monique Mitchell and Niki Hawkins felt a hero was someone to whom an individual looked up. Monique's hero, Kurt Cobain, reached her through his lyrics. He showed Monique how not to be afraid of herself. Amber's hero showed her how to show kindness, gentility, and caring. Niki Hawkins' hero was her mother who had gained her daughter's admiration through her personality and spunkiness.

"The characteristic I like most about my hero is that he isn't afraid to be himself or show his true feelings."
-Freshman Monique Mitchell

Other students, like senior Jenni Reese, had a different kind of hero. Jenni admired Dennis Rodman because he stood up for himself no matter what people thought of him.

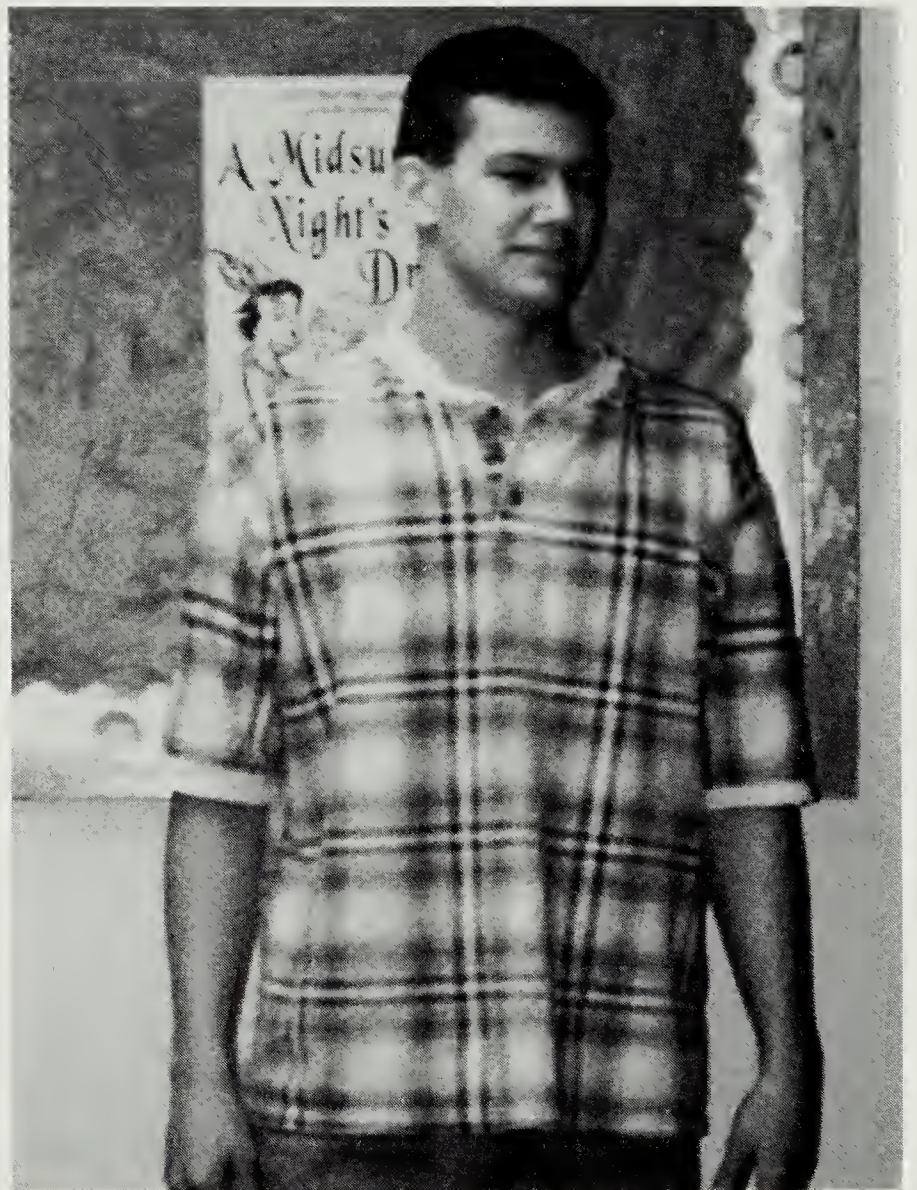
No matter who one's hero was, or how he defined them, an individual's hero would always be special. Whether one fought for his or her cause or respected the hero's decisions, a hero offered valuable lessons. Because of the day to day problems and decisions students made in life, sometimes it helped to learn from the life experience of others. Whether a fireman, teacher, coach, movie star or professional sports figure, a hero could be a guide. The guidance offered may have even discouraged an outsider from following the example set by that hero. Either way, these people held special places in the hearts of many. •Mike Riley, Carl Carter, Steve Ryan

Forever in My Heart



Friends like freshmen Monique Mitchell and Megan Goffney on occasion shared the same hero or heroes with similar traits.

Most heroes had influential appeal to many students. Freshmen Ebony Jones and Pat Chaffin had very influential heroes who meant a great deal to them. Heroes were examples of what most students wanted to be like.

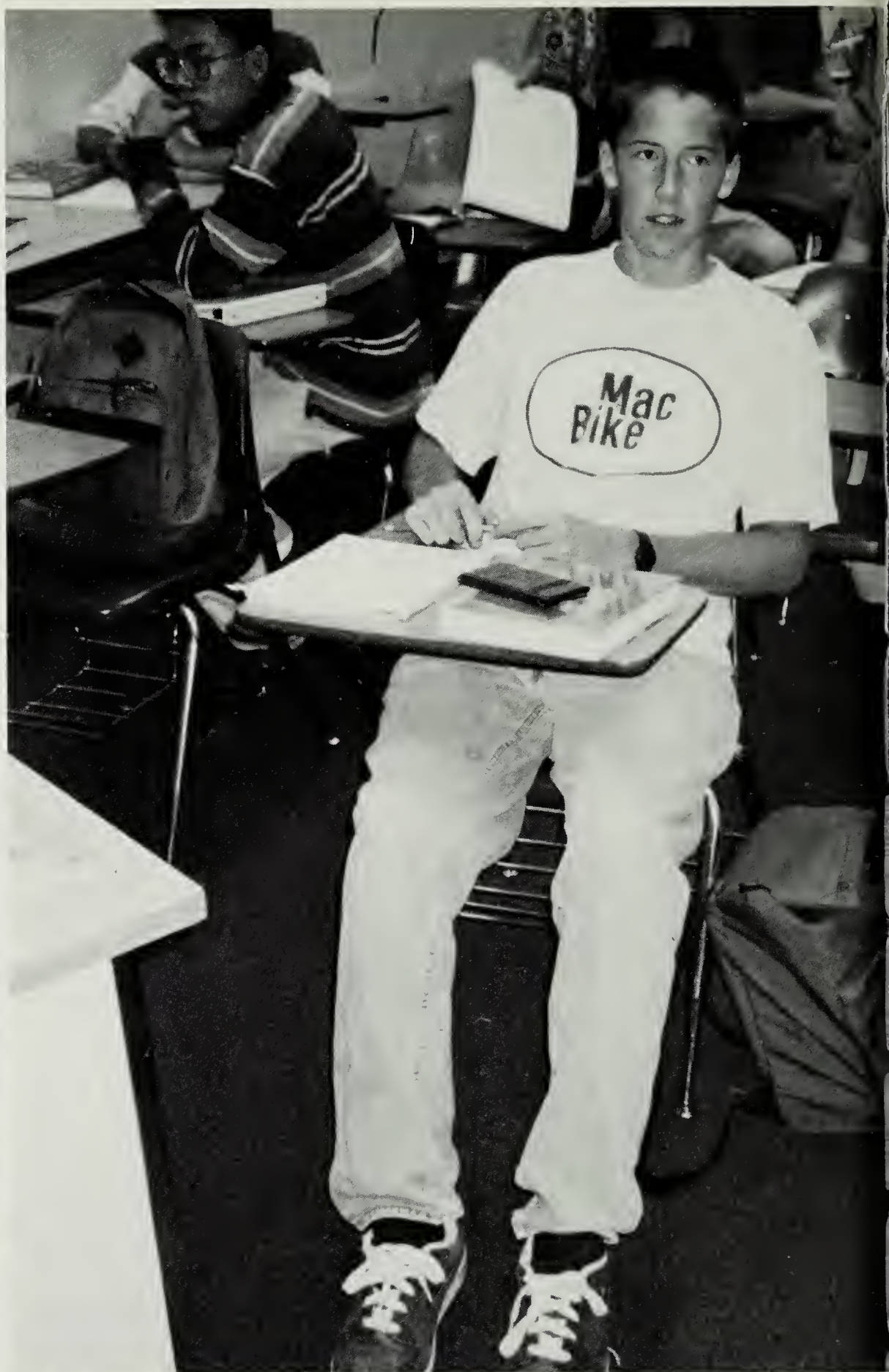


Sports figures were heroes to a majority of the students, even to those who didn't choose the sport in which their hero was involved. Senior Jenni Reese admired Chicago Bull star Dennis Rodman because he was original.

As a part of ROTC, senior Gary White was sure to pick someone who was a part of the military tradition.

The lunchroom was one of the many areas to get a view of what the student body put on their feet. Senior Emily Faught was among the many students who felt that shoes made the outfit.

Vans shoes were the perfect pair of shoes to lounge around in. Junior Mike O'Leary felt at home in his Vans and makes himself comfortable during class. Vans shoes were paired up mostly with the classic jean wardrobe.

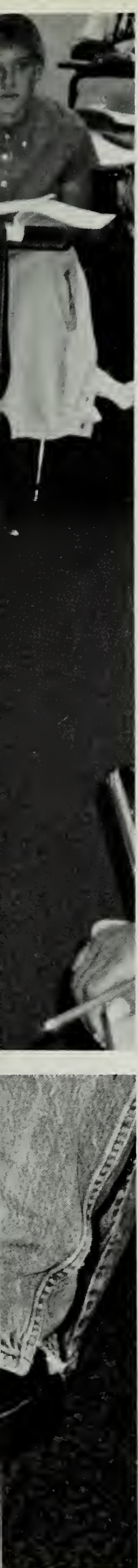


Nike running shoes had become a regular in the classrooms, lunchrooms, and the hallways of Gar-Field. Junior Michelle Kuzma was among the many who owned a pair of the Nike running shoe, Air Max Triax II. Nike shoes were both comfortable and fashionable.



There was a diversity of shoe styles roaming the halls. From Timberlands to Eastlands, low-cut and high-cut boots were worn with most styles of clothing. Juniors Damon Smuzynski, Katie Cartwright, and Margaret Rowland wore shoes that complimented their personalities.





THESE SHOES ARE

Shoe shopping is usually a girl thing (so thought by men) but, contrary to popular belief, guys spend more money on a single pair of shoes than a woman spends in one month on multiple pairs. So comes another lie in respect to women about shopping habits.

Athletic shoes had a face lift on the runways for the girls and on the basketball courts for the guys. Fashion made a turn around when girls began to pair up their favorite dress or skirt with a pair of sneakers. Sneakers also made a turn around from the usual white and black canvas or leather to platforms in shiny patent leather in silver, pink, and baby blue. Sport shoes also took on a more

"Adidas: well made, well padded, well molded."

—Aaron Conway

astronaut style as reflected in the new Jordans. They were chunkier and made your feet look smaller. Even an average Joe with a size 12 shoe could look as though he wore a 10.

As said by Pro Volleyball player and model Gabrielle Reece a good pair of sneakers should be lightweight, fit well, have support and cushioning—and they have to be able to hang with your workout. Not all shoppers shopped for a shoe for their durability and capability to perform to their needs, they looked for latest style.

Pro Athletes had shoes designed for certain games like Jerry Stackhouse of the '76ers with his black, black with white stripes, white with black stripes, and white with blue stripes Filas. Athletes, both guys and girls alike, at the School of Champions sported NBA Superstar Shawn Kemp's Reeboks and Anfernee Hardaway's Nikes. Girls looked past the associated gender for guys sneakers and wore them with their latest fashion trends just to add a little attitude.

Although the most advertised shoes are athletic shoes, boots like Dr. Martins and Timberlands are also a popular item in the halls. Either boots or low-tops, these shoes are a must have in everyone's closet. "There are sometimes when athletic shoes just don't cut it," says Kelli Hicks.

Regardless of the style, size, or color they all have a place in the halls of Gar-Field. •Janet Ortiz, Kevin Stansfield, Chris Nalevanko

MADE FOR WALKING

Chasing Crushes

Everybody from the president to the pope has had a crush at some time. The mixture of chemistry and attraction rarely followed the rules of logic. One's background and experience played a marked role in who one chose to spend spare time with on a consistent basis. Crushes were about hanging on the other person's every word, finding the nerve to speak freely, and feeling confident in one's self. Infatuation could lead people into trouble.

"I liked this guy for three years and we were friends so I figured it would be easier to tell him. I told him how I felt but unfortunately he didn't feel the same way. The good thing, though, is that we are the best of friends," said sophomore Sarah Clendaniel.

Part of the gamble in any true crush situation was whether or not the other person felt the same way. Rejection could be devastating. Then again, if cupid was playing his game, perhaps the crush was mutual.

"The key to following through on any crush is self-confidence and a strong will," said junior Tracy Kinoshita.

Senior John Kelly added, "I remembered when I had the nerve to do something a little different when I found out a friend of mine had a crush on me. I was, of course, the last one to know about it. When I found out, I wanted to ask her to homecoming, but I couldn't think of the proper way. So the next day, I stood up on the table in drama class and asked her to homecoming. After much cheering on from the people in class, she said 'yes'."

Crushes were fun. Even if the extent of the crush was plastering one's locker with pictures of Leonardo di Caprio or Pamela Anderson, the thrill of the chase sustained most people. Moving beyond a crush into reality meant a whole new level of commitment. Then began the he said, she said phase. By the close of one's high school career, most people seemed unwilling to give up the game. Probably the best advice came from senior Kisha James when she said, "Good things come to those who wait."

•Phoebe Kenney and Kace Clark

"I stood up on the table in Drama class and asked her to Homecoming. After much cheering from the people in class, she said yes."

-Senior John Kelly.

Cupid's Wayward Arrow





One could always count on their partner to be there for them through good and bad times. The tough times were the time to really find out one's true feelings about someone. Senior Amanda Chucks comforted her boyfriend, senior Steven Clemens, when ever he seemed down.

Sports and other after school activities took away time that was usually spent together with one's partner. Junior T.J. Guy always made sure that his girlfriend, sophomore Kelly Foley, know that even though his sports were important, she always held a place in his heart.

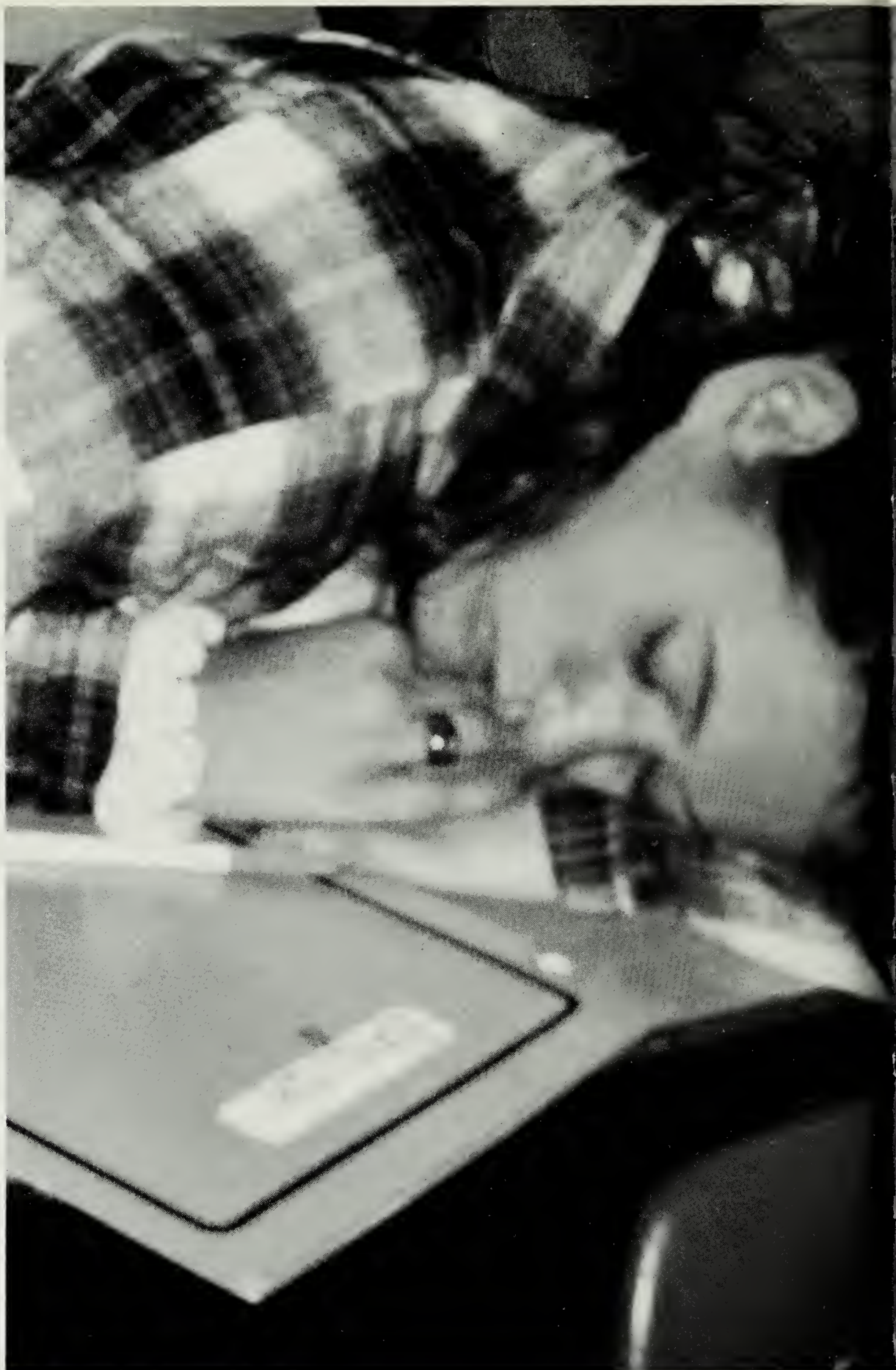


Couples could always count on their partners to be of support and encouragement. Sophomore Michelle Dorer took a moment to wish her boyfriend, senior Brian McElhenney, good luck in his upcoming football game. A warm kiss was one of the many good luck charm.

Most couples took advantage of the seven minutes between classes and met each other in one of many sections of the school. Seniors Becca DeVanney and Kelvin Pollard could be found together by the nurse's office or by the senior lockers.

Instead of being with his friends during lunch, senior Donta Harrison took time to catch up on his sleep. Students took advantage of every opportunity to doze off in order to be energized for whatever activity that happened after school

Even the loud chatter at the end of class couldn't wake senior Kelly Day. As a senior, Kelly had to face a hectic schedule and then go home to finish her college applications. If there were only more hours in a day.



Even after the bell sounded and the crowds in the hall made a loud ruckus sophomore Chris Gordon remained in a deep sleep. Students passed and giggled wondering if he would ever wake. Sleeping in class made many students the object of humiliation.



Obviously overstimulated, senior Paul Burnell needed to take time out from his Algebra II lesson. He stayed up all night because he did not get home from his job until late. Having a job took away from the time needed to study for tests.





Sleeping Deeply

Many dreams influenced a person's life in many ways. To a lot of students dreams came with some sort of mysterious message. Dreams could be perceptions either positive or negative. But, no one really knew what a dream was. "My opinion on what a dream is that it might have something to do with my life. Either something that has happened in the past or will happen in the future," stated senior Molly Narburgh.

Senior Janelle Bartron added, "I think a dream is a reflection on the way a person feels deep inside." The greatest dreams most often came from one's imagination. Dreams were difficult to believe since most sounded extremely out of this world. Dreams were often

"I believe that dreams are a look into life. Everything thrown together with all the day's events."

- Junior Renea Blanaford

comedial and most were of one's fantasies. Senior Kristi McIlveen said, "My fantasy dream was that I married a wonderful man, lived in a log cabin out in the middle of nowhere, and had the 'perfect life'. My imagination took me on a chase with that cartoon wolf from Little Red Riding Hood and my mom caught him and FLUSHED him down the toilet."

"I often have the dream I own an enormous place where I can take in homeless children," said English teacher Mrs. Paulett Jones. "I was embarrassed when I was speaking in front of a large audience and I lost my slip. That was when I woke up happy that it was not true."

Some dreams turned into nightmares which in some cases had students crying in their sleep or making them clench tighter on their comforters. Senior Matthew Clear said, "The problem with my dreams were that they came true. Through out my high school years I have been losing the friendships and respect of my peers. I lost the true feelings for a person I cared a lot for. You'll never know what you have until it is gone!"

Most poeple could not remember the dream they had the night before, some people had a vague remembrance, and alot of people could remember them detail for detail. •Mike Eaton, Cindy Compton, Nadine Boisvere

Dreaming Good & Bad

What's Your Fashionability?

JNCO's, Moco, Guess, Utility and Adidas, what did they all have in common? These were the name brand clothing that were popular this year, but this list didn't cover the whole realm of styles that were available in stores. These styles and those unique to others were bought everywhere from department stores to the salvation army. Some students were willing to pay a lot of money and others found the best bargains possible. "I'm a thrifty shopper and an expensive shopper. Occasionally I shop at thrift stores, but I also shop at 17th St. Surf Shop and Georgetown Cotton," said senior Libby Tuttle.

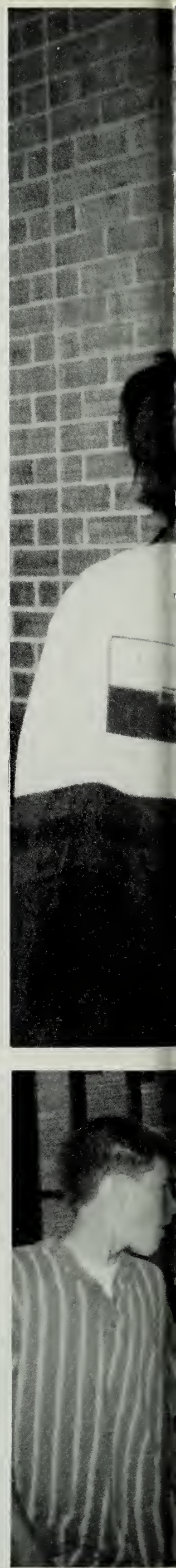
Each morning many teenagers went through the same routine of standing in front of their closets trying to decide what to wear. When they finally thought the perfect outfit was found, parents and siblings would say, "That doesn't look right!" Then going to school looked very bleak.

So what was fashion? Fashion made a statement about who one was and what set them apart from everyone else. Could students imagine a world where everyone wore the same clothes and used monotonous colors? "Dressing in obnoxious clothes from the seventies, go-go boots and wild colors were really in," exclaimed senior Shannon Doyle.

Some could agree that the media and advertisements affected what was bought. "I like to dress in Nike apparell! I have the socks, wrist band, shoes, hats, boxers and headbands. I think it has something to do with the fact that handsome professional players endorse them," bubbled senior Eunice Omole. Along with ones style of dress came the stereotype of what kind of person they were. Regardless of the stereotypes teenagers continued to wear what pleased them and proved the stereotypes wrong. No matter what decade students lived, there would always be something a teenager wore that went beyond the "norm". •Palesa Osei-Tutu, Talecia Morton

"My style is uniquely mine. If I don't dress like myself, I don't feel like myself." -Senior Karen Hennessee

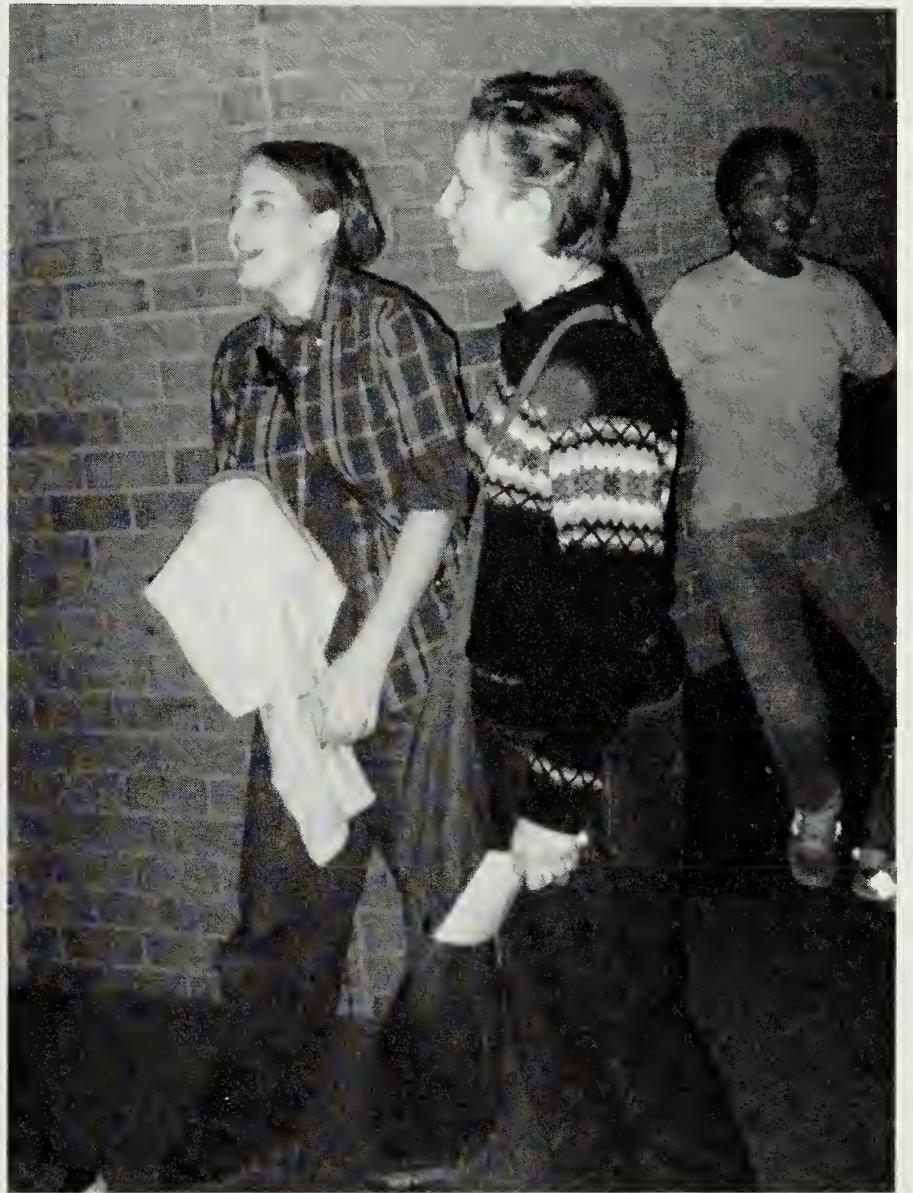
Clothes 411





Individuality was often expressed in groups. Seniors Gigi Miller, Kristy Smith and Teia Bryant all agreed that their styles were unique to one another. Being associated with a certain group didn't mean sharing the same fashion sense.

Certain styles worn by students created stereotypes. Seniors Jen Burwell and Karen Hennessee both admitted that people associated them with a variety of stereotypes that they looked over. As the old saying goes, "Don't judge a book by it's cover."



Casual was the main appearance reflected in almost everyone's individual style. Laughing and joking, junior Brian Anderson, sophomore Mark Crowder, and junior Maria Simmons, show that being comfortable made it easier to be crazy.

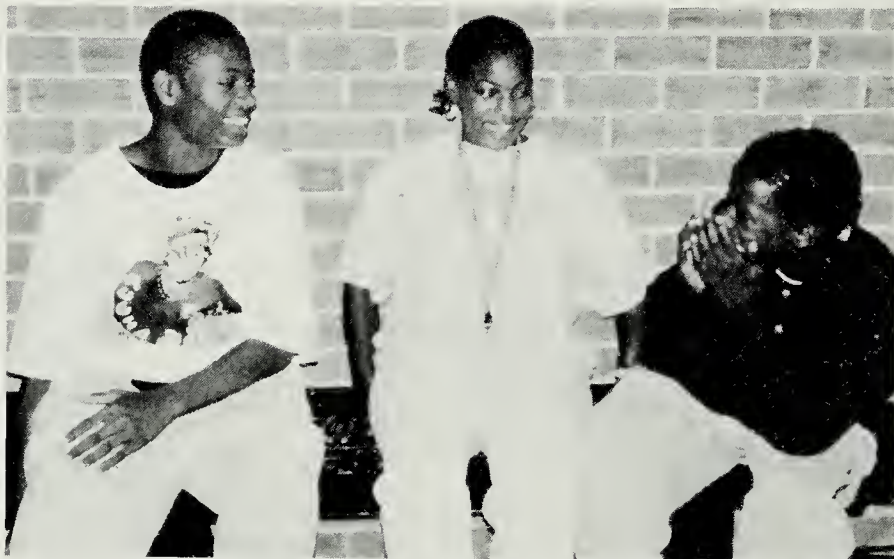
Sophomore Lisa Due and freshman Sherese Harris relax during lunch on one of the hall benches. Neck key chains displaying Adidas, Tommy Hilfiger, and Madness were seen throughout the halls.

The marching band offered a lot of school spirit for the football games. Concentrating hard not to make a mistake, marching band member junior Billy Sekhon beats his drum with all his heart. Afterschool activities made school a little more bearable.

Local restaurants and fast food joints were great places to meet with large groups of friends. Senior Chris Clow, junior Sara Smith, seniors Christine Flom, Mike Snow, Mary Campos, Tara Koshetar, Leah Foster, Holly Davies, and Eamonn Bethel met at Denny's following the Hylton football game.



Students learned to utilize the seven minutes between classes wisely. Freshmen Dwayne Moore, Sherese Harris, and Lamar Miller stake out a bench in the upper lobby area before heading to class. Many students kept meeting areas to relax with their friends.



Lunchtime provided at least 20 minutes of good conversation for this group of sophomore friends. Finding time to enjoy a conversation with one's best bud was hard if their schedule was opposed their own.



Making Memories

High school meant something different to everyone. Many students viewed their high school days as fun and exciting, while others couldn't wait to get away from the stress created by their teachers and friends. The fun included time spent with friends, humiliating moments that were better forgotten, and love that made one's heart jump a little.

The one privilege that transformed a student from childhood to young adulthood relied on one's ability to drive. "I'll never forget the first time I drove to school," said senior Christine Flom, "or the first time I got pulled over!"

Those students involved in extra-curricular activities entertained even more opportunity for memory-making. Senior Mary Campos' fondest memory revolved around the moment she won her position as SCA treasurer. "It was so

"It was so nerve-racking, but I was so happy when I won."

-Senior Mary Campos

nerve-racking, but I was so happy when I won."

"I'll always remember the friendships I've made with my teammates and how hard we'd all work to be the best we could be," said sophomore Tim Brown about his participation on the junior varsity football team.

"My favorite high school memory was when I went to the beach with my friend, Martha Barreyo," said junior Natalie Anzzolin. Ninth grader James Montague said, "Marching band was a lot of hard work, but it was fun, too. I met a lot of nice people."

These high school years crammed a lifetime's worth of memories into just four short years. As the class of 2000 began their high school career, the class of 1997 prepared for the real world. Regardless of background, circle of friends, or even one's degree of involvement in school, every student's life changed and took its own path. The one commonality will always be our memories.

•Leigh Anne Touchette, Tara Koshetar

That Last

Working Overtime

As a teenager, trying to manage school, a social life, and a job was strenuous. However, many students had no choice especially when responsibilities had to be taken. Most students couldn't rely on mommy and daddy. Money was needed for cars, paying back friends, clothes, food, and for those weekends with the friends.

Though weekend plans had to start a tad later and school work kept students up later than before the word "work" entered the vocabulary, students had to manage or lose some of their luxuries. Some students could balance it all, while others could only work during the summer. "I worked as a lifeguard during the summer, but didn't think I could handle a job and school work at the same time," stated sophomore Alexandra Lambert.

The ICT program allowed students to earn school credit while working. Senior Dan Leavy stated, "I only have four classes so I can get out of school early and go to work."

While some people only worked for the extra money, others had to get jobs to prepare for college or after high school plans. When the shock of being on their own and paying their own way through life set in, a job didn't seem like such a chore, but a necessity. It was never too soon to start saving for the future. Senior Mario Arnez who worked at Mrs. Field's Cookies explains, "Colleges require lots of money and I knew that my parents wanted me to pay for some of it on my own."

Some students had jobs in order to pay for their cars. Many students liked to customize their cars, and the competition was never ending. From paint jobs to window tinting, to installing elaborate stereo systems, it became very expensive. Senior Sam Siefke quotes, "I liked fixing my car up so I needed a job for the extra money." Despite the many hours and hard work, everybody needed the extra cash. •Lindsey Sharp, Katie Cartwright, Margaret Rowland

"I work because my allowance just wasn't cutting it anymore."-
Junior Josh Powell

The Price You Pay





Like senior Ryan Herm having a part-time job was a necessity in order to pay for college. Loading groceries was just one of the many duties senior, Ryan Herm has worked at Safeway for the past two years to save up for his "higher learning."

As junior Katie Garber arranges T-shirts at Mr. Bulky's she is careful to keep her balance on the ladder. Katie works year-round and works hard to maintain good grades in school. In addition to her school work and job, she manages to make time for her friends.

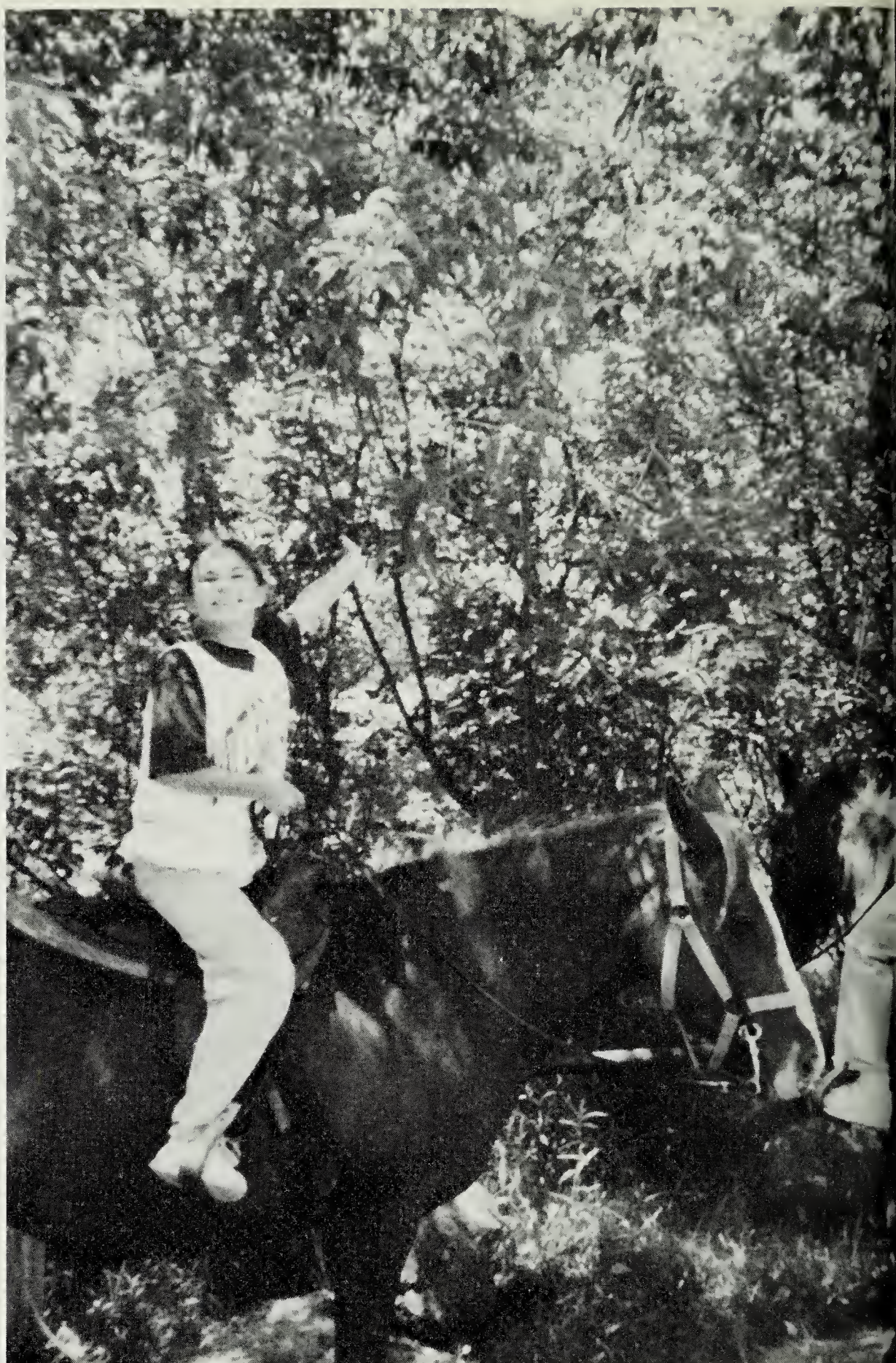


While working at Champions in Potomac Mills Mall, seniors Kyle Enzler and Daniel Kuykendall, stacked merchandise on the shelves as part of their job curriculum. Working with friends was one of the benefits of having a job at the mall where many Gar-Field students were employed.

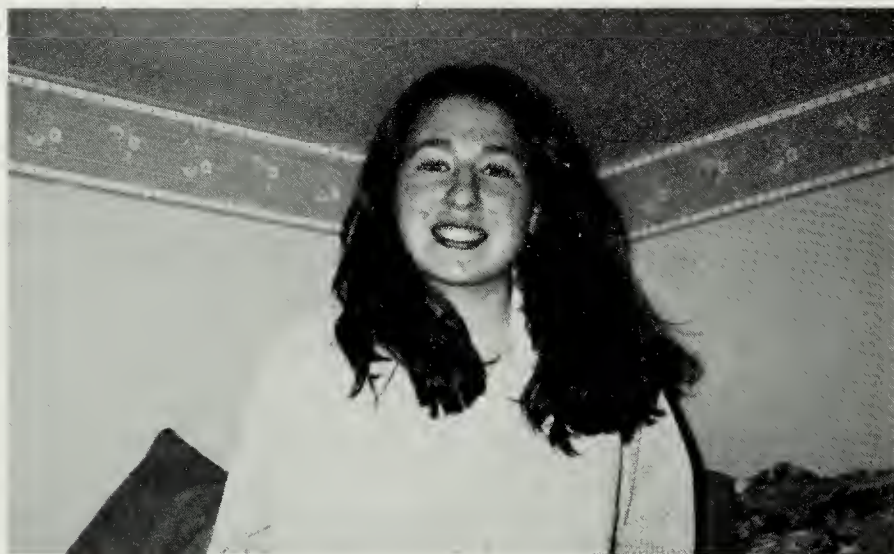
Not only did the job provide some extra cash, but helped senior Tomi Olamigoke build up a stylish wardrobe. Hundreds of applications were submitted to the Gap and other trendy stores in Potomac Mills Mall.

A pen, a piece of paper and a little brain power was all it took to author something really profound. Freshman Kimberly Smith enjoyed writing as an avenue to express herself. Writing seemed to be a popular hobby, even if it meant simply writing notes to one's classmates.

Relaxation and fun were synonymous among students as a leisure hobby. Sophomores Jennifer Bock and Carla Berberich enjoyed horseback riding in their spare time. A combination of the outdoors, the love of an animal, and fellowship created one winning atmosphere.



A good book transformed a reader into another world. A book was completely portable and completely accessible. Junior Elizabeth Denny enjoyed her time cuddled in a good book.



In order to relieve stress and improve her track performance, senior Gigi Miller spent time in the weight room. Bench pressing required focus and concentration.





Too Much Time

Although it seemed like spare time was rather minimal this school year, students still found time between school and work to humor themselves in an activity of special interest.

"I'm involved in displaying my car in shows," said senior Chris Mosser, "I have a 1977 Corvette. I like to enter car shows because of the tough competition and the pride it gives me to know that I own something special. I know I have a great chance at winning."

From collecting to modeling, students considered many outlets as hobbies. Senior Chris Davidson stated, "I started drawing at thirteen years old and spend three to four hours a day doing it."

"I have to do something to stay in shape because I'm going into the Marine Corps." - Senior David McKoy

Some activities of leisure and exercise were among the favorite hobbies of students. Freshman Amber Bernardi said, "I love to rollerblade whenever I get a chance."

Even though some hobbies were time intensive, participating in a self-improvement activity was considered a hobby if it was something a student enjoyed doing. "I go swimming at the Chinn Center in the summertime. I lift weights before hitting the pool. I have to do something to keep in shape because I'm going into the Marine Corps. I try to play some sports or go running and fit in some sit-ups and pull-ups to help me prepare," said senior David McKoy.

Participation on a team or in other school or community-related activities left little time for anything extra. Flag team member, junior Colleen Sullivan said, "I have to practice alone first, but in the end, I work with the team."

There were students in many classes who spent their time making mischief and refining comedic skills. Senior Dimitrios Konstantinou said, "In my spare time I enjoy making prank phone calls. I can easily hit every convenience store in Dale City and Woodbridge in one sitting. My friends really enjoy listening."

Most people indulged in their hobby on weekends, but, even then finding time was a challenge. Freshman Sandy Addo summed it up best, "Hobby? Who's got time for a hobby?"

•Kate Pancrantz, Shawna Potter

On My Hands

Stuck On You

When we asked some students here at Gar-Field what a good relationship contained, they said the best of relationships relied on love, caring, commitment, dedication, a little stress and a lot of understanding. People who had significant others enjoyed the luxury of having another person to rely on. There was a special kindredship, a connection that fueled the spirit when relationships were formed. Relationships were stronger if both people maintained their own identities. "Having friends is fun because you don't have to be alone," said Taana Kelly. She added, "It's important to be yourself around your friends. That's the only way you will keep them."

Although the events in one's life didn't always turn out like a romantic movie, all were experiences that forced them to grow. New opportunities provoked students to accept qualities in other people. Shylah Price said, "Yes, it took some time, but now I can act my natural way in front of my boyfriend." Monique Welsh said, "It makes me feel uncomfortable when people are always seeking someone else's approval."

"It makes me feel uncomfortable when people are always seeking someone else's approval." -Senior Monique Welsh

All relationships had problems like, fighting and jealousy. "Relationships won't survive without trust and understanding. That is the basis of all relationships," according to senior Clifton Johnson. Senior Joshua Hogan said, "A relationship builds off of trust and a strong friendship."

Many couples look towards the future as a source to work out any misunderstandings. Some students, like senior Maria Gomez, seemed destined to hear wedding bells in the future. For the majority of the student body, that is another century away.

•Jenni Reese and Katie Dallek

The Togetherness Trial





Students made each minute count with their boy-friends/girlfriends in-between classes. Meeting in their usual spot between classes, seniors Taana Kelly and Hal Nesbitt talk about what has been going on throughout the day.

Oblivious to the outside world, seniors Kelvin Pollard and Becca DeVanney stole one last moment before the tardy bell rang. Most students appreciated the seven minutes between classes on block days.



Longevity in a relationship called for a little less formality and posing in front of one's significant other. Seniors Angela Arbogast and Ricky Davila ate lunch together and on occasion spent a weekend away from one another.

Always the affectionate guy, senior Ryan Hum gave his girlfriend, senior Meghan Oldis, a love bite. Rules against public displays of affection were strictly enforced this school year, so students had to get by with just a smile.

"Hey, what's up?" sophomore Kareem Kyer asks sophomore Bryson Newell as they pass each other in the hallway. As Bryson reaches to shake Kareem's hand, he replied with, "Not much here."

"You're so cute," Jesse Zinn, junior, says to her boyfriend senior Jason Greyson. He gazed into her eyes and told her how beautiful she is. Jesse replied with, "That is the sweetest thing anyone has said to me."



"What do you get when you cross an owl and a goat?" asks junior Charlene Taylor, "A hoot'n nanny?" "Okay, whatever," laughs junior Kristy Neff. This was the corniest joke Kristy has ever heard.



During "A" lunch, senior Tony Grubb recalls his most embarrassing moment and tells it to senior Maria Gomez. She replied with laughter.



Something to Talk About

"What's happenin' hot stuff?" is a favorite saying said by junior Sarah Hawkins. What are your favorite sayings, pick-up lines and jokes? From the most embarrassing things to the corniest things that have been heard throughout the halls of Gar-Field; students had something to talk about.

Communicating is something we do everyday. G-F students found many different ways to communicate. Flattery and corny pick-up lines were just a few ways to attract attention. Especially this 96-97 school year it was hard to keep up with the latest and greatest lingo.

What about those famous sayings often repeated by G-F students? Phrases such as "For real?" "Whatever" and "Beast" can be heard throughout the halls of Gar-Field.

Melissa Hunt, junior, explained the nicest thing anyone has ever said to her was, "Is your daddy a thief?" "Because he must of stolen the stars from the sky and put them in your eyes."

"Is your daddy a thief because he must have stolen the stars from the sky and put them in your eyes?"

-Junior Melissa Hunt

"I love you always and in all ways," commented Sarah Hawkins, junior, as the nicest thing anyone has ever admitted to her.

Matt Seymour, junior, explained that "You have the soul of a poet and the ambition of a dreamer," as being the nicest thing anyone has ever revealed to him. Also he mentioned that the worst pick-up line he's ever heard was,

"Hey, are those space-pants you're wearing because your butt is outta this world."

"I haven't been very lucky on the lottery so how about giving me your lucky telephone number," Monica Imbert, senior, stated was the most pathetic pick-up line ever used on her.

Senior Leilani Pererya commented that her favorite saying is "If you want to see the rainbow, you've got to put up with the rain."

"Love me, hug me, call me puddin'," answered sophomore Bethany Bracket as her favorite saying, and "Baby, you're smoother than the Weather Channel's theme song," as the corniest thing she has heard throughout the halls of Gar-Field.

Now these people actually meant to say those lines, imagine what comes out of people's mouths on accident! "Sorry, I had gas," confessed Danny Commander. Josh Giamichael admitted "I have a not so fresh feeling" was his most embarrassing comment in public.

Have you ever found yourself saying "that's phat" or "for real"? Or maybe you've caught yourself abusing a pick-up line. If so, it's just another star in the sky of language that proves your part of the Gar-Field slang. •Anna Drago, Lynsey Lunsford, Marissa Manabat

Speaking Easy

Getting There . . .

Most students took advantage of having a car to drive to school, while others had to wonder around moping and wanting to avoid the dreaded "cheese wagon." Friends were usually quick to say yes to allowing their helpless friends get away from the school bus while others asked for gas money. Junior Jennifer Yip stated, "I wouldn't charge people for gas money but I would pay gas money. Anything to avoid riding the bus."

Gar-Field students were asked about the advantages of driving or getting a ride to school. Not having to wait outside for a ride, being able to listen to the music of their choice, and leaving school when they were ready were some of the responses from the students. Junior Joyce Price responded that in her car pool there are certain rules that have to be followed. These included being on time, shotgun has control of the radio, and if the driver isn't coming, it's their responsibility to notify the passengers. "A major advantage is not having to listen to immature people act stupid on the way to and from school," replied sophomore Kari Oermann.

"A major advantage (of getting a ride to school) is not having to listen to immature people acting stupid."

-Sophomore Kari Oermann

Though students would rather get a ride to school in a car, there were some advantages to riding the bus. "The bus is a constant ride you can count on everyday," said junior Lisa Roberts.

"If the bus is late, you can get an excused tardy," remarked junior Brian Garrett.

"I choose not to ride the bus because they are always late on bad weather days and early every other day," stated sophomore Rachel Bryant.

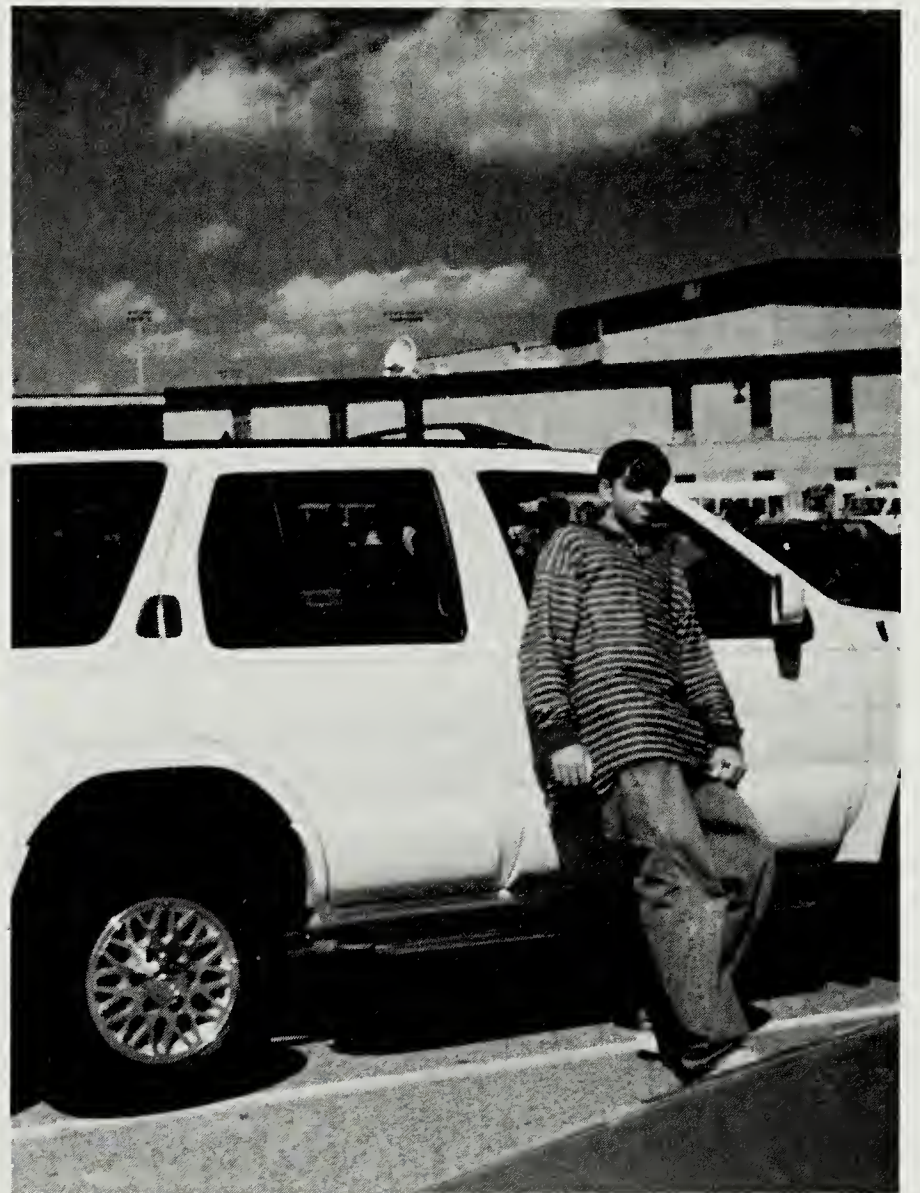
Some students chose to walk to school rather than be seen on the bus. Juniors Kristen Bellando and Christin Talbot stated, "Our freshman year, we walked to school to keep in shape for swim team." • Shea O'Connell, Christina Madison, Lisa Westley

and Getting Back



Since the school was located near housing developments, some students walked. During their freshmen year, juniors Kristen Bellando and Christin Talbot walked to keep in shape. Students on occasion had to walk because they were unfortunate enough to have had missed the bus.

Many students were fortunate enough to have their parents buy them a car. Senior Vicrum Puri was one of those lucky souls who didn't have to worry about the monthly car payments, insurance and property taxes on his '96 Nissan Pathfinder.



With the help of her father and grandfather, sophomore Megan Norgart was able to have a '78 Porsche. Students were interested in fixing up old cars rather than spend the money and commit years to a newer car. Most students enjoyed playing the role of "mechanic."

The bus was an unpleasant, but sometimes necessary way of getting to and from school. Sophomores Mark Roslan, Jennifer Stocker, seniors Maisha Williams, and Denise Anderson were just some of the students who were "lucky" enough to ride the bus.



Seniors

"Who can turn the world on with her smile? Who can take a nothing day and suddenly make it all seem worthwhile? Well, it's you, girl and you should know it, with each glance and every little movement you show it. Love is all around no need to waste it. You can have the town, why don't you take it? You're gonna make it after all!"

-The Mary Tyler Moore Show

Entering school this year for the last time changed things for many seniors as memories of who they were and dreams of who they might become came to life.

Amidst all the expectations, it was easy to forget how fast the fun and excitement of those years flew by. So, as 586 new seniors returned to Gar-Field for yet another school season, they did so with anticipation for the future and with remembrance of the past.

Within the halls that bound Gar-Field, four years of growth and development produced the young men and women of the Class of '97. Looking back, it was amazing to remember being anxious freshmen during those first days in '94. Red, white, and blue tassels were hung from rear-view mirrors as ornamental reminders of the oncoming graduation. Together as a class, seniors shared the fun of friends and games at their senior picnic, prom, beachweek, and the activities they joined after school. For many, anticipating the day when all 586 seniors would wear their cap and gown symbolized a long sought freedom and the beginning of the future. • Claudia

Williams

Is this a black and white scene from Batman in the early days of television? Not exactly. The mighty Class of '97 shows its strength as leaders of the Homecoming float competition.



Most Outrageous



Karen Hennessee
& Jason Knepper

Most Outgoing



Josh Hogan & Ember Johnston

Mr. & Gar-



Emily Faught &

Mrs. Field



Class Couple



Karen Testerman
& Travis Pfitzner

Most Likely to Succeed

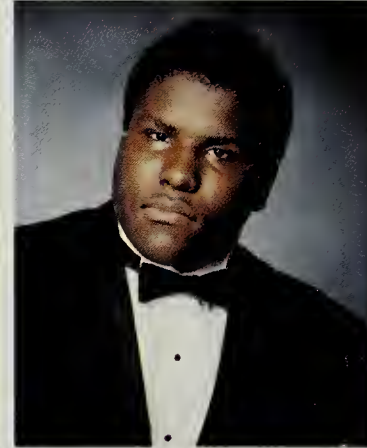


Brian McElhenny Maisha Williams & Doug Lincoln

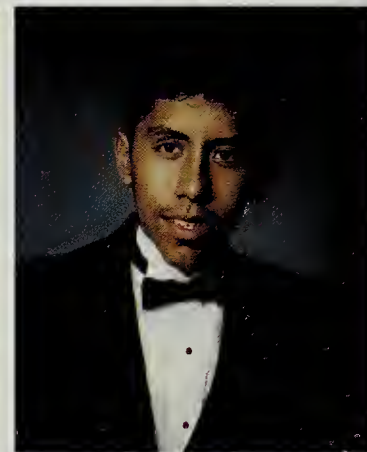
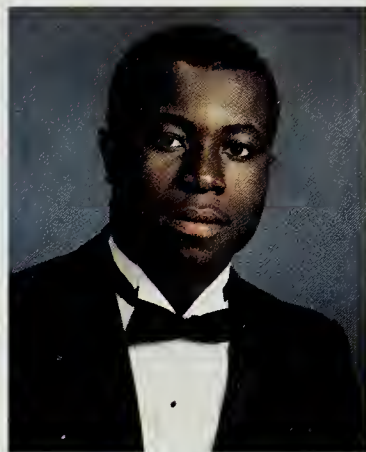
Kalena Abel
 Sarah Abraham
 Candace Adams
 Veronica Adams
 Amanda Adkins
 Robert Alderman



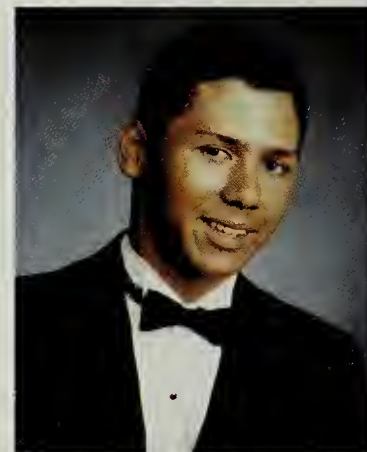
Julie Alter
 Vanessa Amaya
 Tammy Ambrose
 David Anderson
 Denise Anderson
 Erin Angell



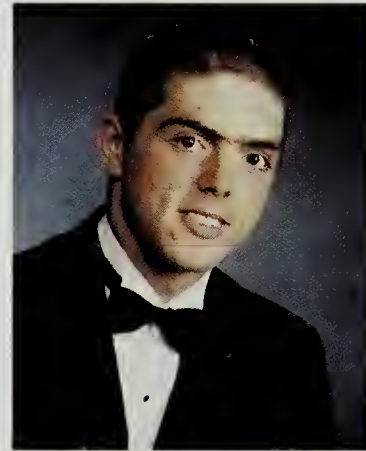
Amy Ansong
 Richard Appau
 Angela Arbogast
 Mario Arnez
 Dallen Arny
 Maurice Atkins



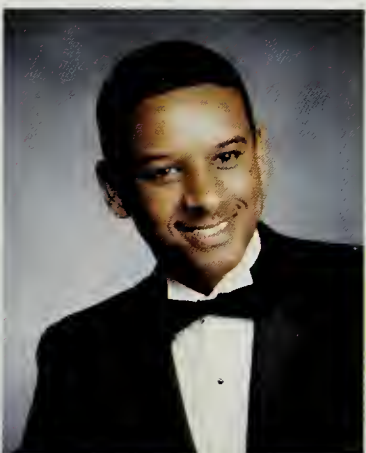
Most Likely to Cause a Scene



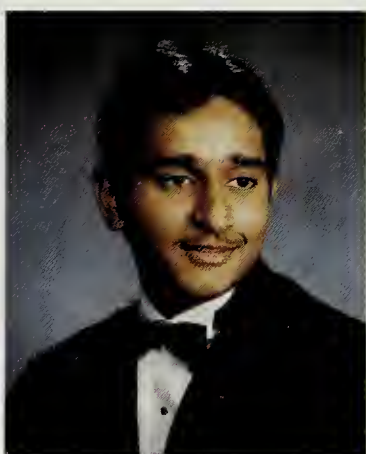
Antonio Mendez &
 Phoebe Kenney



Biggest Apple Shiner



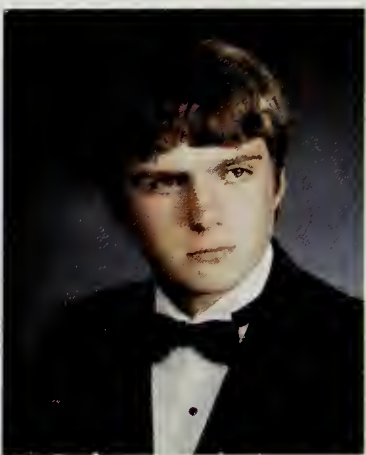
Daniel
Bono
&
Gina
Burke



Khalid Attia
Daniel August
Brian Ayres
Weda Azimi
Harman Bajwa
Lorene Banning



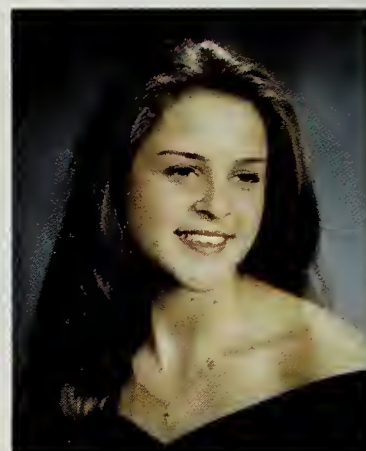
Anthony Bapple
Amber Barber
Tamara Barber
Kala Barnes
Janelle Bartron
Cheryl Baxley



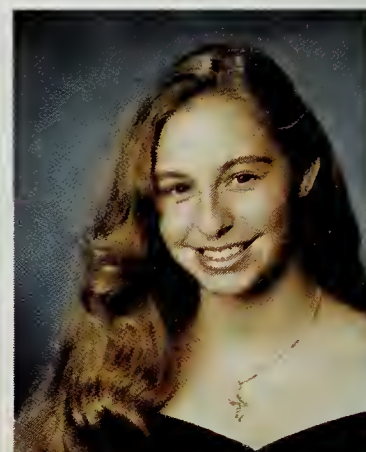
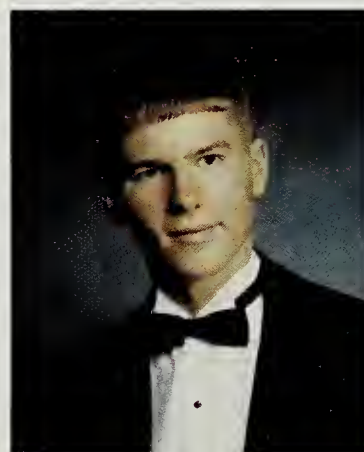
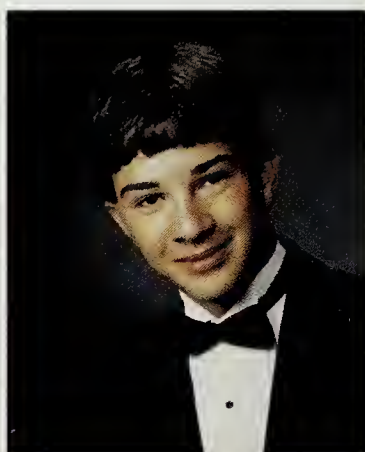
Lisa Beach
Jason Beavers
Jesse Bedford
Zsuzsanna Berenyi
Eamonn Bethel
Betty Betts

Most Humorous

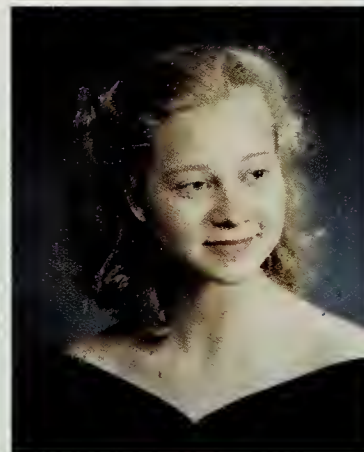
Tekora
Singleton



Harmeet Bindra
Peter Bobolia
Scott Boebel
Nadine Boisvere
Daniel Bono
Kelly Boone



Amanda Borrello
Victoria Bowman
Alyssa Bradford
Sarah Branch
Andrew Breidenbach
Karen Bridgett



Greg Briney
Daniel Broughton
Elisse-Estee Brown
Marquise Brown
Joseph Bruss
Liliana Burgos

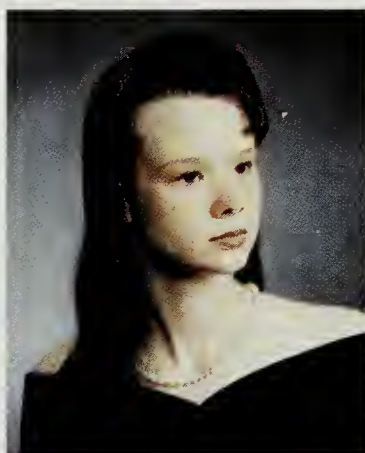
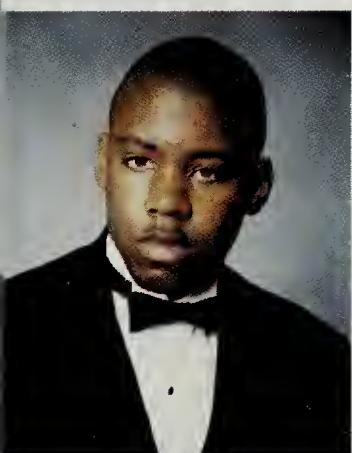




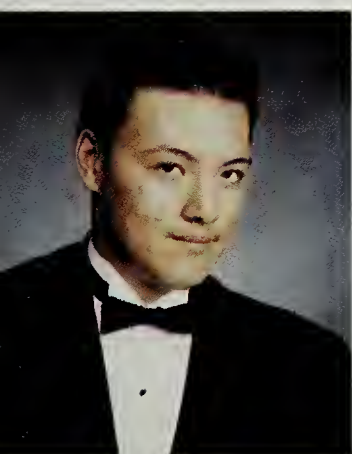
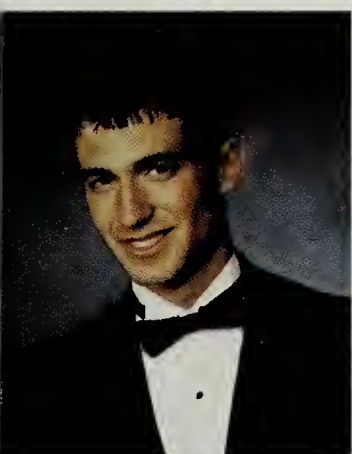
Erik Burke
Gina Burke
Paul Burnell
Barbara Burns
Peter Burt
Jennifer Burwell



Aurora Bushner
Melissa Bussard
Ryan Byrne
Dorothy Caldwell
Rodolfo Camacho
Mary Campos

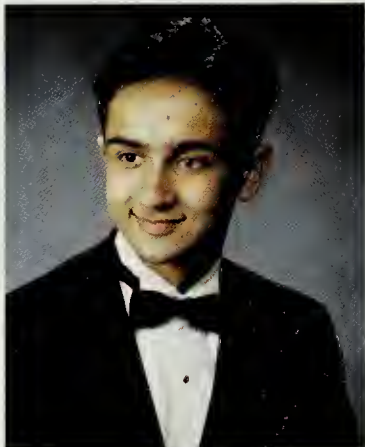


Erin Caricofe
Javier Carrillo
Carl Carter
Patricia Chamberlin
Sharon-Jean Chambers
Christophe Chase

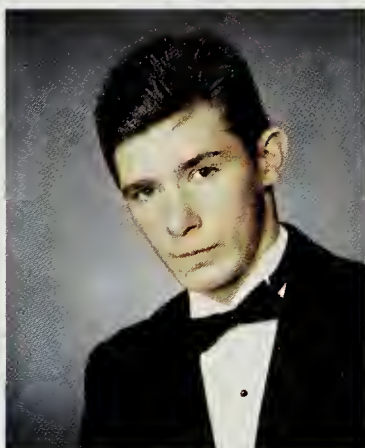


Dimitrios Konstantinou

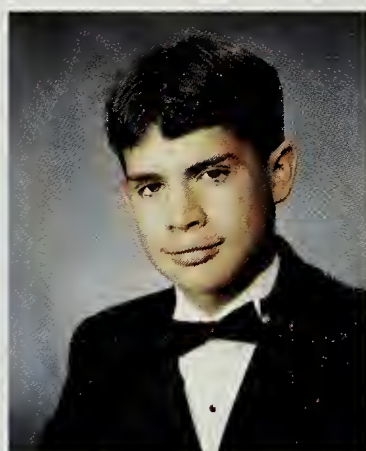
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 Tejinder Chawla
 Clinton Cheek
 June Cho
 Shawn Clapham
 Jennifer Clarke



Matthew Clear
 Stephen Clemens
 Scott Clendaniel
 Christopher Clow
 Danielle Colbert
 Anthony Coleman

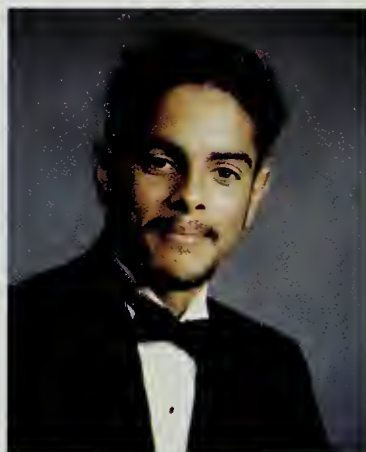
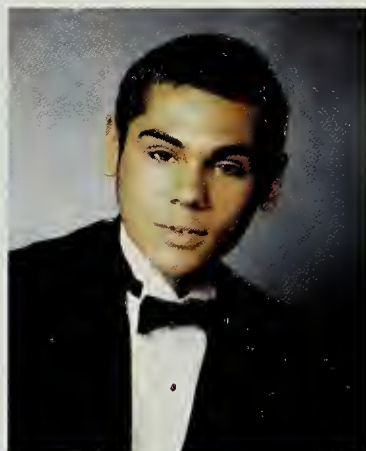
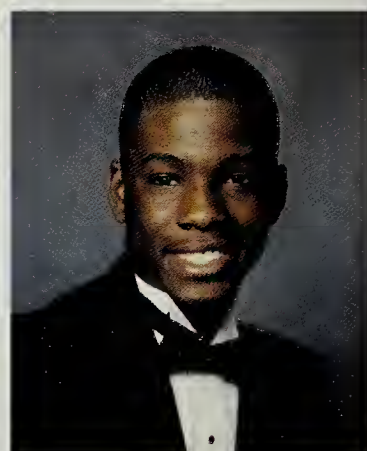


Cindy Compton
 Teresa Conley
 Jeffrey Conrad
 Joseph Cooper
 Thomas Cope
 Natasha Copeland



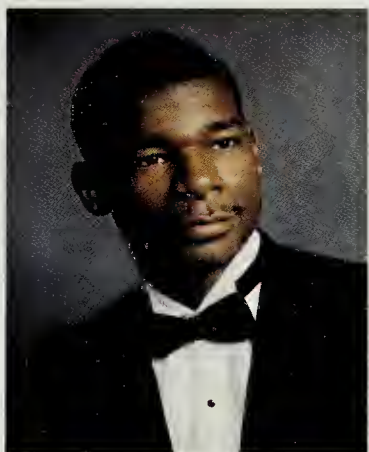
Best Smile

Maria
 Taylor
 &
 Jeremy
 Johnson

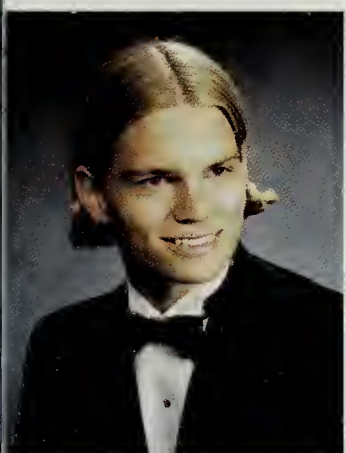




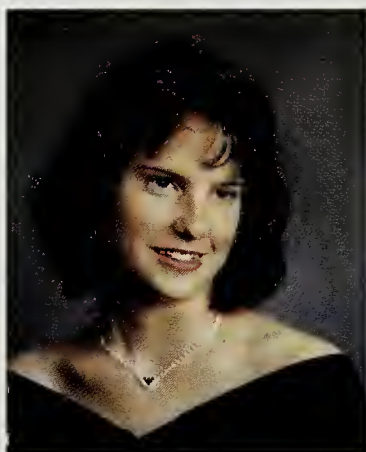
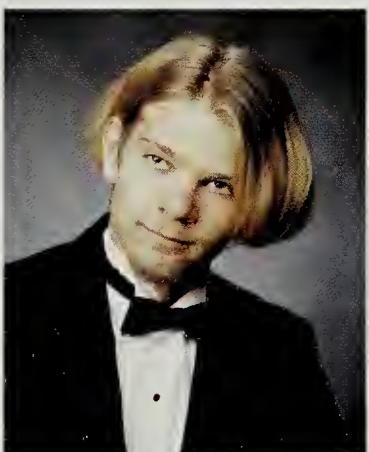
Best Personality



Elena Epps & Travis Fox



Jamie Crawley
Selwyn Crittendon
John Crone
Tina Crutchfield
Natasha Cuellar
Rhonda Cummins

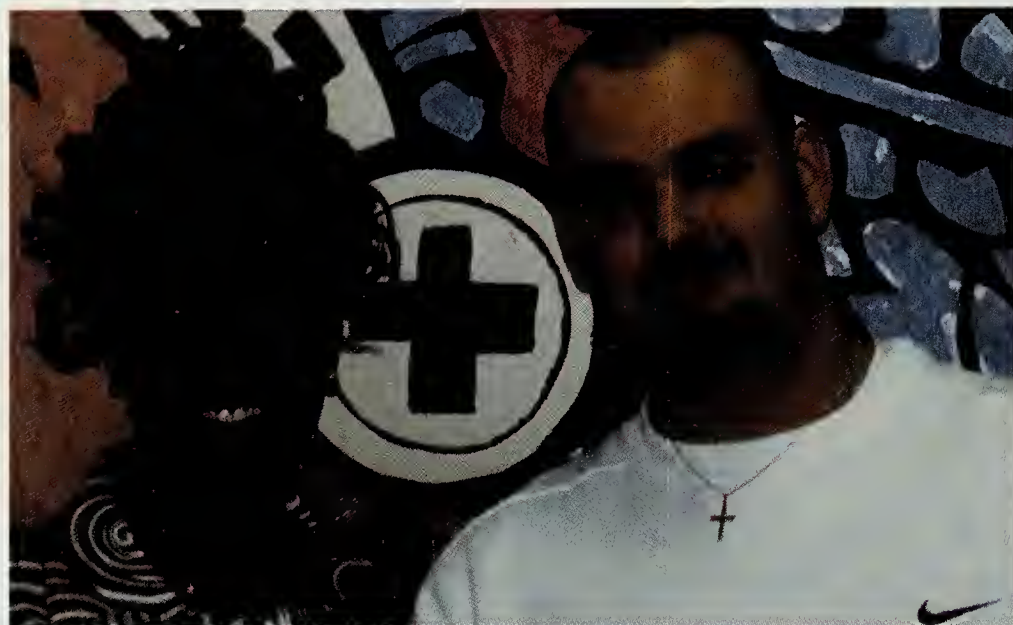


Frederick Custadio
David Dallek
Nichol Daniels
Christopher Davidson
Brenda Davies
Holly Davies

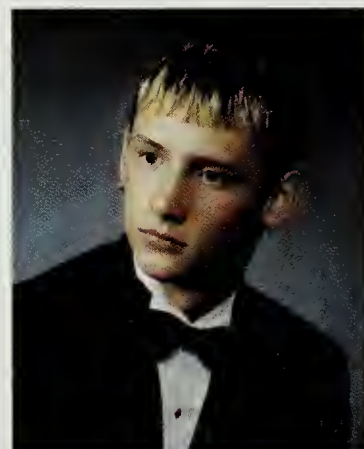


Ricky Davila
Elizabeth Davis
Kelly Day
Lalani DeLeon
Marivit Delacruz
Amanda Dempster

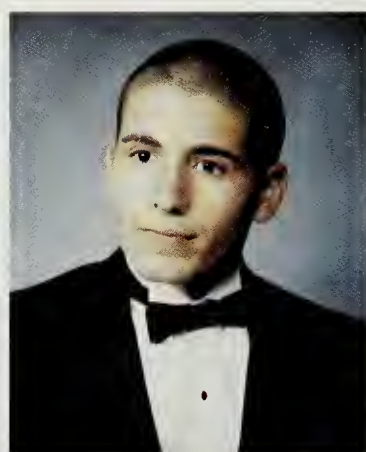
Most Involved



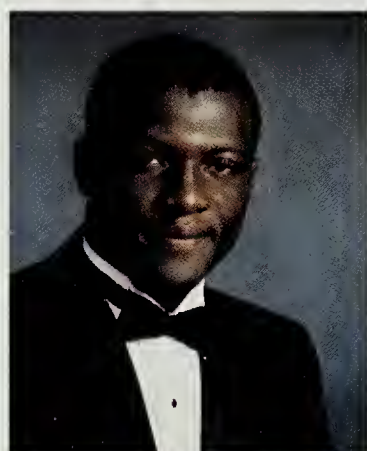
Amy Ansong
& Kevin McMullen



Jeffrey Denham
James Denny
Rebecca DeVanney
Linda DeWilde
Sabrina Didomenico
Manuela Dietrich

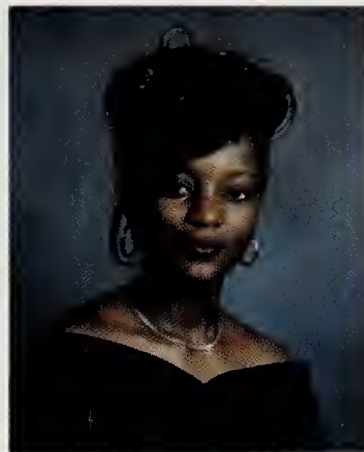


Makafui Dogbatse
Jason Donath
Lindsey Doyle
Shannon Doyle
Shavolume Dunkley
Christal Dunnam

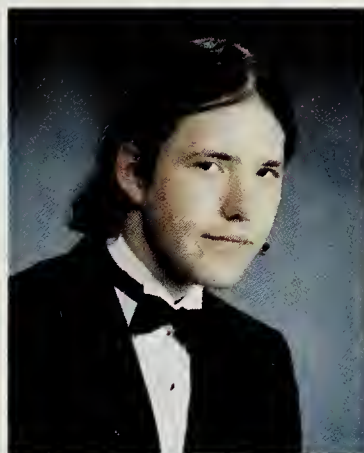


Cedric Durr
Heather Dye
Michael Eaglin
Charles Easley
Erika Ecker
Adam Edmundson





Christa Edsall
Michael Edwards
Nisreen Elhillali
Amy Elliott
Matthew Elliott
Mina Ennin



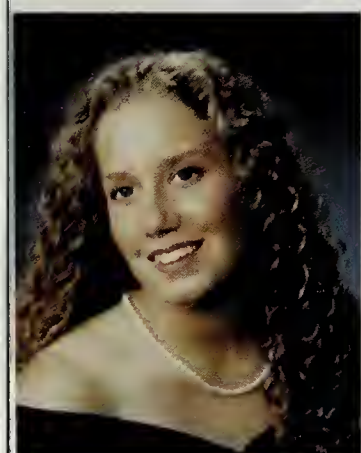
Kyle Enzler
Elena Epps
Lynnette Evans
Dawn Fales
Spence Fast
Emily Faught



Abigail Fehrman
Antorius Felder
Virginia Ferrell
Brian Fichter
Bettina Figueras
Jennifer Fink



Tardy King & Queen

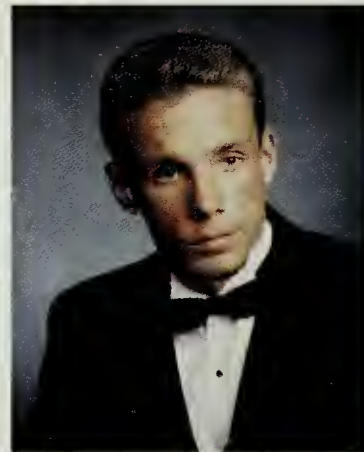
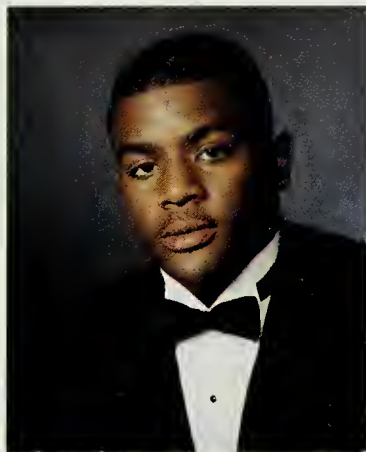


Hal Nesbitt &
Christy Moore

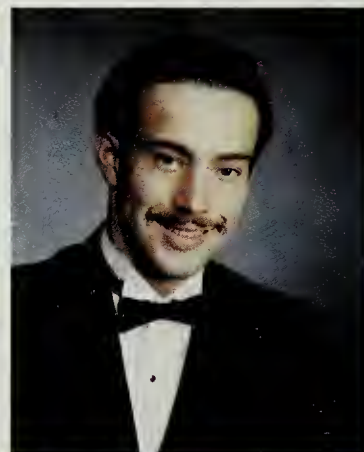
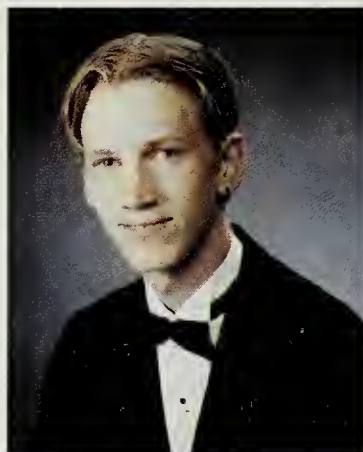
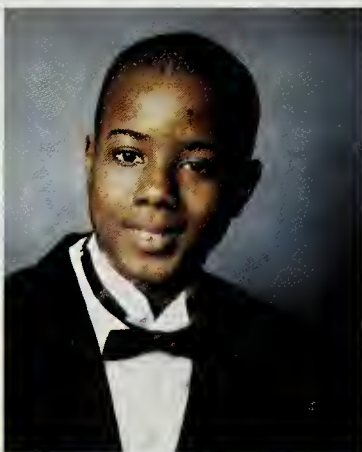
Richard Fitzpatrick
Christine Flom
Mayra Fonseca
Lee Foresman
Megan Foscue
Leah Foster



Travis Fox
Deborah Freshwater
Jason Furr
Michael Gaither
John Galgano
Carola Garay-Ortega



Christa Gargan
Wori Garrett
William Gazzoli
Matthew George
Daniel Gilbert
Justin Gilbert



Best Dressed

Gi-Gi
Miller
&
Brian
Fichter



Most Talkative



Phoebe
Kenney
&
Anthony
Smith



Matthew Gill
Corretta Gittens
Felicia Glapion
Christopher Glowacki
Aaron Gomes
Maria Gomez



Jennifer Gonyea
Joshua Goode
William Gorman
Andrew Green
Christine Grenier
Jason Greyson



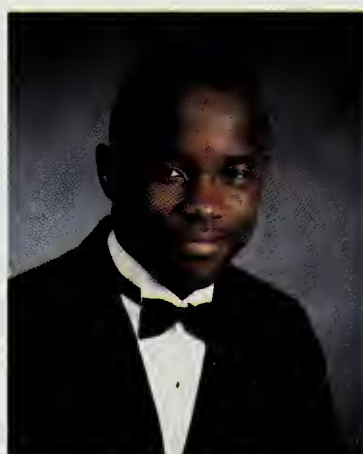
Atiba Grimes
Tony Grubb
Cathleen Guyett
Tijusha Haley
Adam Hallenbeck
Thomas Harford

Most Likely to Become Famous



Maisha Williams & Matt Harrison

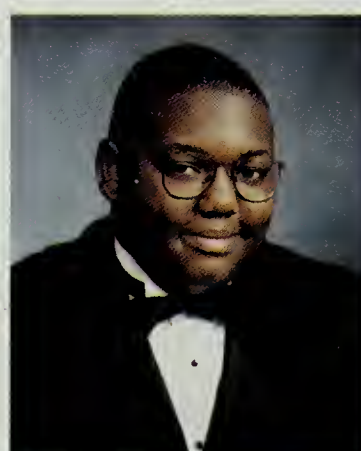
Dewayne Harley
Sara Harney
Andrea Harris
Charmaine Harris
Jennifer Harris
Joey Harris



Richelle Harris
Donta Harrison
Matthew Harrison
Lisa Harry
Rebecca Harvey
Steven Haste

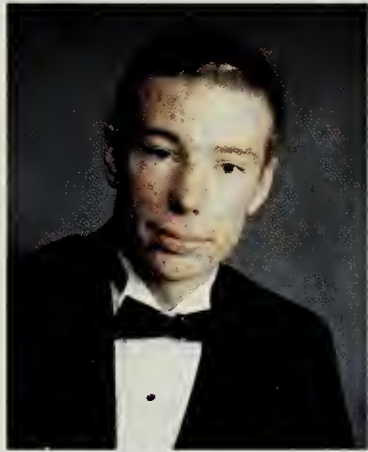


Karen Hennessee
Caren Hensen
Demetrius Hicks
Michael Hicks
Sarah Hill
Christina Hines

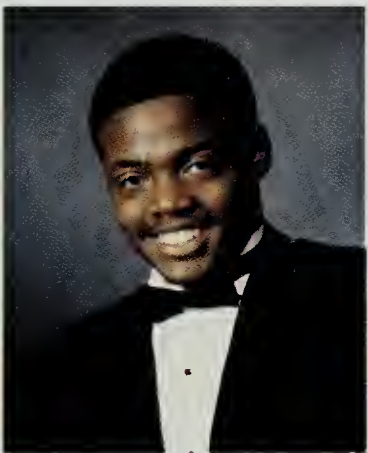




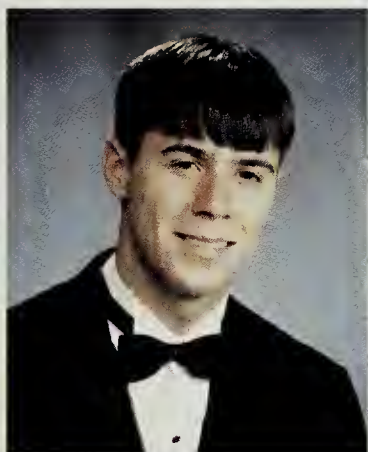
Brandon Hodson
Jason Hogan
Josh Hogan
Melissa Hoover
Rachel Horn
Kelly Howard



Sherra Howard
Elias Hoxha
Kevin Hubbard
Jason Hube
Kareef Huggins
Rosemary Hughes



Ryan Hurm
Shahzad Hussain
Corwin Hyman
Monica Imbert
Kerry James
Kisha James



Best Eyes



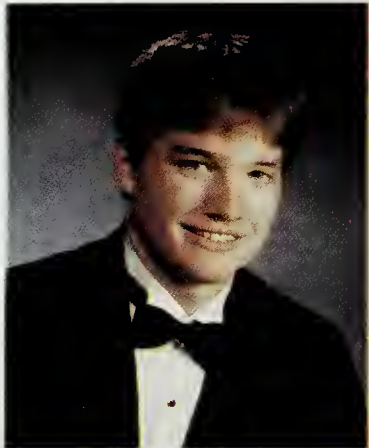
Kristina Stump
& Cedric Durr



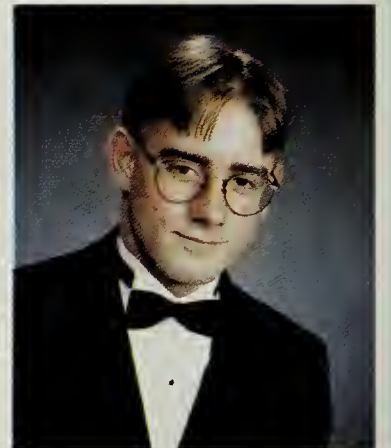
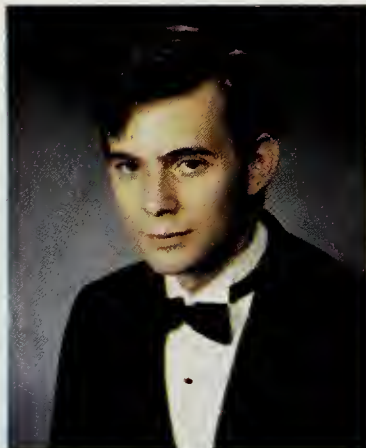
Heather Jappinga
John Jeremias
Joy Jimeno
Clifton Johnson
James Johnson
Jeremy Johnson



Patrick Johnson
Ember Johnston
Heather Jones
Rachelle Jones
Sonya Jordan
Shaunta Joyce



Philip Kandrut
John Kelly
Taana Kelly
Walter Kennedy
Phoebe Kenney
Joseph Klemencic



Most Changed Since Ninth Grade



Julie
Peloquin



Kyle Enzler



Most Moody



Shana Rice & Jason Hogan

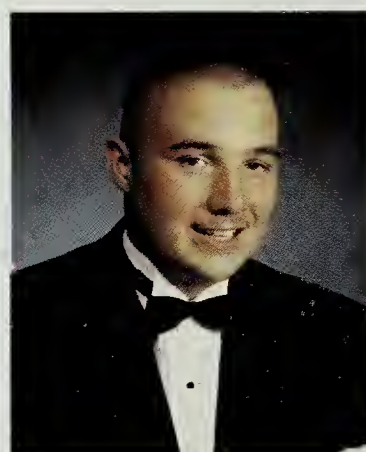
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Jamilynn Knuth
Kylie Kochel
Dimitrios Konstantinou
Sheela Kori
Tara Koshetar

Leah Kuhns
Daniel Kuykendall III
Sarah Laidlaw
Christina Lambert
Joshua Lane
Thomas Lane

Ben Lanzillotta
Joshua Late
Lolita Laws
Joshua Lawson
Daniel Leavy
John Lemons

Most Talented

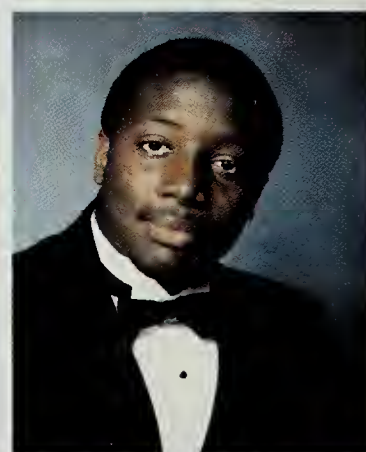
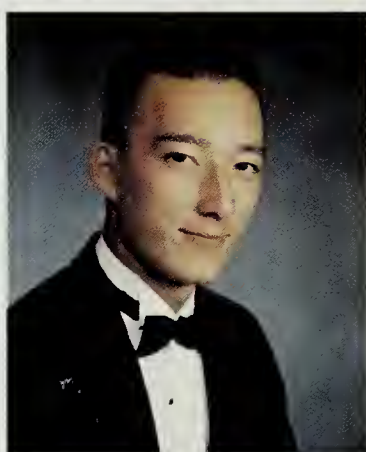
Noelle
Shott



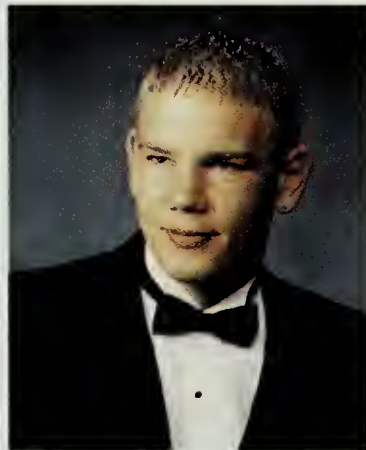
Rick Lenoir
Heather Lenser
Ka Leung
Gregory Lewis
Douglas Lincoln III
Melanie Lindemuth



Matthew Linton
Isaac Lloyd
Walter Locke
Renita Lomax
Latesha Lonon
Robert Love IV

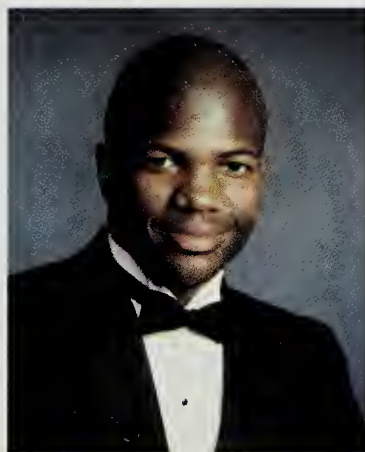
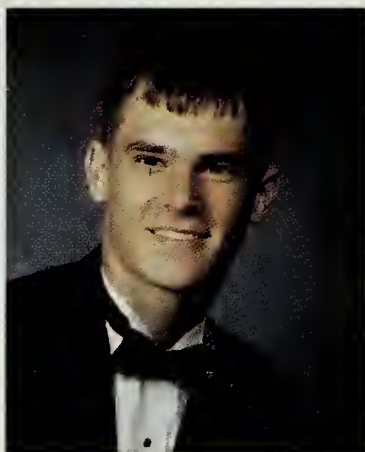


Nicholas Lohmann
Alan Lucks
Princess Macauley
Neshaminy Maceira
Sara Mammen
Henry Marngitr

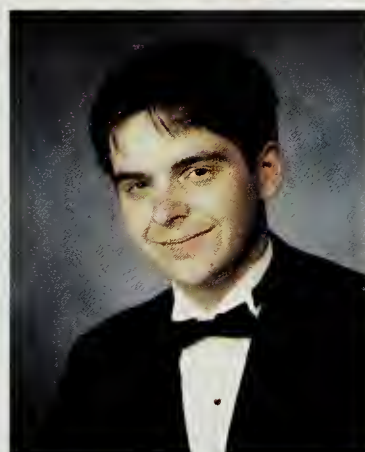
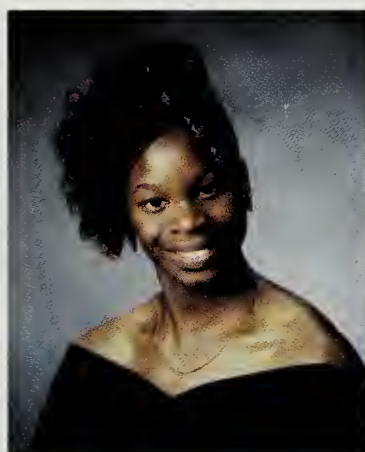
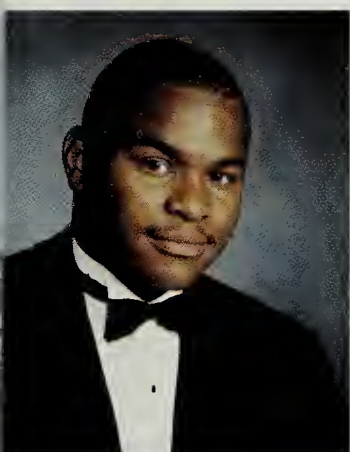




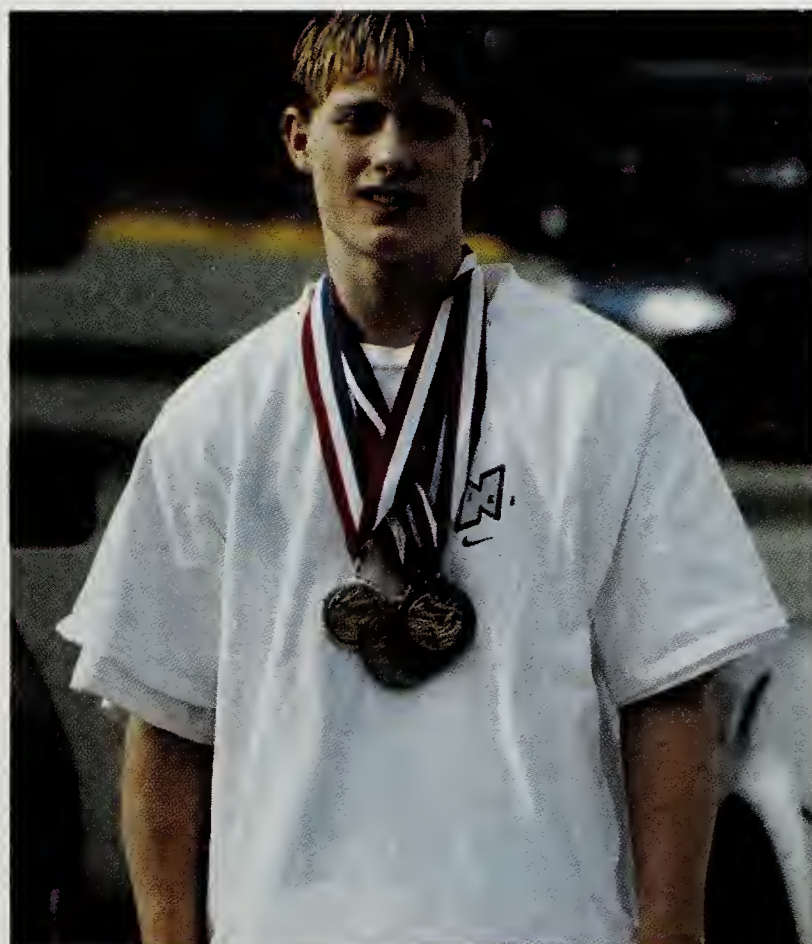
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Dennis Martin
Derrick Martin
Alicia Martini
Robert Matthews
Ana Mazariegos



Brooke McCurdy
Delinica McDermott
Shavone McDowell
Brian McElhenny
Terrance McGee
Kristi McIlveen



James McKenzie
Kevin McMullen
Juan Mendez
Alicia Meyer
Virginia Miller
Nicholas Mills

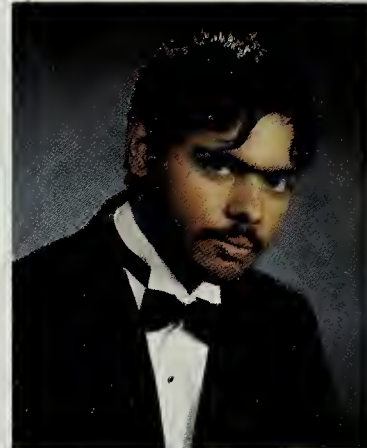
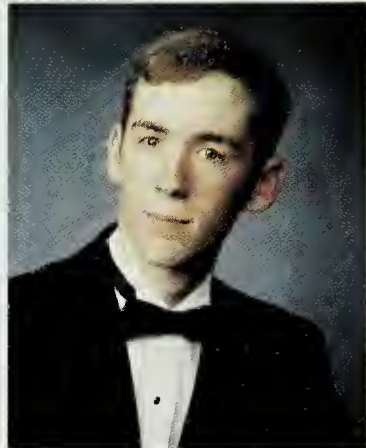


Jason Furr

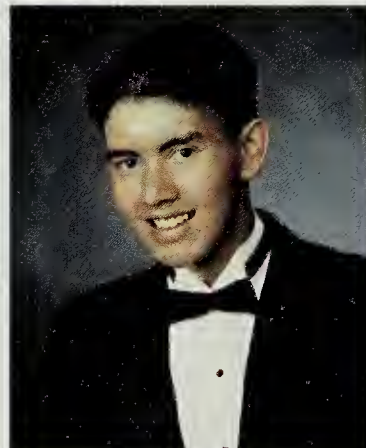
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 Larwanda Mitchell
 Mahdya Momenni
 Christy Moore
 Douglas Moore
 Michael Moore



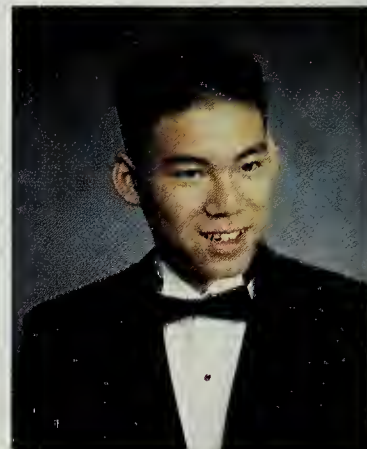
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 Talecia Morton
 Christophe Mosser
 Obaid Munir
 Victor Munoz
 Johnni Murphy



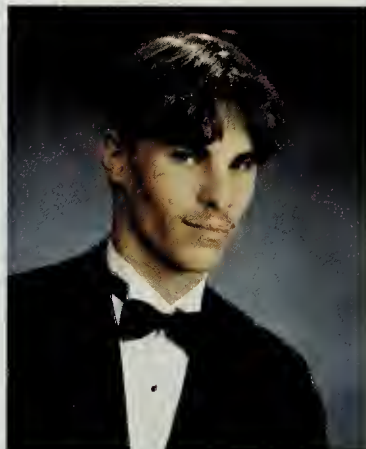
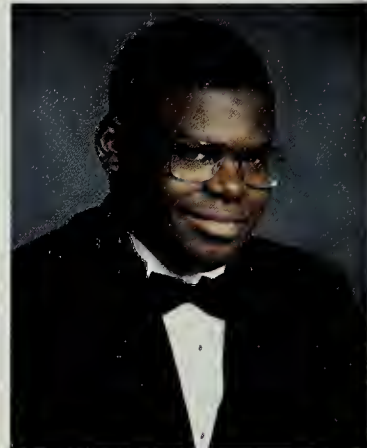
Karen Nabholz
 Molly Narburgh
 David Nasca
 Anthony Natale
 Keith Nell
 James Nesbitt



Biggest Party Animal



Leah Kuhns
 & John Galgano



Biggest Flirt



**Karen
Bridgett**



Seth Kloss

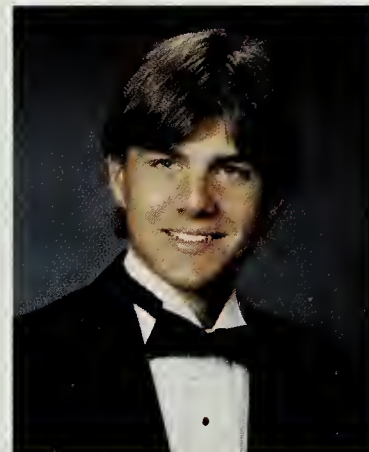
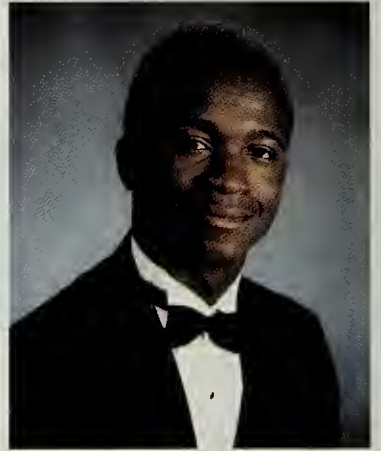
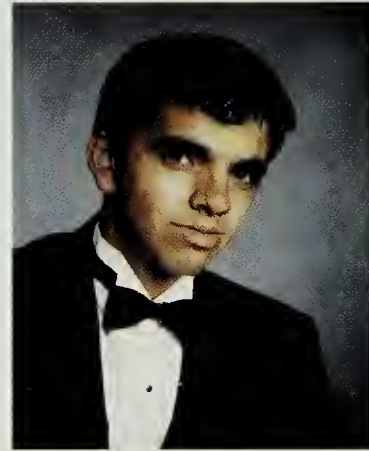
*Susan Ngudie
Hai Nguyen
Erik Nohre
Champa Nouu
Matthew Novacek
Jorge Ochaita*

*Kristina Oglivie
Michael Okwabi
Tomi Olamigoke
Meghan Oldis
George Olivo
Eunice Omole*

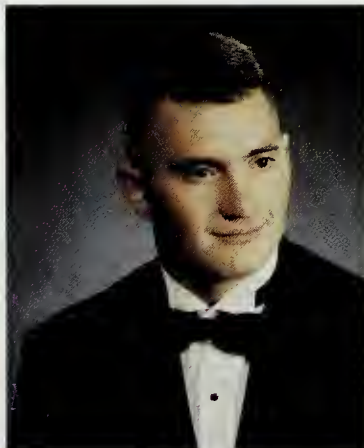
*Keith Oravetz
Janet Ortiz
Jeremy Osbourn
Palesa Osei-Tutu
Leslie Pace
Pramote Panyaying*

Most Athletic

Gi-Gi
Miller
&
Brian
McElhenny



Tanyra Parker
Christopher Payne
Maurice Peebles
Julie Peloquin
Leilani Pereyra
John Perez



Melany Perez
Laura Perko
Joanna Perry
Annie Peterson
Travis Pfitzner
Chanthasak Phanthavong

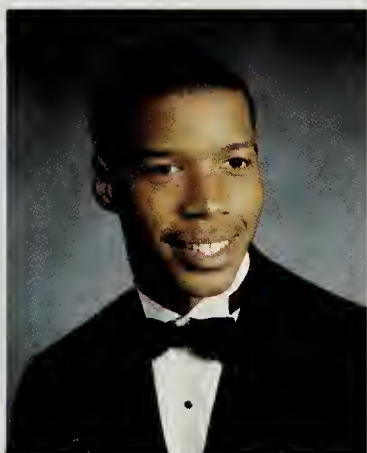


Michael Pierce
Sabrina Pitera
Danielle Pokusa
Kelvin Pollard, Jr.
Jamie Porter
Alexander Prewitt





*Katrice Price
Kristina Price
Shylah Price
Ebony Prince
Danielle Pulley
Karon Pulley*



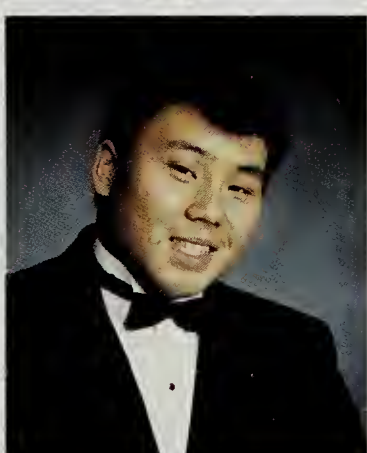
*Vicrum Puri
Ishmael Quansah
Zuhal Rahim
Antoine Redmon
Jennifer Reece
Lee Revis*



*Daniel Rice
Shana Rice
Kiwanya Richardson
Michael Riley
Ana Rivera
Paul Roach*



Most School Spirited

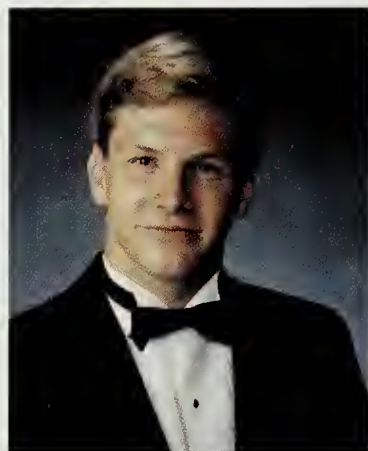


*Claudia
Williams
&
Greg
Briney*

Jennifer Rodriguez
 Yahaira Rodriguez
 Lizzette Rosado
 Joshua Rosenberg
 Joseph Roslan
 Stephanie Russ



Steven Ryan
 Rachel Rybicki
 Adnan Sadiq
 Sean Sansbury
 Landon Shaefer
 Shauna Schaeffer



Gregory Schoenborn
 Kelly Scholz
 Edward Schuster
 Stephen Sefchick
 Sabeen Shah
 Nicole Shelton



Most Dazed & Confused



Shylah Price

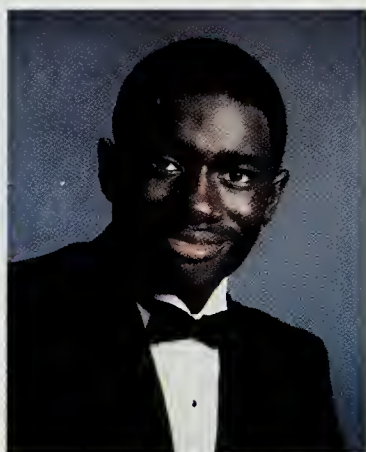




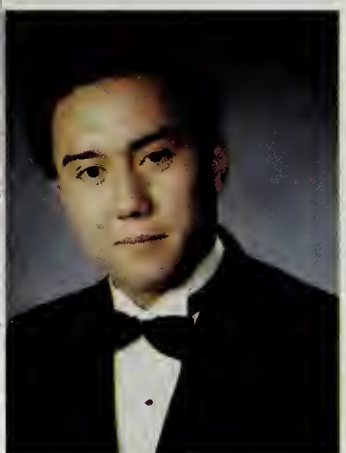
John Turner



*Sean Shelton
Habil Sherdil
Noelle Shott
Amanda Shuck
Ala Siddig
Samuel Siefke*



*Jason Silvers
Jamaal Simmons
Stephanie Simpson
Tekora Singleton
Cristopher Skidmore
Anthony Smith*



*Maggie Smith
Michael Snow
Edward Soliven
Mario Sorto
Stephanie Souders
Cynthia Spain*

Saving the Best for Last

For seniors, the final days spent at Gar-Field High School symbolized more than just four years of study and work. Making it through the twelfth grade was an accomplishment and many seniors were eager to enjoy the privileges they had earned. As the top class of the school, seniority was an obvious privilege that many of the soon-to-be graduates brandished with brilliant flair. The simple knowledge that hundreds of underclassmen looked up to them and aspired to fill their shoes was enough to inspire seniors to perform at their best. At the same time, seniors were also granted the right to leave class early every Friday. While only a few minutes were offered on these days, seniors realized quickly that every minute counted in their last year. Hurried as they were by college applications and testing deadlines, seniors were also given a break. Organized class trips and picnics for the mighty class of '97 were a few of the moments they had to sit back and appreciate what they had achieved in the past four years. Small pleasures were derived from the tassels that were hung from rear-view mirrors and the glow-in-the-dark keychains given by principal, Mr. Dallek. These keychains, Mr. Dallek told the class, glowed, much like each member of the Class of 1997.

Jeffrey Sperry

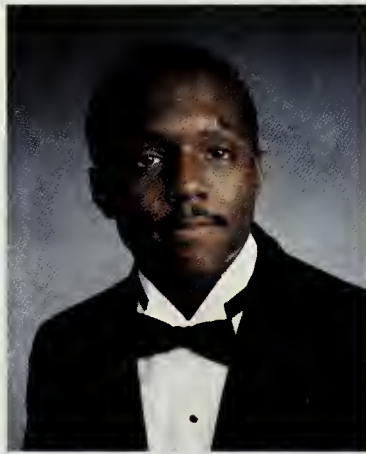
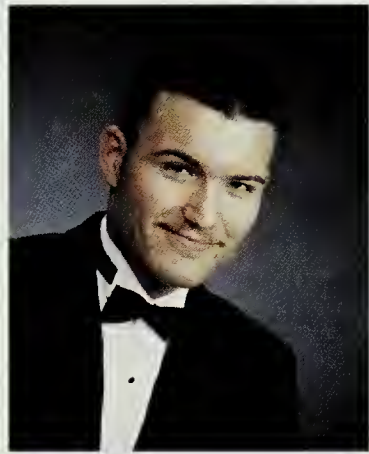
Corey Starks

Daniel Staudt

Wendy Stein

John Stephens

Elizabeth Stockman



Larisa Stovall

Leslie Stowell

Lindsey Stowell

Kristina Stump

Michael Sullivan

Sheroniece Swain



Michael Sweeney

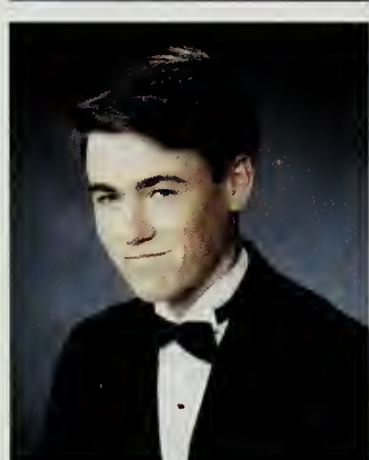
Glenn Tannehill

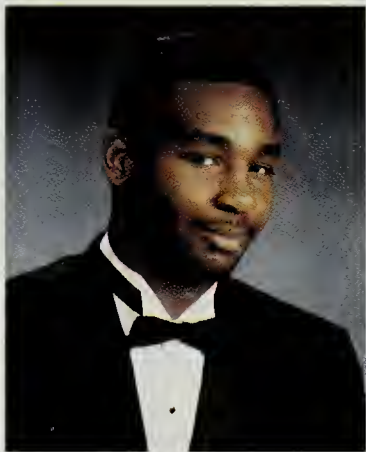
Anthony Taylor

Maria Taylor

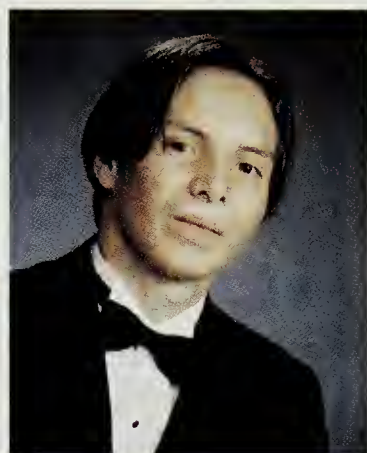
Alvin Terry

Calvin Terry

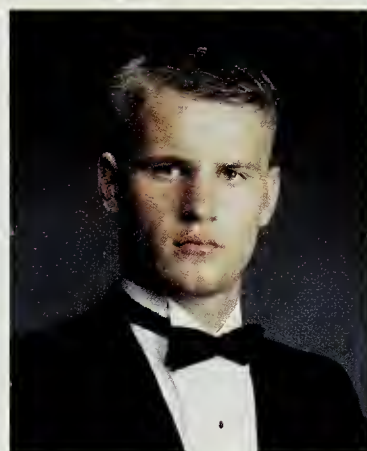




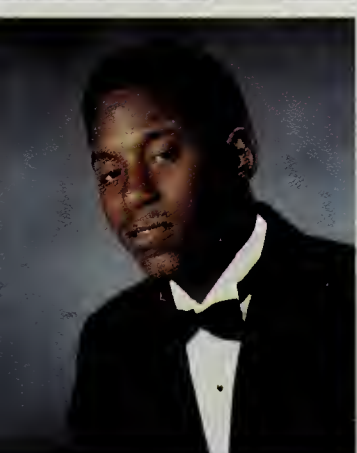
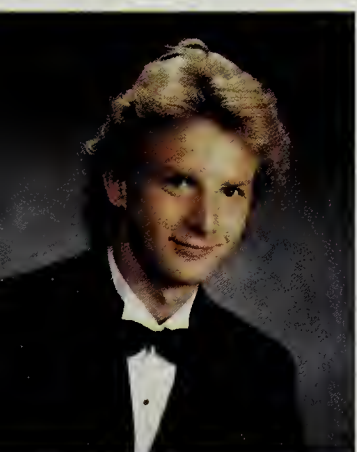
Karen Testerman
Brain Thelen
Cherie Thompson
Christian Thompson
Adam Thorstad
Angela Thurston



Jason Trainum
Brynn Turner
Jennifer Turner
John Turner, Jr.
Elizabeth Tuttle
Agustin Valdez



Deandra Vaughan
Adelle Vedder
Aaron Vento
Jamila Vernon
Joseph Verschueren
Nathan Vinyard



"Class of '97 Gives A Hoot" was the inscription on the senior keychains. Showing how the little gifts were illuminated in the dark, one of the senior Government classes waved the owl shaped key holder. Each moment and each memory of the senior year was important to the students.

Mary Vreeland
 Jeffrey Wade
 Darryl Walker
 William Walker
 Melissa Wallace
 Lucas Walter



Dawn Walton
 Latasha Watkins
 Lisa Weber
 Kristen Webster
 Courtney Welch
 Monique Welsh



Gary White
 Eric Wilkins
 Angela Williams
 Claudia Williams
 James Williams
 Latoya Williams



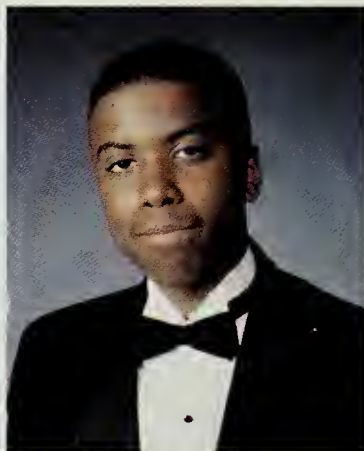
The Beginning of a Triumphant Year

The Class of '97 gathered together in a variety of ways as they tried to do things together for the last time. Among these things was working on making their class float the winner during the float competition of the Homecoming game. The group of seniors who worked on the float could be seen laughing and having a good time as they gathered on the floor of one of the vocational classrooms trying to cut through a styrofoam-like material.

They came upon a few problems as they tried hard to get the float done before the game. After the float was completed they anticipated the long awaited event of going around the stadium and trying to capture a win.

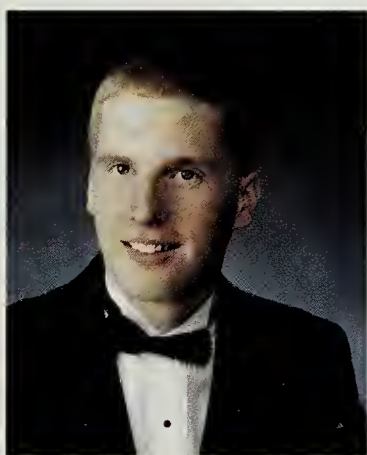
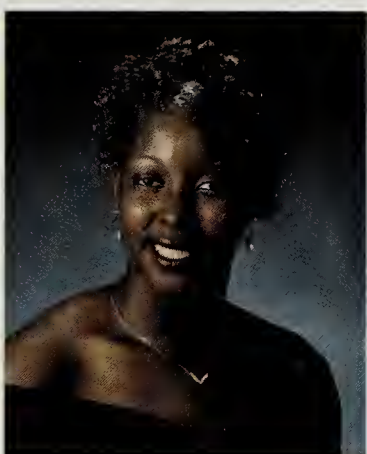
As they waited for the float competition to begin, a light drizzle began to fall. They shrugged it off until a downpour of rain came storming down from above. Shelter was on the minds of the fans of the game, but the float committee stayed strong, hoping their float wouldn't be ruined.

On Monday morning, the announcement of the winners of the float competition was announced. The class of 1997 tied with the class of 2000. This victory was the start of a great year for the seniors as they awaited future competitions with the underclassmen. •Janet Ortiz

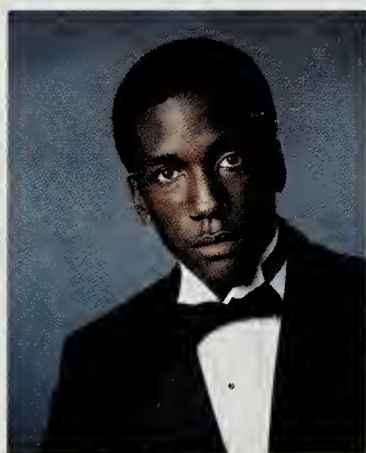




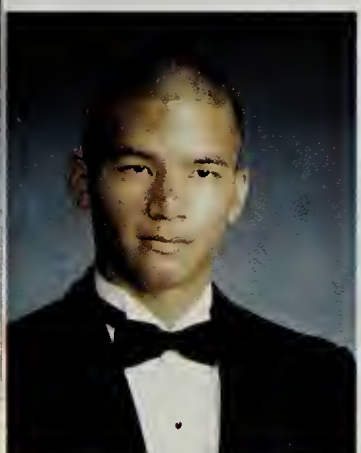
Batman and Robin played key to the class of 1997's class float as they defeated the evil villain mascot of the Potomac Panthers. As always good prevails over evil. The seniors always land on top over their opponents especially on the field as the seniors top players played strong as they defeated the Panthers during the game.



Maruquel Williams
Steven Williams
Thomas Williams
Alicia Willis
Thomas Wilson
Edward Witt



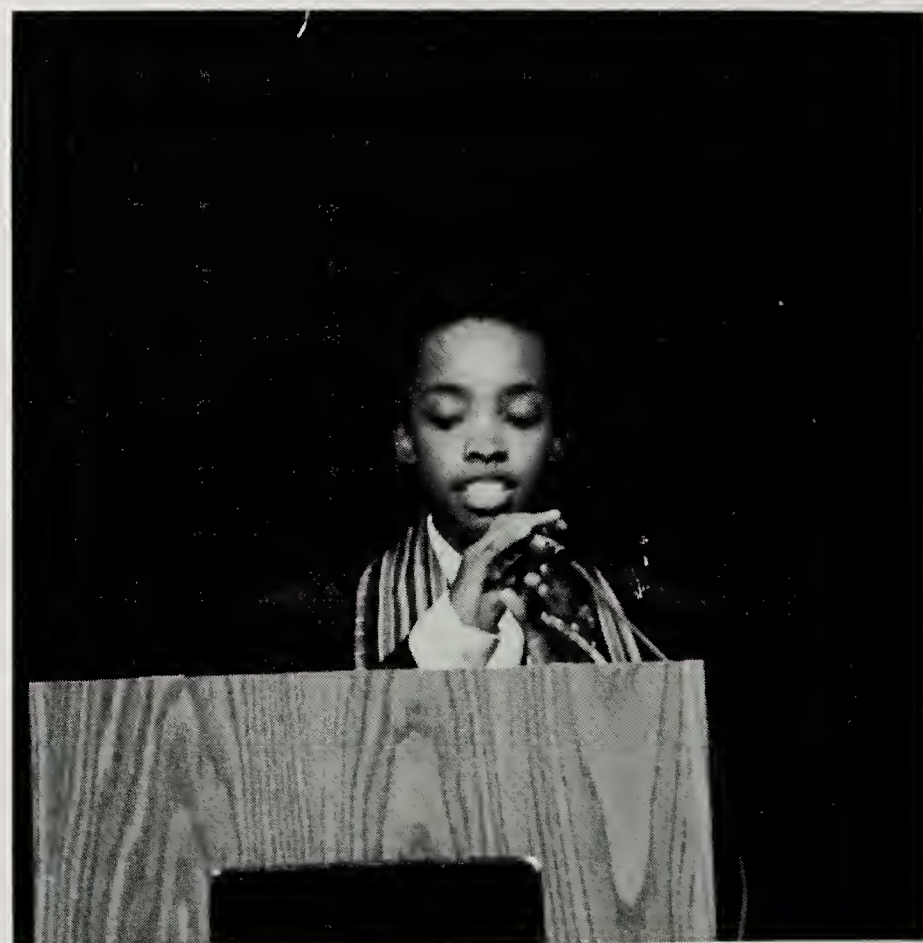
John Wonnum-Pannia
Anthony Wright
Shavonne Wyatt
Elizabeth Yanez
Kristen Yawberg
Earl Young



Joel Young
Asif Younis
Gabriel Zepeda
Joshua Zilin
Sharon Zirkle
Beverly Clare



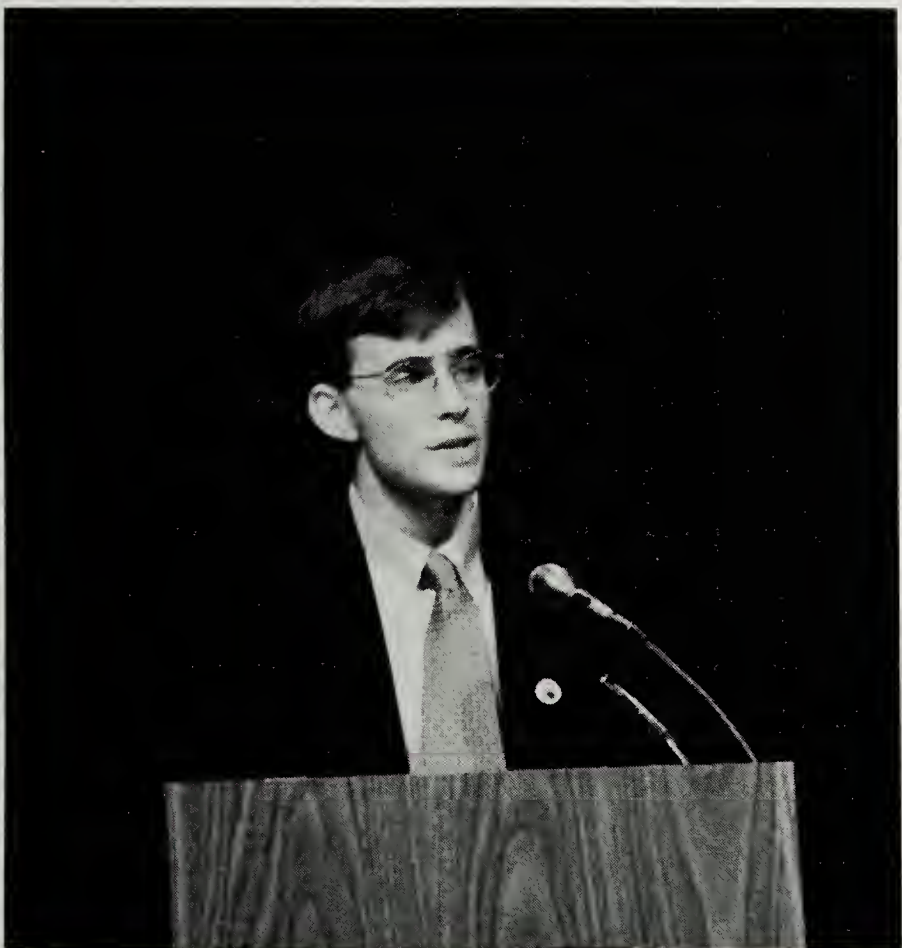
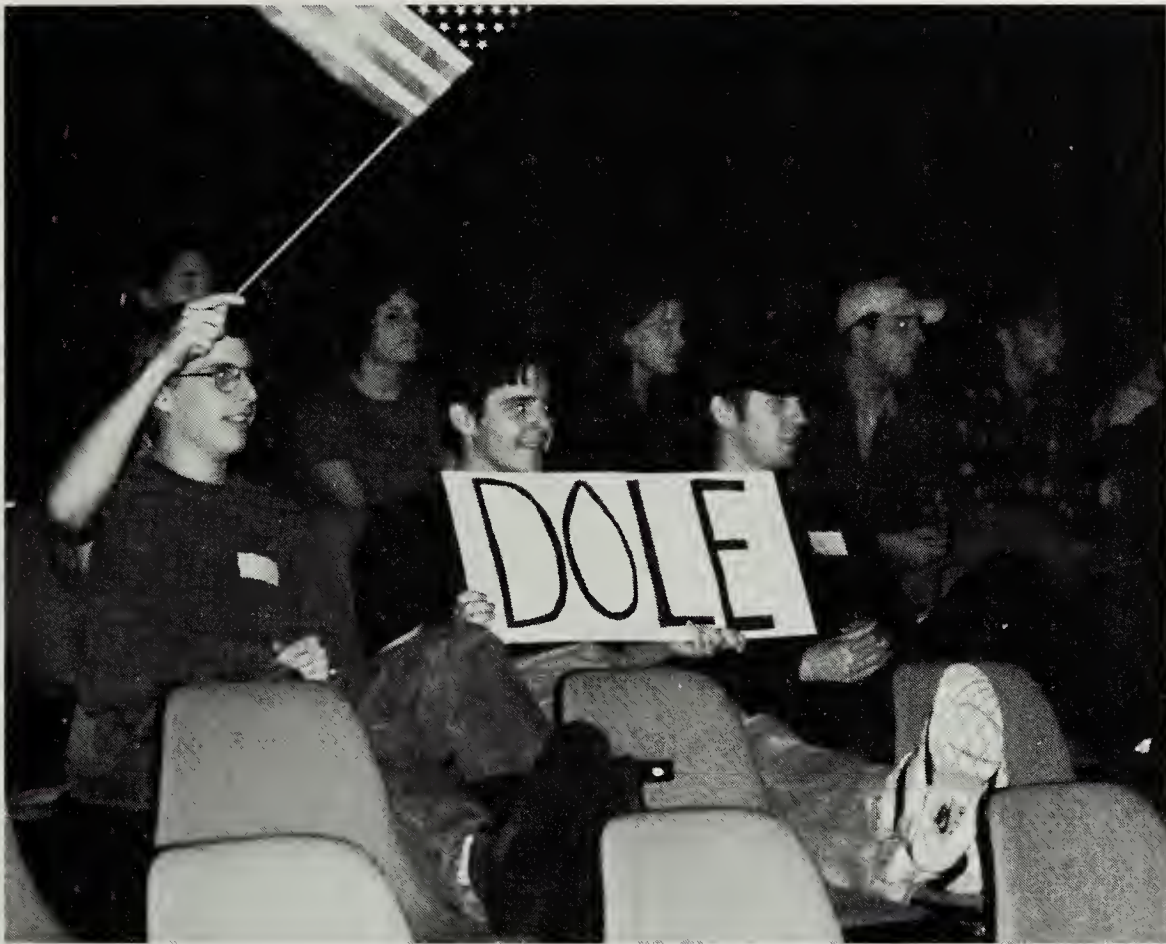
The speakers gave their applause as their opponent advanced to the stage and podium in order to show their support. Friendly competition between the mock candidates didn't affect camaraderie.



Prepared to give a powerful speech, senior Maisha Williams took hold of the microphone. Writing a speech that explained the candidates' views was a difficult task for the students. They had to attain a strong grasp of their politicians' stand on specific policies and issues.

Tomorrow's Leaders Elected Today

(Left) The decorating committee headed by Vic Puri was responsible for providing refreshments and passing out the pamphlets describing the night's events. Claudia Williams and Vic Puri made sure that the auditorium looked similar to the debates on T.V. between the real candidates.



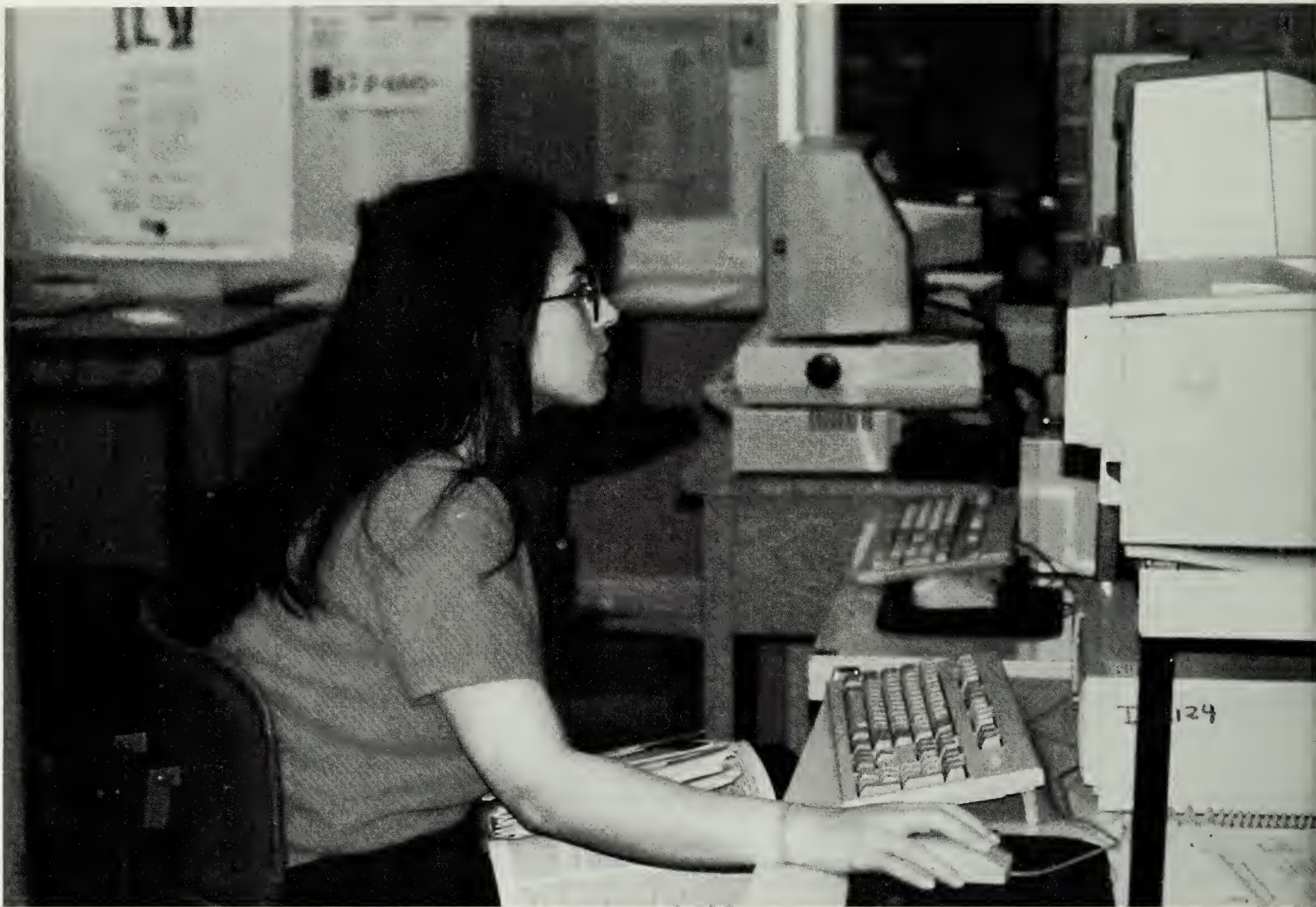
Quickly, John Kelly, on behalf of Senatorial candidate, John Warner, thought of a response to the question he was asked. Familiarity with current affairs in Virginia helped him to answer with thoughtful statements. The question-answer portion of the debate really put the pressure on the mock candidates.

(Above) With signs and flags in hand, these spirited fans of mock Presidential candidate for Bob Dole, Scott Clendaniel, show their support as followers of Bob Dole's campaign. Many of the students who didn't participate in the debate were able to be an active part of the campaign process by attending the Forum. A large turn-out made the event successful.

The '96 fall season was not only an eventful one for politics in Washington, but also for Gar-Field students as they were able to get a small taste of the electoral process through a mock debate and election between the Presidential and Senatorial candidates in October. This was an opportunity for interested students to get an inside look at the political game of campaigning and to learn about the issues upon which the current campaign was focused.

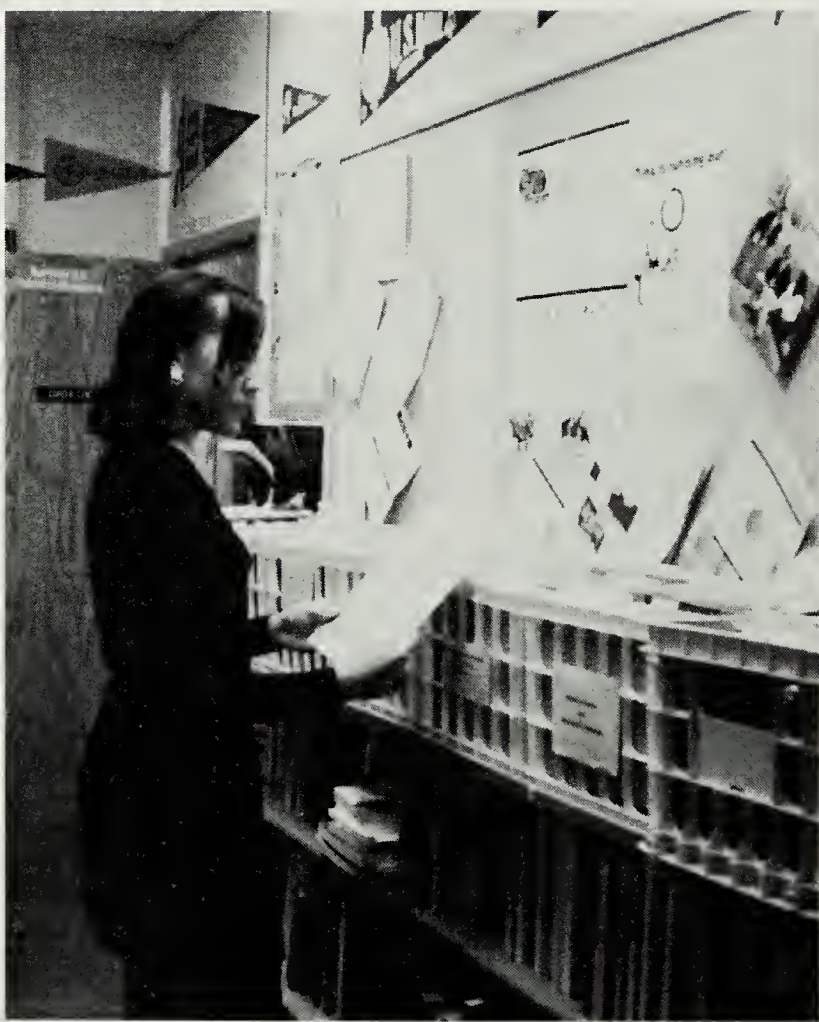
Students representing each of the candidates in the Presidential and Senatorial races gave speeches explaining their stand on key issues. They were asked to respond to questions concerning their candidates' previous record and plans for the future. "The questions required impromptu answers which really forced us to think like our candidates. It was intimidating but at the same time fun!" explained senior Stephanie Souders. While moderated by senior Daniel Bono, the mock candidates challenged each other with speeches and strong rebuttals.

The mock debate and election were extremely successful projects. Although teacher supervision guided them, students ran the entire event. Senior Scott Clendaniel, mock candidate for Bob Dole, said, "We all did a great job putting it together and it was nice to see so many students getting involved in the political process." The event was also useful in teaching students to be active political participants. The many students who got involved quickly learned all the effort that went into an election campaign. For some, it created an interest in current events, while in others, it sparked anticipation for a future in politics. •Claudia Williams



(Above) In the career center, Carola Garay searches for information about various colleges. The program ExPan allowed students to download applications, statistics, requirements, and other general information about schools.

(Right) Danielle Colbert looks through bins containing college applications, scholarship information and financial aid forms. Also in the career center were books and videos on colleges available for students to check out. College-bound students could find virtually any information on Virginia schools, as well as out-of-state schools.



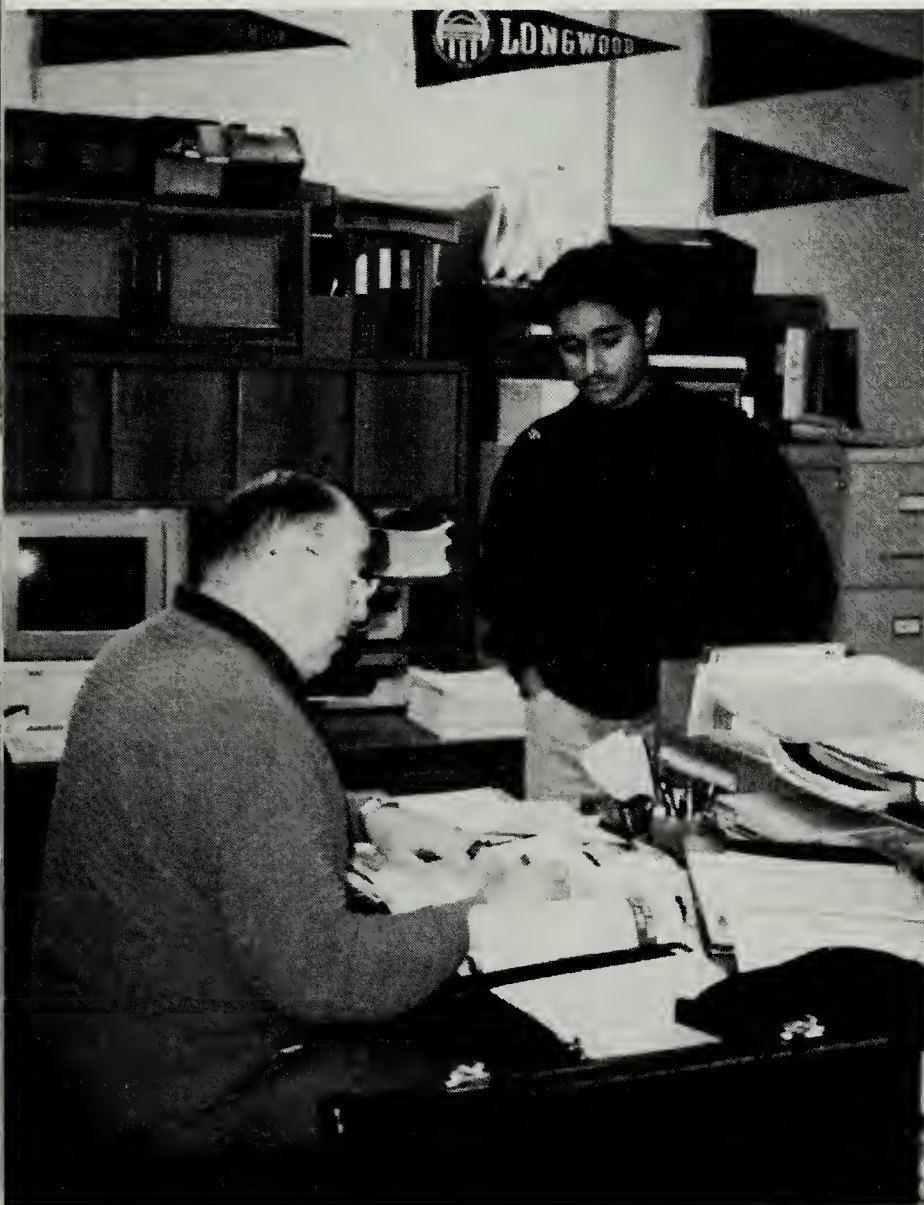
(Right) Over the summer, many students chose to visit various schools with their family and friends. Tara Koshetar and Christine Flom spent a day at James Madison University in Harrisonburg, Virginia.



The Great College Search



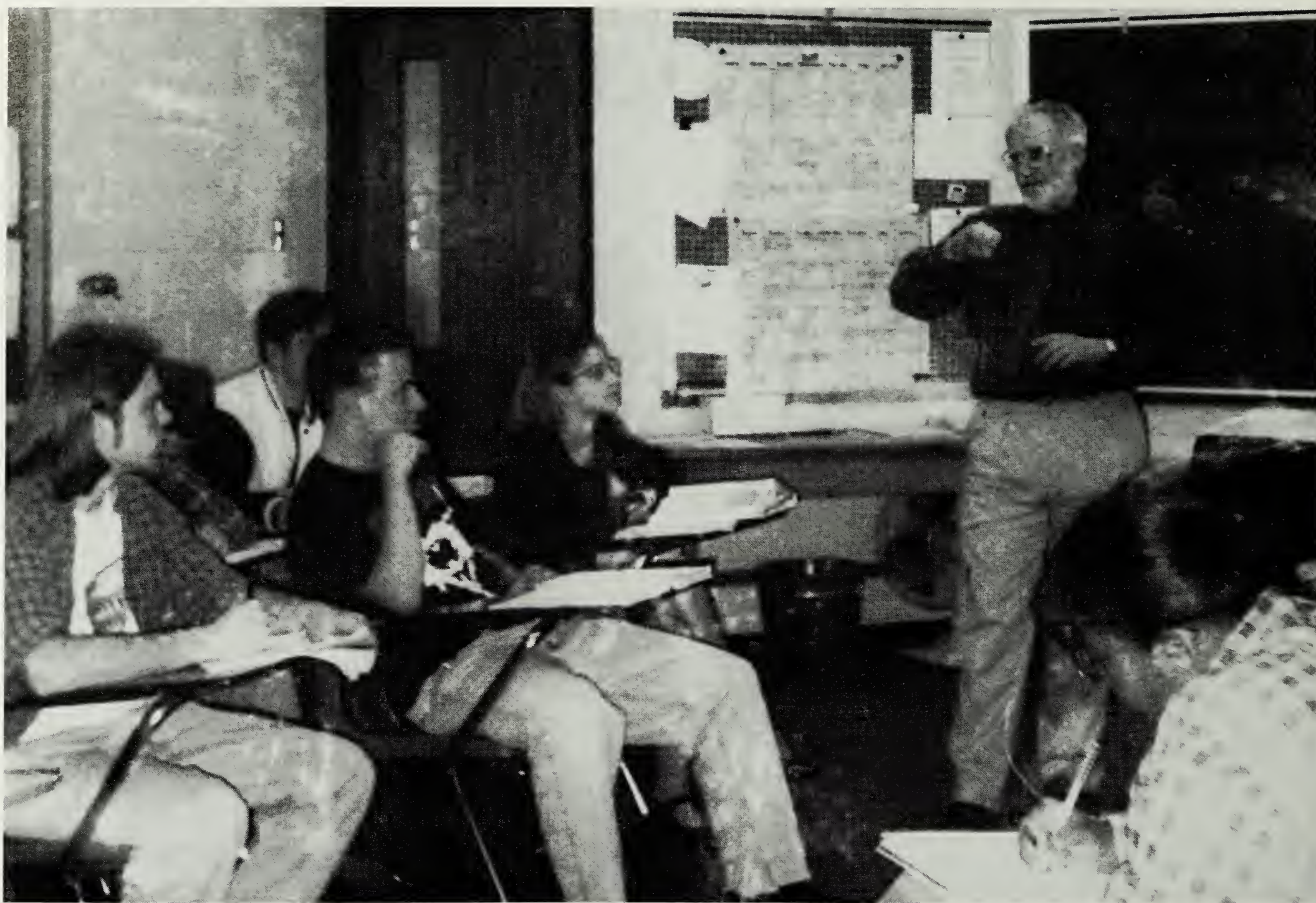
(Above) College-bound students pay close attention to the experiences and advice of Gar-Field grads of the past. During an assembly, a panel of former Gar-Field students answered questions concerning college life.



(Left) After school, Harman Bajwa brings his questions concerning the application process to Mr. Cryan. Many students stopped by the career center before and after school, as well as during lunch to receive assistance from Mr. Cryan. Mr. Cryan was always ready to aid students using the available resources.

One of the biggest stressors that came with being a senior was the search for the perfect college. Over the summer vacation, students began visiting college campuses to see if a school was right for them. There were many questions to consider, such as location, size, majors offered, tuition, and overall quality of student life. Once a student selected his or her favorite university, it was time to start the application process. It was easy for students to feel overwhelmed by all there was to do. Some took the SAT's three and four times to try to improve scores, hoping that the combined score would be high enough to meet university expectations. Students also prepared essays and approached teachers about writing for them recommendations. It was important to keep all of the deadlines in mind, too. Brynn Turner found, "It takes a lot of pressure off of you if you apply early."

Everyone seemed to have his heart set on a certain school. Seniors anxiously awaited decision letters from their first-choice school. If a student wasn't accepted, it took some time to get over the disappointment. It was best to keep an open mind and further consider other options. The college acceptance scene was sure to work out for the better. While a student's senior year could be filled with excitement and fun times, there were also times of stress and anxiety. When one finally made a decision and committed to a school, a feeling of relief pervaded him. -Karen Testerman

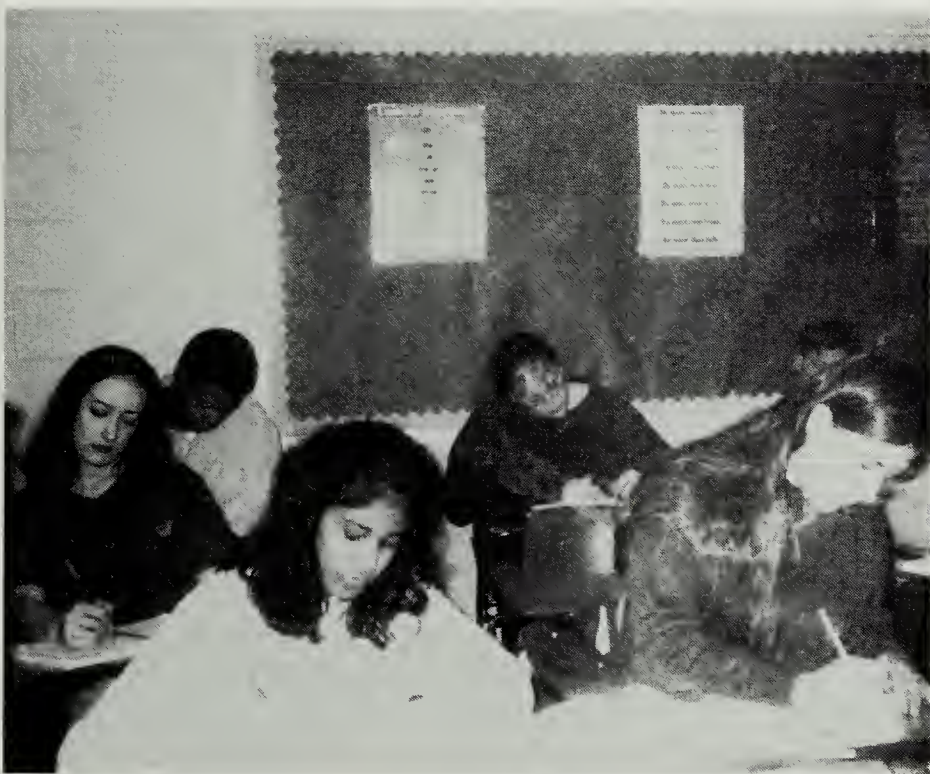


Movement and participation was what Psychology teacher, Mr. Patrick O'Shea, was known for this year. He always got his message across whether it was role-playing or just talking. He provided students with a taste of a college curriculum.

(Far right) Psychology class was all about writing it down. Notes, notes, notes. They were a major part of psychology. Without them, students were rendered clueless. Molly Narburgh, Mike Sweeney and John Lemons take rigorous notes knowing a test or pop quiz was eminent.



(Left) While Mr. O'Shea lectures about dieting and eating disorders, students Molly Narburgh, Greg Briney, and Lee Foresman pay close attention for key ideas that may be on a test. Mr. O'Shea often tested one's level of concentration during his lectures.



Sheela Kori and Gina Burke take careful notes on the characteristics of the right and left hemispheres of the brain. Psychology students spent a whole unit learning about the functions and geography of the brain.

Analyzing the Mind

One of the benefits of being a senior was the option to take psychology or sociology. Many seniors chose to benefit from both courses.

For those who took psychology, the study of animal and human behavior, the year with teacher, Mr. Patrick O'Shea was quite an experience. From the alcoholism unit to the understanding of dreams, a variety of interesting subjects was covered. Because course material required a level of maturity and empathy, only seniors were eligible to take the course. Controversial topics proved to be fodder for good argument.

In Mr. O'Shea's class, respect was essential. It was important to listen to what others had to say and to respect everyone's thoughts and opinions. Attentiveness was also key in psychology class. Mr. O'Shea frequently stressed good note-taking skills. A student's quiz and test grades said quite a bit about one's note-taking habits.

Participation was also a must for this class. The less involved one chose to be in class, the lower the chances he had to do well. Mr. O'Shea believed one had to be actively involved to really understand his class.

Throughout the year, students were taught how to deal more effectively with family, friends, and peers. They were also taught how to cope with life experiences, both the good and the bad. Learning new theories about one's personality was always fascinating, too. By the end of the year, one had learned about what makes each one of us unique. •Karen Testerman and Palesa Osei-Tutu

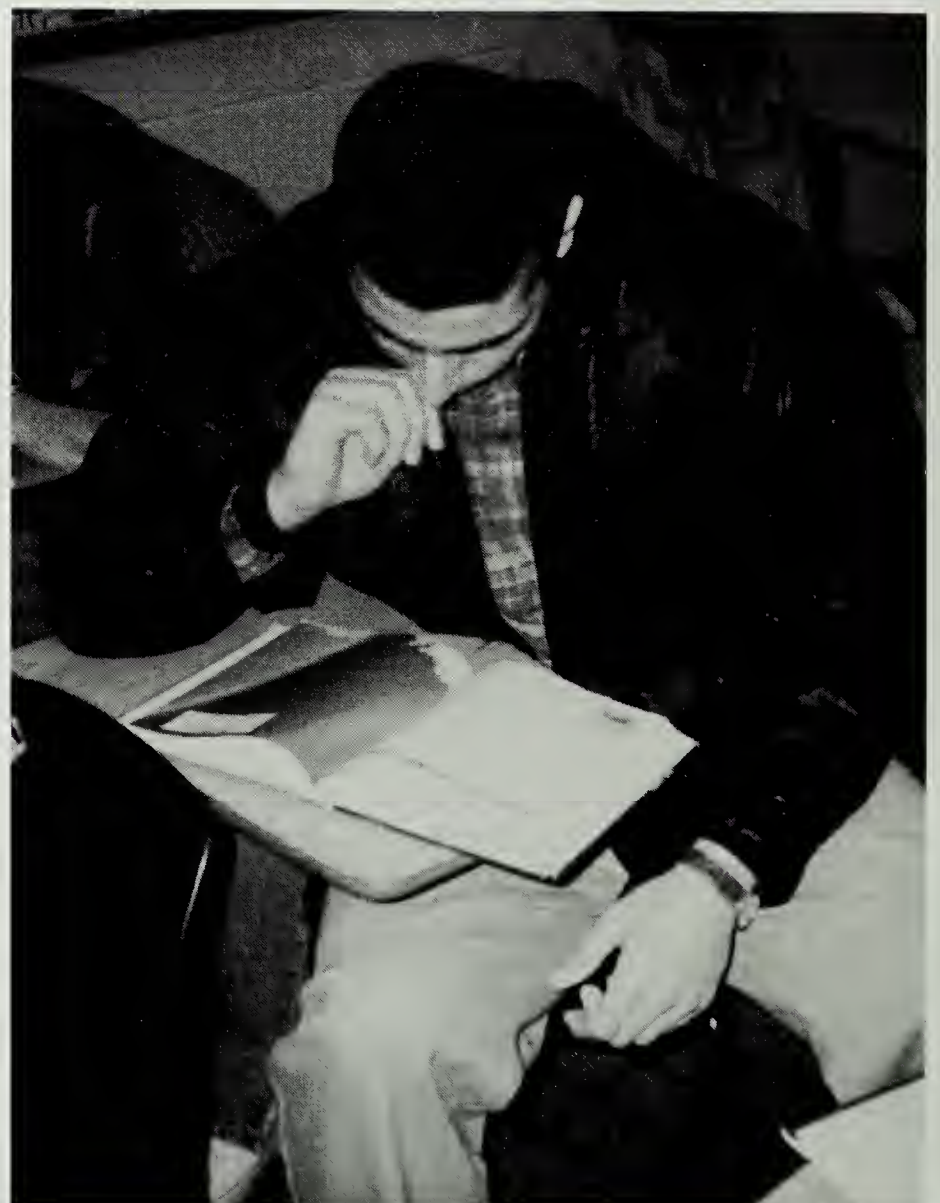
(Above) Am I left-brained or right-brained? This was the question Heather Chase and Sabrina Pitera were trying to figure out. At the same time, Harry Bindra, Joe Bruss and Khalid Attia were realizing they might possibly be multi-hemispheric.



As part of the day's assignment, John Kelly and Jason Hube took control and wrote "important" facts on the board. Students' willingness to participate made all the difference especially since class participation was 50% of the grade.

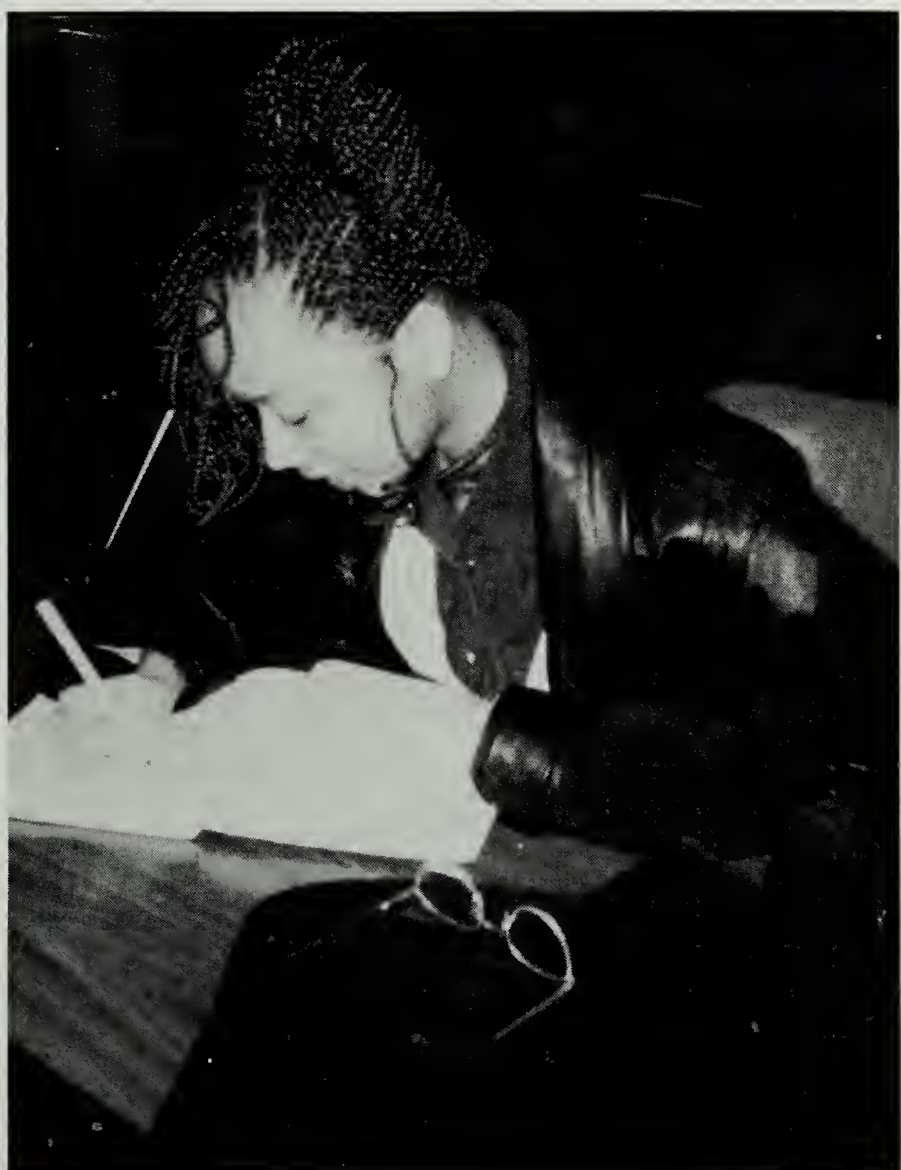


(Far right) Though bringing the sociology textbook to class wasn't required, Khalid Attia made sure that he at least knew what was in the book. Many class discussions were based upon inserts found in the sociology books.



(Left) Classroom discussions made up the core of the sociology classes. During Mr. Aleo's class these seniors discussed topics like teen pregnancy, family values and of course social statuses. Seniors had to keep an oath of confidentiality in order to keep rumors from spreading.

The Social Scene



(Above) Cooperative group effort was always the best way to study. Amy Ansong and Dee Hicks worked together during the sociology exam review. They knew that the upcoming exam wasn't going to be an easy one and used their time wisely.

Note taking was a major part of the sociology class since most tests and quizzes weren't were from the book. Kisha James scrambled to get the last of the notes before the end of class in a frantic attempt to be prepared for midterms. Keeping a notebook was the key to success in sociology.

The sociology classes offered to seniors, and only seniors, was one of the most popular electives. Seniors were able to learn about the relationships that people had with one another and then incorporate those ideas into their lives. At the beginning of the year, "getting to know you" questions became part of forming trust within each class. Other activities, such as a multicultural project, a personality evaluation, and a study of group behavior soon followed.

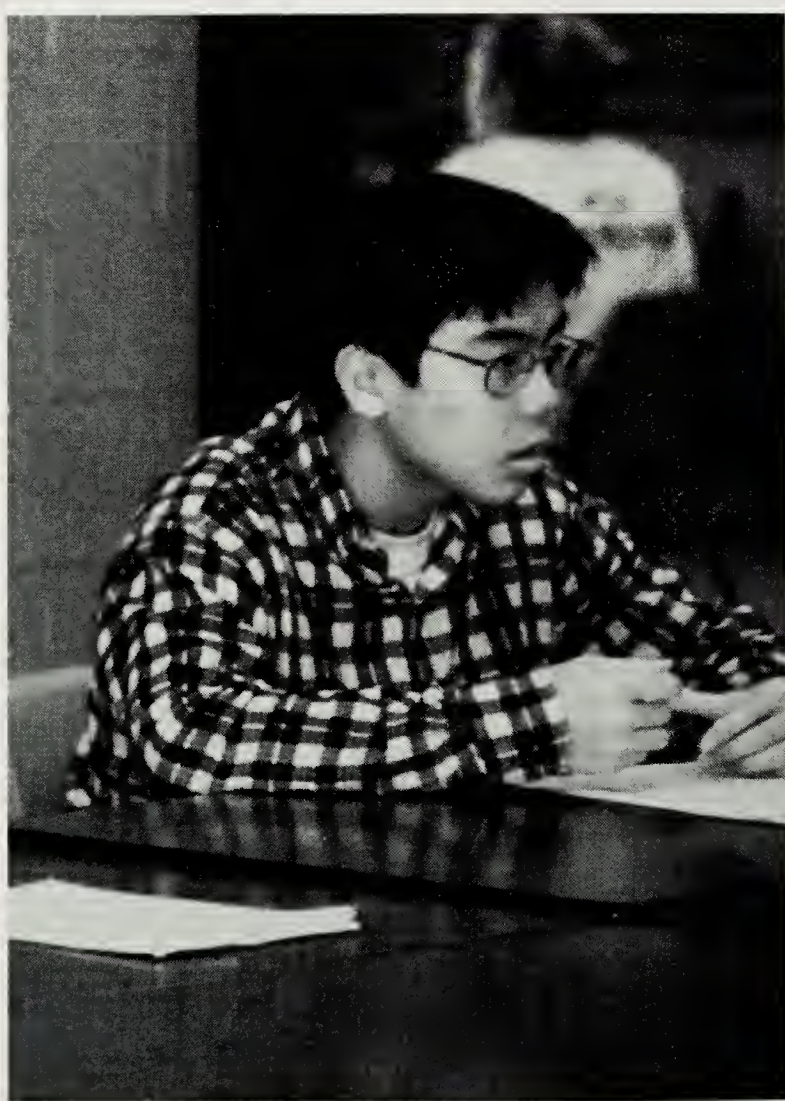
Students were encouraged to share their own experiences relating to topics such as teen suicide, family problems, race relations, and many moral issues. Strong opinions and heated debates kept everyone at the lunch table asking "What happened in Sociology today?" As with any other class, this elective did come with tests and quizzes on classroom discussions and notes. However, things weren't always taken as seriously. "I remember one time when no one had studied for a quiz. Mr. Aleo said that if we would all get on the floor and act like ducks, we could use our notes," said Sheela Kori. "It was embarrassing, but at least we all passed the test!"

Besides the fun activities and lively discussions, students really did learn a lot from this class. "I learned a lot about dealing with my friends and family," said Leah Foster. "And from that, I learned about myself." The biggest and most looked forward to project of the year was the mock wedding in which the students had to plan and prepare a wedding according to a budget. Lessons like this one made it easier when the actual experience was to come. •Tara Koshetar



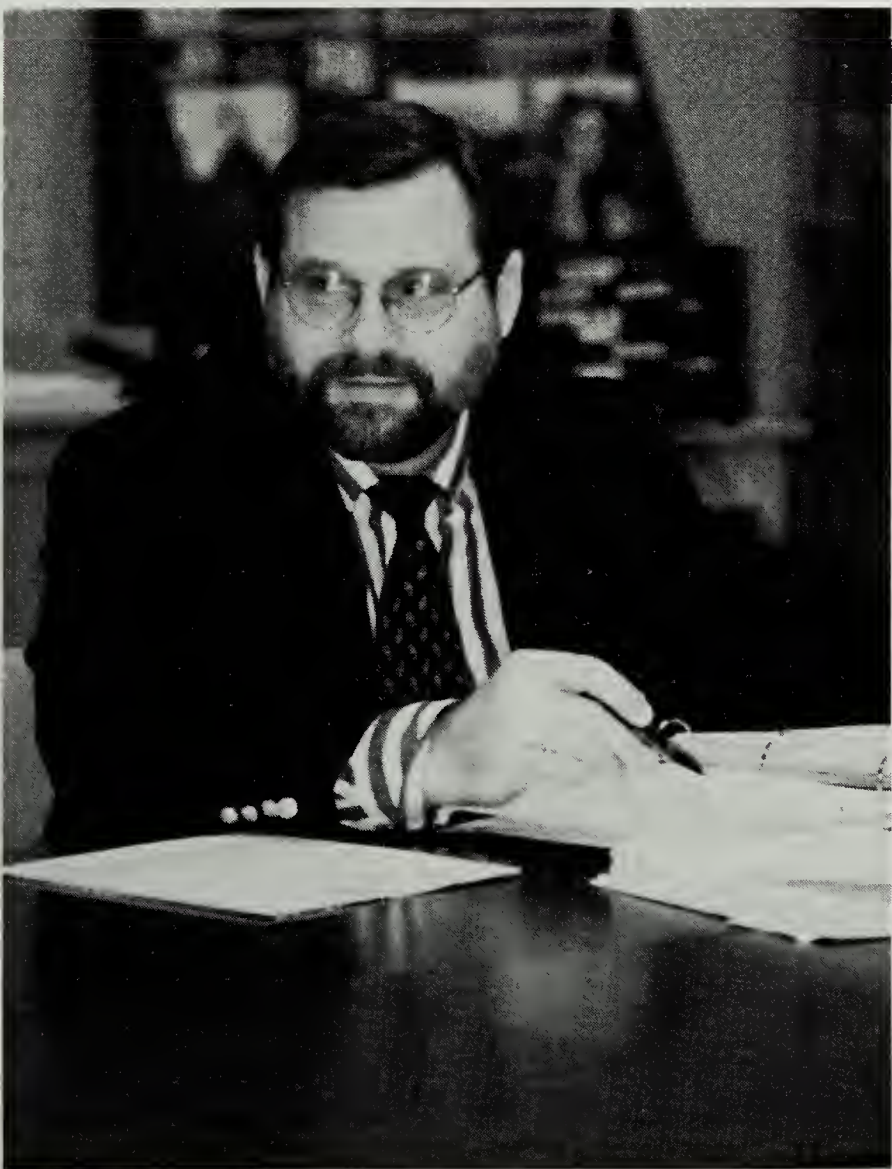
(Right) Focused listening was often imperative to the discussions. Richard Leung concentrated to understand what his classmate was trying to explain. Many times, ideas from other students seemed abstract and off the wall.

At the end of the GEMS classes, students were offered a study hall. Doug Lincoln used his time to research further the philosopher on whom he had chosen to focus. As a busy senior, this time was a valuable asset.



Seniors Shine in GEMS

(Left) Seminar classes allowed every student to express their ideas. Vicrum Puri, Doug Moore, and Felicia Glapion listened as Karen Nabholz stated her insight on ethics. Students respected the opinions of others which provided an open atmosphere for discussion.



One of the most favored aspects of GEMS was that participants had a relaxed environment. Leaning back in relaxation, Hal Nesbitt and Adam Edmundson thought about views on 'truth.' Coming up with thoughtful responses to questions was often easier when students were comfortable.

As director of the Gifted Education Program, Mr. Snyder's lesson plans were intended to guide students' thoughts with room for individual growth. This contributed to the increased popularity of the program.

Gifted Education Multidisciplinary Seminars (GEMS) was a course unlike any other offered to seniors at Gar-Field. GEMS was an opportunity for participants of the Gifted Education Program to continue specialized classes with more in-depth study. The classes were structured differently and focused on topics not found in other courses.

GEMS classes were held in a seminar-like fashion. The students participated in open discussions and debates. While Mr. Snyder provided the topic, the discussions were mostly student guided and based on the ideas generated by the participants. "GEMS is one of the few classes where learning is about what 'you' think; not what someone in a book tells you to think," explained Maishia Williams. Because the classes were smaller, participation was not only easier, but more comprehensive. As Erin Caricofe described, "The small class size is conducive to reaching higher levels of thought and intellectual exploration. Because we have only ten or so students, not only do we cover lots of material, but we dig deeper and have incredible discussions in doing so." The course also gave the students much opportunity for introspective thought and inquiry. Each class ended with time provided for students to reflect upon the daily issues and relate them back to themselves.

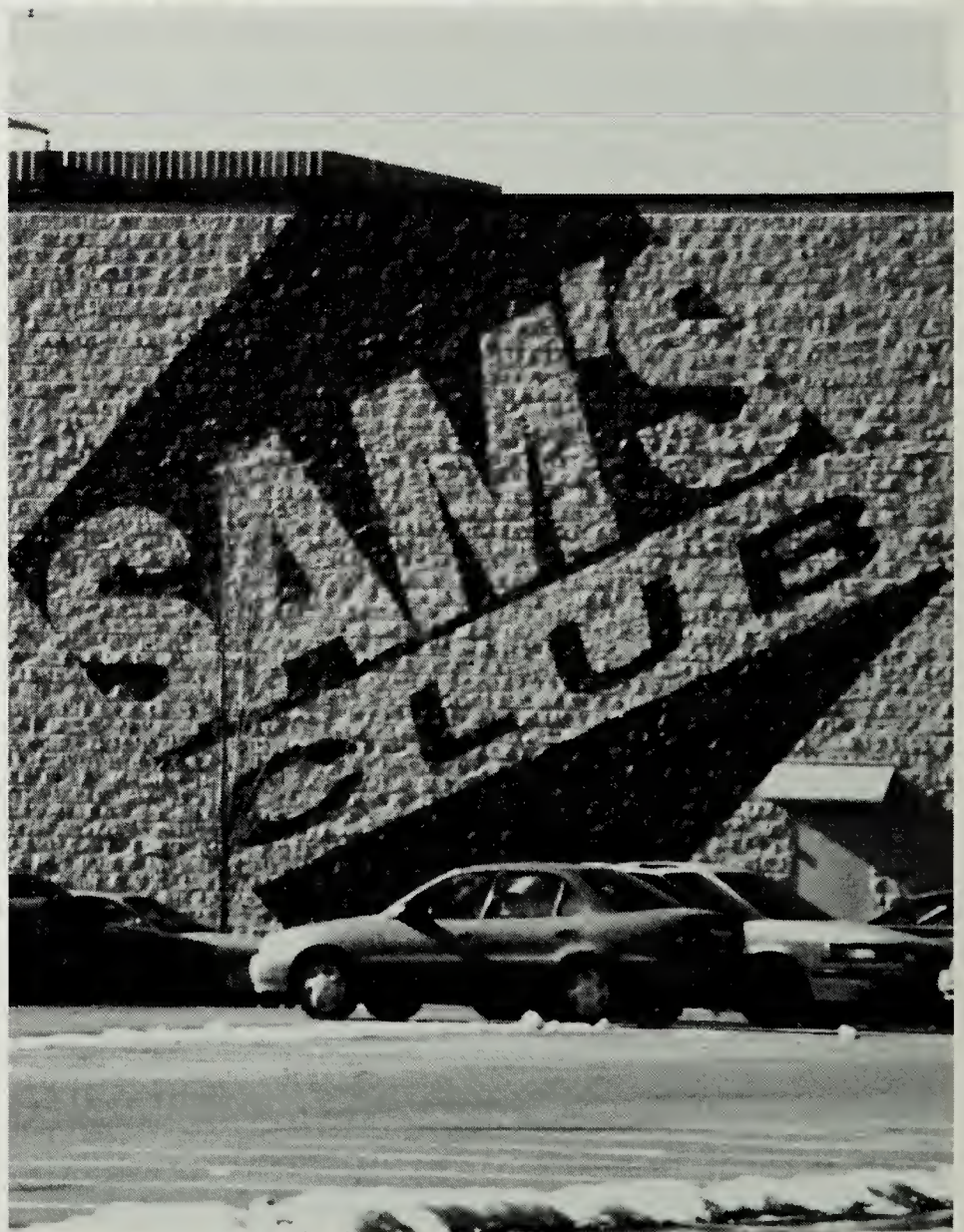
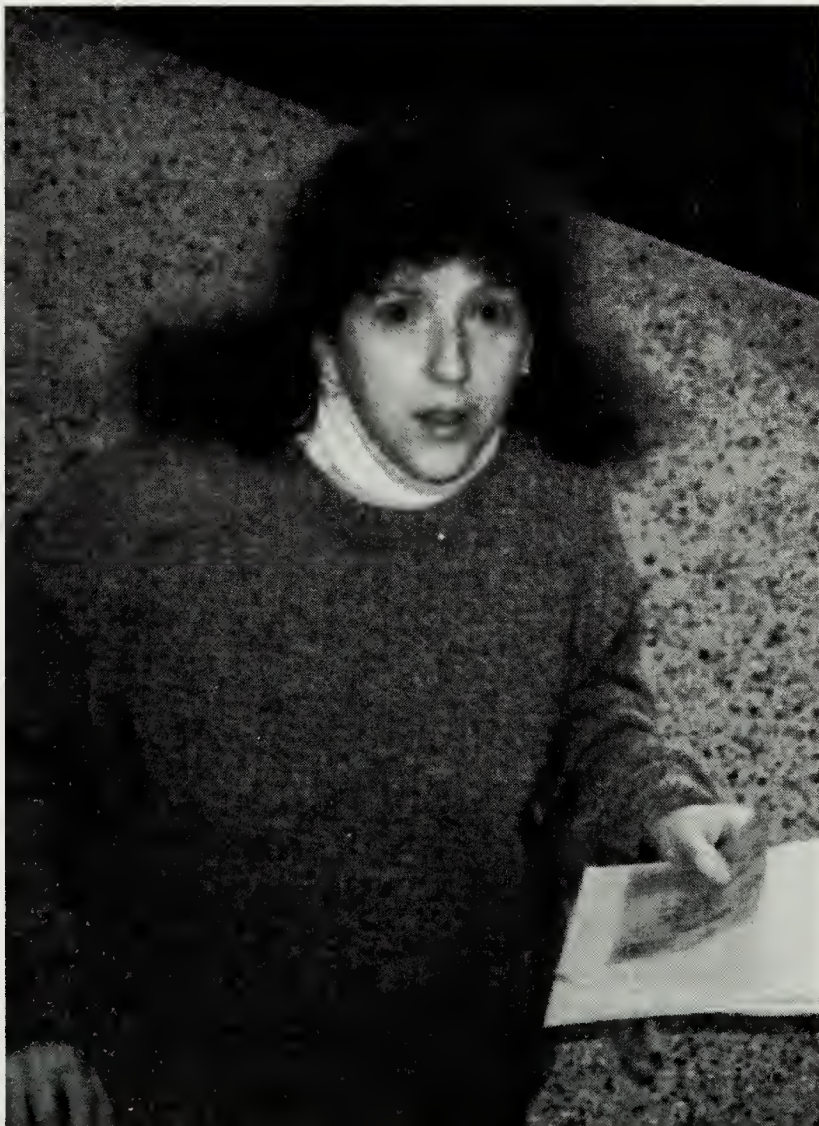
The GEMS curriculum was largely based on philosophical ideas and questioning. The students progressed into defining the differences between knowledge, belief, truth, faith, and perception. Although the students looked at the views of other philosophers, the focus was on creating their own ideas about the concept. "The work we do is always stimulating and really lets you address the deep, philosophical problems inherent to existence," Doug Lincoln commented.

The participants in GEMS were a group of students who made it unique. Many agreed that it would be a great class to offer to all senior students. •Claudia Williams



(Right) Astonished at hearing about yet another Exxon under construction, life-long resident, Ms. Lisa O'Hara, feels heartsick over the knowledge that even more trees will be cut down in order to further the county's development. She feels as many others do that more buildings need not be built when empty strip malls abound.

In the past five years, two wholesale warehouses opened along the Prince William Parkway. Sam's Club, owned by the Wal-Mart corporation, provided bulk food and discount merchandise for consumers and local businesses.



To the left is an aerial photograph taken by the Prince William County Land Use office. The photo was taken in late 1995 and doesn't even include some of the newer establishments. Notice Gar-Field in the lower left-hand corner.

Building Booms



(Above) A popular new eatery opened its doors in late 1996 to an eager crowd. Don Pablo's Mexican Kitchen employed students and became a popular, affordable favorite among students taking a date out on a Saturday night.

Recently celebrating its tenth birthday, the Potomac Mills Mall facade is a familiar one to tourists and residents alike. One of the county's largest employers, the mall brought in revenue to students and businessmen. The mall, broken down into 'neighborhoods', was the typical hangout for area teens.

In the past four years, seniors have witnessed the transformation of Woodbridge from a bedroom community into a bustling metropolis right down to the problems inherent in urban areas.

When the new Gar-Field opened its doors in 1972, the contemporary building was nestled in a forest of trees along what was then a wood-lined Smoketown Road. Potomac Mills wasn't even a bad idea yet. Students practicing for cross country and track ran with partners on a course through the trees toward the corner of Smoketown Road and Davis Ford Road and back to school again. No traffic. No worries.

As this year's senior class rose through the ranks, they would watch their community become even more dense. In 1985, Potomac Mills opened its doors. Since then, the establishments surrounding the mall have taken the area name of Potomac Mills. From the east coast's largest outlet mall to little mom and pop-owned small businesses, Woodbridge has become a unique mixture of home to some and destination to others.

Students found as they approached working age that there were numerous opportunities for employment. Local restaurants, entertainment complexes, department stores, and grocery stores provided the extra spending cash every teenager needed.

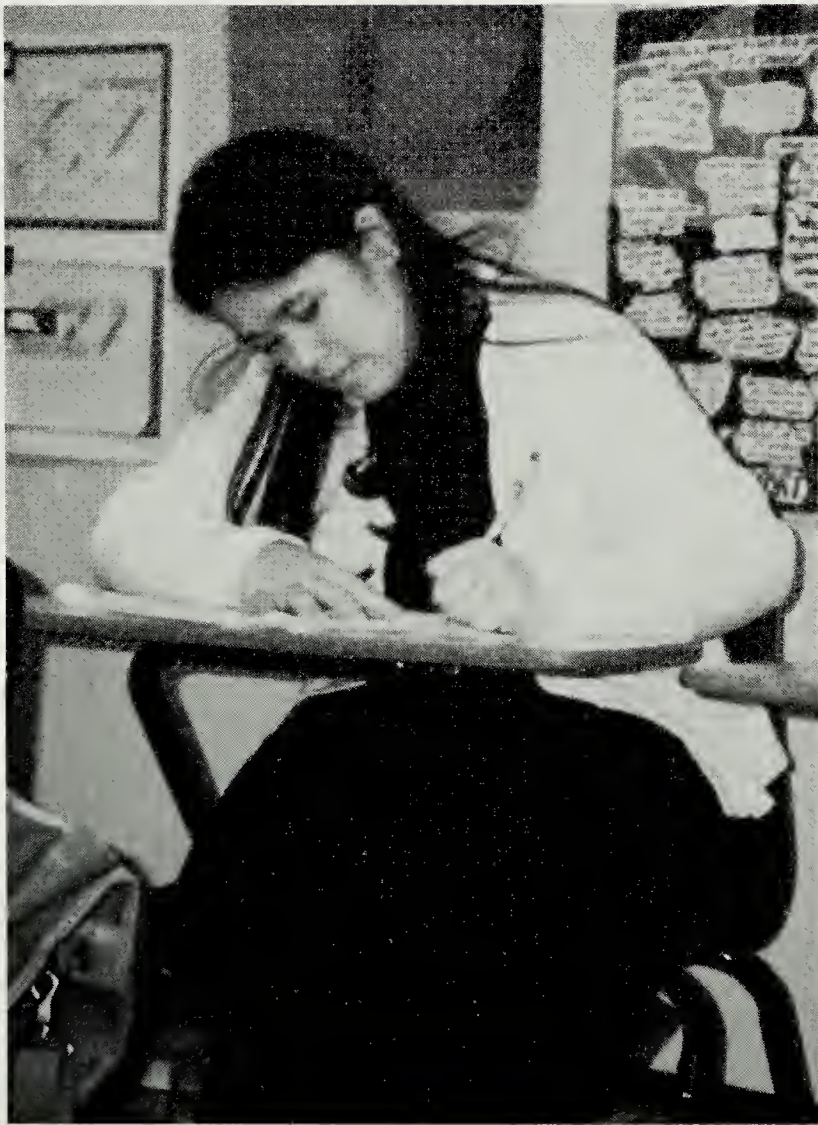
Civic leaders boasted the opening of the Hylton Chapel two years ago, as well as the recent opening of the Prince William Ice Forum in Dale City.

When some seniors return from college at Thanksgiving, it remains to be seen whether or not they will actually be able to find their ways home. For others, moving away might be a relief from the hustle and bustle of what was once a quiet suburb. •Mike Riley and Rachelle Jones



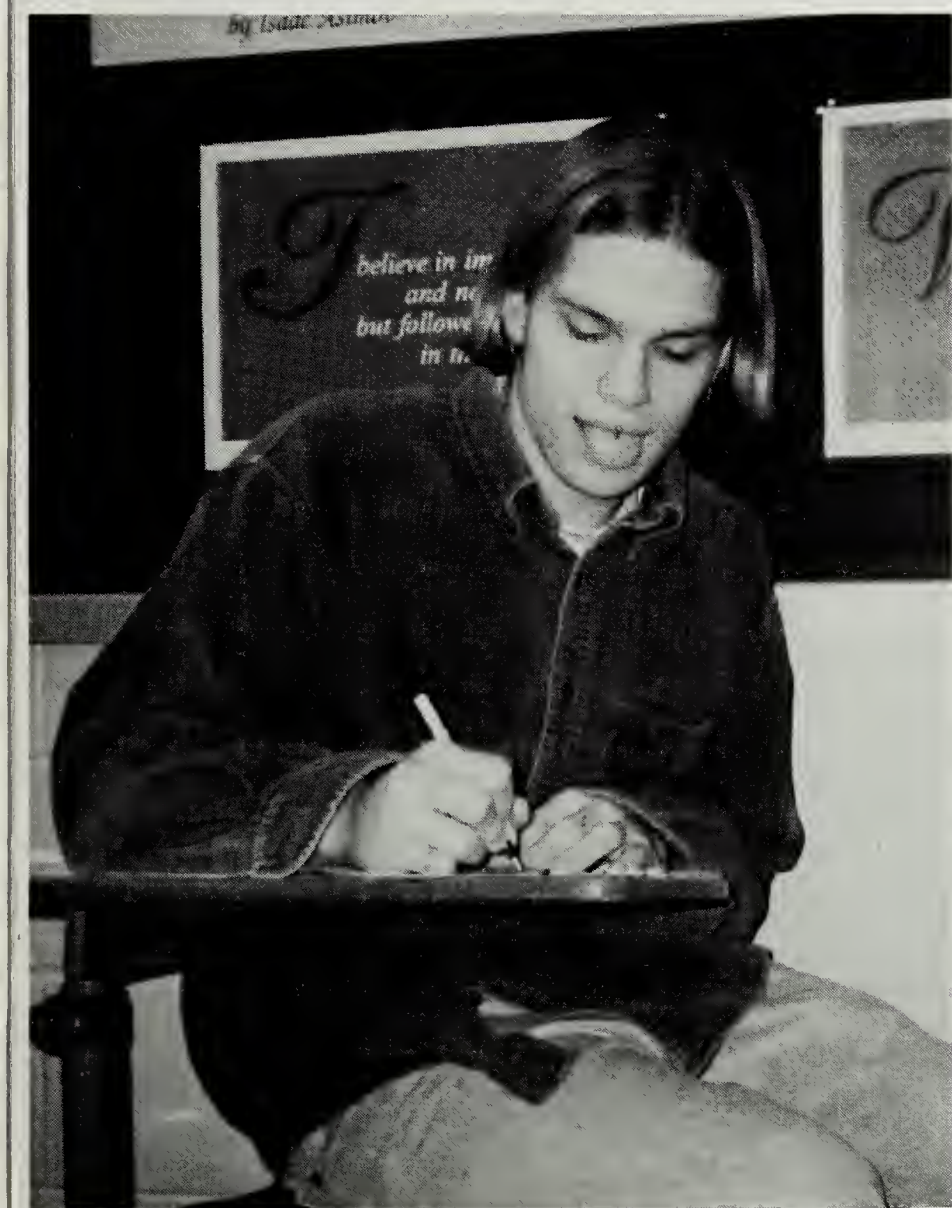
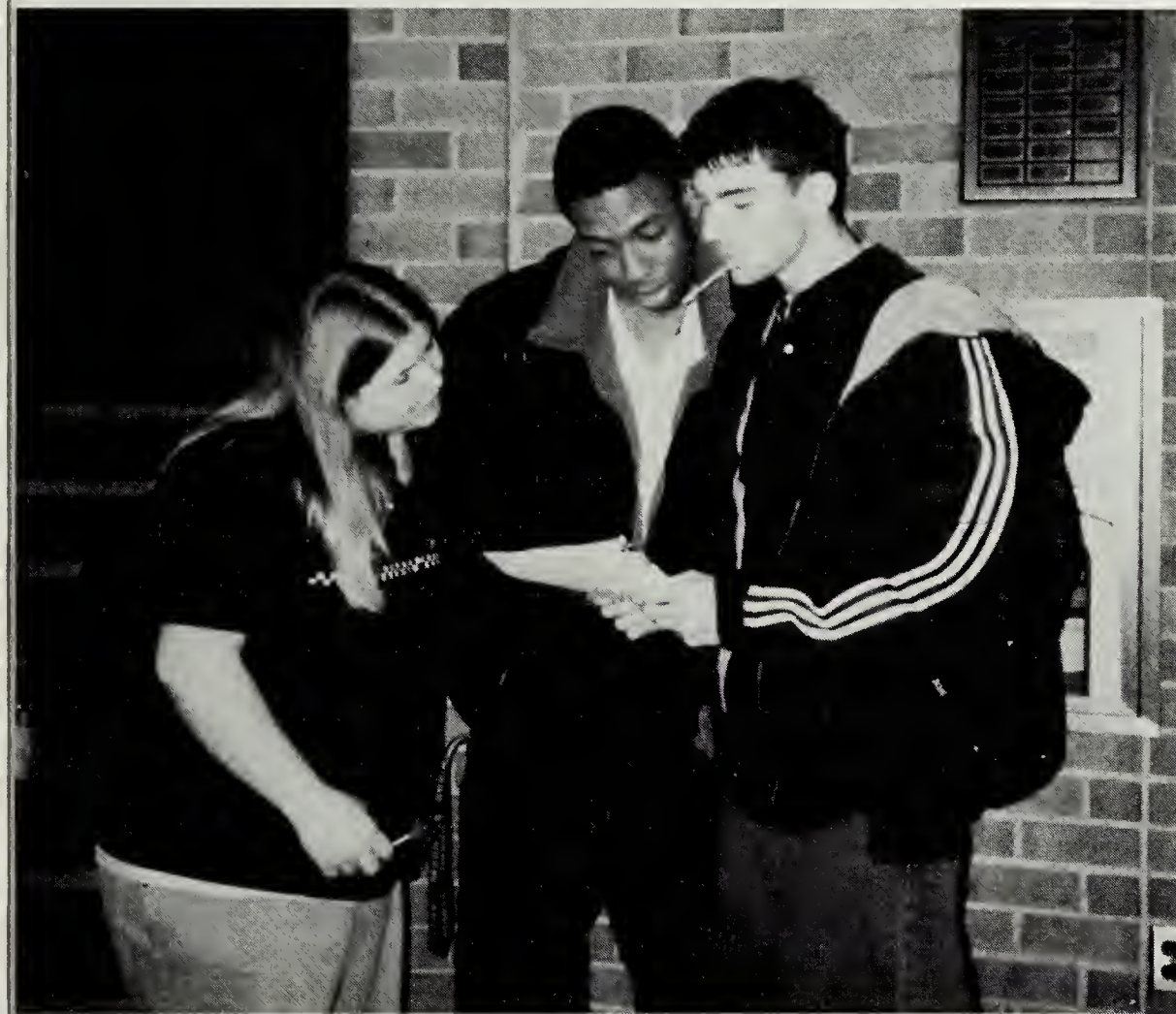
In class on time, Leilani Pereyra did not abuse the privileges of adulthood. She rarely missed class and proved she was a responsible adult.

What's the big deal? Christa Gargan can't wait to become a legal adult who can make her own decisions. She wants to be a responsible citizen who can vote.



(Left) While in Washington, D.C. for the Fourth of July festivities, seniors Heather Lenser and Stephanie Russ enjoyed not worrying about curfews and parental guilt. All they were interested in was having a good time.

Independence Days Pending



(Above) Abby Fehrman showed Craig Lofton and Mike Sullivan the excuse she wrote for being tardy to school. This was all possible when students got their parents to sign the emancipation papers. The declaration allowed students to sign in and out of school without parental permission.

If only I were older . . . With the impending eighteenth birthday, some students considered body piercing, tattoos, and other forms of personal expression. Tommy Cope waited until his eighteenth birthday to get his tongue pierced. He enjoyed showing it off to shocked audiences.

Turning eighteen years old is a major event in a teenager's life. Long the subject of coming of age movies and popular songs, there's almost something mythical about the rite of passage. As a child, one could not wait until he passed those landmark birthdays. At thirteen, one was finally a teenager. At sixteen years old came the driver's license. At eighteen years old, one stands on the verge of dealing with both adult responsibilities and adult license.

Senior Reggie Jackson said, "At eighteen years old, I can go to more places like clubs that are adults only and I can buy things legally without using a fake ID. Also, my parents give me more freedom."

The eighteenth birthday meant one was finally considered an adult in the eyes of the law. It was a time when parents allowed a bit more flexibility in curfews and decision-making.

"Clubbing has got to be a part of the eighteen year-old experience. I can finally throw away my fake IDs," said senior Monique Welsh.

For senior Abby Fehrman, being eighteen meant freedom and the responsibility that goes along with the Eighteen Year Old Declaration. "I love being able to sign in and out without having to get my parents to write me a note."

Disadvantages come with any new position in life. Being eighteen also meant being responsible for one's own actions. As some students would learn, you can't always wait on your parents to bail you out of trouble.

Independence Day will come for everyone. When it does, one suddenly realizes that he hasn't made it to twenty-one years old yet. •Tina Lambert and Jenni Reese

You'll beam with **PRIDE**

Sarah Abraham- Treble Choir, Concert Choir, Thespian, Dominants, Drama Club, NHS, All-County Choir, District Choir, All-State Choir, State Honors Choir

Julie Alter- V. Softball, Orchestra, Chamber Orchestra, Choir, Frosh. Homecoming Princess

Tammy Ambrose- Key Club, NHS, V. Choir, All-County Choir, Governor's School

Denise Anderson- Environmental Club, HOSA, LPNI

Amy Ansong- Flags (Capt.), Soccer, Indoor Track, Frosh., Soph., Jr. Class Pres., School Planning Council, Orchestra, Principal's Advisory Council, Spanish Club (Secr.), African-American Club, True Colors, Youth Advisory Council, NHS, Youth Salute

Dallen Arny- Indoor Track, Soccer, Cross Country, Outdoor Track, Marching Band, Symphonic Band, Jazz Band, Concert Band, Jr. Civitans

Khalid Attia- J.V., V. Football (Capt.), HOSA, DECA, SCA Sec.

Tony Bapple- J.V., V. Cheerleading, J.V., V. Baseball, V. Football, Indian Echoes Staff

Kala Barnes- Soph. Class V.P., NHS, Treble Choir, Concert Choir, Dominants, Step Team, Thespian, Spanish Club, African-American Club

Janelle Barton- Honors Choir, Treble Choir, Concert Choir, Dominants

Cheryl Baxley- Indian Echoes Staff

Betty Betts- HOSA, DECA

Eammon Bethel- Lacrosse, Golf

Nadine Boisvere- Jr. Civitans (Treas.), Yearbook.

Daniel Bono- J.V., V. Basketball, Athletic Trainer, Web Page Club, School Planning Council, SCA V.P.

Amanda Borrelo- Adv. V. Choir, Treble Choir, Concert Choir, Chamber Choir

Elissa Bradford- Swim Team, Drama, NHS, Treble Choir, Concert Choir, Dominants, Sarah Branch-Track, Flags, Indianettes

Karen Bridgett- Step Team, Spanish Club

Joe Bruss- Lacrosse, Drama Club, It's Academic, Thespian, Young Life, Bass Choir, Concert Choir, All-County Choir, District Choir, Chamber Choir

Gina Burke- Swim Team, Volleyball, German Club (V.P.), Shaman Staff, NHS

Barbara Burns- FHA, Key Club, HOSA

Peter Burt- V. Football

Mary Campos- Cross Country, SCA Treas., Principal's Advisory Council, HOSA, French Club, Key Club, V. Band, Concert Band

Erin Caricofe- J.V., V. Softball, Drama Club, Hyphen Staff, NHS

Carl Carter- Frosh., J.V., V. Football, Lacrosse, Mediator, Youth Advisory Council, Indian Echoes Staff

Teji Charola- NHS, Key Club

Shawn Clapham- NHS

Scott Clendaniel- V. Baseball, Frosh. Football, Model UN, Orchestra, Boy's State

Danielle Colbert- Track, Spanish Club, True Colors, African-American Club (Pres.), Multi-Cultural Club, Drama, DREAMS (V.P.), Key Club, Mediation, NHS, Mediator, Indian Echoes Staff

Cindy Compton- Indian Echoes Staff, Jr. Civitans (Sec., V.P.)

Tommy Cope- J.V., V. Football, Lacrosse, DECA (V.P.)

Natasha Copeland- Step Team, DECA

Selwyn Crittendon- Outdoor Track (capt.), Indoor Track

Rhonda Cummins- Pep Squad, Indian Echoes Staff

Brian Daniels- J.V., V. Football

Kelly Day- Soccer Mgr., Varsity Band, Flag Corp., Symphonic Band, Concert Band, All-District Band, Marching Band, All-County Band, All-County Orchestra

Amanda Dempster- Frosh. Cheerleading

James Denny- Wrestling, Choir

Lindsey Doyle- Treble Choir, Chamber Choir, Concert Choir, FHA, HERO

Adam Edmundson- Cross Country, Indoor Track, Outdoor Track, Loud Crowd

Mike Edwards- Wrestling, J.V. Football, J.V. Baseball, DECA, German Club

Nisreen Elhillali- Homecoming Committee, Key Club, Indian Echoes Staff, Athletic Trainer, FBLA, Latin Club



Amy Elliott- German Club (Secr.), NHS, Shaman Staff
Matthew Elliott - Concert Band, Marching band, Symphonic Band

Kyle Enzler- DECA

Dawn Fales- J.V., V. Soccer, FHA

Emily Faught- V. Basketball (Capt.), J.V., V. Volleyball, True Colors

Abby Fehrman- Frosh., J.V. Football, J.V., V. Softball, Frosh., J.V. Basketball

Brian Fichter- Frosh., J.V., V. Football, VICA

Tina Figueras- J.V. Soccer, FHA

Christine Flom- Frosh. Cheerleading, V. Choir, Treble Choir, Drama, Key Club, DECA

Wendy Foscue- German Club (Sec., Pres.), Drama, Thespian, NHS, Young Life

Mike Gaither- J.V., V. Basketball

Christa Gargan- J.V., V. Volleyball, Treble Choir

Matt George- Wrestling

Justin Gilbert- Wrestling, VICA

Felicia Glapion- Indianettes (Capt.), Science Club (Pres.), Youth Advisory Council, Student Ambassador

Maria Gomez- Frosh., J.V. Cheerleading, Soph. Class Sec., Sr. Class Sec., Adv. V. Choir, Concert Choir, Drama

Jen Gonyea- V. Band, Concert Band

Bill Gorman- J.V., V. Baseball

Atiba Grimes- Frosh., J.V. Football, African-American Club

Cathleen Guyett- HOSA, Drama, V. Choir, Treble Choir, Concert Choir, LPNI

Adam Hallenbeck- J.V., V. Basketball, J.V., V. Baseball, Spanish Club

Dewayne Harley - Frosh. Basketball

Sara Harney- Frosh. Volleyball, J.V., V. Soccer, Jr. Class Sec., NHS, Key Club, Adv. V. Choir, Concert Choir

Joey Harris- Frosh., J.V. Football, J.V. Soccer

Donta Harrison- YBM

Steven Hastey- Stage Lighting

Cáren Henson- Drill Team, V. Volleyball Mgr., SADD

Michael Hicks- Mediator

Jason Hogan- V. Tennis, SCA Pres., Principal's Advisory Committee

Josh Hogan- V. Tennis, Jr. Class V.P., Sr. Class Pres., Ecology Club, DECA, Principal's Advisory Council

Ryan Hurm- J.V. Soccer, Tennis, Athletic Trainer, DECA

Kerry James- Symphonic, Marching, District, All-County, & Pep Bands, Orchestra, Pit Orchestra ("Guys & Dolls"), Gymnastics, Outdoor Track, NHS

Kisha James- FBLA

John Jeremias- Cross Country, Indoor Track, Wrestling, NHS, Governor's School

Clifton Johnson- Frosh. Football

Jamie Johnson- J.V., V. Football, J.V., V. Wrestling, Track, Athletic Trainer, Loud Crowd



Ember Johnston- J.V., V. Soccer, Cross Country, Indoor Track, Outdoor Track, V. Soccer, NHS, Young Life

Heather Jones- VICA, V. Choir

Rachelle Jones- J.V. Basketball Mgr., Drama, Thespian, Jr. Civitans, Indian Echoes Staff, Hyphen Staff

Shaunta Joyce- Indoor Track, Outdoor Track

John Kelly- FHA, It's Academic, Drama, NHS, Model UN, Stage Lighting

Phoebe Kenney- Step Team, YBW, Indian Echoes Editor, Frosh., Soph., Jr. Class Treas., Morning Announcer

Dimitrios Konstantinou- Spanish Club, Loud Crowd

Sheela Kori- Key Club, Tennis, Junior Civitans, NHS

Tara Koshetar- Leo Club, Jr. Civitans, Key Club, NHS, Indian Echoes (Photography Editor), DECA, FBLA, Crew, Orchestra

Leah Kuhns- Frosh. Basketball, J.V., V. Volleyball, Foreign Language Club, DECA, NHS

Daniel Kuykendall- J.V., V. Football, DECA

Ben Lanzillotta- Lacrosse, German Club, Environmental Club

Josh Lawson- V. Basketball, V. Baseball, V. Football, Lacrosse

John Lemons- Frosh., J.V. Football, Outdoor Track, Indoor Track, V. Band, Concert Band, FCA, Loud Crowd

Richard Leung- Swim Team, Latin Club, Math Club, NHS, Computer Club, Key Club

Melanie Lindemuth- Frosh, J.V., V. Volleyball, Orchestra, Spanish Club, FBLA, DECA

Isaac Lloyd- Frosh., J.V. Football, Frosh. Basketball, Spanish Club, German Club

Leon Locke- Frosh., V. Football, Frosh. Basketball, Track

Robert Love- Marching Band, V. Band, Concert Band, Symphonic Band

Alan Lucks- Frosh., J.V., V. Football, J.V., V. Wrestling

Sara Mammen- Indianettes

Alicia Martini- V. Band, Concert Band

Anna Mazariegos- Multicultural Club, Spanish Club, V., Adv. V. Choir

Tina Lambert-Crew (V.P.), Stage Crew, Indian Echoes Editor

Brooke McCurdy- Marching Band, Drama Club, FBLA, Treble Choir, Concert Choir, Concert, Symphonic Band

Delinica McDermott- FBLA, African-American Club

Kevin McMullen- Frosh. Football, V. Cheerleading, Principal's Advisory Council, School Planning Council, Drama, Concert Choir, Dominants, Key Club, True Colors, CORE, Thespians, Model UN, Frosh Class Pres., Young Life

Antonio Mendez- Indoor Track, Outdoor Track, J.V., V. Football, Mediator

Derrick Martin- J.V. Football

Brian McElhenny- J.V., V. Football, J.V. Baseball, Lacrosse, NHS

Alicia Meyer- J.V., V. Cheerleading (Capt.), Gymnastics, V. Choir, Treble Choir, DECA

Nicholas Mills- Orchestra, Tennis

Christy Moore- J.V., V. Basketball

Doug Moore- Web Page Club

Wade Moore- Tennis, Web Page Club, NHS

Johnni Murphy- Adv. V. Choir, FBLA

Karen Nabholz- Crew, Cross-Country, Swim Team, Varsity Band, Concert Band, Youth Salute, Peer Tutor, NHS

Molly Narburgh- Marching Band, V. Band, Symphonic Band, Orchestra Ensemble

Hal Nesbit- Frosh., J.V., V. Football, Frosh. Basketball, J.V. Baseball, French Club

Tomi Olamigoke- Frosh., J.V., Football, V. Cheerleading, Track, Athletic Trainer, Drama Club, Concert Choir, Sr. Class Treas.

Meghan Oldis- Frosh., J.V., V. Volleyball, J.V., V. Softball, HOSA, Youth Salute

Eunice Omole- Step Team, African-American Club, HOSA, It's Academic, Key Club, Chamber Orchestra

Janet Ortiz- Frosh., J.V. Basketball, FBLA, DECA, Indian Echoes Editor-in-Chief

Jeremy Osbourn- Track, V. Football, Bass Choir, Concert Choir, Chamber Choir, Dominants, All-County Choir, All-District Choir

Palesa Osei-Tutu- HOSA, Step Team (Capt.), African-American Club, Peer Tutor, Mediator, Early Identification Program, SCA Rep., Indian Echoes Staff, Young Black Women

Lindsay Palmer- J.V. Basketball, V. Volleyball, Gymnastics, HOSA

Leilani Pereyra- Drama, Thespians, V. Choir, Hyphen Staff, Concert Choir

Laura Perko- Stage Crew

Joanna Perry- Drama, Adv. V. Choir, Concert Choir

Annie Peterson- Crew, Band, NHS, Environmental Club, Key Club

Travis Pfitzner- J.V. Basketball, V. Baseball, NHS

Chan Phanthauong- VICA

Sabrina Pitera- Symphonic, Marching, Pep Bands, All-County Band, All-District Band, All-County Orchestra, "Guys and Dolls" Orchestra, Youth Salute, Girls' State, NHS, Key Club

Danielle Pokusa- Frosh., J.V. Cheerleading, FBLA, Indian Echoes Staff, Hyphen Staff, Mediator

Kelvin Pollard- Varsity Basketball

Jamie Porter- Frosh., J.V., V. Cheerleading, NHS

Kristina Price- Gymnastics Mgr., Drama Club, Symphony Orchestra, Thespians, Concert Choir, Chamber Choir, Chamber Orchestra

Shylah Price- Frosh. Cheerleading

Ebony Prince- Indoor Track, Outdoor Track, Cross Country, Marching Band, V. Band, Concert Band, DECA, Hyphen Staff, Key Club, FBLA, Sr. Class V.P.

Vicrum Puri- Tennis, Indoor Track, DECA

Jennifer Reese- Swim team, Cross Country, Outdoor Track, Athletic Trainer, Indian Echoes Staff

Lee Revis- Swim Team, Football Mgr.

Dan Rice- Marching Band, Concert Band

Shana Rice- Step Team (Capt.), FBLA (V.P.), Key Club, Orchestra, Frosh. Class Sec., Mediator, Chamber Orchestra

Mike Riley- J.V. Wrestling J.V., V. Football, Indian Echoes Staff (Sports Editor), Boy's Volleyball

Yahaira Rodriguez- Orchestra, Debate Club, Spanish Club

Josh Rosenberg- Cross Country, Indoor Track, Outdoor Track, J.V. Soccer, Bass Choir, Concert Choir

Stephanie Russ- Frosh. Basketball, J.V., V. Volleyball, V. Softball

Rachel Rybicki- Frosh. Basketball, J.V., V. Softball

Landon Schaefer- Tennis (Capt.), Orchestra, Athletic Trainer, Key Club, Environmental Club

Shauna Schaeffer- Indianettes, HOSA

Kelly Scholz- Indian Echoes Staff, Key Club

Sabeen Shah- Indian Echoes Staff, Mediator, Web Page Club

Nicole Shelton- Gymnastic Mgr., Treble Choir, Concert Choir, Chamber Choir, Drama Club, Thespians





Sam Siefke- Lacrosse, Golf

Anthony Smith- Track, J.V., V. Cheerleading, V. Band, Concert Band

Michael Snow- Tennis, VICA

Stephanie Souders- Drama Club, Spanish Club, Shaman Staff, Web Page Club

Cyndi Spain- True Colors, Key Club, Environmental Club, Spanish Club, Color Guard, V. Choir, Treble Choir, Concert Choir, NHS

Lindsey Stowell- Prom Committee, DECA

Kristina Stump- Frosh., J.V., V. Volleyball, Swim Team, Athletic Trainer, Mediator

Michael Sweeney- It's Academic, Science Club, BETA Club, NHS

Mike Sullivan- V. Baseball

Maria Taylor- Hyphen Staff, HOSA, Model UN, Key Club

Karen Testerman- Indian Echoes Staff, NHS, Key Club, Leo Club, Peer Tutor

Christian Thompson- Frosh., V. Basketball

Adam Thorstad- J.V., V. Wrestling, Crew

Brynn Turner- Inter. Orchestra, Leo Club, Junior Civitans, NHS

John Turner- J.V., V. Soccer, Cross Country, V. Football

Joe Verschueren- J.V. Soccer, Cross Country, Indoor Track, Outdoor Track

Nathan Vinyard- Frosh., J.V., V. Football, Frosh. Basketball

Jeff Wade- V. Wrestling, Cross Country, German Club

Chris Walker- Swim Team, Outdoor Track, Indoor Track, J.V. Football, Peer Tutor, Debate Team, It's Academic, Spanish Club, African-American Club, Concert Band, Dominants, All-County Choir, Boy's State

Lisa Weber- Adv. V. Choir, Treble Choir, NHS

Kristin Webster- Crew, Hyphen Editor-in-Chief, NHS, Youth Salute Council, Junior Civitans

Courtney Welch- Swim Team, Crew

Monique Welsh- Frosh. (Capt.), J.V., V. Cheerleading, Frosh. Homecoming Princess

Gary White- Wrestling

Angela Williams- Frosh. Volleyball, J.V. Softball, HOSA

Claudia Williams- Frosh, J.V., V. Cheerleading (Capt.), Lacrosse Mgr., Adv. V. Choir, Indian Echoes Editor, Key Club, NHS, Youth Advisory Council

Latoya Williams- Outdoor Track, Adv. V. Choir, Concert Choir, Step Team, Young Black Women, DECA

Maisha Williams- Debate Team (Pres.), Shaman Staff Editor-in-Chief, Environmental Club, Model UN, It's Academic

Thomas Wilson- Frosh. Football, Frosh., J.V. Baseball, German Club, NHS

Jerome Wonnum-Pannia- Rifle Team, Rifle Drill Team, Black Essence Club, Science Club, Close Up Club, Earth Care, Knowledge Bowl Team (Hawaii), Crew, Key Club

Tony Wright- V. Band, Concert Band, Concert Choir, Dominants, All-County Choir, All-District Choir, All State Choir, Environmental Club, Thespian, Drama Club, Shaman Staff, Indian Echoes Staff, SFPA, Stage Mgr.

Shavonne Wyatt- FHA

Kristen Yawberg- J.V., V. Cheerleading, Gymnastics, Orchestra

Asif Younis- V. Wrestling, Cross Country, Outdoor Track, Tennis, NHS, Spanish Club

Gabriel Zepeda- J.V., V. Wrestling, V. Cheerleading, Drama Club

Josh Zilin- Lacrosse, DECA, Ecology Club

Sharon Zirkle- Frosh. Volleyball, Treble Choir, Dominants, Concert Choir, All-County Choir, Drama Club, Shaman Staff, Model UN, Environmental Club, Key Club, Girls' State

Senior Class of 1996-97



Juniors

"Hey, Hey, we're the Monkees and people say we monkey around.
But we're too busy singing to put anybody down."

-The Monkees

The Class of 1998 had to face many changes and fulfill responsibilities in their junior year. Stepping up as upperclassmen, the year brought with it independence and a level of emancipation.

Students obtained jobs, started thinking about getting accepted into colleges, took the SAT's, and saved money for the junior/senior prom. This year could either make or break one's future. With colleges

evaluating grades earned during the junior year, students strove to maintain strong grade point averages. As if that wasn't enough pressure to handle all at once, the SAT's also became a much talked about thorn in everyone's side. It seemed most students elected to take the test early so they could get a feel for what it was like and could improve their scores later. The Class of 1998 had to stick together in order to pull off the junior/senior prom at the Crystal City Sheraton. Organizing the homecoming dance brought in a majority of the funds needed for a memorable prom night.

Selling concessions afterschool was yet another way the junior class raised money. The work got harder and the friendships grew stronger. •Shea O'Connell and Katie Cartwright



Working their way through a garden maze in Colonial Williamsburg, Chris Nalevanko carries junior Lindsey Sharp on his back. Fun can be found in class as well as on Signet field trips.

In Spirit Only: Juniors Provide Support



The crowd goes wild as the Indians fight for another victory on the football field. The winning spirit was defined by moments like this when a group of consistent followers come together for the common goal of supporting the team.

Several students from the Speech and Drama classes helped out with the announcing responsibilities at home basketball games. Junior Danielle Johnson is no stranger in front of the microphone.



Junior spirit raged strong during many school events. From football games to pep rallies, cheers could be heard and the vibration from the Indian stomping could be felt all over campus.

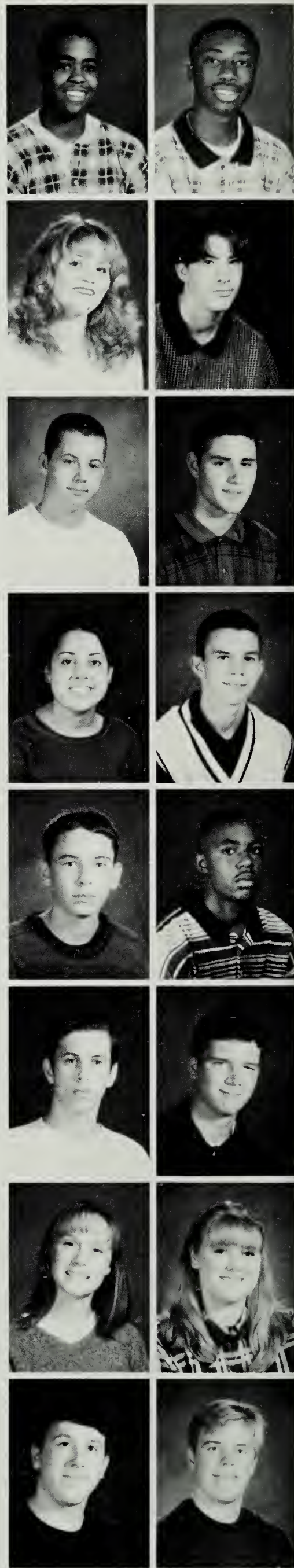
The juniors provided support for the sports teams. "Showing spirit is what it's all about," said junior Josh Powell.

Whether it was a Tuesday night girls' basketball game or a Friday night football game, students attended as many games as possible to see the Indians battle against rival teams.

Cheers for the home team and jeers intended for referees who made bad calls provided lively entertainment and fellowship for all who attended. Junior spirit could be felt strongly during the pep rallies as each class vied for the coveted title "Most Spirited Class."

Despite the senior priority seating at sporting events, the juniors proved they could sit with the best of them to show spirit with the same enthusiasm.

Next year, juniors may step up into the "loud crowd" position offering themselves as the new spirit motivators. •Chris Nalevanko





Jamen Anderson
 Stephen Addo, Jr.
 Omolara Akinlotan
 Hector Alarcon
 Walter Allen, Jr.
 Lisa Anaya
 Brian Anderson
 Joseph Anderson
 Michael Anderson

Heather Andrade
 Joseph Anelli, Jr.
 Natalie Anzzolin
 Katie Auman
 Emad Auwad
 John Bacchus
 Lorene Banning
 Steven Banta
 Jeffrey Barefoot

Darrell Barger
 Ryan Barker
 Reteeka Barnes
 Jennifer Barton
 Bruce Baumgartner
 Dennis Baxter
 Christina Bayley
 Brooke Bayliss
 Jami Bedford

Kristen Bellando
 Keith Benderoth
 Jason Benedix
 Kristopher Benoit
 Michelle Benoit
 James Bercegay
 Zsuzsanna Berenyi
 Barbara Bernard
 Karla Berrios

James Besser
 Leon Black
 David Blackett
 Renea Blandford
 Sara Blindauer
 Amanda Bomar
 Nathaniel Bonaparte
 Charlene Bonilla
 Martha Borrayo

Gregory Bosworth
 Robert Bouchard
 Michael Bourne
 William Brack
 Jeffrey Breeden
 Eric Bridges
 Brandi Brinson
 Andrew Broaddus
 Toi Brooks

Nicole Brulotte
 Ryane Bulka
 Gordon Burke III
 Kristen Butler
 Latonya Butler
 Mechelle Butler
 David Cable
 Stephanie Cacho
 Jennifer Cahill

Charles Caldwell
 Christopher Cameron
 Autumn Campbell
 Kimberly Campbell
 Lashawn Carey
 Bryan Carr
 Thomas Carrano
 Santiago Carrillo
 James Carson

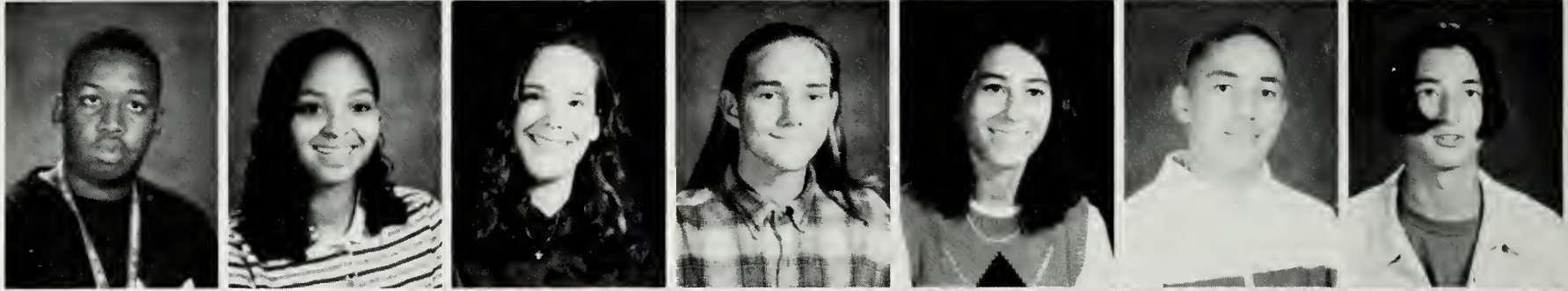
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Christopher Casby
Jason Cecala
Natasha Ceullar
Thomas Chapman
Jose Charles
Asia Chavis
Jennifer Chukel
Shasta Chumley



Keith Clark
Michelle Clark
Ebony Coleman
Heather Coles
Alessia Collins
Daniel Commander
Shanna Conklin
Ryan Conner
Jonathan Cooper



Michael Cooper
Danielle Cornelius
Nichole Cornell
Christopher Couert
Kristen Crabtree
Nevin Cuff
Gabriel Cunningham
Katie Cunningham
David Curfiss



Crystal Curry
Kirsten Curry
Genoveffa Cusati
Nichole Cuttino
Mark Daly
Alfred Davis
Vincent Davis
Rachel Dean
Elizabeth Denny



Dewayne Dinkins
Leah Dipaolo
Akofo Dogbaise
Anna Drago
Angela Dudas
Martha Dunn
Amanda Durling
Lynda Easley
Michael Eaton



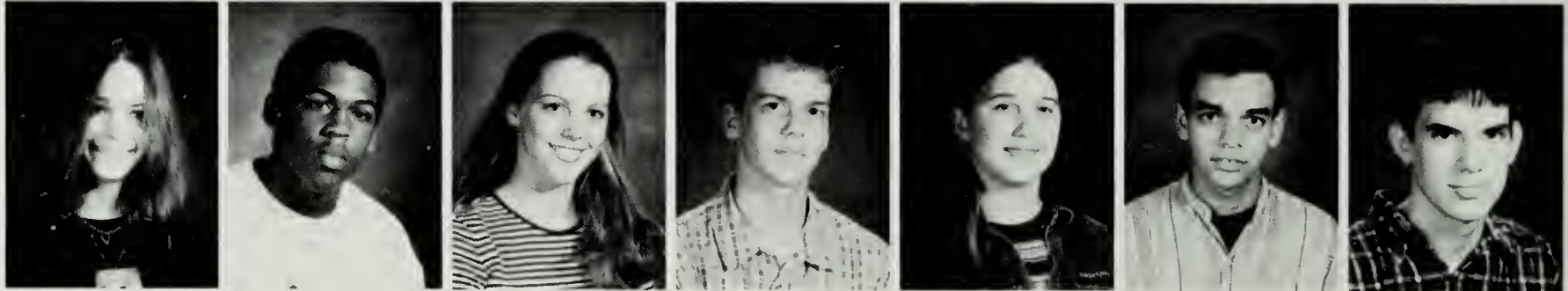
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Youssef Elshafie
Kathleen English
Heidi Erickson
Glenn Escario
Chastity Evans
Nicole Evans
Chandra Ewell
Neda Farahmand



Angela Farrell
Patrick Ferris
Jennifer Flom
Nancy Flores
Leslie Flynn
Nathan Ford
Mariah Fore
Michael Formando
Paul Fossum



Erin French
Venturus Fuller
Sabrina Furr
Christopher Gaarde
Rebecca Gabbard
Josuel Galdino
Rocco Galgano
Kathryn Galloway
Brian Garrett



Tickle Me, Elmo

The holiday season, as with every holiday season, displayed several new toys that became popular. Along with Buzz Lightyear from the film *Toy Story* and Nintendo 64, Tickle Me Elmo was on many shopping lists.

Tickle Me Elmo was by far the most popular of these toys. A furry red character from Sesame Street that laughed when one squeezed its tummy, Elmo was well-loved among the younger children; however, he became the center of many battlefields as the adults fought over him in order to please the kids.

Along with being the most popular toy, it also became one of the most expensive as several auctions were held for the purchase of Tickle Me Elmo. One doll was sold for thousands of dollars, though the money did go to charity.

English teacher, Mrs. Amy Weiler stated, "We paid bucks to bring it home, and after listening to the darn thing laughing over and over, we are willing to pay someone to take it away!"

Some saw Tickle Me Elmo as childish and annoying, while many thought he was cute and that he made people smile. The doll became a conversation piece among students.

Junior Beth Hickin, owner of a Tickle Me Elmo, stated, "It's Elmo! How can he not make you happy?"

Several students came to school lugging the cuddly fellow after the holiday break. The hardest task was trying not to get the doll taken away.

Despite the many perspectives on Tickle Me Elmo, it has now declined in popularity. There's bound to be a new fad during the next holiday season. •Leigh Anne Touchette



Frustrated and glad the Christmas rush is over for another year, English teacher Mrs. Amy Weiler explains her experience with the Tickle Me Elmo doll. The doll at her house will only see one set of batteries.



The demand was more than two people for one doll. Juniors Beth Hickin and Chris Casby wouldn't trade the doll for anything. Chris gave Beth the doll for Christmas.

Nancy Gaytan
Suzanne Geer
James Gestrich
Joshua Giamichael
Brian Glave
Joshua Gleason
Jose Gonzalez



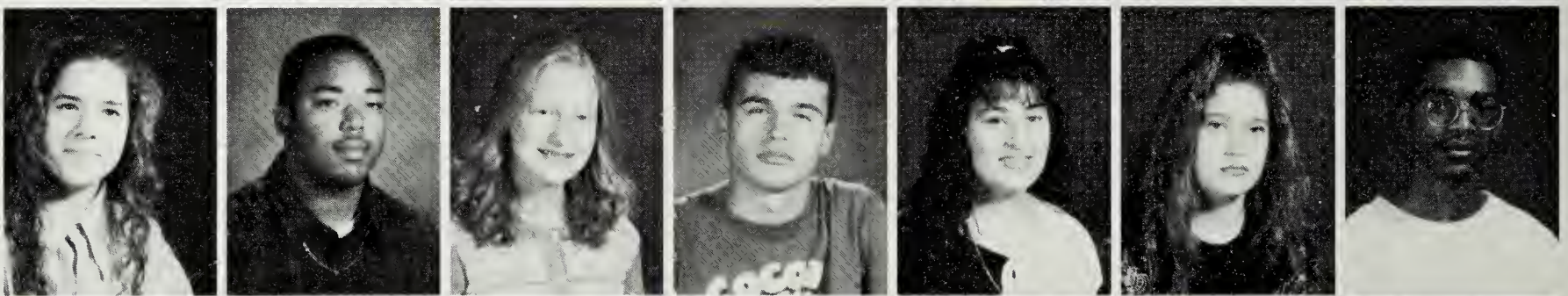
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Amy Hall
Crystal Hammond
Corina Hanks
Todd Hart



Sarah Hawkins
John Hayes, Jr.
Robyn Herman
Jose Hernandez
Lorena Hernandez
Sarah Hernandez
Marcus Herdon



Beth Hickin
Kelli Hicks
Jamar Hill
Charles Hilton
Adam Hoffman
Carrie Hoffman
Jayvan Holeman



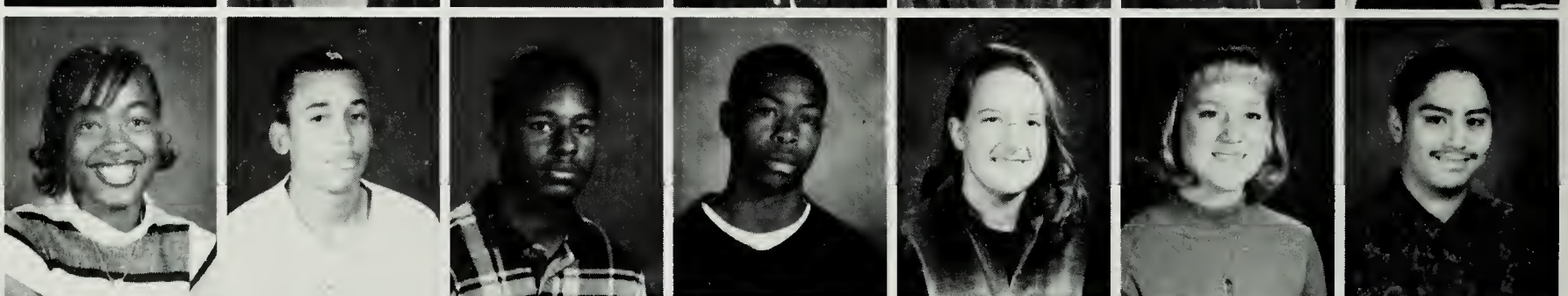
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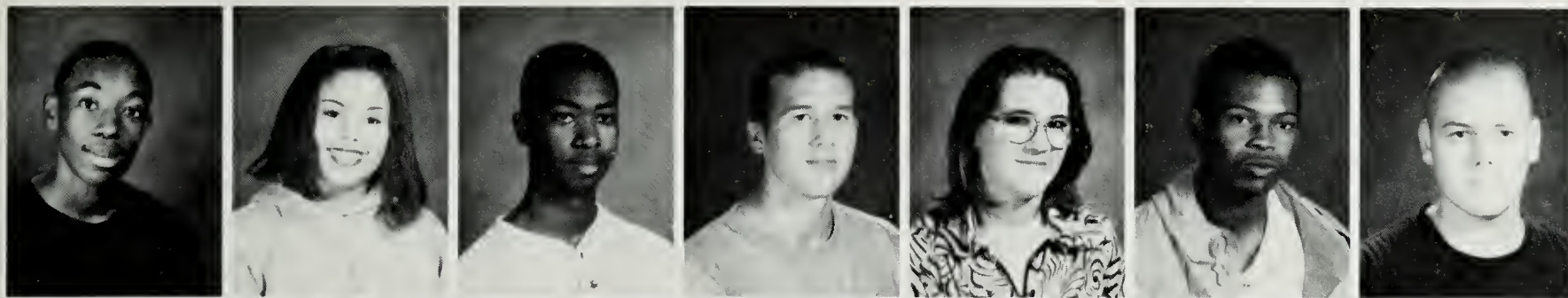


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Joel Hunko
Melissa Hunt
Lillian Iglecias
Latoya Jacques
Taylor Jefferson



Tia Jeffress
John Jenifer II
Alexander Jenkins
Brandon Johnson
Christine Johnson
Danielle Johnson
Gene Johnson





Jamel Johnson
Juane Johnson
Nicholas Johnson
Timothy Johnson
Tracey Johnson
Ulice Kea
John Kelly



Sinett Kem
Shamicka Kendall
Kathryn Kersh
Jami Kessel
Sanjana Khoobchandani
Andrew King
Dishawn King



Briana Kingrey
Stephanie Kinikin
Tracy Kinoshita
David Kiser
Matthew Klancer
Brian Koppel
Vidya Kori



Jeremy Koutnik
Benjamin Kreamer
Matthew Kuzma
Sarah Lace
David Lavikoff
Katie Lawson
Sherry Lawson



John Ledbetter
Quincy Ledbetter
John LeMay
Jennifer Lemen
Celeste Lenon
Robyn Levin
Jennifer Lewis



Jennifer Lewis
Tiffany Lewis
Jason Lichtenberg
Nick Lichtenfels
Kyu Sang Lim
Aundria Limerick
Chet Lindemuth

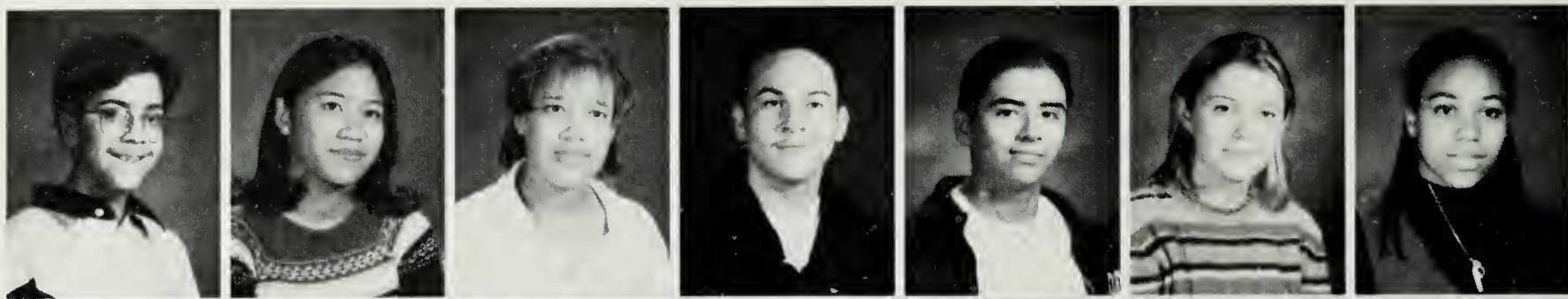


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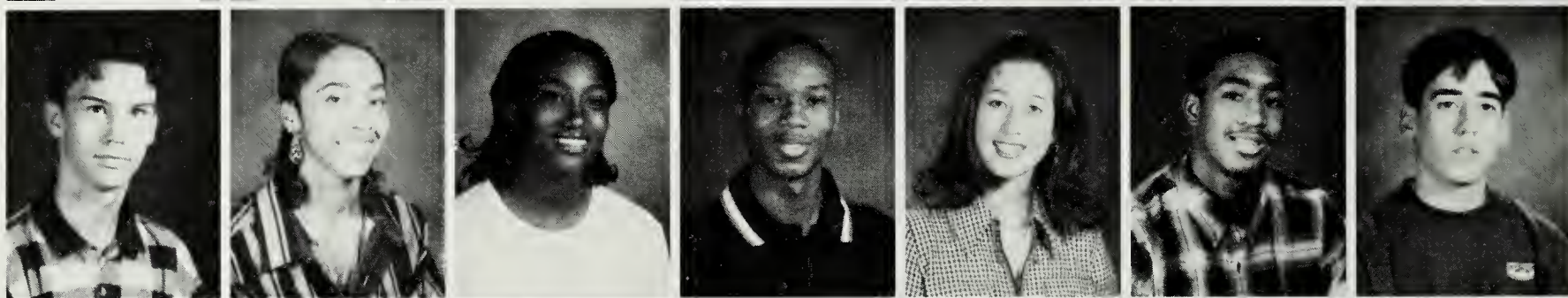


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Sharon Lynch
Christina Madison
Erick Madison
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Colette Mainardi
Jennifer Major

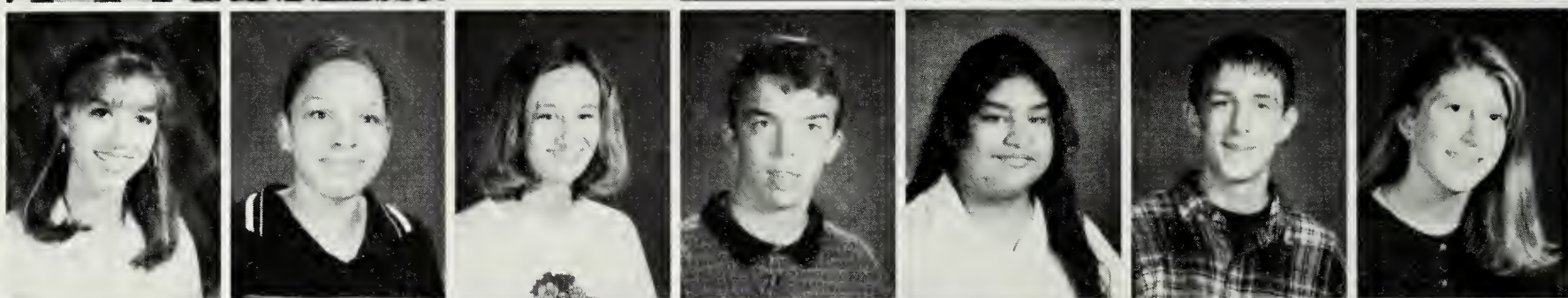
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Deborah Mason
Maleka Matthews



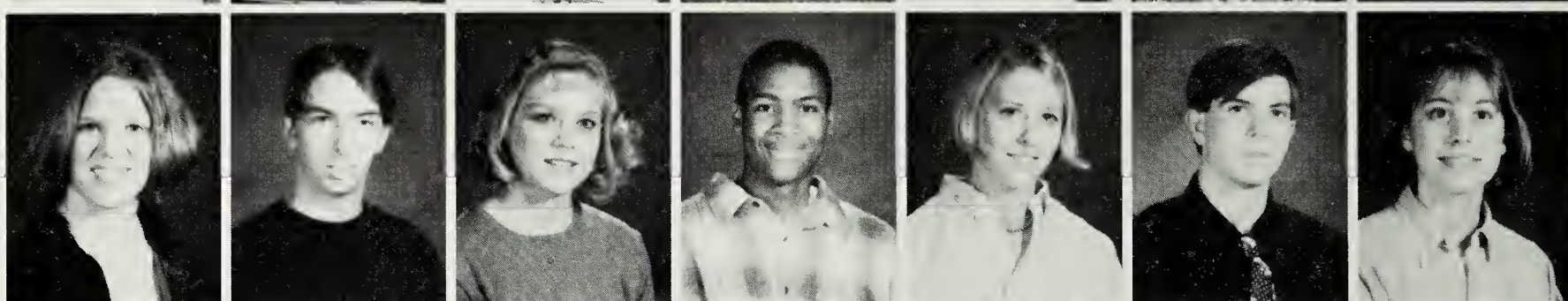
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Patrick McFarland



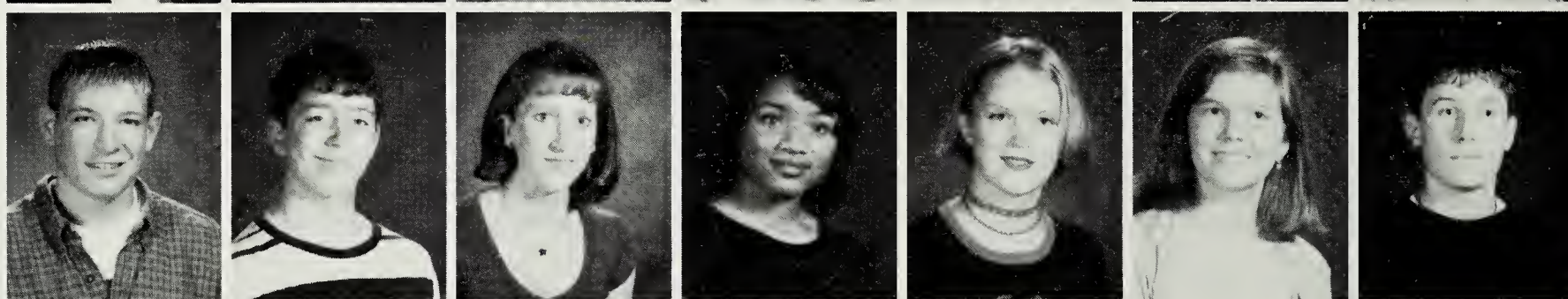
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Lourdes Mesias
William Messenger
Lauren Miller



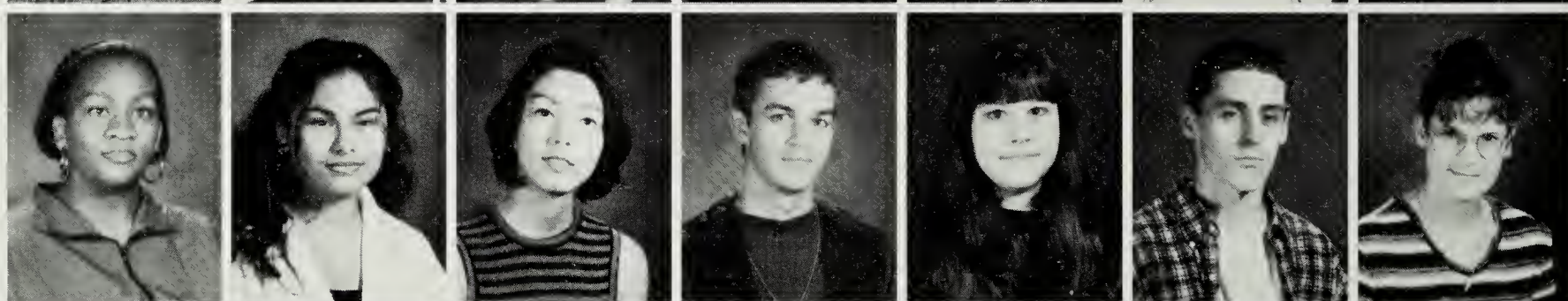
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Rebecca Moore



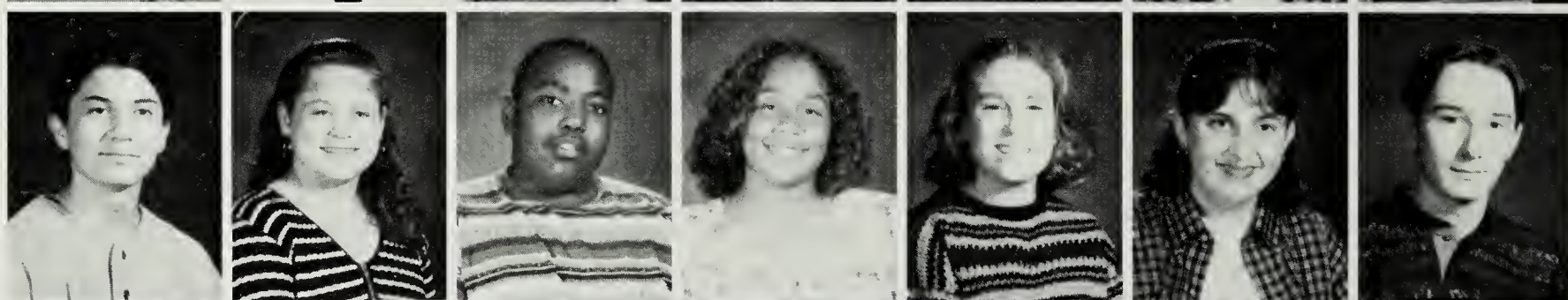
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Elizabeth Motley
Katrina Mott
Cynthia Murphy
Lisa Nadeau
Chris Nalevanko



Lydia Nance
Paola Narvaez
Nikko Nasca
Jeremy Neal
Karina Neal
Richard Nearman
Kristy Neff



Francisco Negrete
Melissa Neuman
John Newell
Astria Newman
Erin Nicholson
Nicole Nicholson
Matthew Nissen



Megan Norgart
Champeí Nouv
Michael Novacek
Shea O'Connell
Michael O'Leary
Felicia Oliver
Shannon Olson

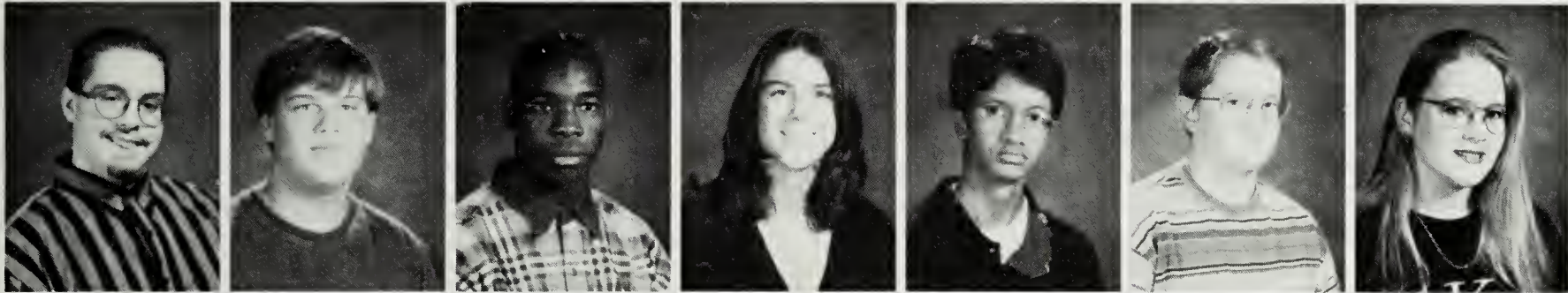




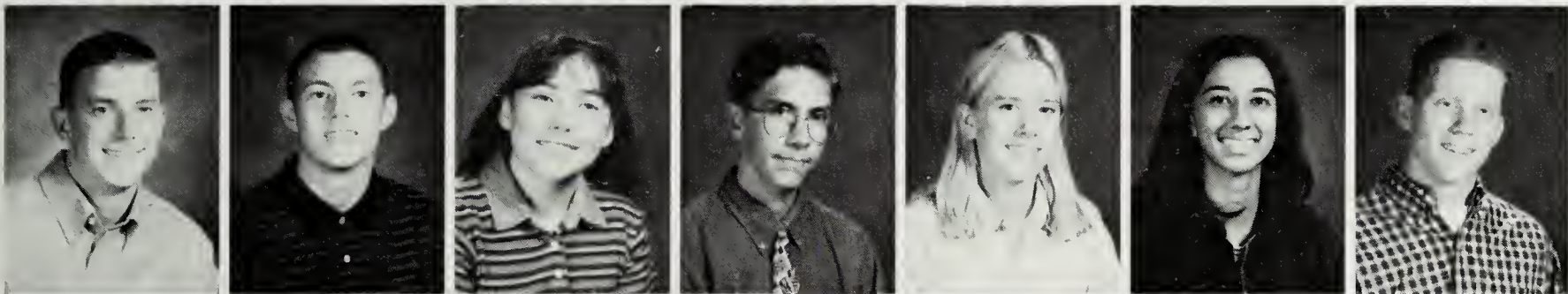
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Jamie Outlaw
Demario Owens
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Enoc Parada
Christopher Parker



Kelly Pembroke
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Chris Petrovich
Mary Petrovich
Keisha Pickett



James Pieper
Christopher Pitera
Kante Pittman
Christina Plutz
Wilfred Poonawala
Eric Porter
Brandi Potter



Joshua Powell
Nicholas Powers
Joyce Price
Sam Puffenbarger
Richelle Raffield
Sadaf Raja
Joseph Rakestraw



Elizabeth Ramsey
Shaboo Reid
Marcellus Revely
Holly Ringold
Billy Rios
Elisha Roberts
Jonathan Rodriguez



Karen Rodriguez
Kaiysha Roebuck
Luis Rosado
Margaret Rowland
Erin Ruane
Donald Rushing
Candice Sample

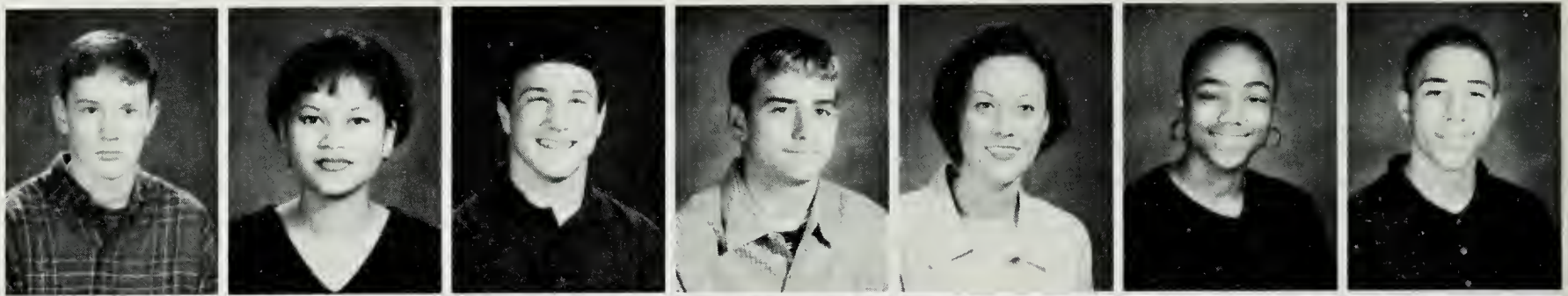


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Gunadeep Sandhu
Chris Santiago
Christina Saunders
Gerald Saunders
Adam Savell
Joshua Schipono



Mary Schoenborn
Christopher Scholl
Michael Scott
Shannon Segres
Baljinder Sekhon
Matthew Seymour
Lindsey Sharp

Randolph Shelton
Velvet Sierro
Adam Silvis
Brent Simmons
Maria Simmons
Kendra Simpson
James Sims



Tony Sins
Matthew Smiley
Becca Smith
Christopher Smith
Jason Smith
Kelly Smith
Sara Smith



Sharise Smith
Tiffany Smith
Damon Smuzynski
Natalie Snead
Robert Snyder
Amanda Sorbello
Patrick Sparks



Travis Spears
Scott Spencer
Lionell Spooner
Cheryl Stamler
Kevin Stansfield
Khalid Stewart
Carrie Stickles



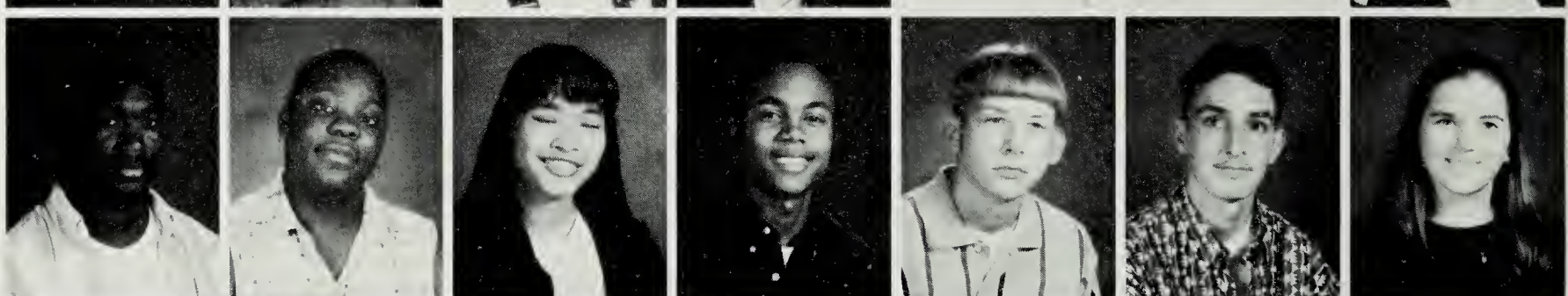
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James Stone
Jessica Stump
Colleen Sullivan
Raymond Surface
Andrew Surrena
Emily Surrena



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Nga Ta
Christin Talbot
Myrna Tasi
Charlene Taylor
Penny Taylor
Sharidah Taylor

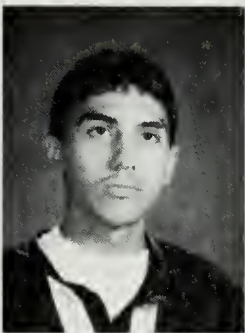


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Shikkia Thomas
Tiptavee Thongtaue
Brandon Thorpe
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Angel Torres
LeighAnn Touchette

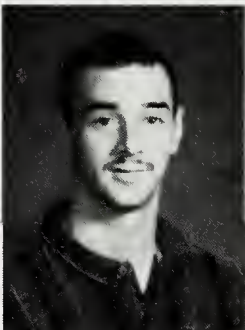
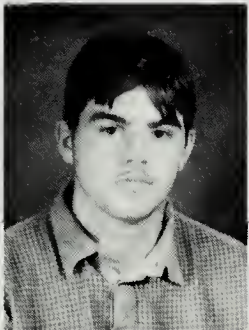
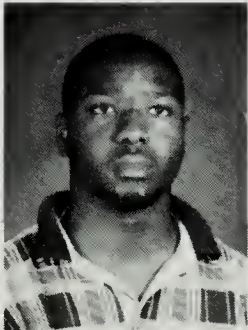
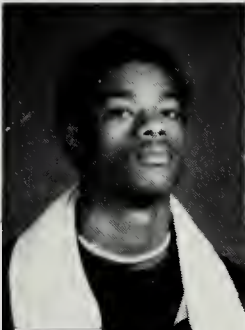
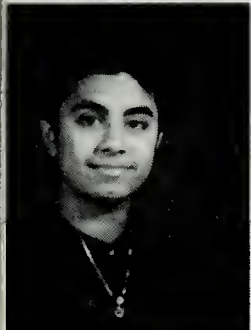


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Tom Vandenburg

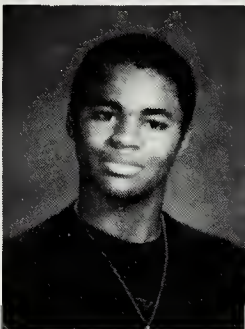
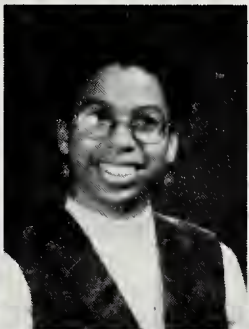
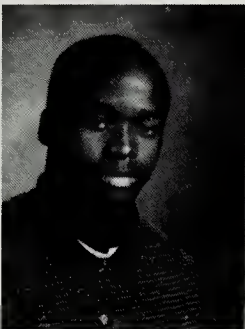
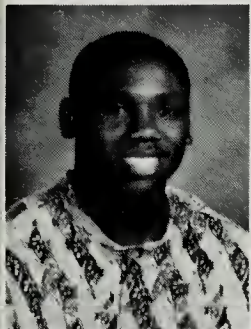




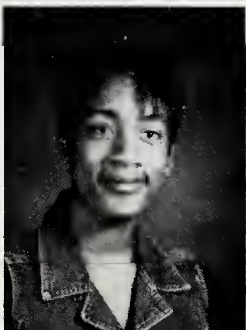
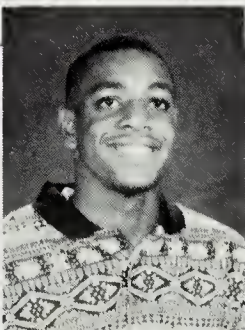
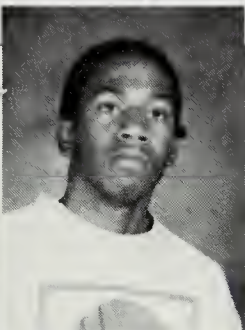
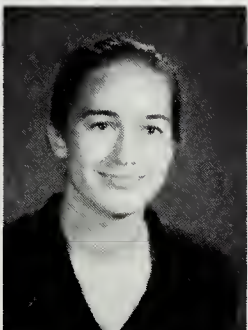
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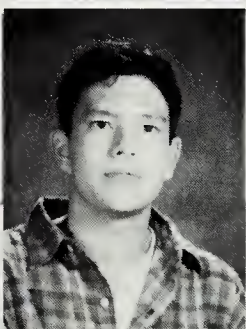
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Robert Watkins
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James Weathers
Philip Weber
Micca Weiggands



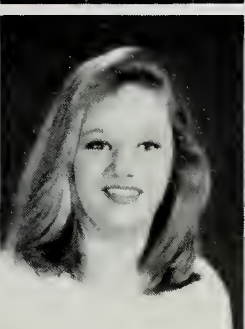
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Brian Williamson
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Craig Wilson
John Wilson
Justin Wilson



Kristin Wilson
Nicholas Wirt
Patrick Wood
Nicole Woods
Nicole Woodward
Chinita Woody
Jeremy Woskobunik



Samuel Wright
Angelina Yannello
Jennifer Yip
Janet Young
Robert Young
Stephen Zeiders
Jessica Zinn



Allison Zwanzig



Sophomores

"There's a time you gotta go and show you're growing now--
You know about the facts of life . . . the facts of life.
You take the good, you take the bad, you take them all and
then you have the facts of life . . . the facts of life."

-*The Facts of Life*

The Class of 1999 began the school year with much anticipation. They had survived a grueling freshmen year and were no longer the youngest students in the school which, for most, was a relief. Some of the sophomores remembered the teasing they endured at the beginning of their freshmen years and decided to be nicer to their younger colleagues.

Of course, the remainder couldn't wait to dish out some teasing of their own. In this way, sophomores were superior to the freshmen, yet they were still underclassmen. Being a sophomore made it easier to identify with students both older and younger. After the first year, much confidence was gained as students moved through the hallways finding their niches. This was also the year for most to earn their learner's permit to drive.

The high school experience wouldn't be complete without that steel contraption on four wheels.

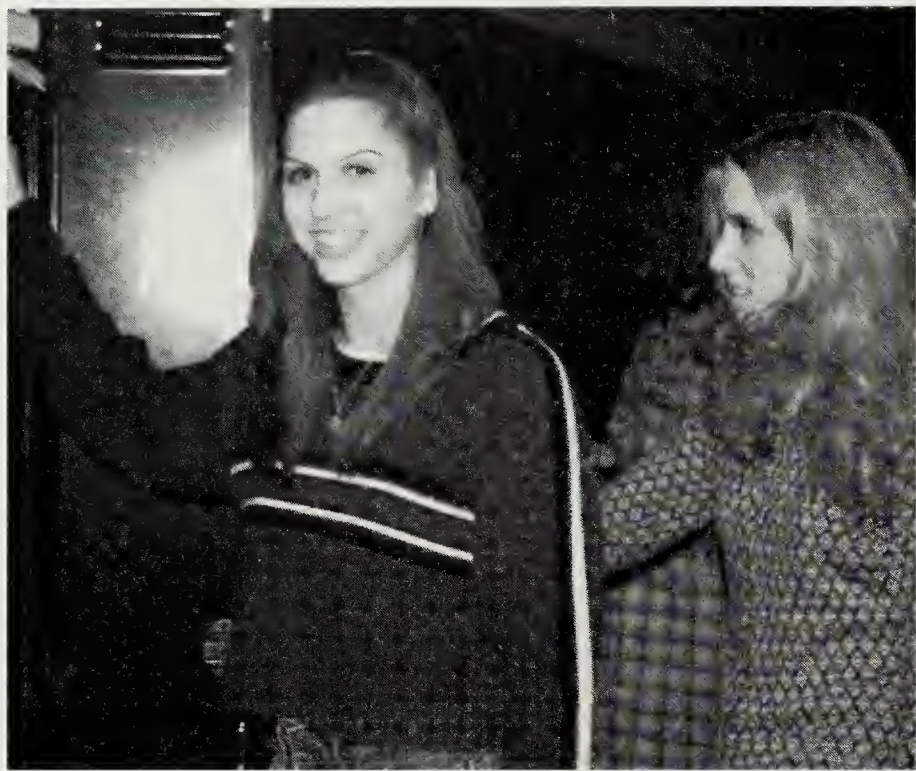
The car would be the ticket to independence and freedom. As a sophomore, one began to establish his place within the school and the community. Depending upon one's involvement in school activities or socializing in general, chances were one found a group of people with whom one could laugh, cry and experience all that life had to offer at 15 years-old.

•Martha Dunn

Fun in the parking lot.. Sophomore Emily Ostrander posed for a picture before leaving school. With two down and two more to go, the halfway point approached to her high school career.

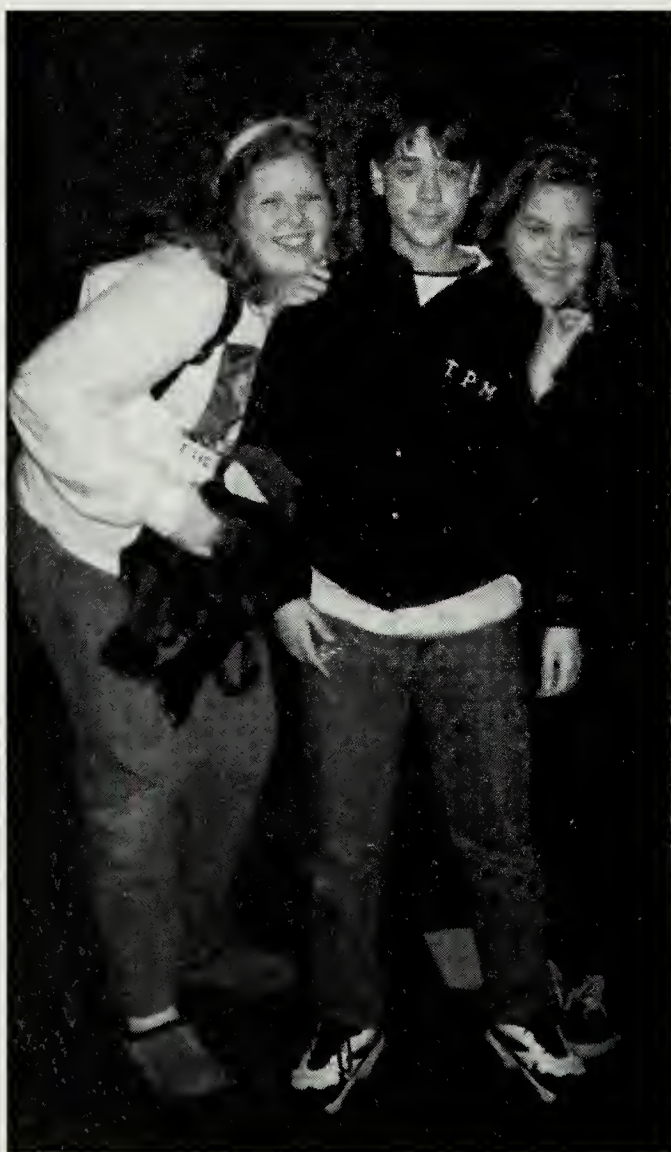


More POWER to Them



Thinking alike, twins Dena and Diana Shirpa, make a quick stop by their locker to pick-up some materials for their next class. Peaceably sharing a locker proved the twins could get along both in and out of school. No sibling rivalry here.

As the rest of the class leaves, sophomores Jennifer Ellerbe, Tim McCleerey and Bethany Brackett get left behind. Standing a little dazed and confused at all the attention, Tim smiles sandwiched between Jennifer and Bethany.



From the school uniform issue to just hoping for basic respect, sophomores seem to be stuck in a gray area. Not quite upperclassmen yet, but having survived the freshmen year, sophomores were the group who stretched out of the mold toward maturity.

Not seniors who prepared for graduation or juniors who took SAT's, sophomores at least got a chance to get behind the wheel when young drivers came of age to receive learner's permits.

Having to wait for another year in order to covet a locker of their own, sophomores struggled with the bonuses and evils of sharing a locker with a classmate. "I don't even know my locker partner's name," said junior Courtney Scott.

"I don't like sharing my locker with a guy because they can be so messy," said Michelle West.

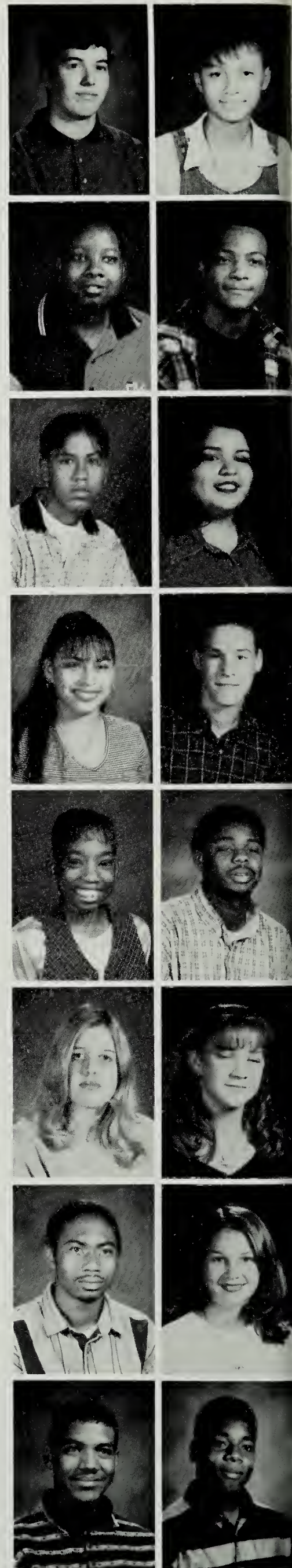
Aside from the locker dilemma, rumors ran rampant among students that a suggestion was made by a parent to the School Planning Council that students be required to wear uniforms to school.

A controversial topic for everyone, the idea of a mandated daily ensemble brought out the fiercest side of sophomores.

Mariha Borrayo said, "Uniforms wouldn't change things much. Why have uniforms?" Junior Amy Hall said, "I think uniforms take away individuality. That's not what we're taught to do."

On the other side of the fence, Phillip Donnelly said, "Nobody would have to worry about offending somebody else with his taste in clothing." Junior Shamicka Kendall suggested, "Uniforms might bring up students' grades." The debate raged on with no consensus on the uniform issue.

Whether students suffered sophomore insults or embraced the year as one of growth, sophomore Abby Racster echoed the class sentiment. "People need to look at individuals, not the group as a whole. There are always a few stupid people and they shouldn't categorize the whole group." • Anna Drago, Mike Eaton, Shauna Potter and Lynsey Lunsford





Jason Abel
Jessica Acevedo
Vincent Adnace
Barkat Ahmed
Brandon Aitchison
Brandon Allen
Daniel Allen
Dustin Allen
Leslie Allen

Yolanda Allen
Troy Alston
Kristopher Ambrose
Amanda Anderson
Jonathan Anderson
Cynthia Anelli
Brian Angell
Karen Antio
Jeffrey Armitage

Denis Arnez
Yuis Asin
Julian Askew
Andrea Augustoski
Megan Bailey
Courtney Baker
Jeffrey Baker
Roland Balanga
Allison Banks

Margarita Barba
Jason Barnette
Pamela Barr
Michael Barrett
Johanna Barron
Neeah Basnight
Richard Battle
Lauren Bayliss
Kimberly Beavers

Latoya Beavers
Lawrence Bedeau, Jr.
Cynthia Bennett
Stephanie Bernard
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Todd Betteker
Alyse Bixon
Ricardo Blondet
Jomaine Blount

Michelle Boatwright
Jennifer Bock
Ryan Boese
Tracey Boland
Jeremy Booth
Edward Bosch
Janet Bostick
David Bowes, Jr.
Bethany Brackett

Dante Bradford
Kate Bradford
Latoya Bradley
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Ana Bravo
Erin Breeden
Barry Brewton
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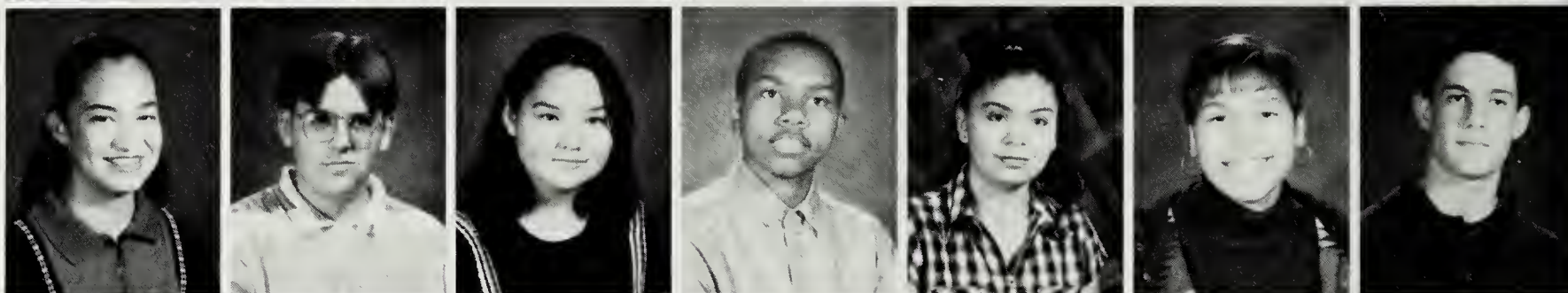
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Jonathan Burke
Patrick Burke



Jessica Bush
Amanda Bushner
Caroline Byrd
Sean Cagney
Roxmary Camacho
Brandy Cameron
Alberto Campos



Zhenya Candler
Clinton Canyon
Shelly Caoili
Anthony Carr
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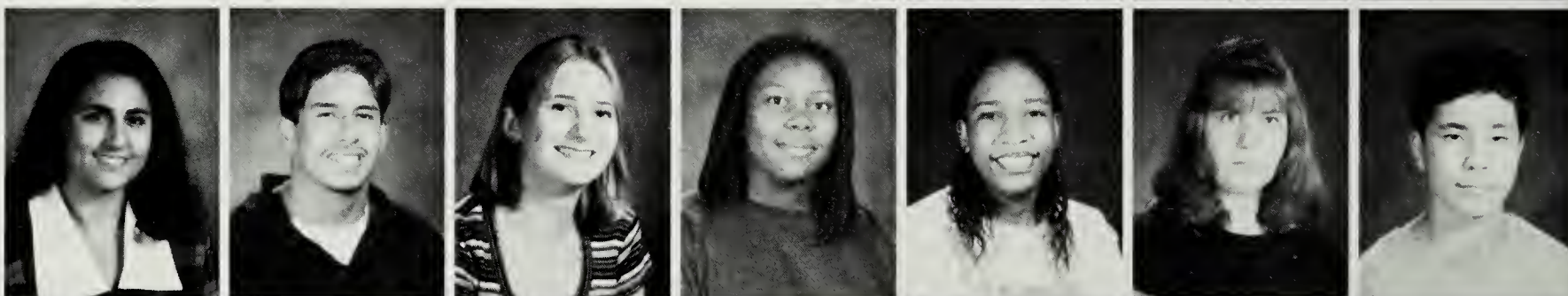
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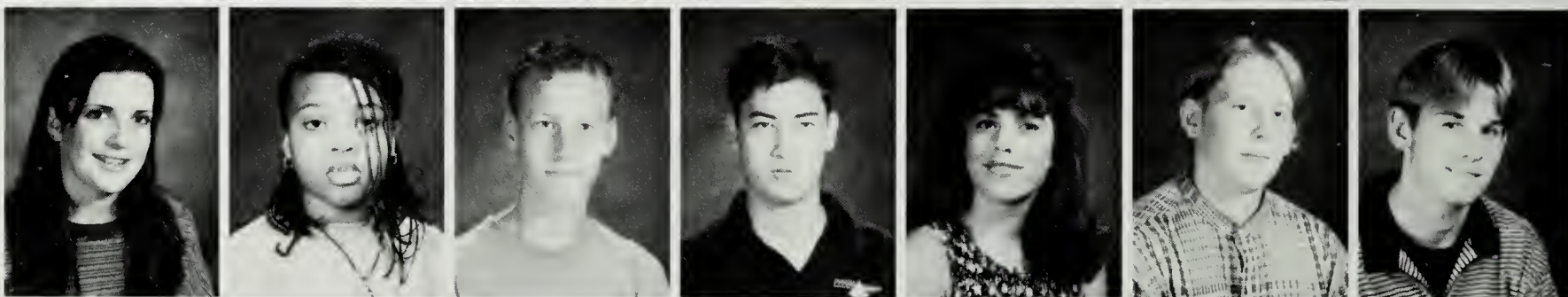
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John Connolly



Kirsten Coons
Ebony Cooper
Michael Coppersmith
Matthew Cornwell
Nicole Cozza
Richard Crosby
Mark Crowder



Brandon Cyphers
Jose Da Silva
Katie Dallek
John Daniels
Nana Dankwah
Isaac Davis
Stephanie Davis





Vic Davis
David Day
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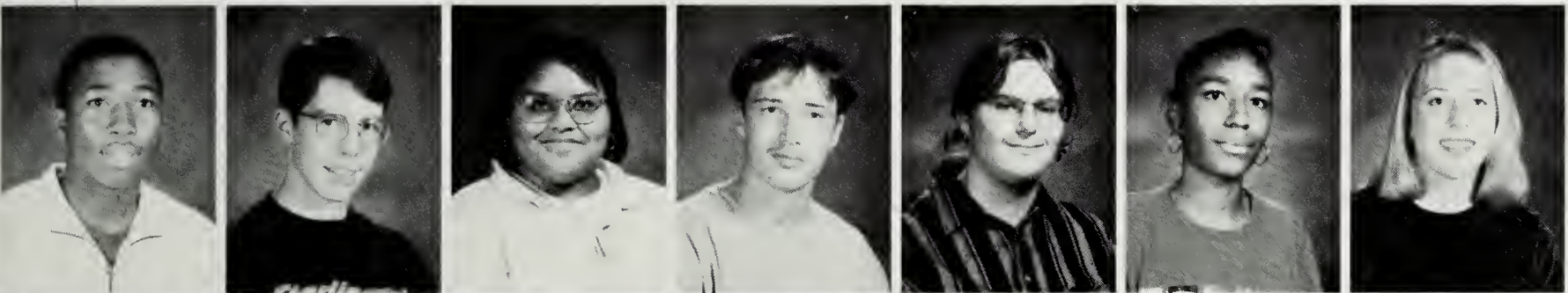
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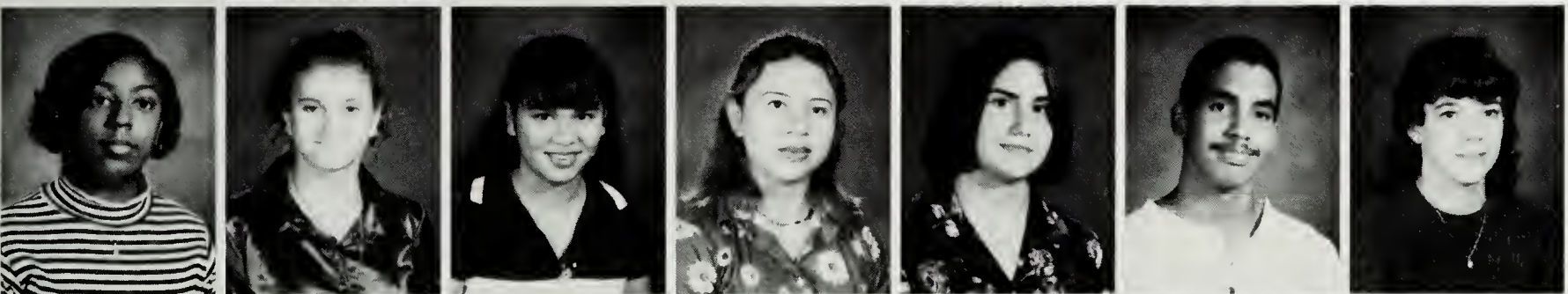
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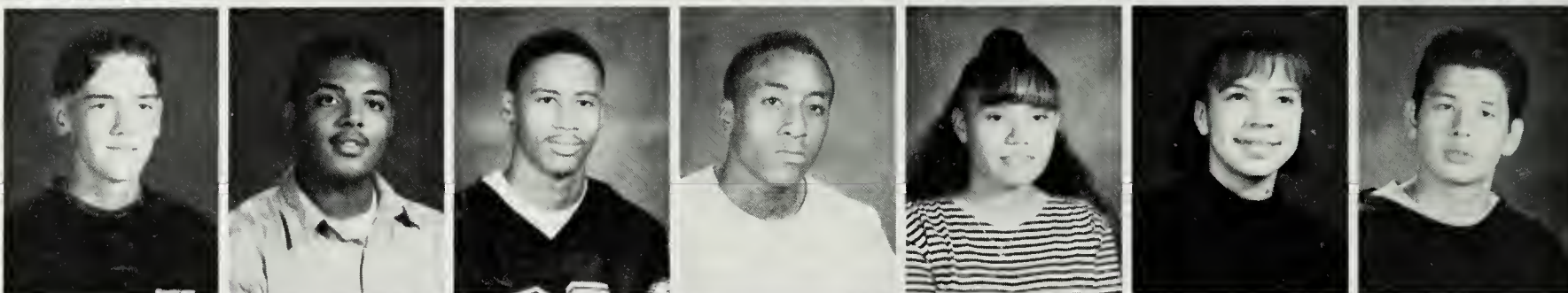


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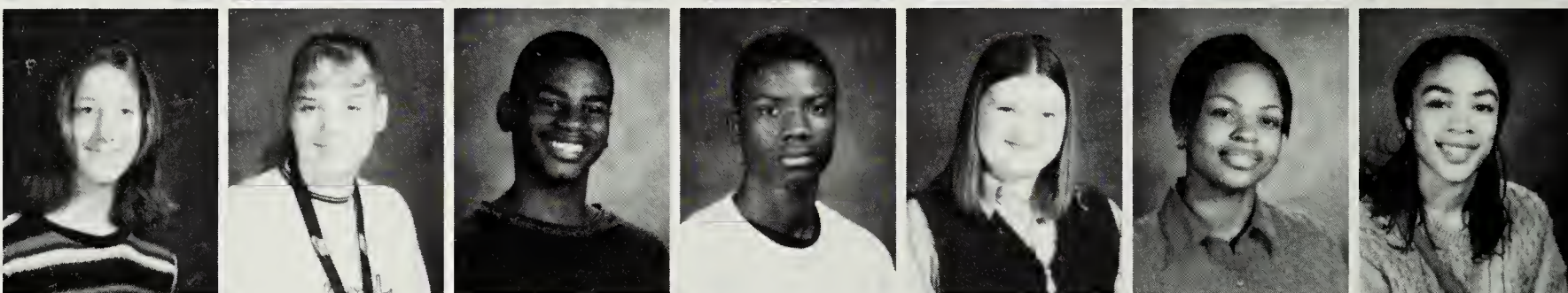
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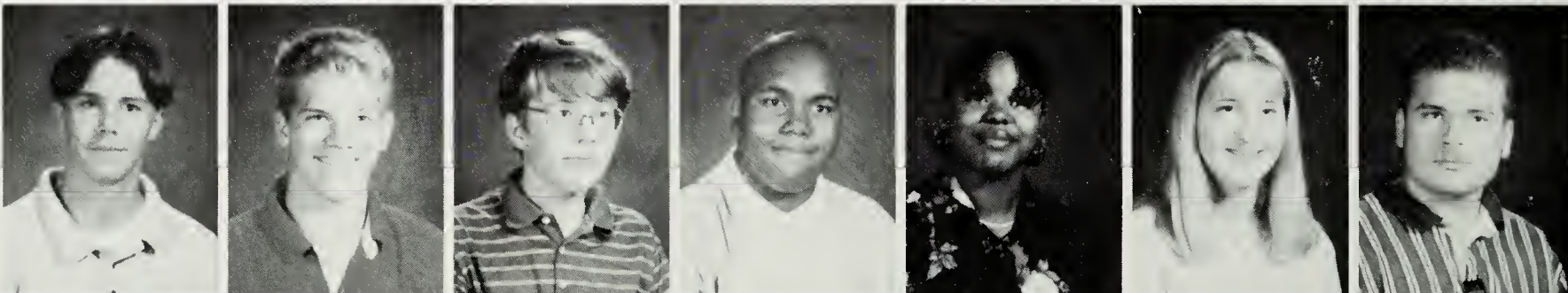
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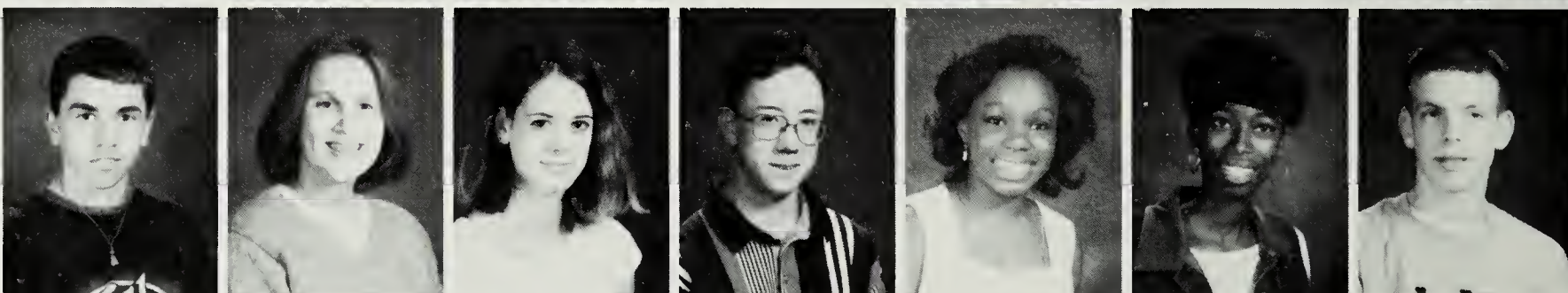
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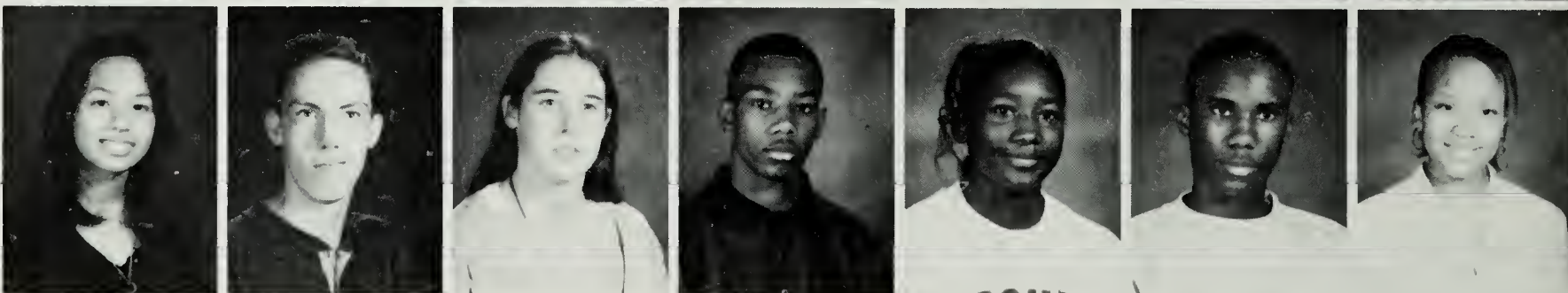
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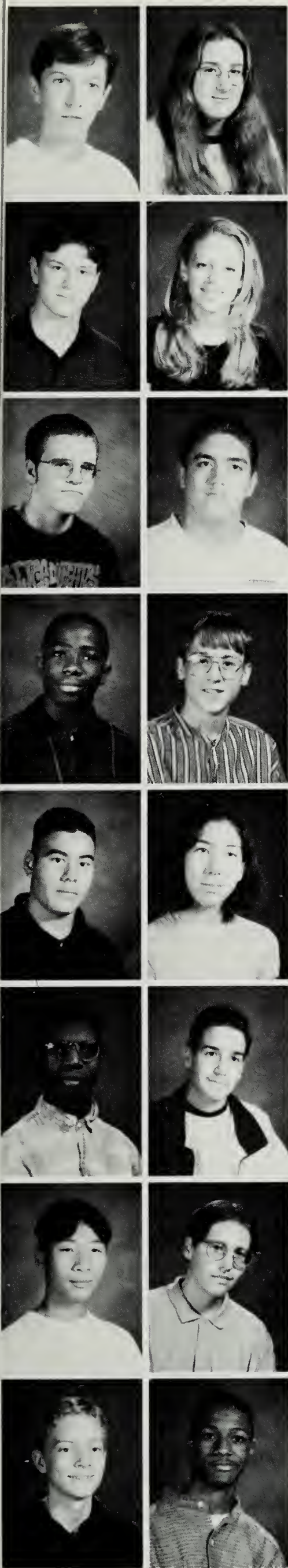


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 Joseph Hunter
 Joshua Hunter
 Dan Huynh
 Mark Ingram



Hayley Intharayae
 Shaun Irvin
 Christine Jackson
 Derrick Jackson
 Gloria Jackson
 Ronald Jackson
 Yasmin Jackson
 Matthew Jacobson
 Satish James





Pushing the Envelope, Popping the Clutch

Introductions to driving meant only one thing: independence. Off of the cheesewagon and into that first car, students pulled up to the green light.

It mattered not whether one was tooling around in a 1997 Mustang GT or had to borrow mom's 1984 Taurus station wagon, as long as the car ran, so did students.

Sophomore Chrissy Richardson said, "Driving gives me a new sense of independence. I do not have to rely on my parents and others for rides."

As parents handed over their keys, young sophomores had the time of their lives. Being out there on their own meant the freedom to move up the social scale.

Those people who were still counting down the days until they reached their sixteenth birthday grew tired of asking others for transportation.

Sophomore Brittany Purdham said, "I'm tired of mooching rides from my friends. I can't wait until I can drive myself."

Everyone agreed that driving was the highlight of a sophomore's year. Sophomores took a huge leap from the passenger seat into the driver's seat right behind the wheel. •Michelle Dorer



Sophomores Chrissy Richardson and Sarah Clendaniel experience the excitement of being out on their own and driving by themselves. Since they were not riding the bus, they chose to make some stops on the way home.



Happy to spend time together afterschool, friends decided who was riding with whom. From left to right, Alexandra Lambert, Linnea Hiltman, Erin Lally, Vanessa Masse pose behind Terri O'Grince, Kelly Packard and Emily Ostrander. This bunch rode home together in Emily's van.

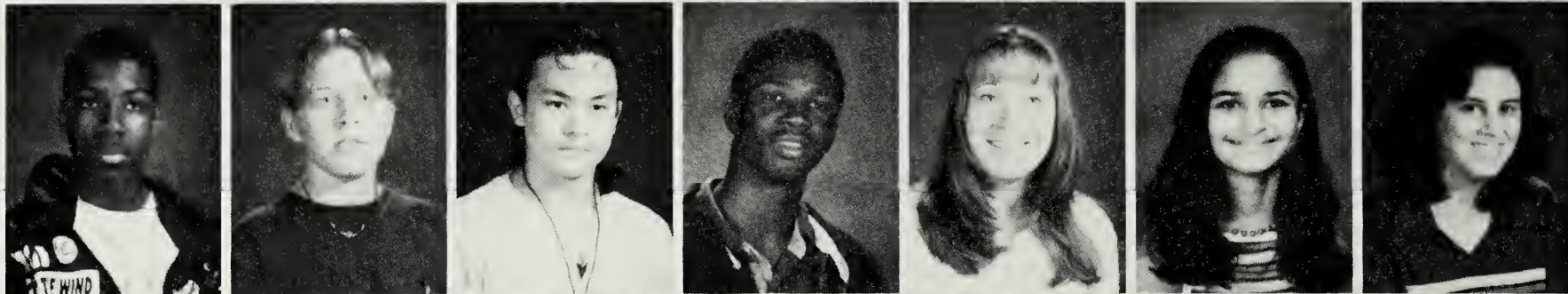
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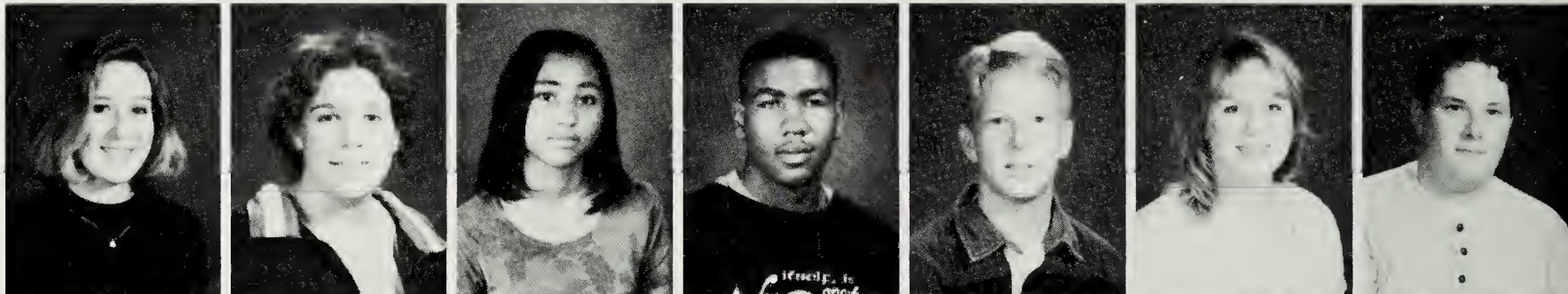
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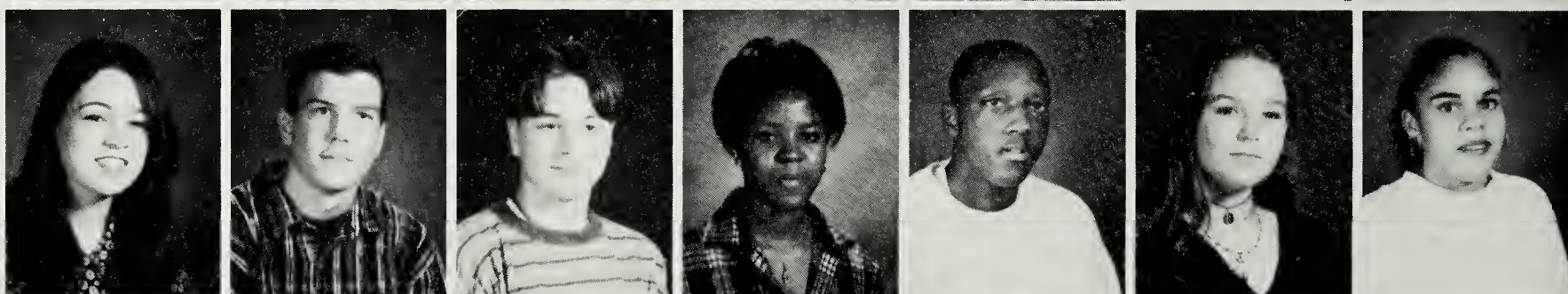
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 Kwan Kim



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 Martha Kneebone
 Bryan Knepper



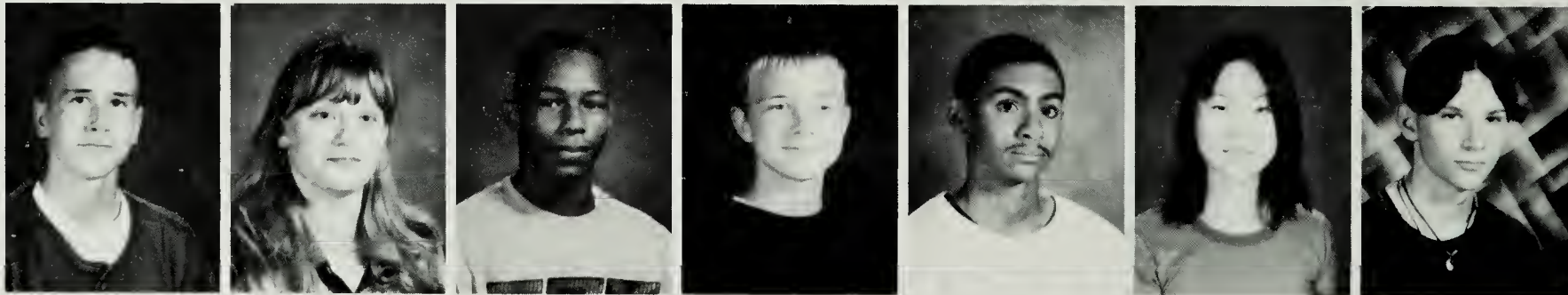
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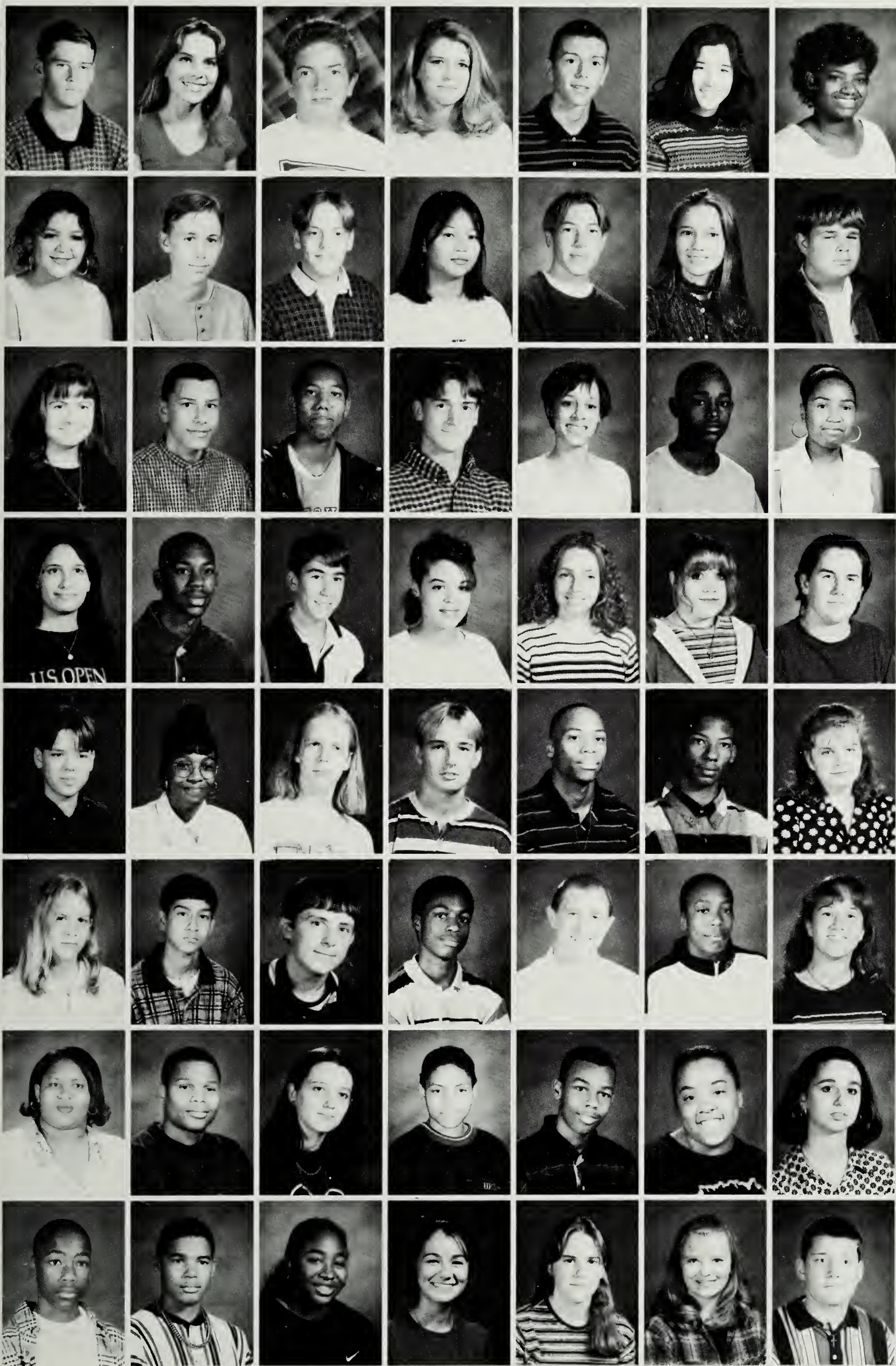


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 Richard Law
 Jason Lawrie



Dustin Lawson
 Amy Lawter
 William Leake
 Brian Leatham
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 Min Lee
 Robert Lee





Ryan Lee
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Joshua Levine
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Justin Liming
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Derek Lynn

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Tamara Mayo
Leah McBride
Pamela McCauley
Gregory McChain

Timothy McCleerey
Lakeisah McCray
Joseph McDavid
Chris McKenzie
Kellen McKinney
Julius McMillon
Maria Mellor

Michelle Mergl
Anthony Mesias
Ray Messenger
Jason Middleton
Zachary Milam
Andrew Miles
Amanda Miller

Takashian Miller
Ephraim Milton
Jillian Monroe
Heather Moore
Michael Moore
Nikeshia Moore
Cara Morgan

Frankie Morgan
Douglas Morris
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Rachel Moseley
Amanda Mosser
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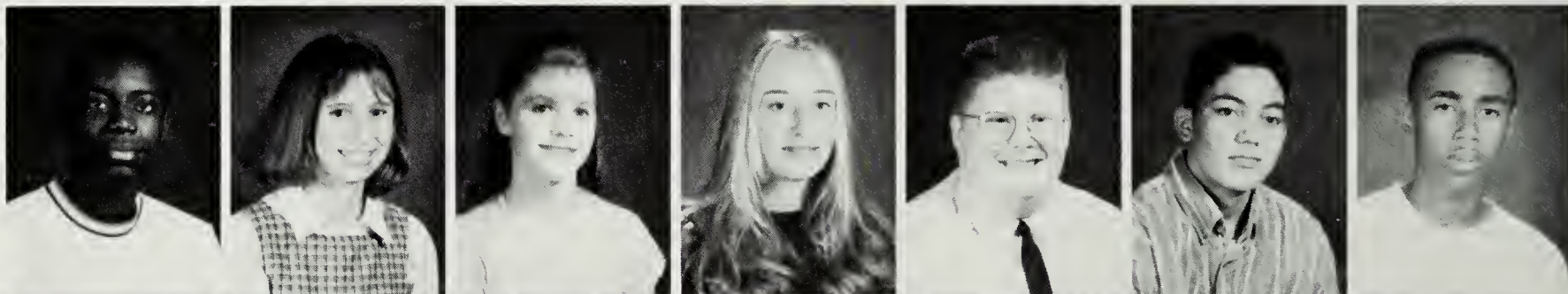
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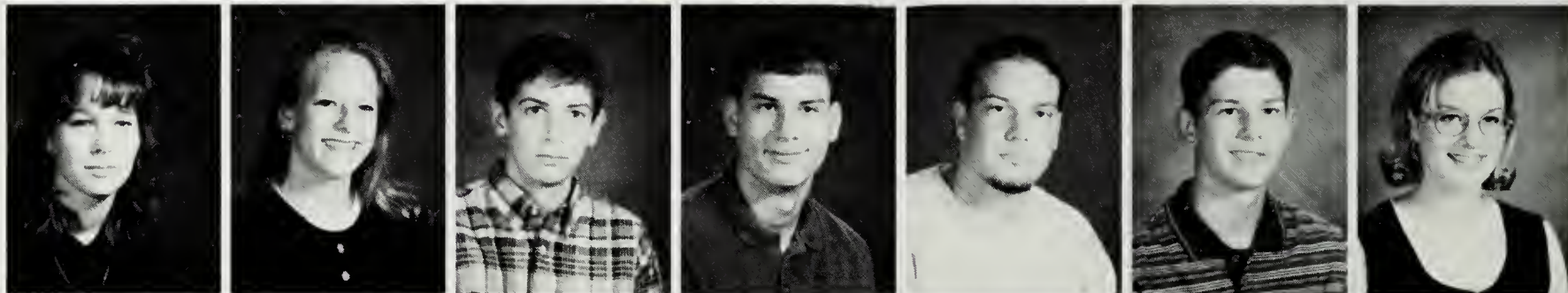
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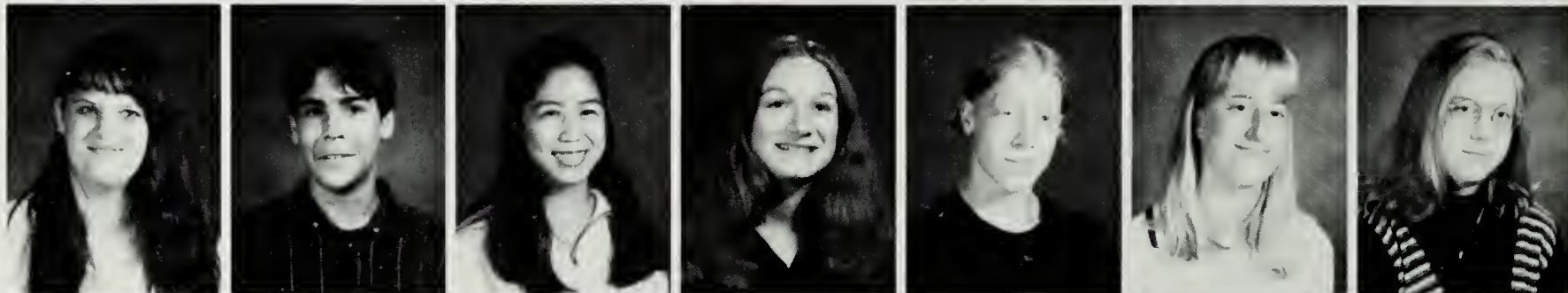
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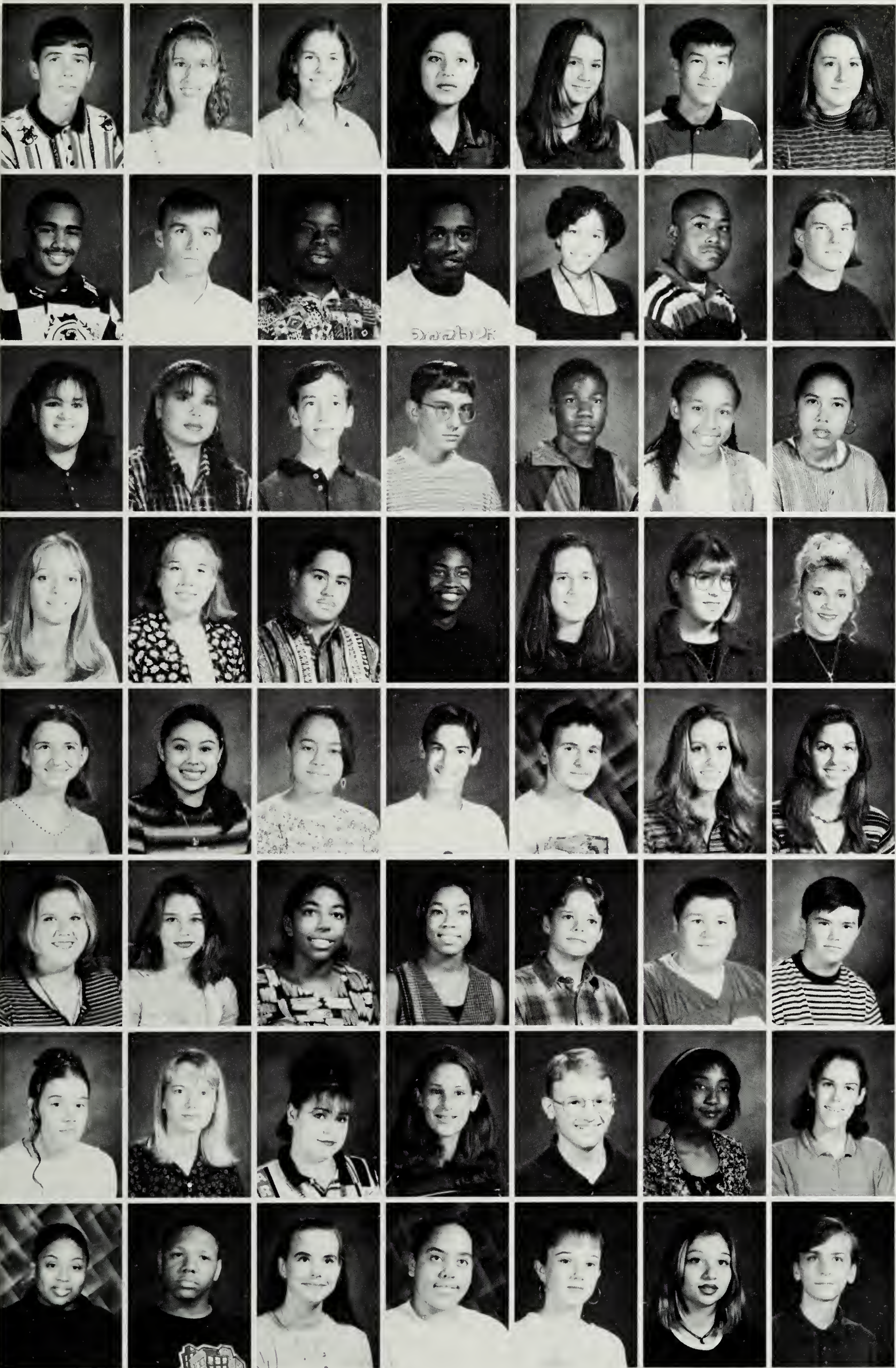


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Rebecca Puritt



James Pruna
Megan Pugh
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Abigail Racster
Shanelle Rainey
Venessa Ramirez





Jeremy Ramsey
Linda Rastelli
Jamie Reichenbach
Judith Reyes
Anna Reynolds
Jason Reynolds
Christina Richardson

Kermit Richardson
John Ritchie
Lavar Robinson
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Danielle Rodriguez
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Lauren Rowe
Sherell Rowe

Monica Ruane
Sarah Rush
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Rafael Russell
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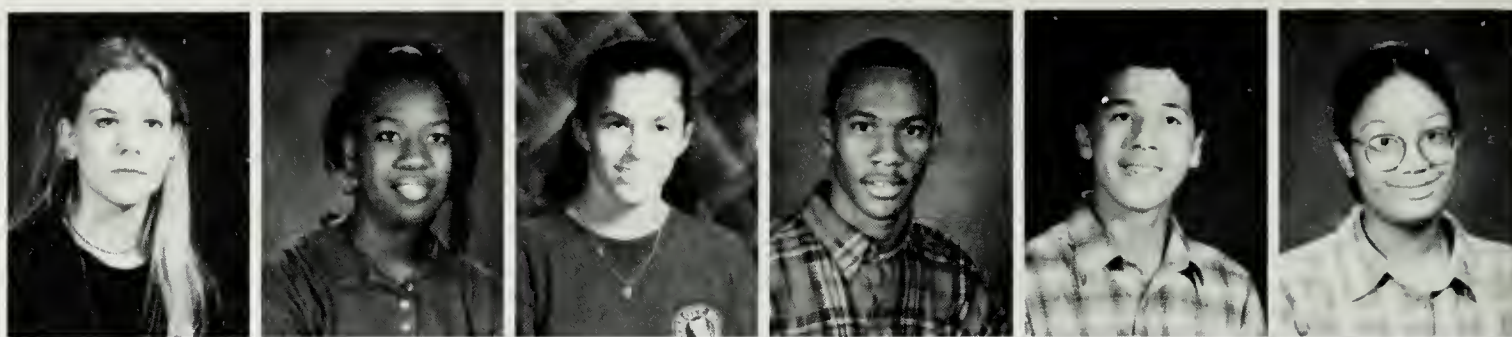
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Erin Smith

Eugena Smith
Justin Smith
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Tiffany Sneath
Sarah Snow
Helen Sokos
Kristoffer Sorensen

Roberto Soto
Kimberly Southerland
Stephanie Spears
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Ronald Standifer
Ian Stewart
Zakia Stewart

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Jennifer Stocker
Laura Stockman
Brian Stokes
Scott Stoneburner
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Jennifer Styles



Curtis Swift
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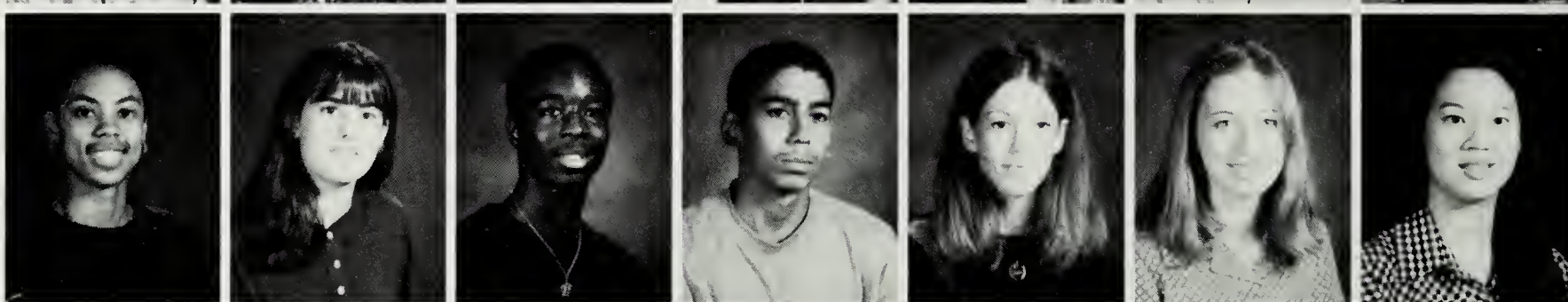
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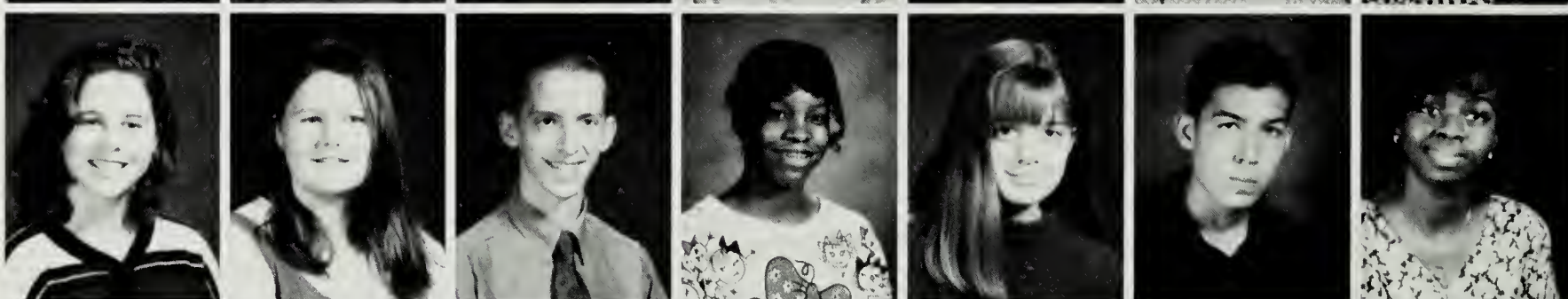
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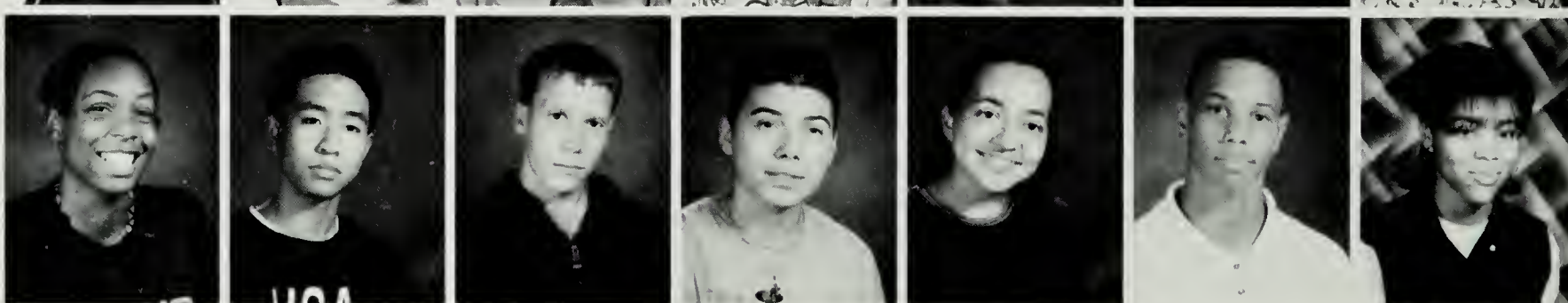
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Amanda Tuttle
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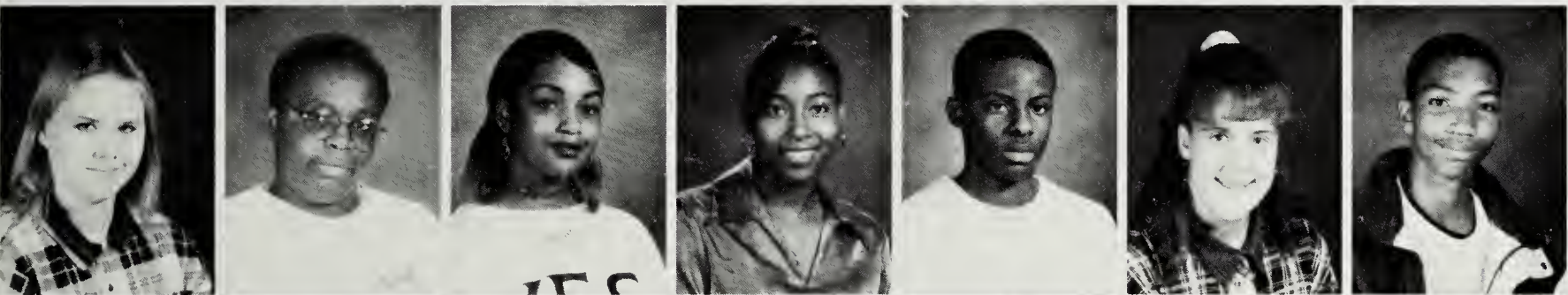
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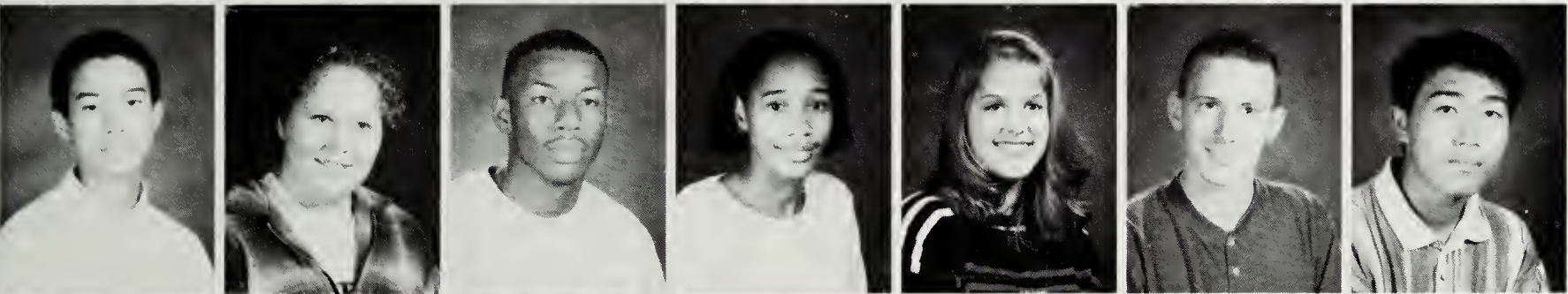
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Dana Wilder
Alecia Williams



Julia Williams
Shyree Williams
Tiffany Williams
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Troy Williams
Catrina Wilmoth
Emile Wilson



Edward Wilson
Stormie Windsor
Dennis Winn
Rori Wright
Sarah Wyatt
Geoff Yaroschak
Philip Yoon



Tynisha Youmans
Darrin Young
Darryl Young
Jennifer Young
Todd Youngs
Michele Zander
Nick Zimbardo



Ruth Zirkle



Freshmen

"Give us any chance we'll take it. Give us any rule we'll break it. We're going to make our dreams come true..." - *Laverne and Shirley*

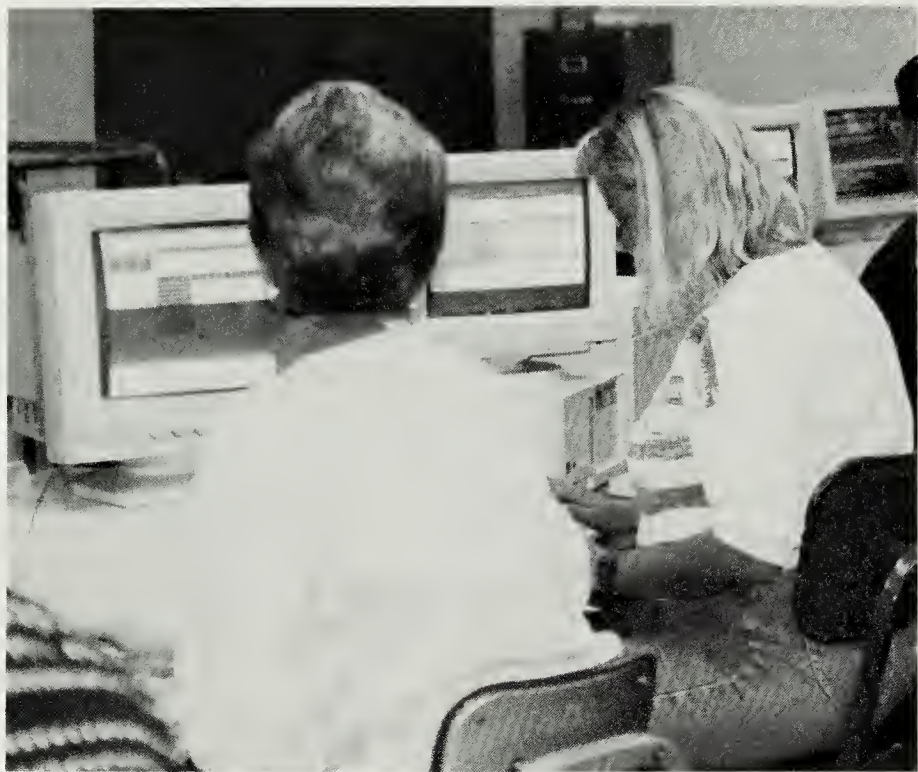
The Class of 2000 faced many new challenges as they entered high school. Accepting various responsibilities was part of this dramatic change. While some dreaded the next four years, others looked at their high school careers as an opportunity to make friends and memories that would last a lifetime. As the freshmen attempted to become involved in sports and clubs, they began to feel like a part of student life at Gar-Field. From their first Homecoming to their first loves, these students took many important steps toward maturity. Although they were the youngest class, they were the largest class. With more than 850 students, they learned that strength did indeed come in numbers. Following only the senior class, they came in second in the Homecoming Float competition. During Spirit Week, the Class of 2000 also banded together to show true Indian spirit. Between bell bottoms for 70's Day and pacifiers for Toddler's Day, the freshmen class showed us what they could be. The Class of 2000 adapted quickly to their new school and the responsibilities that came with growing up. By the end of the year, they proved to be true champions.

•Sanjana Khoobchandani

Freshmen cheerleaders, Kristen Brebner, Robyn Lienau, Tamara Williams, Jamie Rudowski, Sohad Anwad, and Jessica George developed a bond as they worked together for a year to perform as a unit.

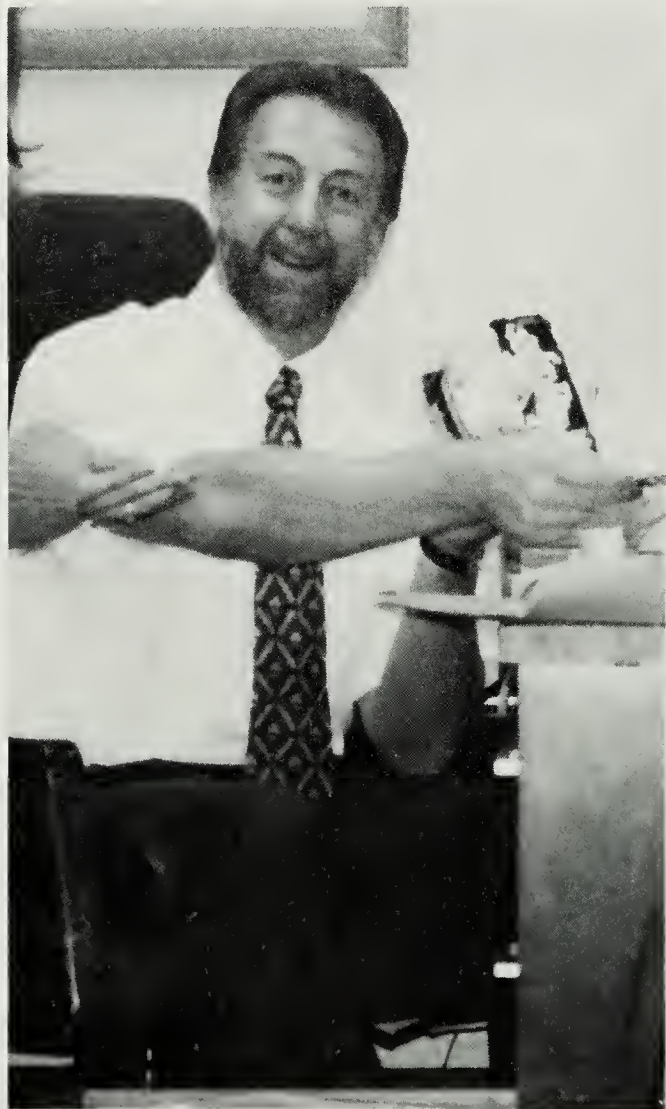


Stashing Away History for the Year 2000



Keeping pace with the latest technology, Mrs. Sandy Morgan and Ms. Della Gordon enter their grades on the computers. The SASI gradebook program was used throughout the county's schools to automate and accelerate the reporting of student achievement each marking period.

In the generous spirit of 1996, Mr. Roger Dallek offers rewards to those deserving students who uphold expectations for a school of champions. A time capsule might include a record of the championships earned by talented Indians throughout the year.



Rising up through the ranks of their high school careers, the freshman class had the distinction of being the graduating class of the year 2000. Ushering in a new millennium and keeping the best of the old, this class would embark on their post high school journeys at an exciting time.

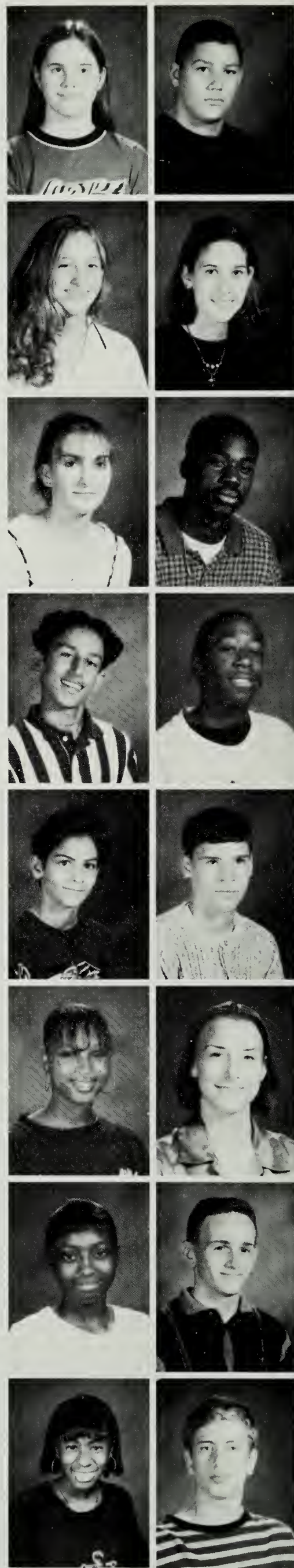
Growing and evolving, the development of each individual left its own legacy. Taking a close look at the priorities of today would surprise us tomorrow. Along these lines, members of the freshmen class were asked what was most important to them. If they were to seal a time capsule to be opened upon their graduation in June of 2000, what would they include?

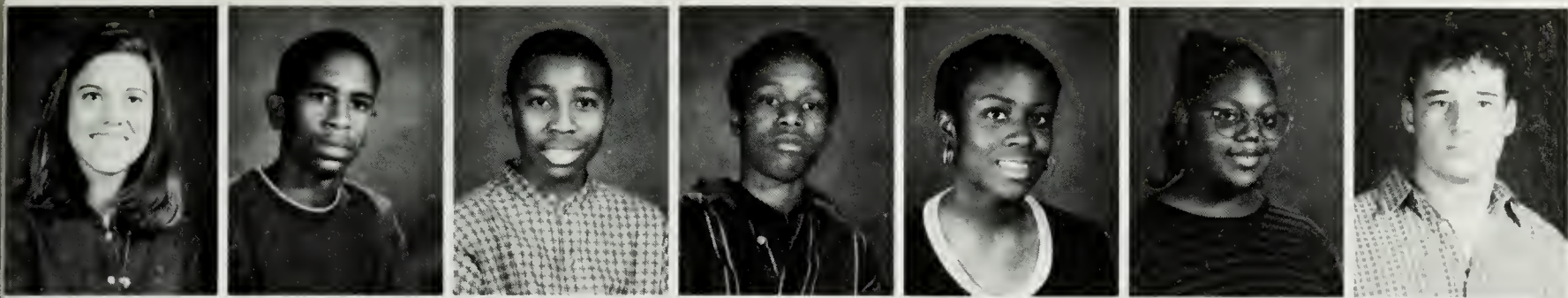
"If I had to leave something memorable in a time capsule to be opened in the year 2000, it would be pictures of my friends and me," said freshman Jessica Lynch.

Among the most popular items included photographs, newspaper articles, music and clothing. Many expressed an interest in seeing how music and fashion would evolve along with them. In order to see and hear how each student would change, some students felt home videos were the best way to save remembrances of themselves. "We can watch the videos, look back and remember how afraid we were as freshmen. We could remember the good times we shared together," said freshman Amanda Amentler.

"I really don't know what I would put in a time capsule, except maybe a thank you for all of the teachers that made this (graduation) possible for me," said freshman Sarita Kendall.

Making the best of the past and putting stock in the future would see these young adults through to prosperous and successful individuals. •Joshua Hamilton, Kelly Smith and Kristen Crabtree

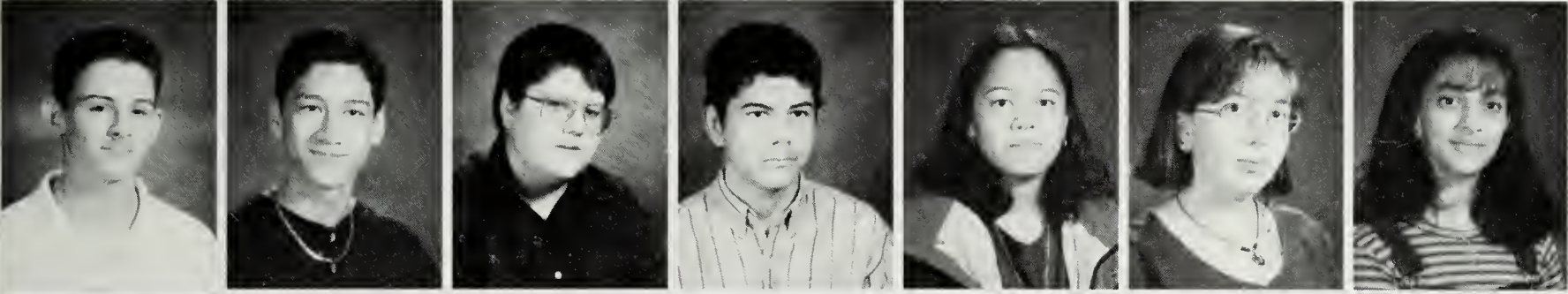




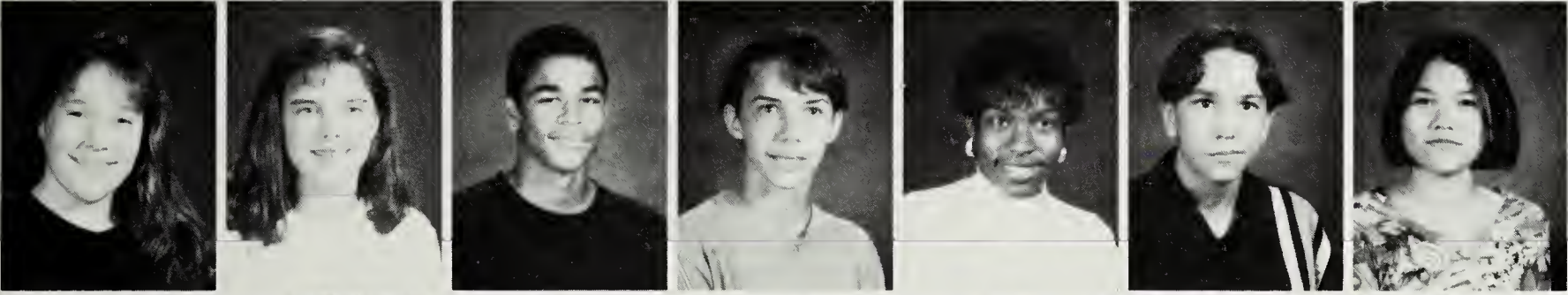
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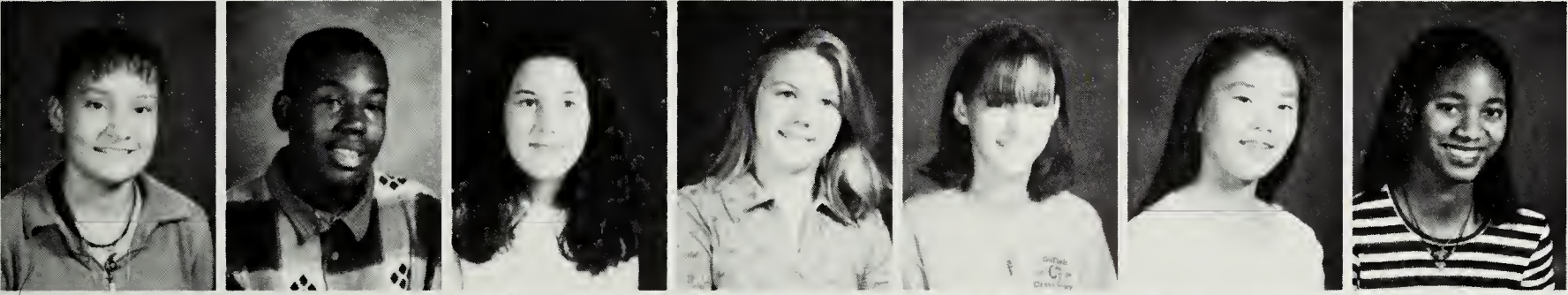
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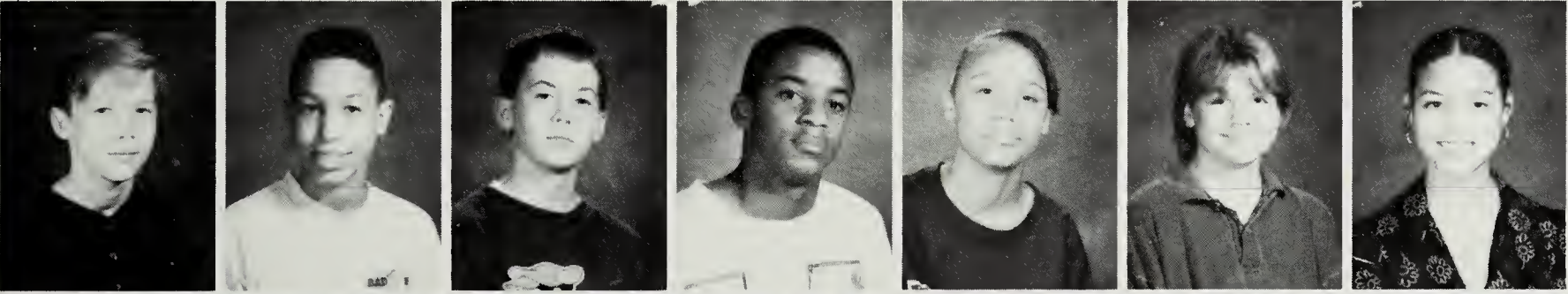
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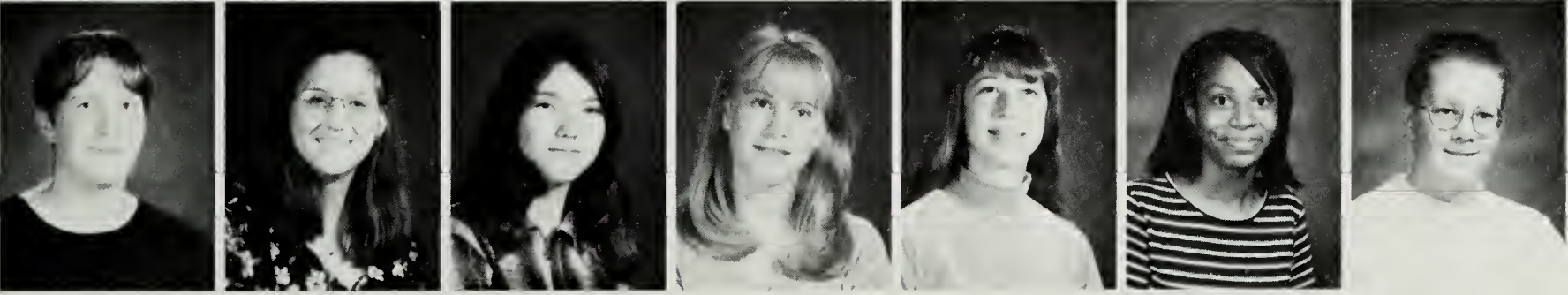
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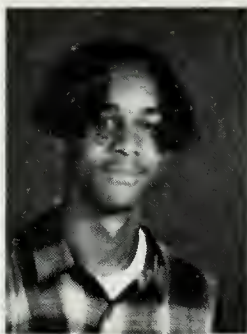
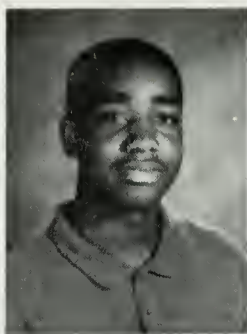


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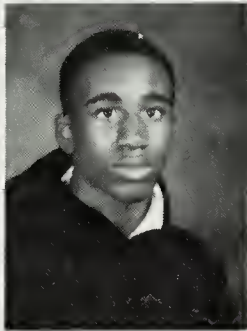
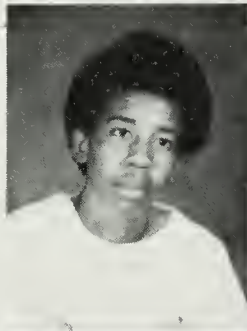


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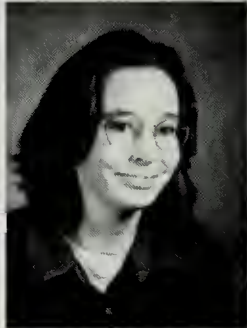
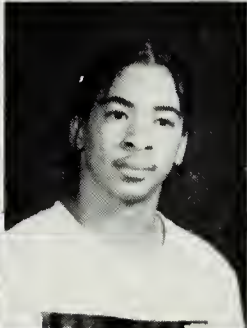
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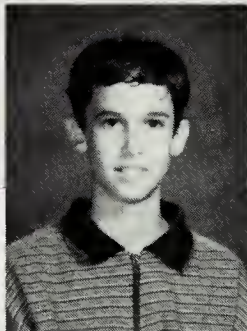
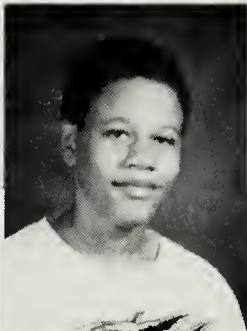
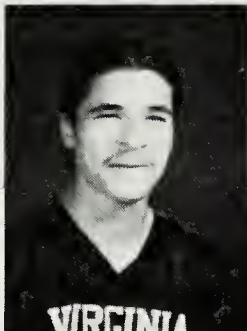
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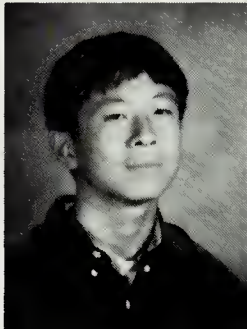
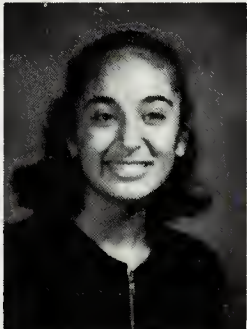
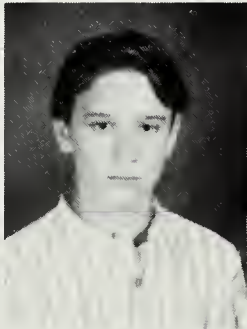
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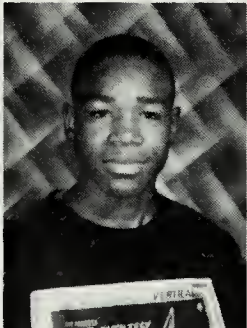
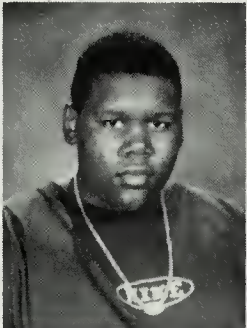
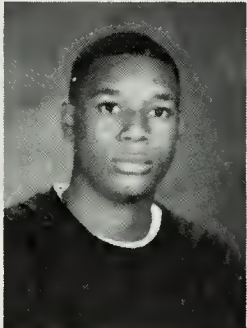
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Johnathan Clear
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Nikeya Clements
Cassie Clifton
Nicole Cloninger
Alexandre Clouser
Jennifer Cahill



Ronnie Coleman
Willie Coleman
Curtis Collins
Marshall Collins
Christina Concepcion
Kami Conklin
Nicole Connolly
Kaleena Conway
Bobby Cook



Paul Cook
Matthew Cope
Samira Copeland
Aaron Copley
Katherine Cornwell
Mathias Covert
April Crane
Benjamin Cross
Michael Crump



Adjusting to New Heights

After a year of running the gauntlet of their first year in high school, the freshmen gleaned knowledge and experience that can be compared only to boot camp.

Emerging no worse for the wear, the class of 2000 has come out of the deal with some useful information to pass down to future generations.

Freshman Katie Peterlin said, "I would tell next year's freshmen that you should not stress about getting lost or being run over by older kids. Everyone gets along and there does not seem to be that big a distinction between grades."

Many other freshmen disagree that there weren't prejudices against them. Being the underdog, the thought of passing the torch on to someone else was the only thought that got them through the year.

Unfortunately, one does not acquire knowledge and experience over night. An individual must first go through a series of epiphanies, regrets, and inevitable changes. The freshmen class was no different. In their first year, most freshmen learned to read the summer reading list and work harder to achieve the goals they set for themselves, while still others only learned never to wear Nike shoes with an Adidas shirt.

Whay can be expected of these rising sophomores in the next year? Freshman Tyleah Lewis said, "To focus more on the values I have for myself and the changes I have experienced in life. I will learn from them instead of trying to go around them." •Nisreen Elhillali



The freshman class started their high school careers with a bang winning the Homecoming float competition. With new experiences and insights, the class of 2000 is planning to reach new heights.



Starting from the bottom of the heap and working their way up to their top, the freshman class is using the newly learned lessons to broaden their perspective. Freshman Nikki Cloninger plans to move to greener pastures beginning with her participation on the freshmen volleyball team.

Entering the Big Leagues



In Mr. Barrett's all-male ninth grade P.E. and Health class, James Rogers works hard to complete his classwork. Rogers tried to get all his work finished so he didn't have to take it home for homework. One of this year's freshmen fears was the stricter teachers and the increase in homework that accompanied high school and a new schedule.

Overcoming her fear of the horse in gym class, freshmen Kira Sims had to overcome many difficulties adjusting to high school. Many freshmen had the courage that it took to make it through their first year of high school.



High school offered freshmen a new sense of maturity and accomplishment. High school meant getting out of bed earlier in the morning, taking more difficult classes and completing quite a bit more work. In a way, it felt like the first day of kindergarten all over again. This year's freshman class came in from four middle schools in the county: Godwin, Beville, Fred Lynn and Woodbridge. This year's freshman class totalled more than 800 students.

Freshman Steward White commented, "All of my friends from middle school and all of the people I knew in higher grades made it easier for me to adjust."

"My friends from the middle school and the people I met who were really nice to me and helped me to get to my classes were just some things that made it easier for me," said freshman Kristine Aventino.

Many freshmen feared that being younger and somewhat smaller than the older students would get them pushed and shoved around. With over 2,500 students and a large campus, one of the biggest fears was getting lost. Freshman Maurice McKoy remarked, "One of my fears was if I would be able to make it in high school."

Freshman Maybelle Siervo said, "My biggest fear was the harder classes, not to mention whether or not I could get up earlier in the morning."

Evaluating the freshman year came quickly for some. Nick Pfeifer said, "The only thing I liked about being a freshman was knowing that there were only three more years left of school."

High school offered many opportunities, although there weren't too many advantages about being a freshman. The new experience did offer chances at making new friends, cultivating new interests, and becoming more and more confident in one's ability to adapt. Overall, the freshmen looked forward to being sophomores in the fall of 1997.

•Marissa Manabat





Nicole Cuneo
Antoinette Dabney
Jacqueline Dargan
Arlea Davies
Clayton Davies
William Dawson
Joseph Day
Ryan Degner
Allen Deleon

Timothy Dertzbaugh
Lauren Dewolfe
Lawrence Dibella
Pheadra Discala
Constant Disse
Mark Dornstetter
Tabatha Draper
Christopher Dubois
Clifford Dudley

Katherine Dunn
Victoria Dunn
Jeffery Durr
Caitlin Dzeh
Martin Easley
Brian Eaton
Paul Eaton
Erin Edens
Jack Edwards

Lauren Edwards
Sherif El Nagdy
Anthony Eldridge
Crystal Ellis
Ricky Ellerbe
Bianca Elmore
Danielle Emerson
Satoshi Eto
Daniel Evans

Robert Evans
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Scott Fertsch
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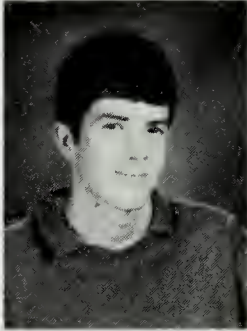
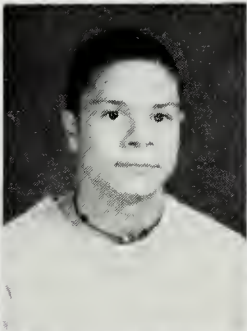
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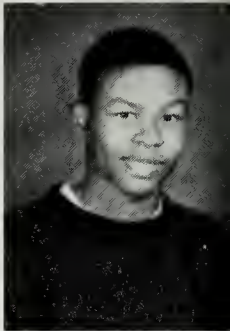
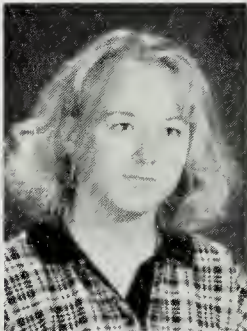
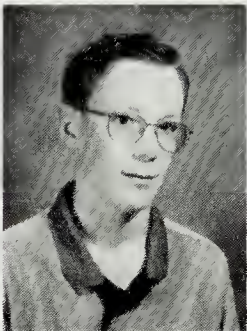
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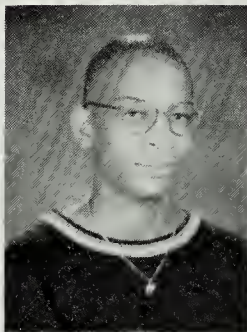
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Sarah Hall



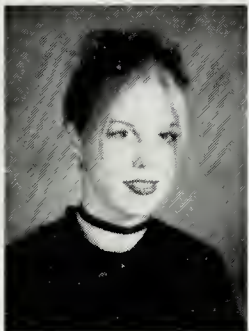
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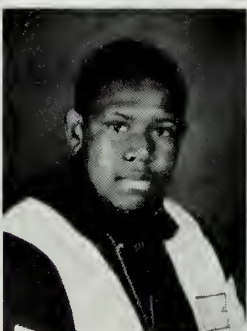
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Fatma Hocaoglu



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Theresa Holston
Natalie Horrocks
Marc Howes
Tha Huynh
Lani Idle
Krystal Irvin



Joaquin Jackson
Shamique Jackson
Melinda Jacobs
Jason Jaghori
Brandin James
Kendra James
Simran James
Nathan Jaynes
Byron Jenkins



Greetings from the Bus Tunnel

Getting up in the morning to go to school was difficult and having to catch the bus didn't make it any easier. Like most underclassmen, the freshmen without older siblings or a willing parent had to hitch a ride on the school bus as their only means of transportation.

"Before high school, taking the bus wasn't so bad, but in high school, it just isn't cool," stated Peter Choe.

Too young to get their licenses, the freshmen must wake up early to walk to the bus stop waiting until the rumble of the massive engine could be heard in the distance. Despite cold weather or rain, the misery lasted until better transportation could be found.

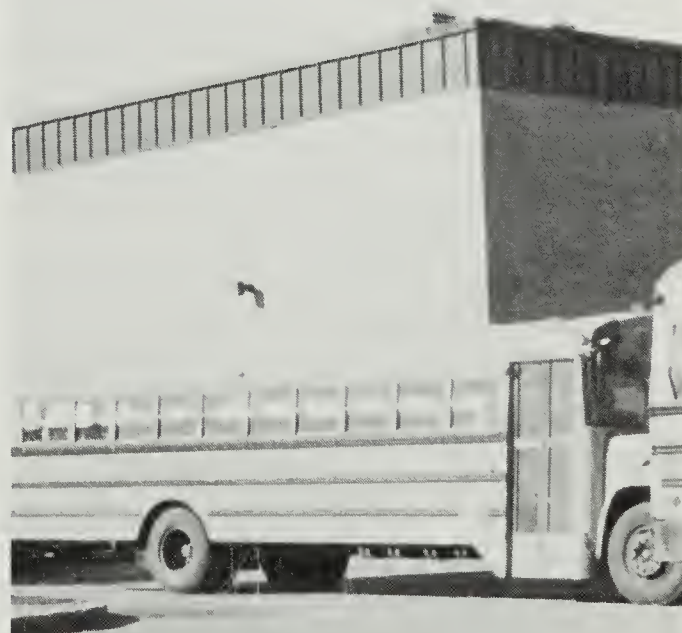
According to freshmen Chris Glycer, "The bus is always crowded and it goes so slow. Sometimes you even have to sit three to a seat."

As the freshmen anticipate earning their driver's licenses, they faced the fact that one must pay his dues before obtaining the privilege of getting a license. •Nikko

Nasca

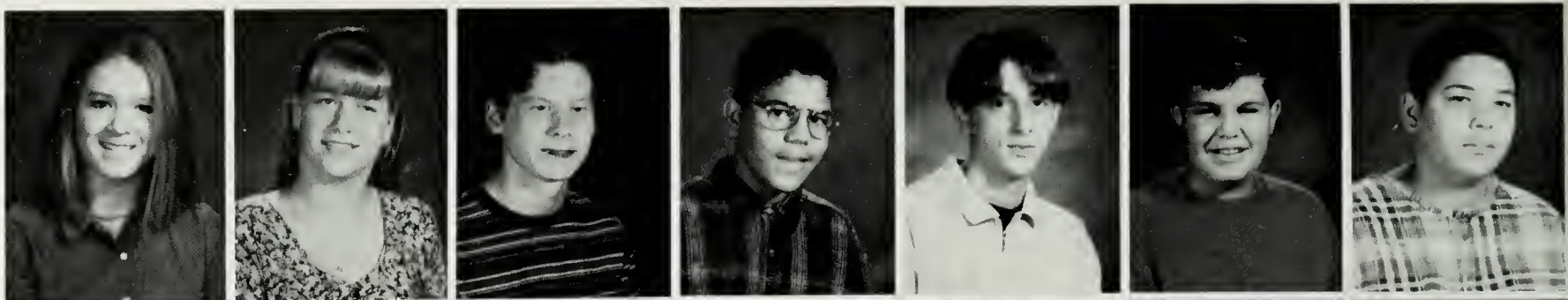


The buses are ready to depart after a multitude of underclassmen descend on them. At the dismissal bell, chaos erupts and the crowds push to get to the proper buses before they pull out for their destinations.



Through the bus tunnel and wrapped around the school, the massive fleet of school buses carries thousands of students to and from school each day. Under different circumstances, having someone pick you up from in front of your house and driving you to and from one's destination might not be such a terrible thing. Don't people in Hollywood pay good money for this service?

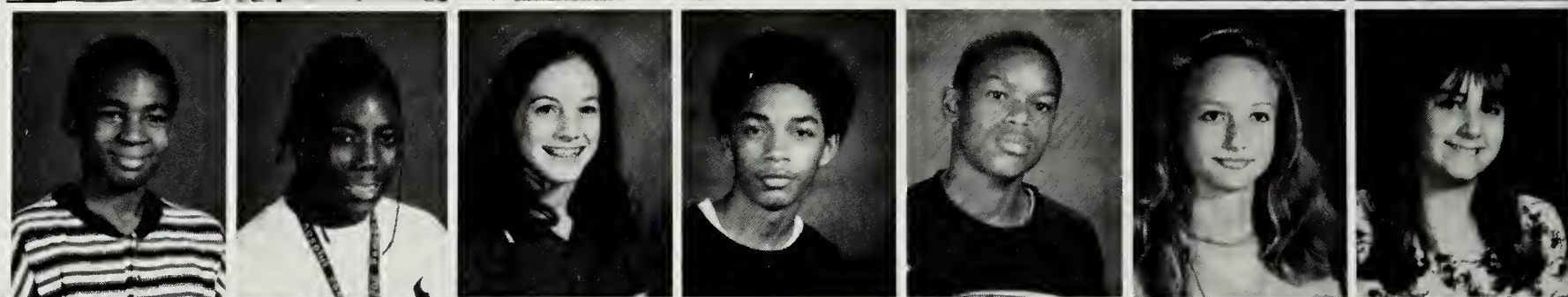
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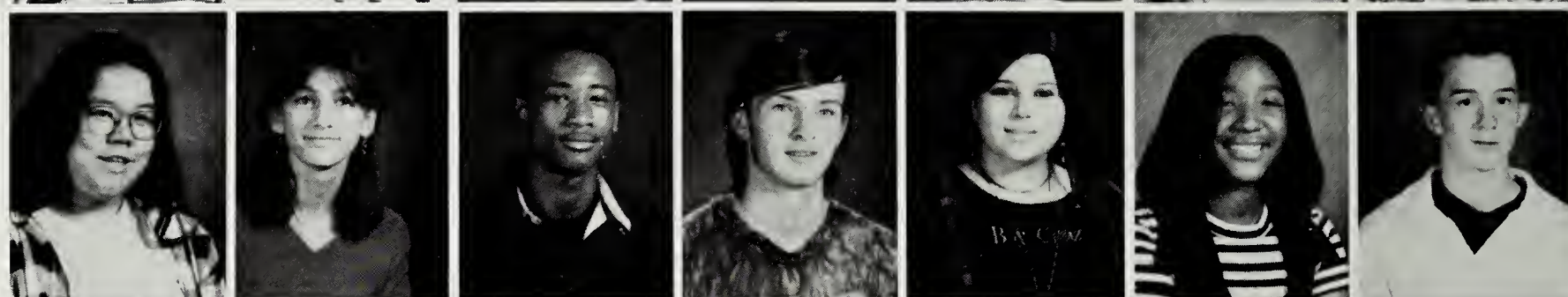
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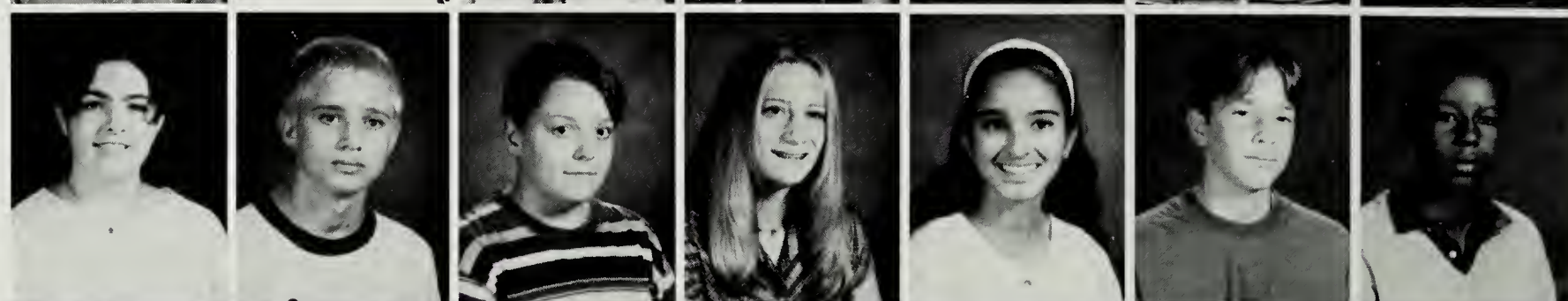
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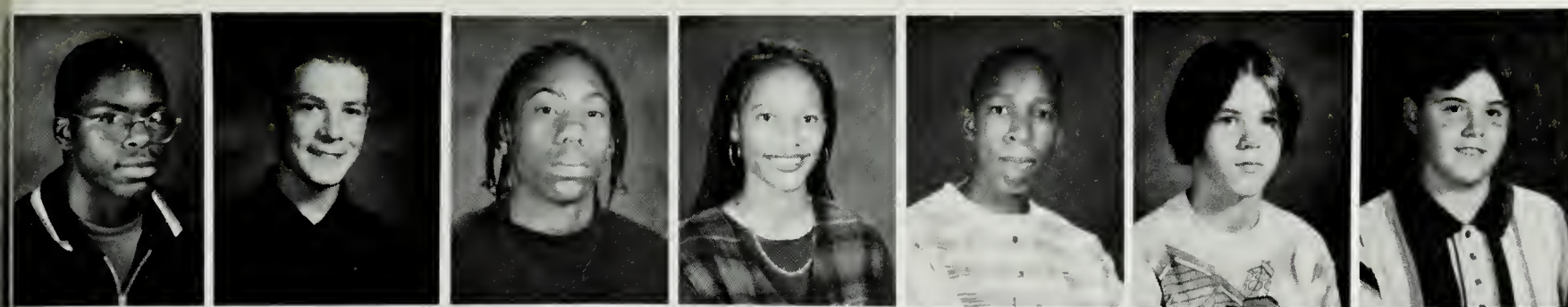


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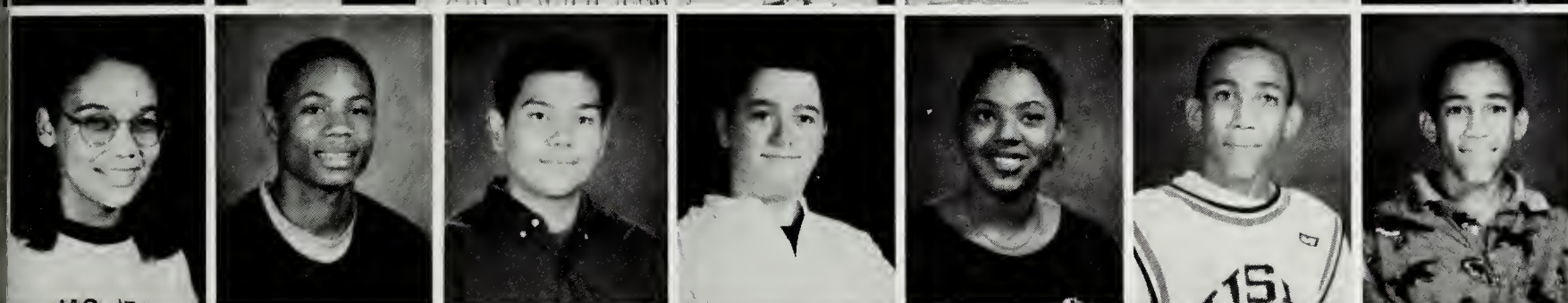
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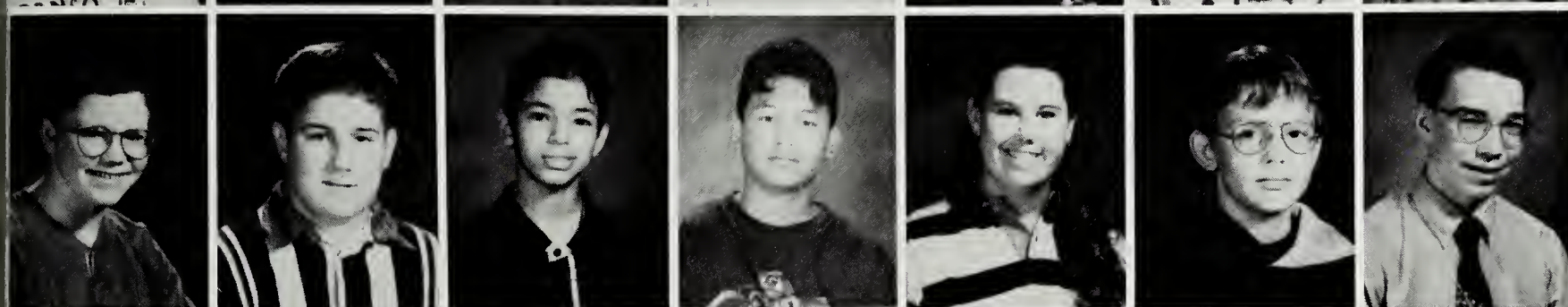
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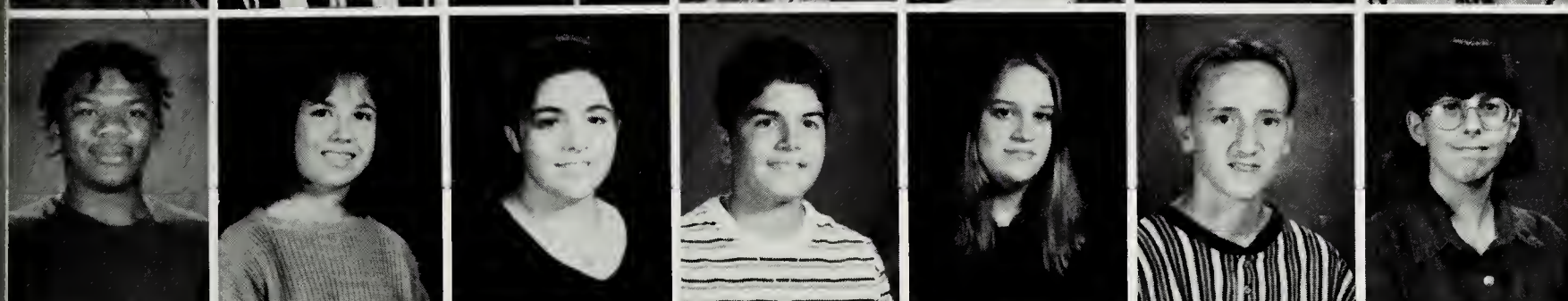
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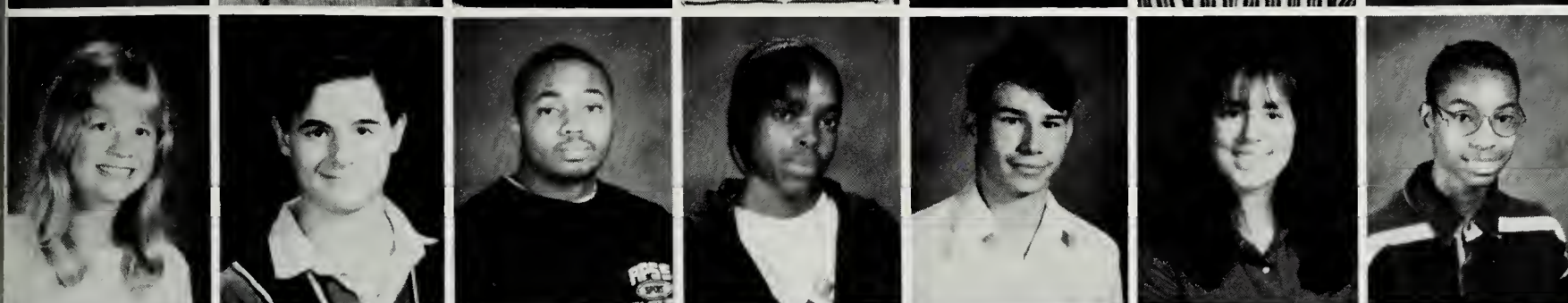
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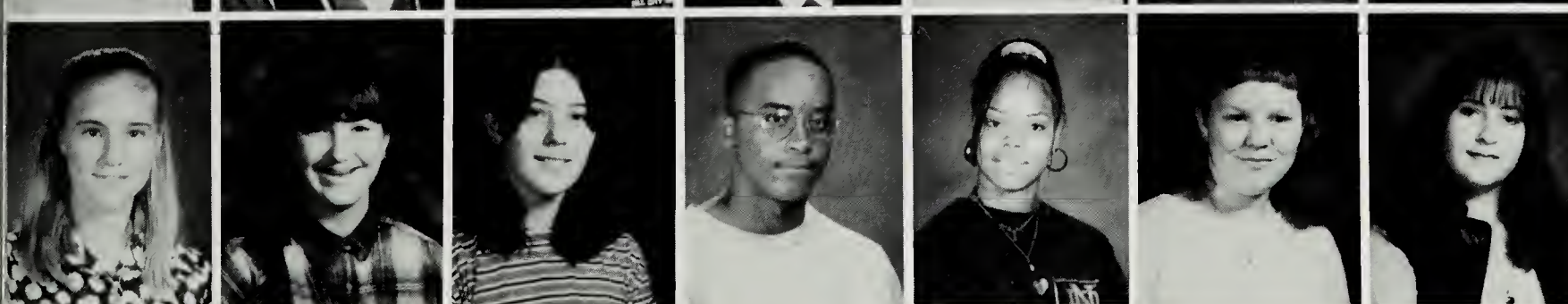
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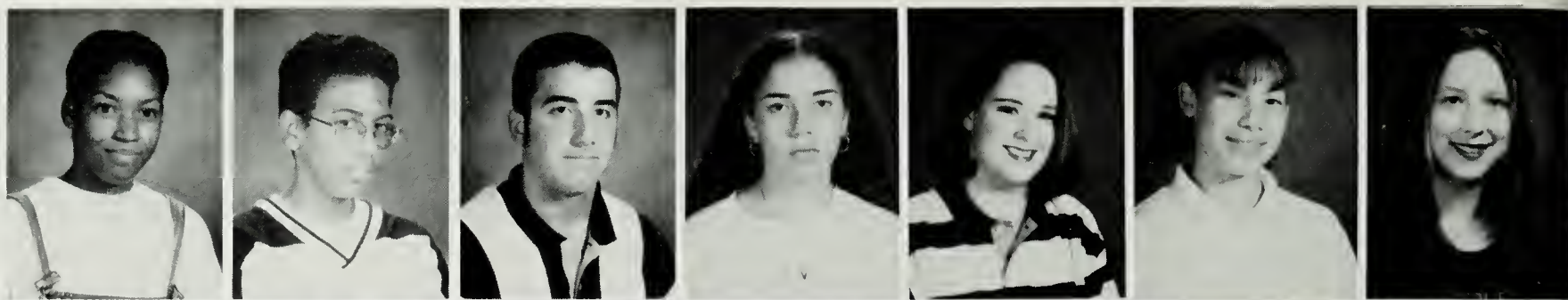


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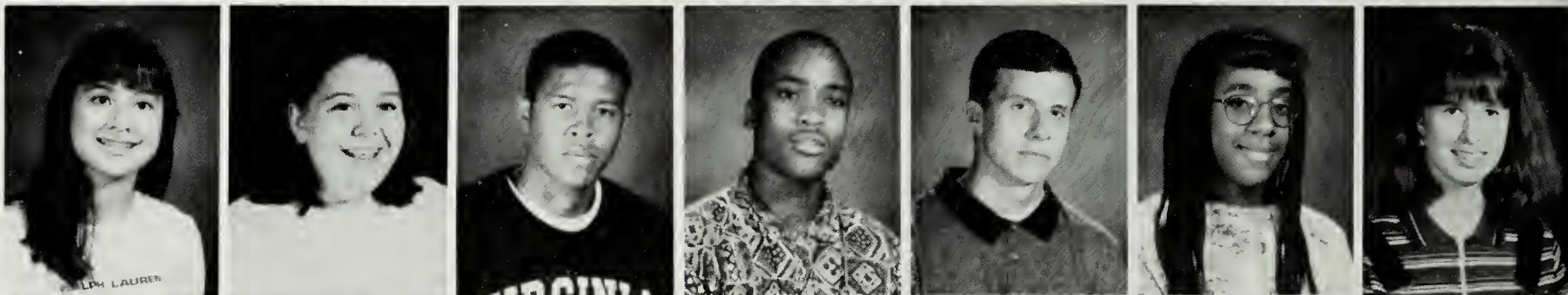
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Shaun Ostendorf



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William Parrish
Chez Parson
Takeda Parker
Sarah Payne
Mahir Pearson



Angela Pelino
Diana Peloquin
Billy Perkins
Prince Perkins
Philip Perry
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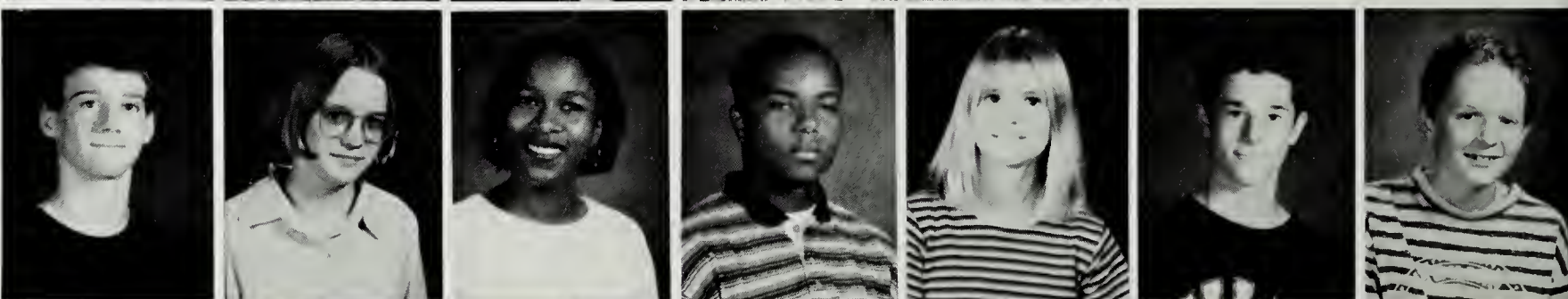
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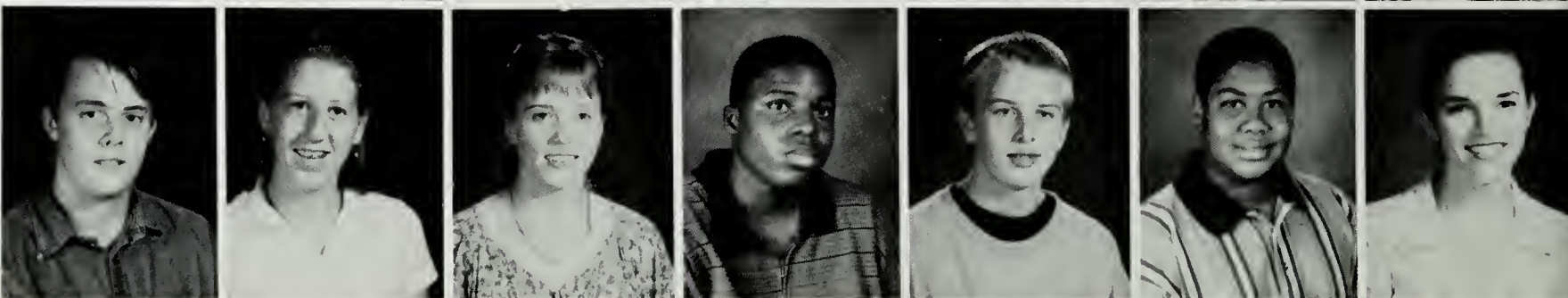
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Brian Randolph
Jessica Raskin
Anthony Rastelli
Robert Rastelli



Michael Reddy
Michelle Reniere
Ann Rhoades
Lamont Rhodes
Todd Rice
Gary Richards
Melissa Richards





David Richitt
Christopher Riley
Margaret Rios
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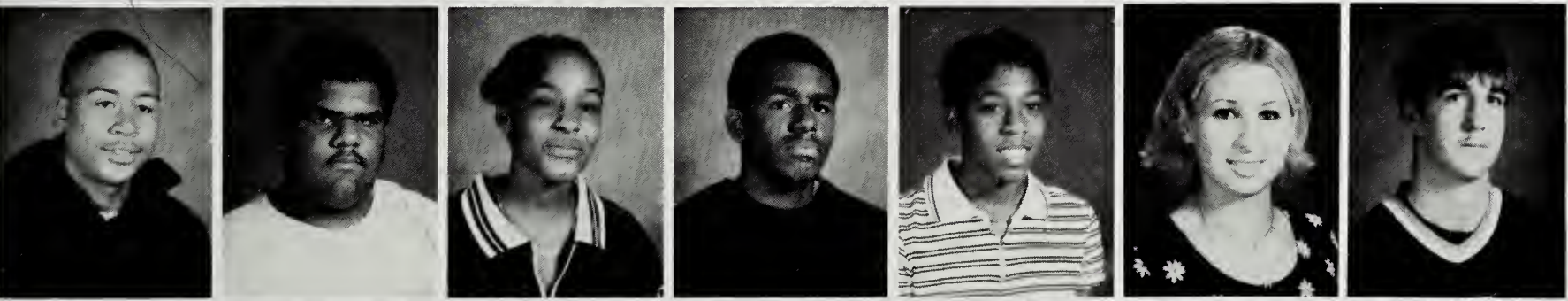
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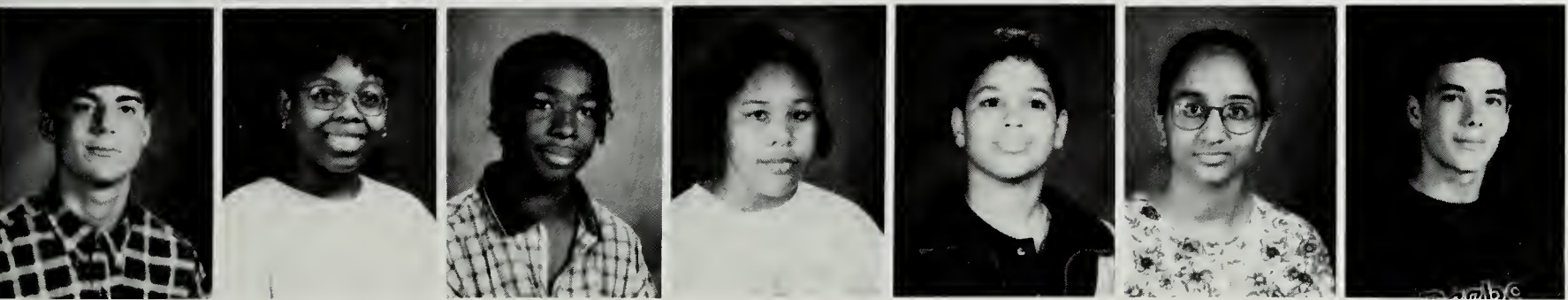
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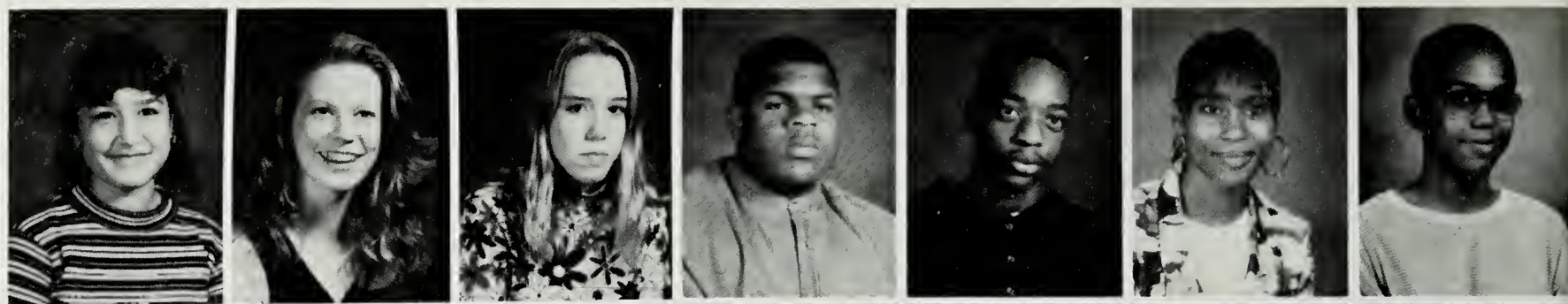


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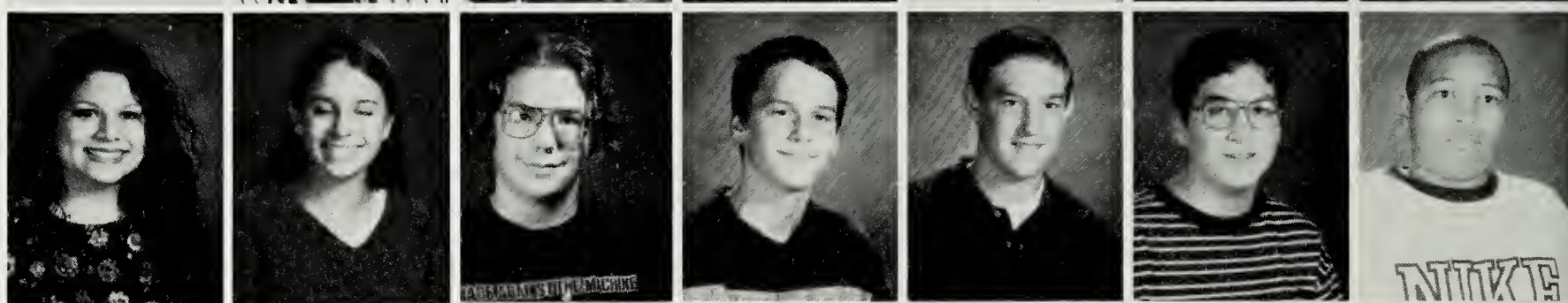
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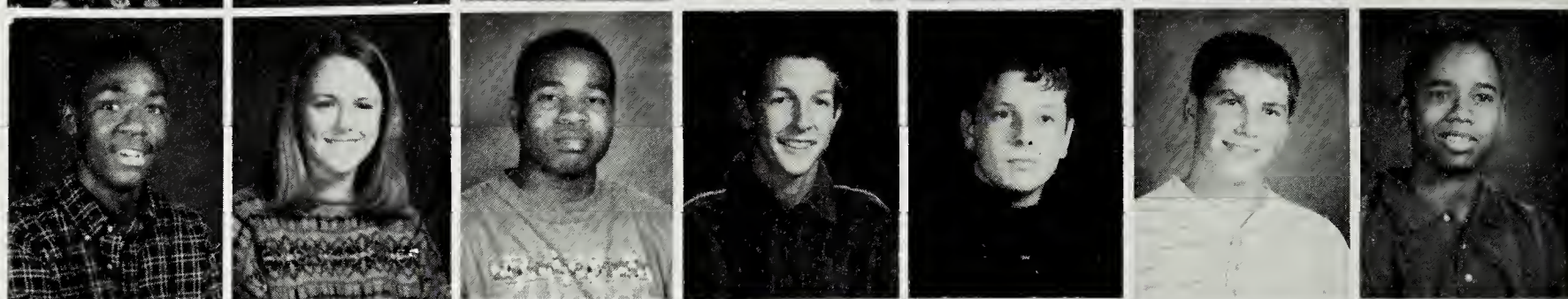
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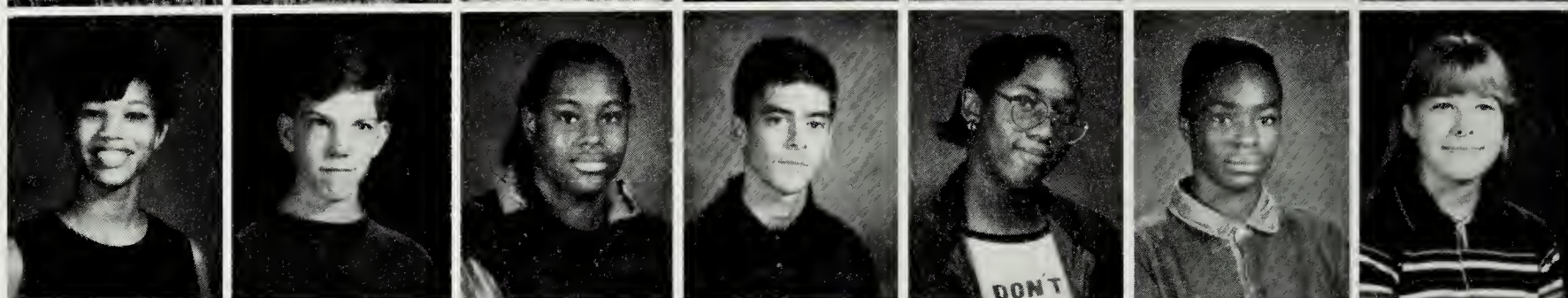
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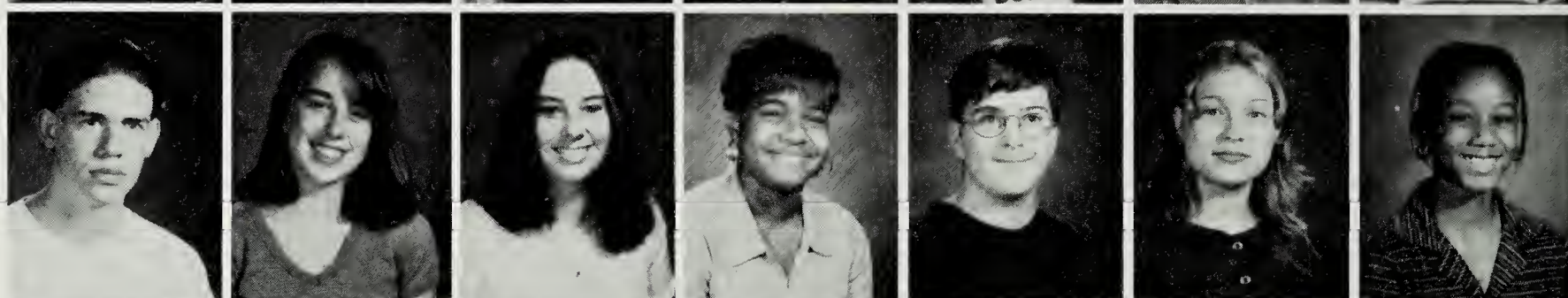
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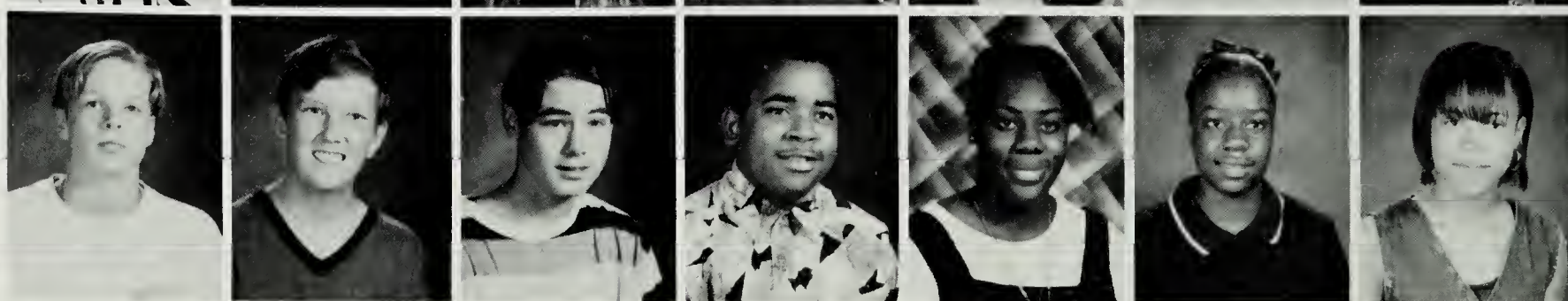
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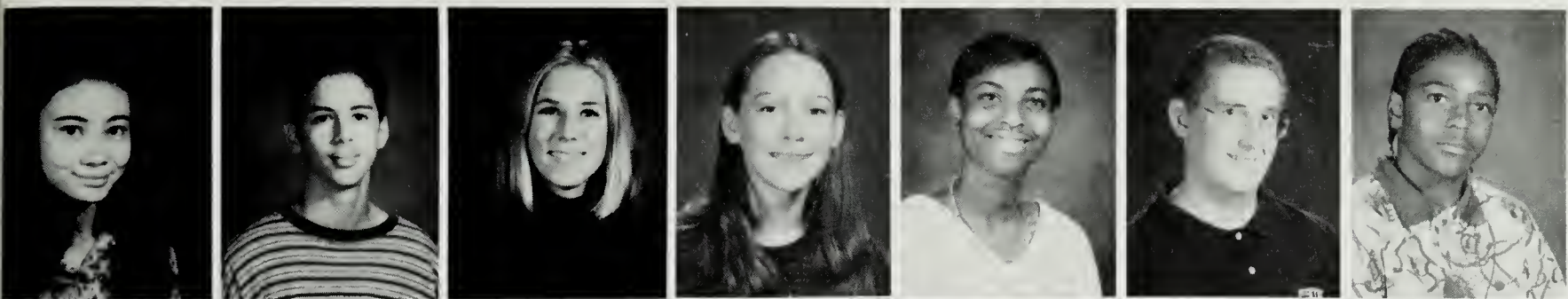


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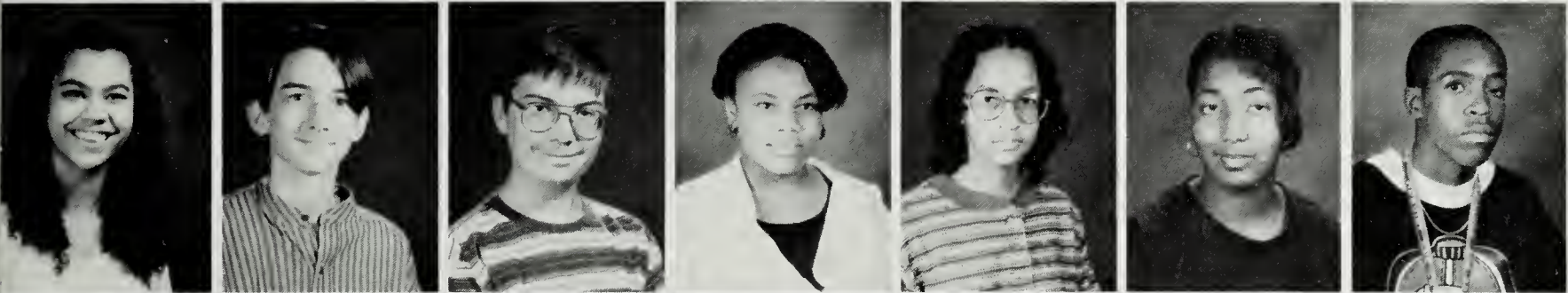


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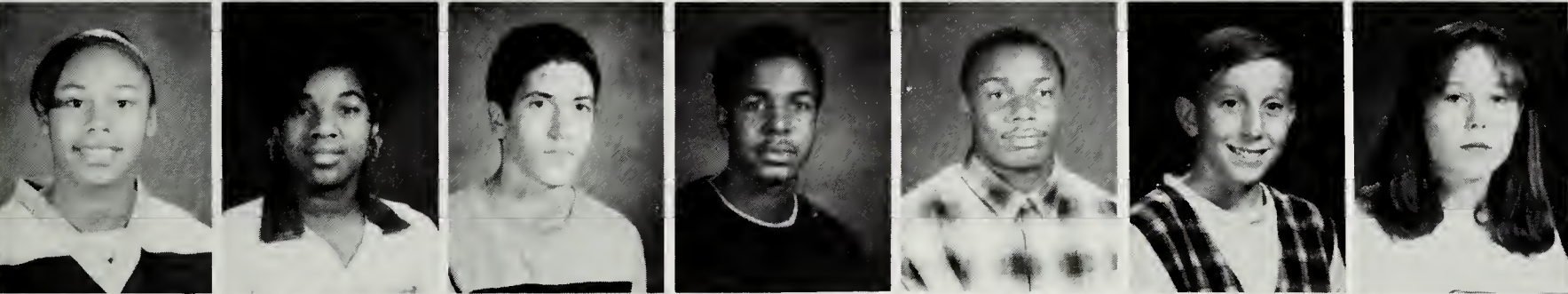
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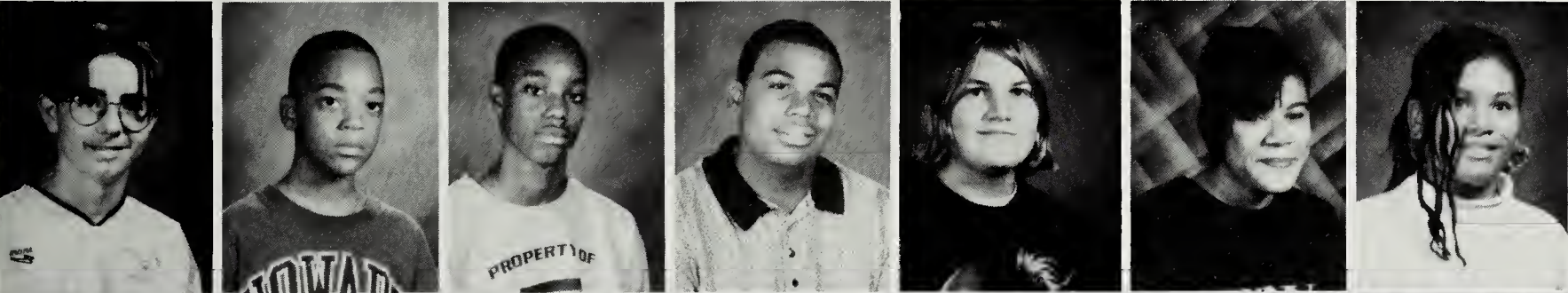
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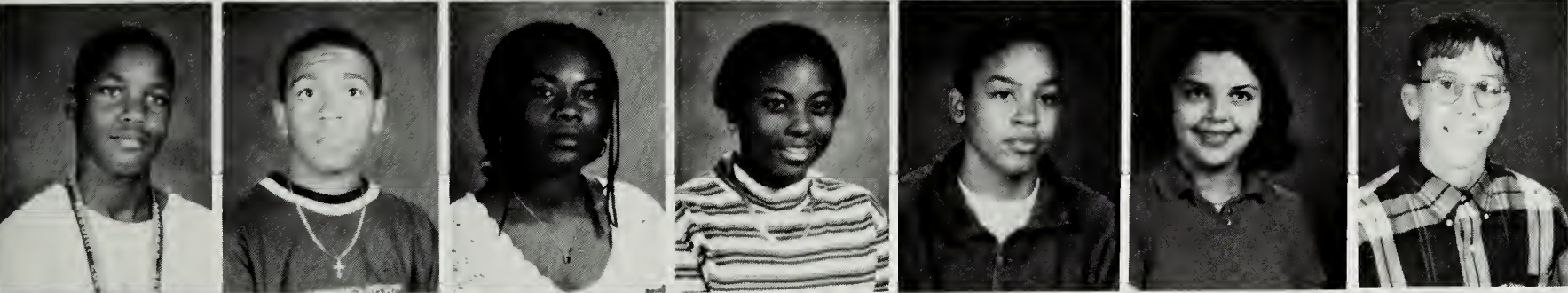
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Jonathan Weber
Jessica Weiland



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Kyle Winston
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Quanita Wood
Yvonne Woohull



Chamar Wooten
Patrick White
Mavis Yeboah
Chrystal Young
Crystal Young
Sultana Yousufzai
Christopher Zeiders



Michael Zepeda



Faculty

"Here's the story of a couple hundred teachers,
Who taught a bunch of very wily students.
Some of them had hearts of gold like their teachers,
That's the way they all became the Indian bunch . . ."

-The Brady Bunch

The "new" Gar-Field opened its doors in late 1972. Standing just inside the glass panel doors to welcome students trying on their school for the first time were eight young teachers who still welcome students into their classrooms today. Dedicated to academics and committed to the student body, just under two hundred teachers come together to educate champions in the making. The rule, not the exception, is that teachers spend more than ten hours daily on school-related work. Whether teaching during the school day or grading papers and planning in the evenings, teachers do not boast a profession where work can be left at the office. One can easily see that committing oneself to education is not a 7:20 a.m. to 2:20 p.m. job. Mr. Dallek echoed what students already knew, "Gar-Field has the best staff in the county." As the year came to a close, students took a few minutes to thank those with whom they had spent a large chunk of their days. These students knew full well that these teachers would always be an integral part of their futures. •Damon Smuzynski



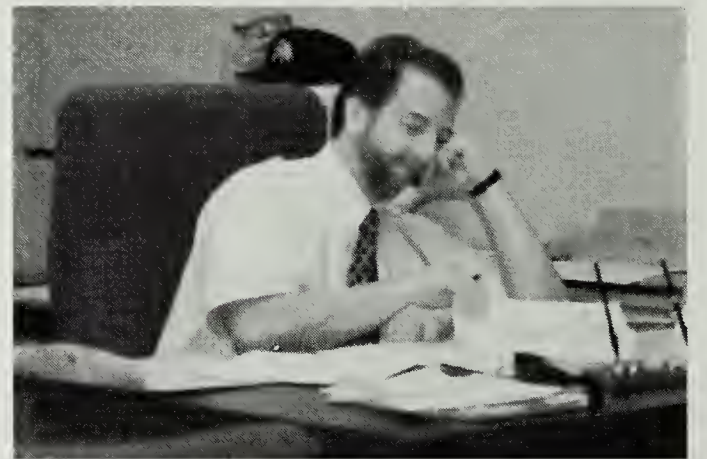
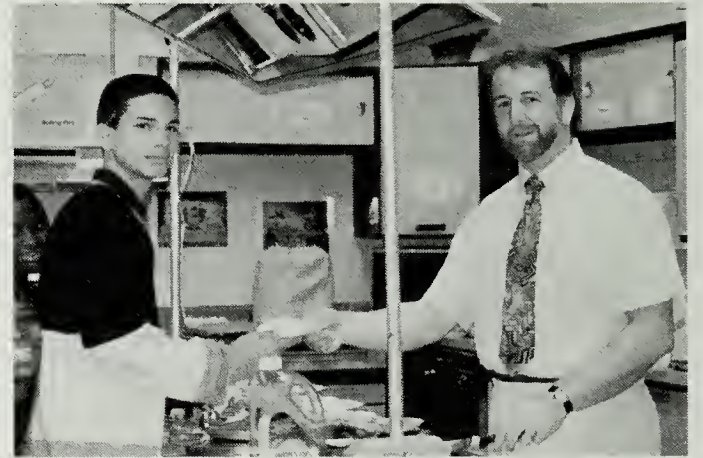
Somehow the tears always come in the end.
Choking back emotion, Rebecca Antio was
comforted by Mrs. Sue Good of the Business
department.

Administration



*Mr. Roger Dallek
Principal*

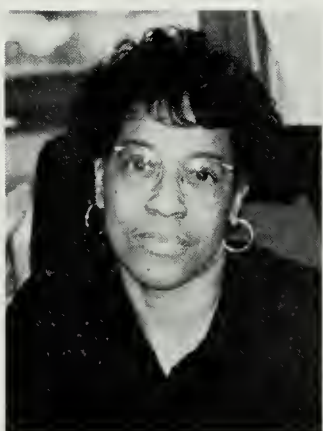
*Our
Fearless
Leader
At
Work*



*Ms. Sara Fitts
Assistant Principal*



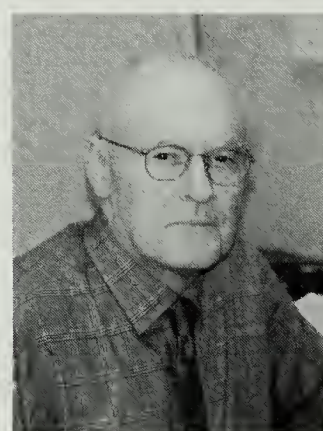
Administrative Team: Mrs. Cynthia Choate, Mr. William Stephens, Mrs. Clarice Torian (Guidance Director), and Mr. Mickey Mulgrew.



*Ms. Rylene Mickelberry
Administrative Aide*



*Mr. Rob Bailess
Administrative Aide*



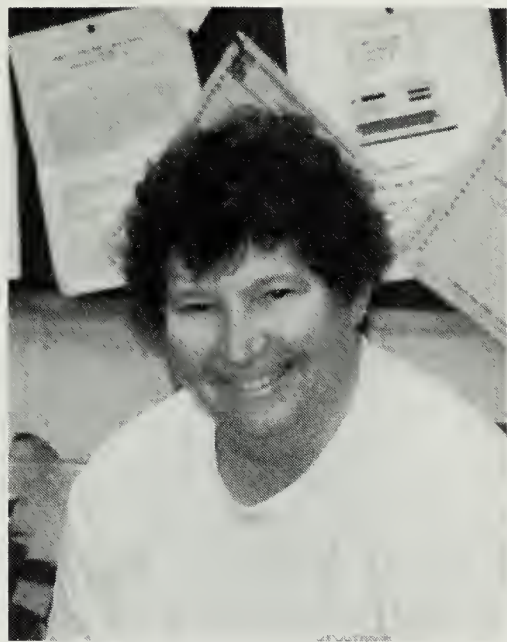
*Mr. Jim Earl
Administrative Aide*



*Mr. Andy Gray
Administrative Aide*



Mr. Chuck Robinson
Activities Director



Ms. Jennifer Jones
Assistant Activities Director

Activities Directors

Guidance

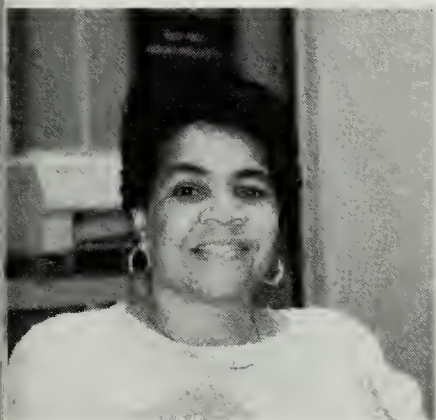


Guidance Counselors. Front Row (from left to right): Mrs. Cathy Nickerson, Mrs. Robin Grotheer, Mrs. Joan Roche, and Mrs. Clarice Torian (Guidance Director). Back Row: Mrs. Linda Bryant, Mrs. Cheryl Hiett, Mr. Dennis Scott, Mr. Gary Anderson, Mr. Bob Cryan, and Mrs. Rosemary Bozo.

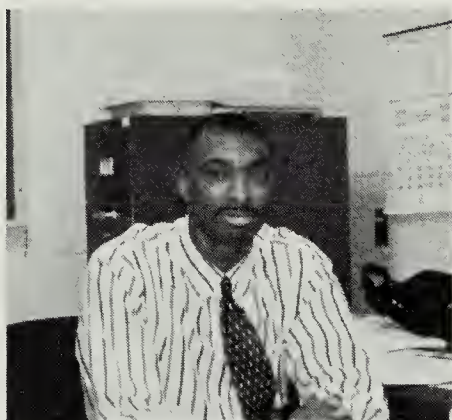
Secretarial Staff



Front Row (from left to right): Mrs. Polly Terriberly, Mrs. Sue Carr, Mrs. Cheryl Roach, Mrs. Darla Beale. Back Row: Mrs. Terry Martin, Mrs. Mary Berry, Mrs. Maggie Virtue, Mrs. Becky Wise, Mrs. Barbara Chiles, and Mrs. Stephanie Bell. Not pictured: Mrs. Shirley Hoff.



Mrs. Laverne Yates
Social Worker



Mr. Thomas Jones
Behavior Specialist



Mr. Bill Nightengale
Computer Specialist



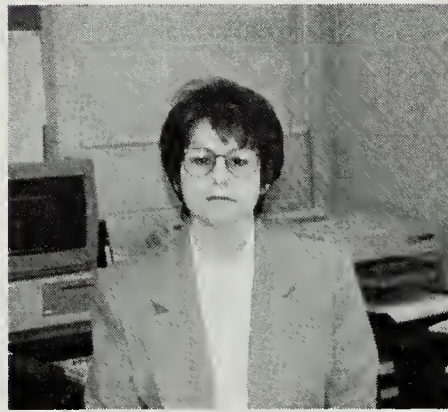
Mrs. Jean Ewing
Copy Center Coordinator



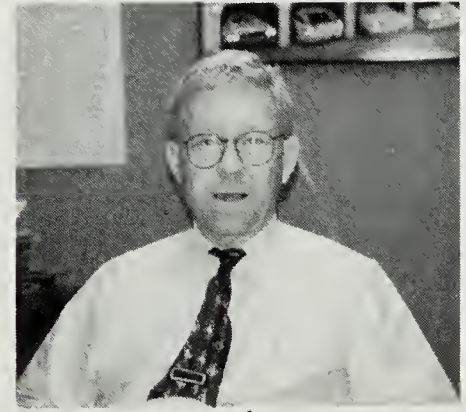
Mrs. Dinx Jansen
School Nurse



Mrs. McNeal
Clinic Attendant

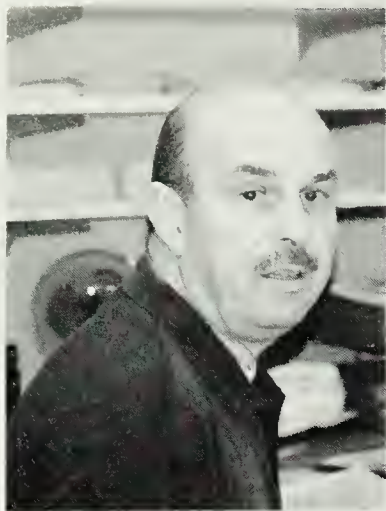


Mrs. Ann Golliday
Bookkeeper

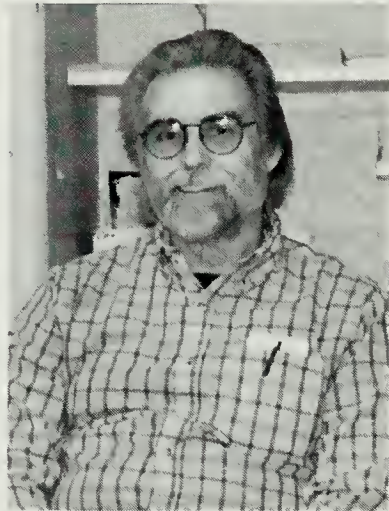


Mr. Bob Ivy
School Psychologist

Security



Mr. Pat Gregoire



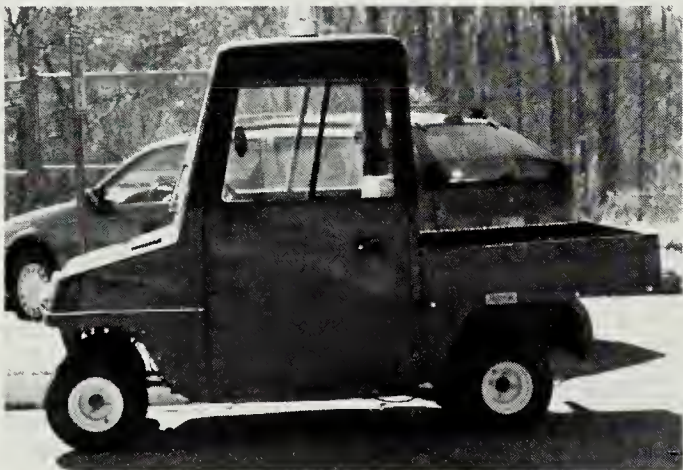
Mr. Thomas Brenzovich



Mr. Rodney Russel



Mr. Berry Hall



*Ms. Nancy Orndorff's
Trademark Vehicle*

Custodial Day Staff



Mrs. LaWanda Prince and Ms. Rosa Rocha

Cafeteria Managers



Mrs. Lee Wimer & Mrs. Donna Salinas

Media Staff



*Back Row: Mrs. Lisa Shacklette, Mr. Steve Wilson.
Front Row: Mr. Bill Fulp and Mrs. Jewel Winebarger*

Art



Front Row: Mrs. Jan Packard and Mrs. Ida Simpson. **Back Row:** Mrs. Darlene Wooley and Mrs. Kathleen Brady.

Business



Seated: Mrs. Sue Good and Mrs. Sheryl Frere. **Standing:** Mrs. Connie Barley, Mrs. Karen Hundley, Mrs. Hannah Johnson, Mr. Patrick Hogan, and Mrs. Terri McClure.

English



Front Row: Ms. Denise Cammock, Mrs. Judy Henson, Mrs. Terry Loveland, Ms. Jennifer Davis, Mrs. Michelle Evans. **Second Row:** Mr. Tom Corbin, Mrs. Amy Weiler, Mrs. Lallie Crim, Mrs. Judy Powers, Mrs. Stephanie Koepping, Mrs. Paulette Jones, Mrs. Linda Little, Mrs. Brenda Brohard, Mr. Chuck Edwards, and Mrs. Lucille Melita. **Behind Glass:** Mrs. Andrea Barbuzza, Mrs. Ann Martin, and Ms. Lisa O'Hara.

Foreign Language



Front Row: Mrs. Kristen Burns, Mr. Anthony Ferrara, Ms. Natalie Cadman, Mrs. Myra Watts, Mrs. Stephanie Rosen, and Mrs. Florence Piccolo. **Back Row:** Ms. Chery Heedick, Ms. Irene Kabler, Mrs. Vera Darter, Ms. Debbie Skiffington, Mrs. Ligia Martinez, Mrs. Martha El Nagggar, and Mrs. Rhonda Shaw.



Mrs. Norma Early
Business Department

Health & Physical Education



Bottom Row: Ms. Lindemuth, Mr. Jeff Custer, Mr. Mike Wright, Mr. Rob Mello, Mr. Paul Barrett, and Mr. Fred Milbert. **Second Row:** Mr. Vince Maziekus, Ms. Mickie Sullivan, Mr. Rudy Zimmerman, and Mrs. Rosemary Garrett. **Top Row:** Ms. Jennifer Jones, Mrs. Sue Shelton, and Mrs. Michelle MacDonald.

Marketing



Mr. Bob Miller



Mrs. Debbie Burcham

Mathematics



Front Row: Mr. James Stratton, Mrs. Sarah Parker, Ms. Pam Bhangu, Mrs. Janelle Whalen, Mrs. Faye Simon, Mr. William Willis, and Ms. Mary Jane Centola. Back Row: Mr. Kevin Brown, Mr. Ron Lanman, Mrs. June Bishop, Mrs. Rita Goble, Mrs. Lynn Knight, Mrs. Maria Cahill, and Mrs. Jeannie Walsh.

Music



Mr. Ron Weiler, Mrs. Debbie Moyers, Mrs. Wanda Brown and Mr. Mike Trowbridge. Not pictured: Ms. Melinda McKenzie and Mr. John Lacava

Science



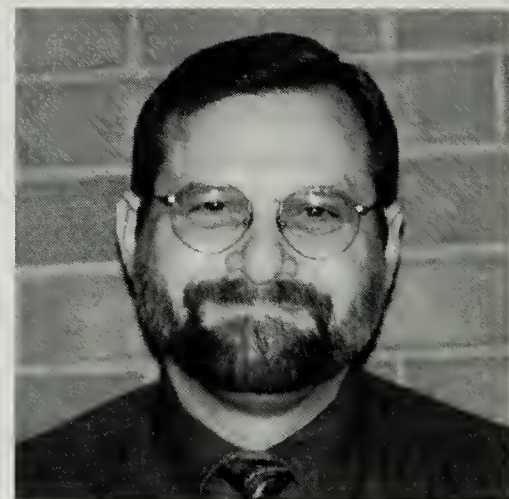
Seated: Mr. Jim Earl. Second Row: Mr. Dick Polly, Mrs. Chris Hamill, Mrs. Wanda Pitt, Mrs. Sue Bindra, Mrs. Evelyn Holt, Mrs. Linda Melton, and Mr. Roger Plumsy. Back Row: Mr. Michael Ahern, Mr. Brian Bassett, Mrs. Stacie Leonard, Mrs. Lisa McNoldy, Mr. Melvin Cheshire, Mr. Robert Clemmons, and Mrs. Dawn Lewis.

Social Studies



Front Row: Mrs. Barbara Elvin, Mr. Mike Bunn, Mr. Patrick O'Shea, Mr. Chris Aleo, Ms. Ann Black, Mrs. Geri Cantwell, Mr. Hunter Clark, and Mrs. Donna Tull. Back Row: Mrs. Jean Bittner, Mr. Harold Larson, Mr. Kirk Darrough, Mrs. Terri Marx, Mr. Ed Johnson, and Mr. Stephen Sawyer.

Gifted Education



Mr. Bruce Snyder

Work and Family Studies



*Seated: Ms. Leslie Barbour and Mrs. Ada Gregory.
Standing: Mrs. Gwen Bricker, Ms. Emily O'Connor,
and Mrs. Joan Leffas.*



Mrs. Connie Barley and Ms. Ann Black

Vocational Education



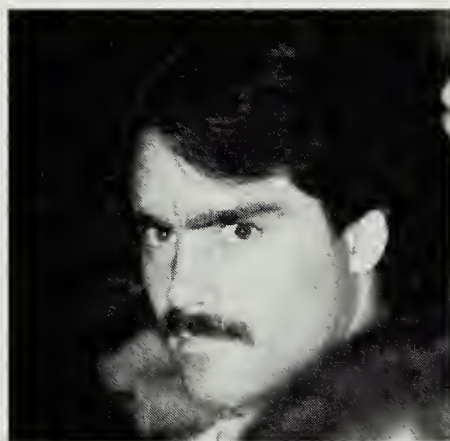
*Front Row (from left to right): Mrs. Yvonne Holsclaw,
Mr. Dan Brown, Ms. Christina Golden, Mr. Kevin
Daney, Mr. Gerald Lucas. Second Row: Mrs. Patricia
Switzer, Mr. Dick Wiczalkowski, Mr. Greg Quast, Mr.
Butch Murphy, Mr. Clarence Demory, and Mr. Tony
Labozetta.*



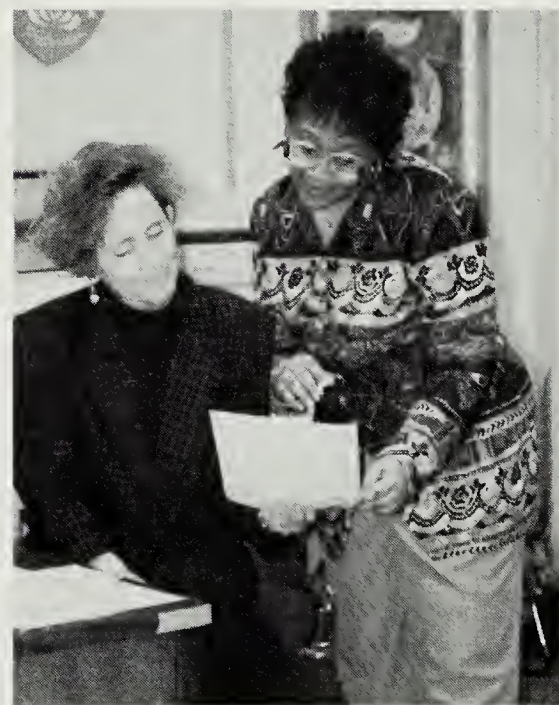
*Mr. Patrick O'Shea, Shamus, and Mrs.
Jean Bittner*



Mrs. Polly Terriberry



Mr. Rob Mello



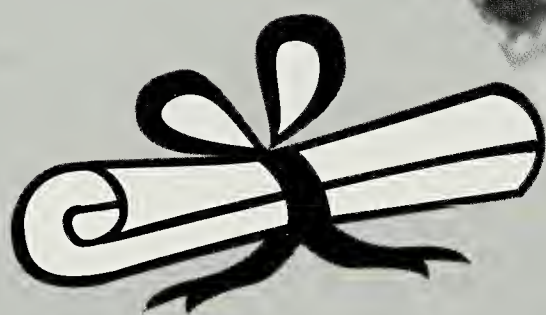
*Mrs. Cathy Nickerson and
Mrs. Linda Bryant*



Mrs. Shirley Hoff and Mrs. Janet Kelly



Mrs. Cheryl Roach and Mrs. Mary Berry



Academics

"Green Acres is the place to be. Farm-living is the life for me. Land spreading out so far and wide. Forget the city, just give me the countryside."

-Green Acres

In the past year, students at the School of Champions strove to surpass the standards set for them by teachers, administrators and parents. With the advent of block scheduling, students adjusted to longer class periods and homework assignments. Trying to remember homework from Thursday to Monday presented some new problems. Students were called on to show responsibility and fore-

thought. Gar-Field students this year scored the highest in the county on the Advanced Placement exams. There were

record numbers of students scoring highly on both the American Government and American History Advanced Placement exams. The student body numbered 2,592

students. The highest grade point average was a 4.2 in the graduating class of 568 students. Also a factor this year was the lack of overcrowding prevalent at the other county high schools. Two math computer labs are housed at Gar-Field--more than any other school in the county. Time will tell how the efforts of teachers and students paid off in the building of solid foundations for the world of work. •Danielle Colbert

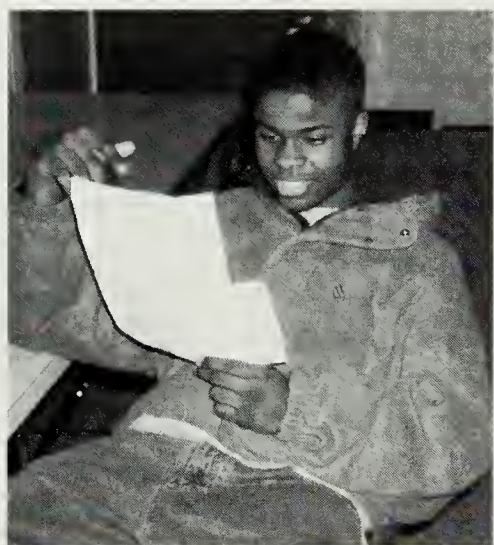


In Mrs. Ann Martin's Speech and Drama class, professional mime, Mr. Barry Wardlaw, uses sophomore Curtis Turner and senior Monica Imbert as subjects in his skit. Guest speakers made for lively class periods.

The few sociology classes that the campus did provide gave seniors the capability to expand their knowledge while learning about themselves as individuals and members of groups. Mr. Chris Aleo carries from the copy center a week's worth of social studies department assignments.

Before every class, seniors liked to loosen up prior to a full ninety minutes of hard work, concentration, and invariable note taking. Enlivening the atmosphere, Mrs. Gerri Cantwell added humor to the class by playfully reprimanding senior Andrei Militaru for his direct disobedience of the dresscode.

Concentration was one of the techniques needed when it came to studying for the AP exams. Junior John Ledbetter found he excelled faster in his classes and could finish a test faster with his studying habits.

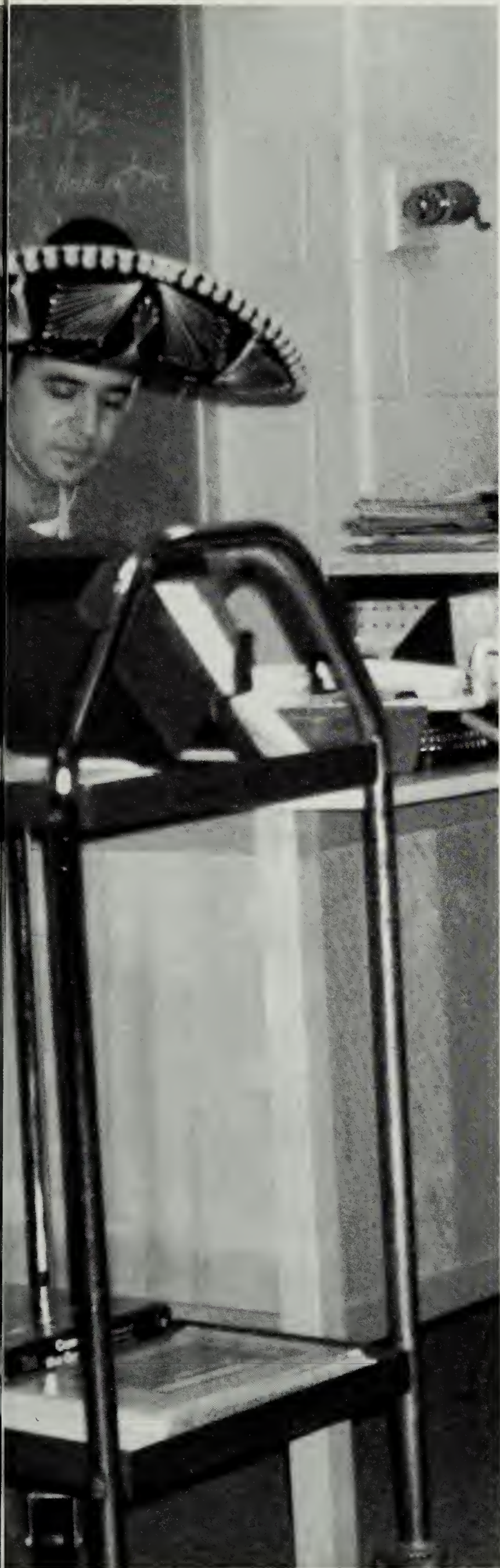


The new computer system and the longer planning period gave Mrs. Ann Martin the chance to enter in final grades without the feeling of being rushed. The block classes offered a variety of privileges for teachers.

The English and History classes offered the students a chance to discuss the cultural differences in literature and life. Seniors Josh Hogan, Elizabeth Davis, and Marquel Williams discussed their opinions on the works.



Where Hemingway Meets the Ming Dynasty

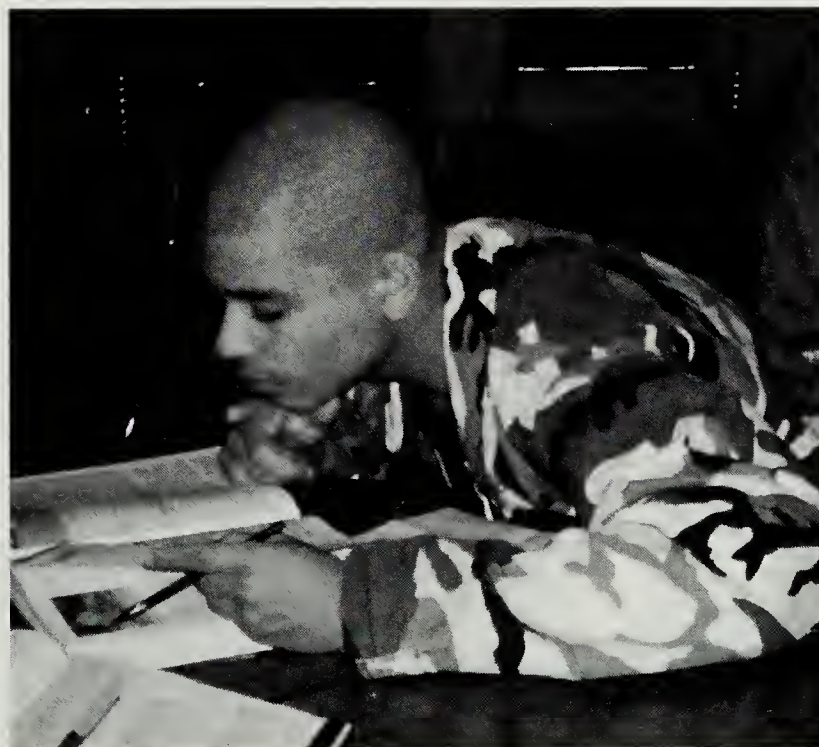


English and History are the paragons of education. Together, they are like hand and mouth; inseparable. Without the other, each could not exist. Despite the varied schedule changes in the past few years, teachers were still able to instill an extensive knowledge about the past and the study of the words that were and are used to describe it.

The English department had an eventful year. This year Mrs. Michelle Evans accepted the challenge of teaching, and had become an asset to the English department. Mrs. Evans got her Master's degree from Smith College, and she was "delighted to be working here." Mr. Edwards explained his view on the 90 minute classes stating that, "Gar-Field teachers have worked very hard to revise the curriculum to meet the needs of the students. The teachers will continue to revise the curriculum as the students needs change."

The History department was always on the up and running. An exciting episode in the life of all History department teachers occurred in the kidnapping of Shamus, Mr. O'Shea's treasured leprechaun and grade keeper. After a ransom note appeared, a student wide look out for Shamus led to the safe return of Mr. O'Shea's coveted item. Mr. Micheal Bunn noted that last year's classes "ranked among the highest AP Government and AP History scores in the county." Government teachers illustrated to students the way government is run and how candidates become elected in Election '96. Learning by doing proved to be the rule in social studies courses. Factual information and real world training offered students insight into the political process in this country.

The English and History departments did their best to convey a magnitude of information to the students in creative yet informative ways. •Nisreen Elhillali and Kristina Ogilvie



The library was always a good place to study for the history exams because of the peace and quiet as well as the variety of resources available at one's fingertips. Junior Nathan Bonaparte studies intensely for an upcoming test. In addition to the student population in the library, teachers looked to the library to enhance their lesson plans.

Carefully holding onto a pendulum, junior Lauren Miller waited as her physics lab partner acquired the remaining necessary materials. Being prepared was an essential element for participation in a lab.

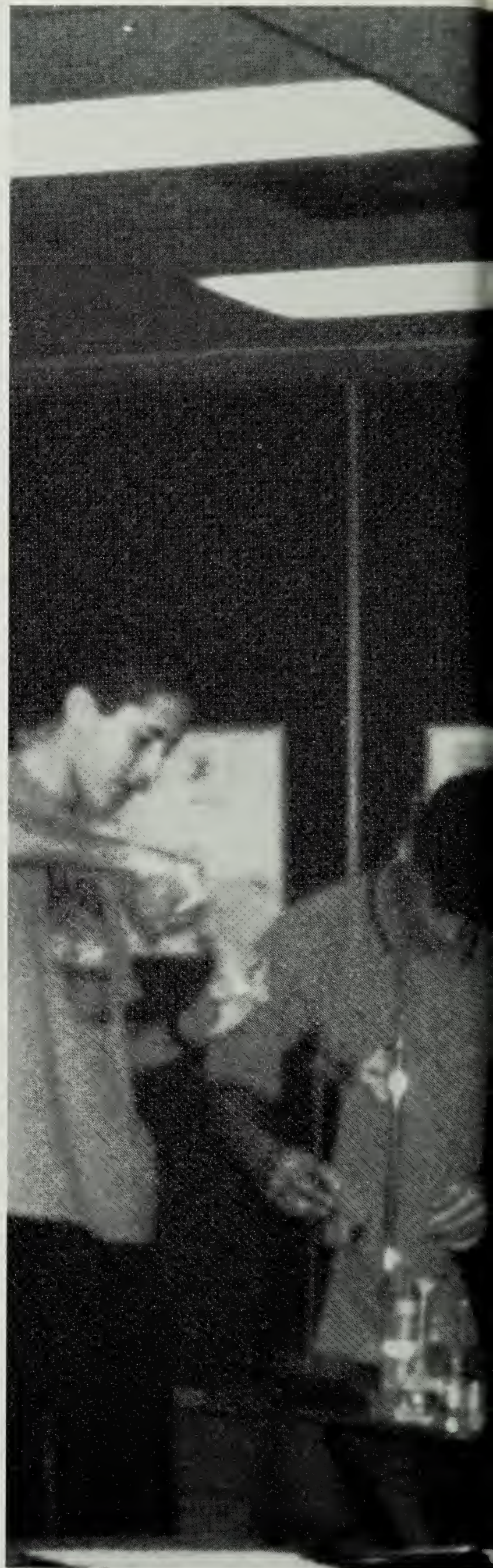
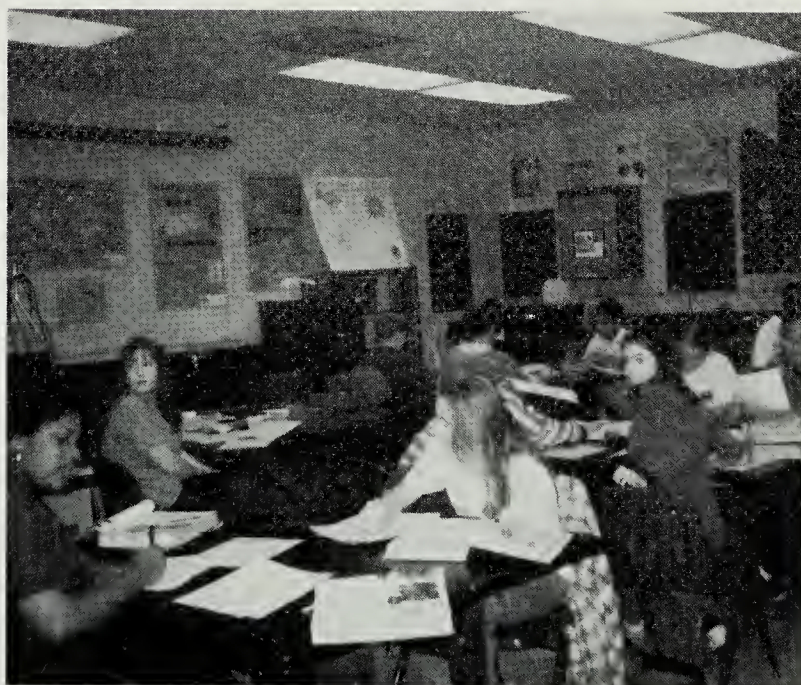
(center) Working together, junior Mike O'Leary and senior Naveed Massjoni perform an exciting experiment. Hands-on learning often helped many students learn applications in a way that was easier for them.

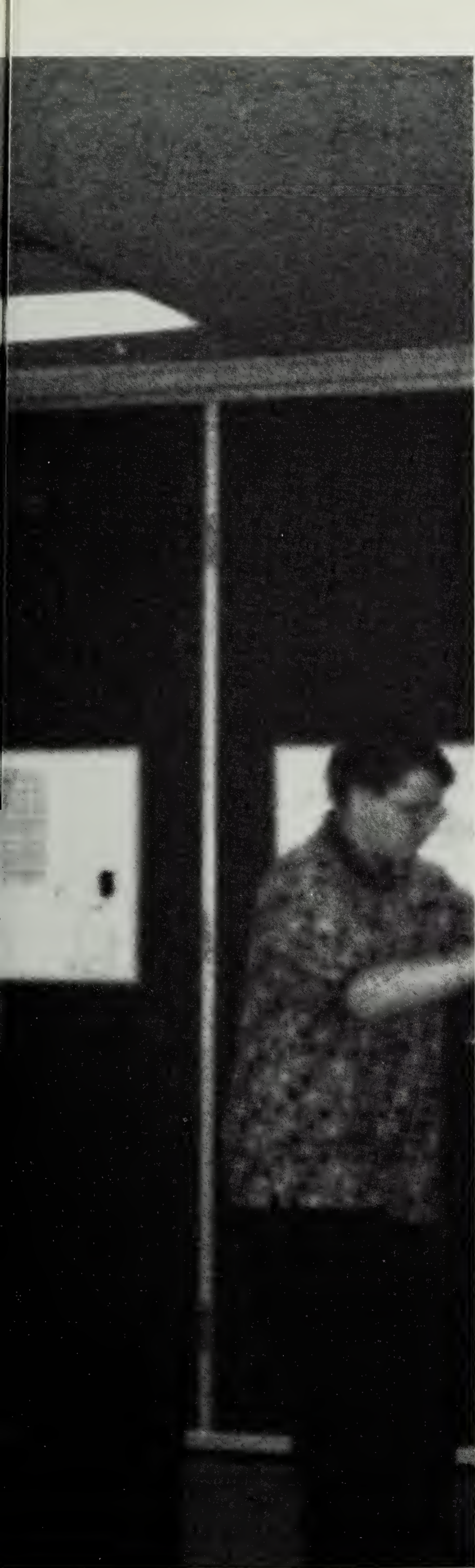
Hard at work, this math aide was busy scoring papers. Math teachers utilized their student aides in this area.



With a look of determination on her face, junior Amanda Walters was quietly trying to figure out a physics problem. Sometimes students are just as successful on their own as in a group.

Looking up from her work, sophomore Ruth Zirkle gazed in the direction of the blackboard as her teacher wrote the rest of the assignment.





Crunching Numbers

From the great minds of Plato and Aristotle to that of Socrates, much effort has been invested in developing the minds and interests of students. Solving for X and Y was a common practice at the school of champions. To excel in math, one needed a great deal of patience and dedication. Also, the fabulous teaching staff helped students to succeed. Teachers sculpted young minds by taking a middle school student and transforming him into a productive adult.

In the Science Department, students learned about everything from organic bodies and chemical formulas to Newton's Laws. In this department, students worked many long hours. Some had their sights set on becoming scientists. As students progressed in this challenging subject, they learned that much effort pays off.

This year's math department was able to boast being the first school in the county with two functioning computer labs. Not only did the math faculty stretch the imagination in these labs, but it also held highly competitive math league competitions. Because of these upgrades, Gar-Field was able to open a page on the World Wide Web. Our new web page was called the "Digital Indian" and was a solid representation of Gar-Field. It was great to see the newest technology at work in our own school. From the laws that guide our universe to the Digital Indian, we found that the School of Champions had all the bases covered.

Many students came to Gar-Field with one particular thing in mind, and that was to receive a quality education and expand their horizons. For many students, high school was a time of transition and growth as a human being. The many academic challenges and extracurricular activities prepared students for the real world and the tasks that they may encounter throughout life. •Steve Ryan and Carl Carter

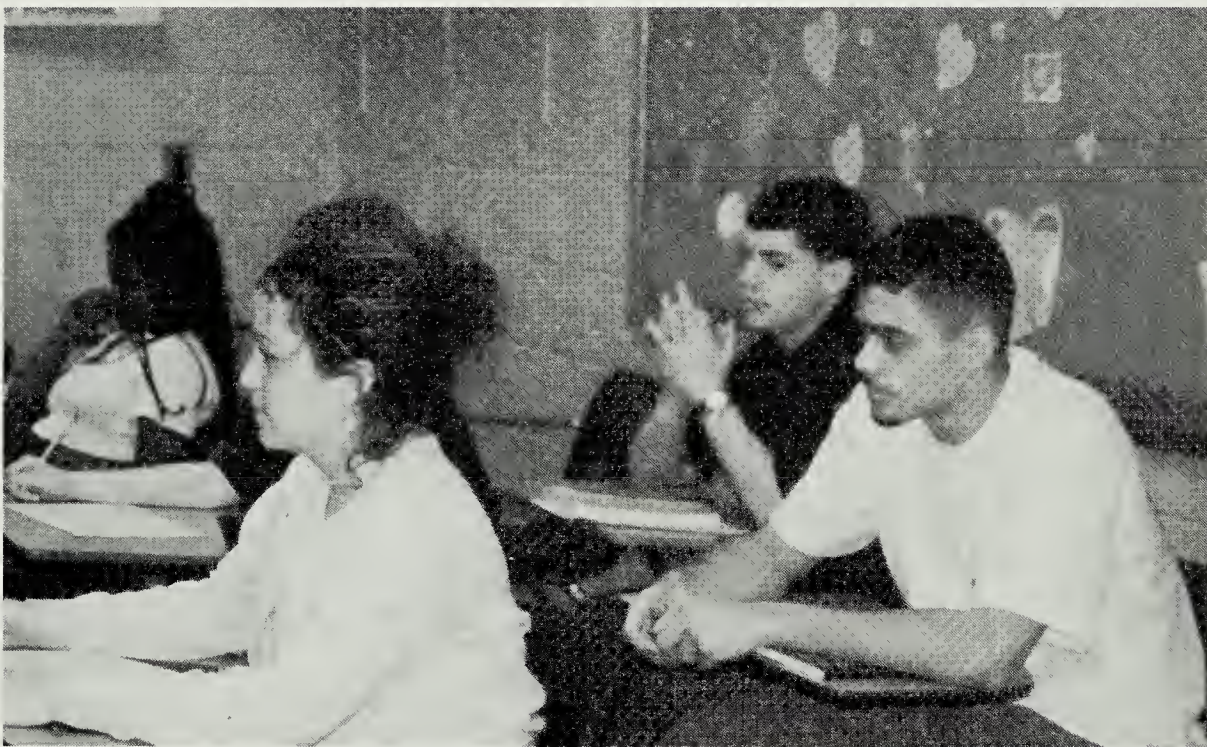
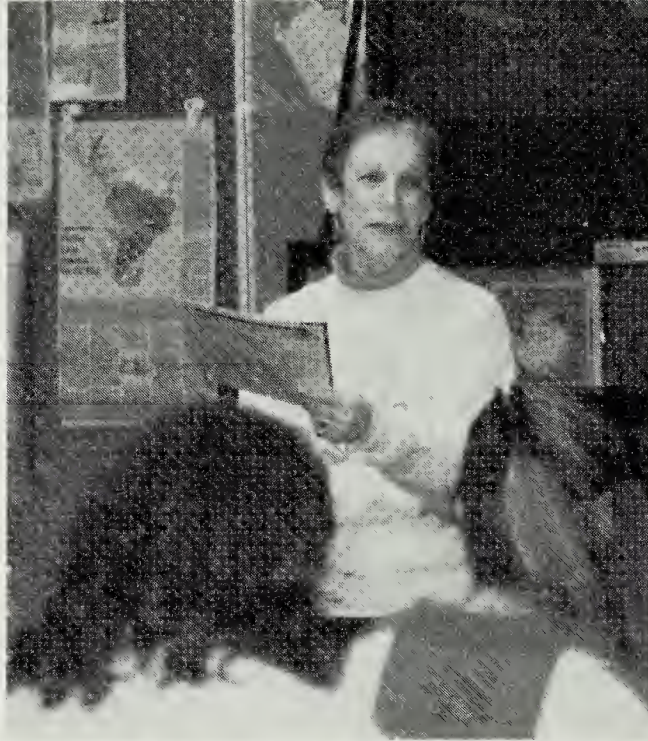
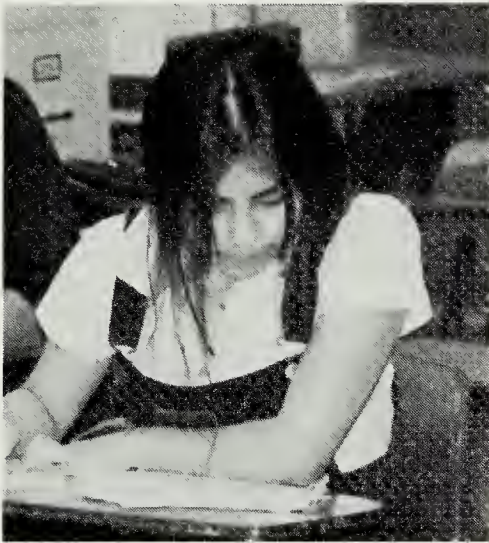


Arriving in math class, juniors Paul Fossum, Eva McCarthy, and Derek Mordan talked for a few minutes before sitting down. Many students enjoyed the time between classes to catch up with their friends.

(Right) Practicing the writing of English sentences, Josuel Galdino of Brazil and Khanh Duong of Vietnam study the basics of the English language. ESL worked hard all year to achieve their goals of learning a new language.

(Below) Relating the day's lesson, Mrs. Stephanie Rosen speaks to her Spanish class. Spanish immersion activities formed the basis for the Spanish language curriculum.

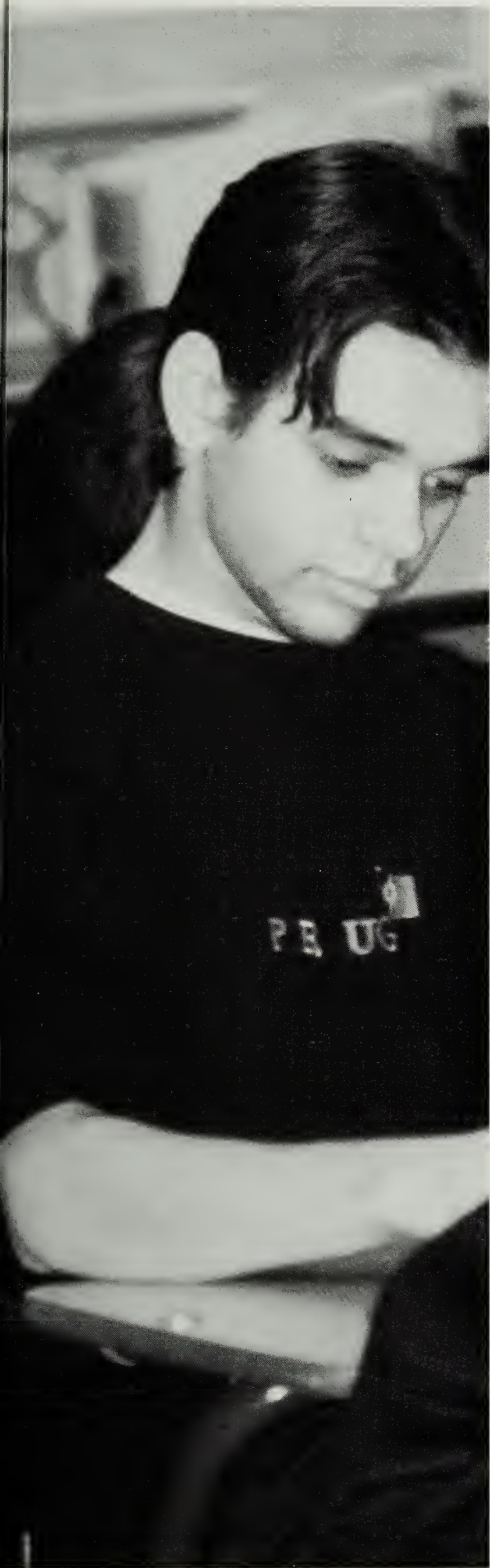
(Below) Trying to finish the classwork, Esther Calderon of Mexico learns about our government and how it operates. This year, she has learned about the Constitution and its role in the lives of Americans.



In Mrs. Piccolo's AP Spanish V class, Alexandra Lambert, Jeff Conrad and Brian Fichter listen to their instructions.

Working intensely on their homework, Oscar Velasquez and Carlos Guzman hope to finish before the bell.





Coming to A Little Foreign Understanding

So much was offered to students here at the School of Champions besides the required curriculum of english, mathematics and social studies. Students were given the choice, if they were heading for a standard diploma, to take a foreign language as an elective. Those looking towards an advanced diploma, were required to take three years of one language or two years of one language and two years of another. Those who took the classes did so for either traveling reasons or for their own personal interest. "I'm taking French because I am interested in going to Paris after I finish school and I wanted to learn about their customs," stated junior Corina Hanks.

The languages that were offered were the main languages of the world, also thought to be the languages of romance. "The reason why I took french is because it's the language of love. It sounds so good when a person speaks it!" stated freshman Sullana Yousufzai. Though these classes seemed to be extremely hard, but after years of practice, students realized they actually had a great time trying to master the art of speaking a "foreign tongue."

The majority of newcomers to both Gar-Field and the United States were struggling to master the English language. The ESL (English as a Second Language) classes worked together trying to get the students to understand and be able to use English in their new environment. "I do like this class because the teachers and my classmates help me with anything I need," recalled Maria Laboy.

Since most of the students in the ESL classes were rather new to the country, teaching about Americanisms was also apart of the class. "I am taking ESL because I want to learn more English and more about this country where I plan to be for a while," replied Khanh Duong.

Since Gar-Field is full of a wide variety of different cultures, foreign languages help form a bound amongst the student body. •Shawna Potter, Katie Dallek, Jenny Bock



In Mrs. Rhonda Shaw's class, Khanh Duong and Thomas Kim practice their reading skills. Mrs. Shaw had her students look up the words they didn't understand.

Basketball was a popular group activity for everyone in P.E. classes this year. Freshmen Jaoquin Jackson, Romain Robinson, and Steward White participate in a game of 4-on-4.


On his way down the alley, sophomore Jimmi Tierney aims to bowl a strike. This year, bowling was an integral part of the sophomore P.E. curriculum.



Art is a class that allows some students to let their true talents shine. Junior Mike Guilfoyle concentrates as he sketches a picture of an animal.

The Advanced P.E. class spends plenty of time in the weight room. The leg press, a favorite of junior David Cable, was a commonly used machine for exercise.





Express Yourself

Students enjoyed classes such as P.E. and Art because it allowed them to show off their true talents. These classes were a change from the normal academic classes, and they gave students opportunities to express themselves.

P.E. was a great way for students to stay in shape. It gave them a break from the frustrations of written work in their other classes. P.E. was certainly a fun class for some students.

"It's the only class we can talk and have fun in," stated freshman Melinda Miller. Students were required to take P.E. their freshman and sophomore years, and some chose to take Advanced P.E. later on.

P.E. showcased a range of activities and sports from basketball and bowling to archery. For students, the only negative aspect about P.E. class was dressing out.

"It's not fun to dress out. I hate having to bother with changing and never like to rush," complained freshman Sarah Nebel.

Art was a class taken by students with artistic talents as well as by students who just enjoyed art. In a year of art, students chose various forms of art such as drawing, painting, pottery, calligraphy, weaving, and other crafts.

Classes such as these allowed students to interact with their peers and contributed to the development of a well-rounded student. •Kelly Smith, Kristen Crabtree



(center) As senior Keith Nell completes a spectacular slam dunk, junior Philip Weber looks on in awe. The slam dunk was a rare feat in P.E. basketball this year.

As Ms. Godfrey, a substitute art teacher, looks on, freshman Suelen Macres works on a coiling project. Some students enjoyed the craftier side of art.

One of the many careers one can pursue with the knowledge of drafting and technical drawing is the field of architecture. Working diligently on a landscaping project, junior John Hayes, checked the drawing dimensions.

(Right) In his Power and Transportation class, freshman Charles Bennett, sanded his air power dragster, a model car powered by air. Problem solving activities and the development of critical thinking skills were two areas the course tried to develop in students.

(Below) Painting a model car, freshman Geoff Hamilton, worked on his Power and Transportation class assignment.



Helping her students, freshmen Ray Surface and Nick Winner, Ms. Golden demonstrated the correct way to ripen wood. Hands-on activities such as these helped students to learn about layout and design.

Working on a free view drawing project, Adrienne Holt focused her efforts on achieving perfection. Free view drawing was one of the basic mechanical drawing principles emphasized in technical drawing.





Technically Speaking ...

The Technology Education department consisted of a variety of classes. Through these classes, students were introduced to different types of technology. From the latest in auto repair to the building of computers, instructors set out to provide students with hands-on application that would carry over into the workplace after high school.

New teacher, Ms. Christina Golden, joined the department this year as a Manufacturing and Construction instructor. She was the first woman to teach Tech Ed at Gar-Field. Ms. Golden enjoyed her first year and felt that being a woman had no ill effect on the way students treated her.

"Working with the junior class, building their homecoming float and working with the Technology Association to build toys for needy children was most memorable," Ms. Golden said when asked which experiences had been particularly memorable for her throughout the year.

Technical Drawing, Electronics, Graphic Communications, Manufacturing, Power and Transportation, Construction, Materials and Processes, and Challenges of Engineering were the classes that made up the Tech Ed department. The skills acquired from these classes helped students to make the transition from school to work. For some students, courses in the Tech Ed department provided the on-the-job training necessary for skilled labor jobs. Problem-solving and learning that necessity is indeed the mother of invention forced students into using creativity and inventive spirit to troubleshoot real-world situations in the workplace when a job has to be finished.

Junior Jay Addo stated, "I have learned how to repair equipment from the skills I have attained in electronics class."

Technology Education was an essential part of the education process. In today's high tech world, without it, we would be lost. •Danielle Colbert



In his Manufacturing and Construction class, freshman Sean Fitzpatrick was planing wood making it smoother. During this class, the students learned about aspects of construction and production.

Focusing on the task at hand, Jeff Durr typed the assignment without looking at the keyboard. In the Keyboarding Applications class being able to type without looking at the keyboard was the objective.

As Mrs. Johnson was walking down the hall with one of her business students, David Curfiss, they discussed the class that was held that day. Many business teachers like Mrs. Johnson spent long hours with students outside of the regular class time.

Busily checking his work for errors, Vincent Adriance made sure his assignment was completed accurately. By using computers to do their work, students prepared themselves for the future.



While learning valuable information in business class, Macon Foscue took a moment to laugh at the teacher's joke. Keeping the class involved in the learning process was a key to the business classes' success.

Sitting back and processing the information he just acquired in class, Hal Nesbit continued to listen to the lesson being taught. In the business classes, many students were fascinated by the knowledge they could take with them.



Readying for the Workplace

As the global marketplace grows increasingly competitive, it's important to get a head start. Students in the Business and Marketing departments got their feet in the door gaining needed experience in a variety of occupations.

The informed business student knew about the articulation agreement with the Northern Virginia Community College. The agreement allowed students completing the business program here to continue their studies on the college-level with credit towards associate degrees in one of a variety of fields, including Computer Information Management, Accounting, Business Management, Business Administration, and Administrative Support Systems.

From WordPerfect to Lotus to dBASE, students learned to perform basic computer functions and became skilled at troubleshooting along the way.

Ever present in the world of business was the quest for more computer workstations. More workstations meant more students trained. "We're praying everyday for more computers," said Mrs. Sue Good.

Mrs. Hannah Johnson's Introduction to Business classes worked in conjunction with Mrs. Switzer's cosmetology class in order to learn about individual and sole proprietorship. Students found the classes to be very interesting, and they learned a great deal.

From computers to hair styling, the business classes were extremely successful this year in preparing students for their assimilation into the business world.

•Carl Carter and Steve Ryan



Even though Mrs. Early was bogged down with work, she kept a smile on her face. Gar-Field business teachers spent time planning during their off period so that they would have the necessary materials for their daily classes.

Just fiddlin'

A typical day in orchestra class started off when the tardy bell rang. The room is not filled with practicing violins, violas, cellos, and basses, but usually with the sound of friends talking amongst each other.

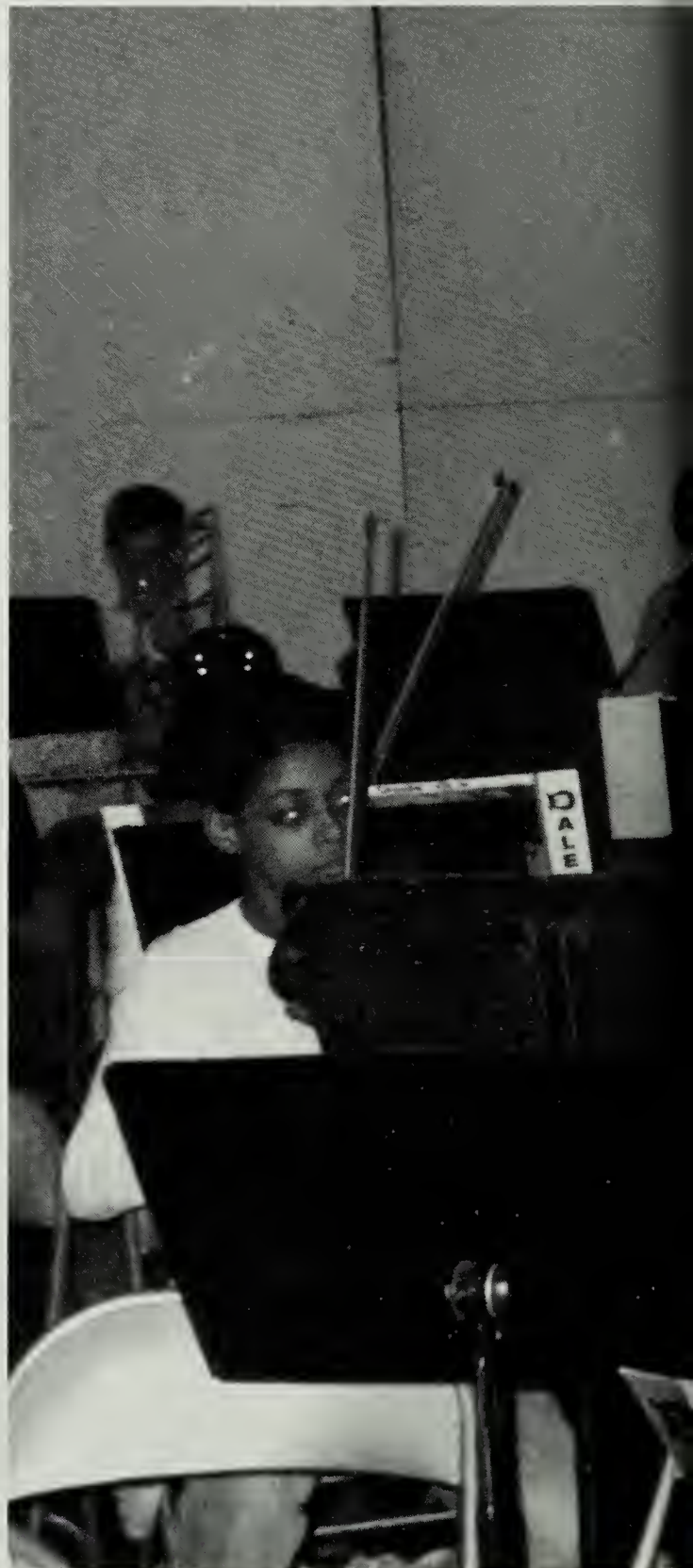
After Mr. Mike Trowbridge, the orchestra conductor, got everyone settled, the musicians tuned up their instruments. Once the perfect pitches were acquired, playing began. The goal was to play a piece in its entirety, but that rarely happened. Instead, the orchestra ended up doing what all good musicians do. They dissected the music piece by piece so that each part would be played perfectly. All three orchestras came together and spent long hours practicing after school for their winter concert. Unfortunately, due to inclement weather their winter concert was cancelled. Although, all of this hard work paid off in the end when festival came around on March 15. Practice and dedication helped the orchestra live up to their expectations.

The orchestras were divided into two concert classes and the most advanced orchestra called the chamber orchestra.

Junior Amanda Walter summed up the orchestra experience, "Well, the teacher is very good. We have fun, but eventually we get down to work."

Senior Kristina Price commented about what orchestra was really all about, "Orchestra is a great class where students with different interests have an opportunity to come together to create something truly classical."

Shea O'Connell and Marissa Manabat



Freshman Chin A Choe and freshman Diana Bailey concentrate on their piece and play intently. All three orchestras came together after school to practice for their winter concert.



Maurice Peebles, Lee Miller and Joe Anderson practice each sheet of music piece by piece. For their exceptional performances Lee Miller and Maurice Peebles made the All County orchestra.



Preparing for an upcoming Festival Kendra Jones, Paul Cook, Chris Clow, Landon Schaffer, and Joyce Price diligently practice their music. After school practice provided a very professional performance by all the students

Spending their class time studying and practicing the music proved to be beneficial when it came time for Stephanie Schoonover and Christa Johnson. Block scheduling gave the students a longer opportunity to practice while still in school.



Top row: Doug Seamster, Samantha Heinlein, Jacinta Williams, Danielle Emerson, Kristen Morrow, Stephanie Schoonover, Eddie Nicholson, Eric Seamster

Middle row: Chin A Choe, Diana Bailey, Tim Koelkebeck, Kendra James, Katie Fricke, Alice Ki, John Ritchie

Front row: Angela Pelino, Jamie Fink, Myra Franklin, Nicole Cloninger, Laura LaBonte, Jessica Raskin, Chris Farrington



Top row: Jason Reynolds, Sarah Wyatt, Christina Bailey, Kelli Hicks, Jennifer Yipp, Leah McBride, Lashawn Carrey, Jennifer Lewis, Heather Sipes, Nick Mills

Middle row: Joyce Price, Jennifer Major, Christine Johnson, Christina Price, Elise Brown, Katy Knepper, Eunice Omole

Bottom row: Lee Miller, Natalie Anzollin, Hayley Intharayaem, Krystal Koneshiro, Katie Lawson, Maurice Peebles



Top row: Amy Ansong, Jennifer Cogswell, Susan Shurowitz, Landon Schaefer, Chris Clow

Middle row: Johanna Barren, Candice Sample, Judith Reyes, Samantha Russo, Martha Borrayo, Jason Able

Bottom row: Valerie Dix, Natalie Wagner, Jennifer Fink,

Sensational Singing

Walking in the downstairs hallways, one might hear the sounds of singing voices coming from the choir room. Talent and hard work reigned when one was involved in the music department. Choir was no exception.

The Dominants show choir traveled to schools across the region entertaining for fun as well as to compete. On the first weekend in March, the group journeyed to Eastern Mennonite High School to perform. In January, choir students from the University of North Carolina at Chapel Hill came to sing with the Dominants. The UNC students spent the weekend with Dominants members and discussed the challenges of college choir with them.

The other choirs practiced for more local performances. These choirs consisted of Concert, Women's Chamber, Treble, Bass, Varsity, and Advanced Varsity. All choirs were directed by Mrs. Debbie Moyers and Mr. Ron Weiler and were accompanied by Mrs. Wanda Brown. Also, all choirs participated in a Holiday Concert, Spring Show, and Choir Festival. Much hard work was put in to making these performances successful.

"One needs to learn sight singing skills and have a certain amount of discipline to excel in choir. It is also crucial to work well with people," commented senior Dominant Sharon Zirkle.

"The Spring Show has always been my favorite because everyone gets involved with it and has a blast," stated sophomore Dominant Linda Dixon.

Aside from many concerts and competitions, choir students shared much time together in class and were able to walk away from another year of great memories.

• Jenni Reese and Kate Pancrantz



The Dominants. Back Row (from left to right): Brian Stokes, Linda Dixon, Chris Cameron, Noelle Shott, Mrs. Wanda Brown (accompanist), Mrs. Debbie Moyers (Master Choir Director), Mr. Ron Weiler (Director), Jeremy Osborn, Sharon Zirkle, A. Peters, and Jennifer Ellerbee. Third Row: Charles Caldwell, Sarah Hill, Jim Pfeffer, Dan Huynh, Mike Pierce, and Sarah Abraham. Second Row: Anthony Wright, Celeste Lennon, Kevin McMullen, L. Nadeau, Donald Rushing, Lee Miller, J. Booth, and J. Bartron. First Row: Charles Hilton, Elissa Bradford, Tim McCleery, Robyn Herman, Kala Barnes, and Chris Walker.



Concert Choir. Front Row (from left to right): C. Hoffman, A. Goshe, V. VanLowe, S. Hamey, C. Spain, G. Bosworth, C. Hilton, B. Stokes, T. McCleery, M. Ellis, M. Neumann, A. Borelio, L. Nadeau, and Mrs. Debbie Moyers (Director). Second Row: N. Shelton, L. Doyle, E. Bradford, A. Drago, J. Tierney, D. Rushing, K. McMullen, K. Cambrell, D. Commander, G. Grant, R. Herman, C. Stomier, and S. Hawkins. Third Row: K. Hanrahan, J. Bartron, C. Guyett, C. Lennon, R. Messenger, M. Brown, M. Pierce, C. Caldwell, B. Johnson, R. Walker, D. Huynh, L. Miller, K. Barnes, and K. Mott. Fourth Row: J. Ellerbee, S. Blindauer, K. Knepper, B. Brackett, C. Walker, J. Booth, A. Peters, R. Weatherspoon, J. Maxwell, J. Jones, E. Porter, N. Shott, J. Hollender, K. Price, and S. Hill. Fifth Row: S. Zirkle, N. Corneli, E. Angeli, P. Asante, C. Cameron, J. Rosenberg, J. Osburn, T. McGee, C. Skidmore, B. Thorpe, R. Lovett, J. Rodriguez, L. Dixon, and Mrs. Wanda Brown (accompanist).



Women's Chamber Choir. Front Row (from left to right): Mrs. Debbie Moyers, L. Laws, A. Ware, M. Troubridge, V. Boatwright, P. Taylor, A. Miller, M. Walton, W. Brown. Second Row: A. Borell, M. Clark, A. Earp, P. Greenfield, S. Kendall, R. Zirkle, J. Moeller, D. Johnson, K. Oermann, E. Dvoroznak. Third Row: C. Nou, S. Furr, R. Dean, J. Flom, A. Mouw, A. Guozdas, C. Taylor, S. Tribble. Fourth Row: M. Dionne, S. Rowe, A. Campbell, K. Packard, M. Edmonds.



Varsity Choir. Front Row (from left to right): S. Blackshear, C. Toretta, A. Tisdale, T. Lewis, K. Miller, K. Smith. Second Row: Mrs. Wanda ABrown, Mrs. Debbie Moyers, T. Tomlinson, A. Sweeney, K. Bomm, K. Antio, E. Murray, H. Salyers, T. Sneath, R. Moseley, and Mr. Ron Weiler. Not pictured: M. Ruane and M. Zander.



Advanced Varsity Choir. Front Row (from left to right): D. Whataken, S. Freeky, A. Brown, S. Larson, K. Umama, J. Lynch, S. Nadeau. Second Row: Mr. Ron Weiler, J. Bouford, A. King, J. Williamson, M. Salvucci, J. Frank, H. McDaniel, S. Randall, M. Benton, C. Ferguson, C. Czech. Third Row: J. Kearney, J. Dargan, A. Nicholls, S. Wilson, L. Walker, T. Simms, S. Johnson, L. Hatcher, N. Free, K. Harris, T. Brooks, J. Cahill, and Mrs. Wanda Brown.



Treble Choir. First Row (from left to right): J. Bush, E. Null, A. Turner, A. Anderson, K. Pomaranski, K. Johnson. Second Row: L. Rustelli, L. McCray, C. Stickle, I. Coleman, A. Davies, C. Nou, N. Chambers, T. Williams. Third Row: Mrs. Wanda Brown, K. Neff, L. Marshall, V. Graff, K. Peterlin, H. Dean, E. Adams, K. Bradford, S. Chebou, Y. Allen. Fourth Row: Mrs. Debbie Moyers, L. Mitchell, C. Homer, J. Goldammer, K. Fojfar, K. Pickett, K. Marsh, C. Scott, M. Draper, N. Bosnight, Mr. Ron Weiler. Fifth Row: P. Powers, M. Goroun, S. Pound, J. Johnson, C. Frasier, C. Logan, A. Jung, K. Jung, C. Abraham, T. Smiley, C. Thorpe. Not pictured: C. Meredith and J. Perez.



Bass Choir. Front Row (left to right): K. Turner, J. Atkins, P. Brook, J. Wilson, R. Neff, J. Pierce. Second Row: Mrs. Debbie Moyers, T. Rice, M. Reddy, J. Holman, B. Charleton, J. Hawkins, R. Robinson. Third Row: A. Brown, A. Juan, C. Giger, M. Thompson, D. Walker, D. Acosta. Fourth Row: E. Bouchard, B. Winslow, A. DeLeon, I. Anderson, L. Lopiccio, J. Smarr, G. Sikes.

Focusing on the tone of his trumpet's notes, junior James Weathers worked out the kinks. It was always important for James to find practice time, and he strove to improve his intonation, rhythm, and musicality.

Before each school day, many band students gathered in the band room to talk with friends and put their instruments in the storage rooms. Senior Dan Rice holds his tuba as he yells to a fellow tuba player.

Intently playing his clarinet, Freshman Matthew Pitera tries to tune out all the other students practicing. It took a lot of concentration to block out the sound of others and focus on his notes.



Working on a difficult piece, seniors David Dallek and Mike Okwabi put a lot of effort into it. It was imperative to be dedicated to master the trumpet and the trombone.

Smiling, junior Erica Cook rested her clarinet on her lap and waited patiently for class to begin. Bubbly personalities such as Erica's were valued by the other band members.



Playing Sweet Melodies

From flutes to trumpets, this year's band department had a very successful year. Under the direction of Ms. Melinda McKenzie and Mr. John Lakava, the group was divided into three levels: Varsity, Concert, and Symphonic. All three groups were very talented. Each participated in a winter holiday concert in December, band festival, and a spring concert. Junior Jennifer Bartron stated, "Before a concert I always feel nervous, but, when it is all over, I feel relieved because I know that I have tried my best."

Band Festival and Pre-Festival were held in March. Each group prepared musical selections and performed for judges. The judges ranked each group with a score of one, two, or three. One was the highest possible score. All three groups did well at Festival.

Much of the achievements and awards for band are on an individual basis. Students were able to audition for All-County and All-District bands, and many students were selected. Within each level of band, students are given chair ranks for their particular instruments. Many students spent countless hours practicing to make individual achievements or rise in the chair ranks. If a student desired to raise their chair rank, they would challenge the person ahead of them, and both would play for the teacher.

Many students found band not only to be a creative outlet, but also as a way to make friends. Since students spent so much practice time together, this was an easy task to accomplish. Junior Nicole Brulotte commented, "Band class is sort of like one big family. We have a lot of fun together."

The rigors of practicing and the lessons learned by not practicing prove to teach discipline to many students. Sophomore Rachel Bryant noted, "Playing in band requires a lot of responsibility. Everyone must know their own part and be sure to play the correct notes in order for each song to be played perfectly." "Playing the trumpet has taught me a lot about the fact that hard work pays off. I feel great when I have practiced a song many times and am able to do it correctly," stated freshman Nathan Thompson.

At the close of the school year students auditioned for next year's bands. Most everyone looked forward to another year of practice, competition, and fun times.

•Nadine Boisvere, Cindy Compton, Anna Drago



Preparing for class, juniors Sanjana Khoobchandani, Kelly Pembroke, Astria Neuman, and sophomore Tammy Berryman put their instruments together. The girls were all flute players in the Concert band.

After a day of preparation, Shamika Kendall attempts to do her best on an anatomy test. Study habits were an important skill that was stressed in the class.

Practice made perfect. Erin Taylor and Latoya Morton practice taking each other's blood pressures. Learning medical techniques was an essential part of the class.

(Below) Dedicated to the progressive learning of her students, Mrs. Marolda was pleased with the high grades that her students recieved. She was always eager to answer questions that the sturdents brough foward.



Cooperative learning was the faster way to get the assignments completed when working as a group. Christine Johnson, Sarah Kimble and Elizabeth Motley worked together in one of the many group assignments.

The willingness to open ones mind to new ideas was the key to successin Health Occupations. Focusing to understand, juniors Elizabeth Motley and Beatrice Willie try to take in all the information they can.



Just What the Doctor Ordered

"Health occupations helps me to decide if I want to pursue a career in the medical field and gives me experience before college," stated senior Metha Macauley.

This was the reason that many students selected to take Health Occupations. A course like this was designed to teach students the health career basics like how to take blood pressure readings, measuring heart rates, and learning to treat sprains.

Junior Elizabeth Motley explained, "We learn what it takes to be a health care provider and a lot about the health care system."

Strategies for healthy living, maintenance of good study habits and the discussion of weekly current events in the field of medicine were taught. Current events provided more information on the subjects being discussed in the class.

"In Health Occupations, we get to learn about updated medical advancements," said sophomore Yasmin Jackson. After studying child development, some students chose to work with the Head Start children at local elementary schools.

HOSA, the club associated with the Health Occupations classes, participated in many community service projects like adopt a family during Thanksgiving and Christmas. During this project the club gave food, clothing and wrapped gifts to the selected families.

Sophomore Bridgett Harris explained how the Health Occupations class could aid in everyday life. "I took the class because you learn different medical terms and by knowing these terms it is easier to communicate with your doctors." •Christina Madison, Lisa Westley



Proper technique was essential in caring for a sick patient. Erin Taylor and Metha Macauley demonstrate proper way to care for a bedridden patient.

To bake or not to bake, that is not the question. Baking, basting, frying and roasting were all part of the required curriculum that sophomores Holland McClelland, Ophelia Mensah and Miriam Valdez had to master for completion of the Foods classes.

(Below) Teamwork made even the easiest assignments go by quickly. Assigning different chores gave freshmen Mysti Scott, Carrie Sullivan and Candice Poole the chance to participate in the assignment.

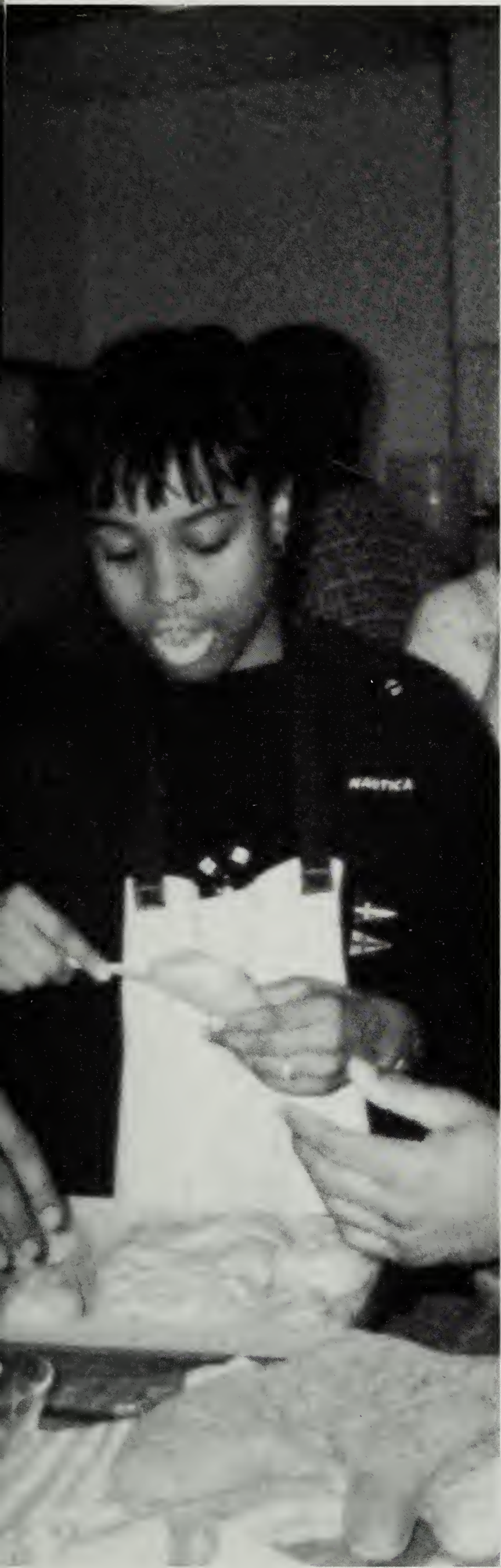
(Right) After allowing the croissants to cool, senior Tish Lonon and junior Walter James Allen get ready to take a taste of their creation. Mastering the art of fine cuisine was an asset to the students later in life.



Part of experiencing the art of parenting was to be able to be put in the shoes of a parent. Freshman Jasmin Olivo and sophomore Nikesha Moore had to provide the essential care necessary for a real baby to their flour babies.

The Halloween party thrown by Child Care and Development students provided an opportunity for safe trick-or-treating for the toddlers in the nursery. Parents whose youngsters are taught and cared for by the Child Care students also participated in the event.





Taking Whatever Life Has to Offer

The home economics classes were essential to learning how to handle and manage the everyday task of household "chores." From learning to cook and clean to being able to take care of kids and establish a family relationship, these students learned valuable lessons to life.

Discovering foods and Foods for Entertainment classes helped teach the students how to prepare, cook and serve foods. These classes were more than a free food course, these students learned proper food etiquette and food safety in handling and preparing foods.

Work and Family Studies classes taught students how to build strong family structures. These students participated in projects that enabled them to get the feel of raising children from birth to teenagers. The students also had to learn to solve conflicts through class participation in different interactions. "The most important part of this class is being able to control and maintain a strong relationship," recalled senior Tina Figueras.

The G.R.A.D.S. program, which began in 1994, was established in order to lower the drop-out rate of teen mothers. This class enabled mothers to stay in school while providing daycare for a minimal fee. Parents were required to take the class while the other students took it for a credit. Each student was assigned a chart which listed the child he or she would tend to that day. The students had to keep an evaluation of when the child ate and at what time the child's diaper was changed. "Taking care of a baby isn't as easy as it looks," stated senior Candace Adams.

In the Child Care and Literature class students learned how to write poems and stories acceptable for different age brackets. Since this class was also a daycare for toddlers, the students got a chance to read their assignments to the children. "Reading literature to the children was the easy part. Being able to write a story was hard at first, but as the year progressed, it became fun," stated senior Kristina Stump.

Though every student will have their chance to experience the obstacles of parenting and relationships, it was interesting to see how the students reacted to the situations before their maturity grew. •Janet Ortiz



Among the few that weren't parents in the GRADS program was senior Becca DeVanney. Though the main responsibility of the participants of the program was to tend to the specific needs of the children, they also provided fun and amusing crafts and toys for them to take home.



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Sports

"Just some good old boys. Never meaning no harm.
Beat all you ever saw. Been in trouble with the law
since the day they were born.
Makin' their way the only way they know how.
That's just a little more than the law will allow."
-The Dukes of Hazzard

Most students at the School of Champions joined sports teams for one reason or another. Building character, strength, competitiveness, and just plain all-around fun were a few of the many motivations among athletes to participate. Many sports players lived for the challenge that came with the game. Win or lose. Do or Die. A little competition never hurt anybody. Aside from the glory of winning, many athletes were in sports for the sheer thrill of it. Whether they were in it for the fellowship or the fun, the athletes achieved through strenuous exercise and mental discipline. One thing was for certain. Dedication, determination, and most importantly discipline propelled athletes to excell at an elevated level of competition. Constant daily training was a mainstay for these players to accomplish goals they set for themselves and the expectations set for them by their community as Indians. Consistently priding itself on the highest caliber of athletes, the School of Champions groomed yet another year of the state's best. •John Galgano and Mike Riley



Up and over meant points for the women's volleyball team. In the face of her defender, sophomore Terri O'Grince shows great poise in heated competition.

Champions in the Making!

The Boys Varsity Baseball team started their season off strong with a win against Stafford. They continued on with a great record, earning them the titles of Cardinal District and Regional Champions.

Their success was made possible by a strong defense and an outstanding offense. There were five Varsity returnees and five newcomers. Leading the way with experience were Tad St. Clair, Chad Clabo, and Brian Yawberg.

Difficult practices and conditioning over the winter months paid off for the Indians. Beating a strong Potomac team three times and making it to the State Semi-Finals were just a few of the team's many accomplishments.

"Baseball is a team sport," said junior Adrian Watkins. "Our team works well together and we had a good season." •Shea O'Connell, Martha Dunn

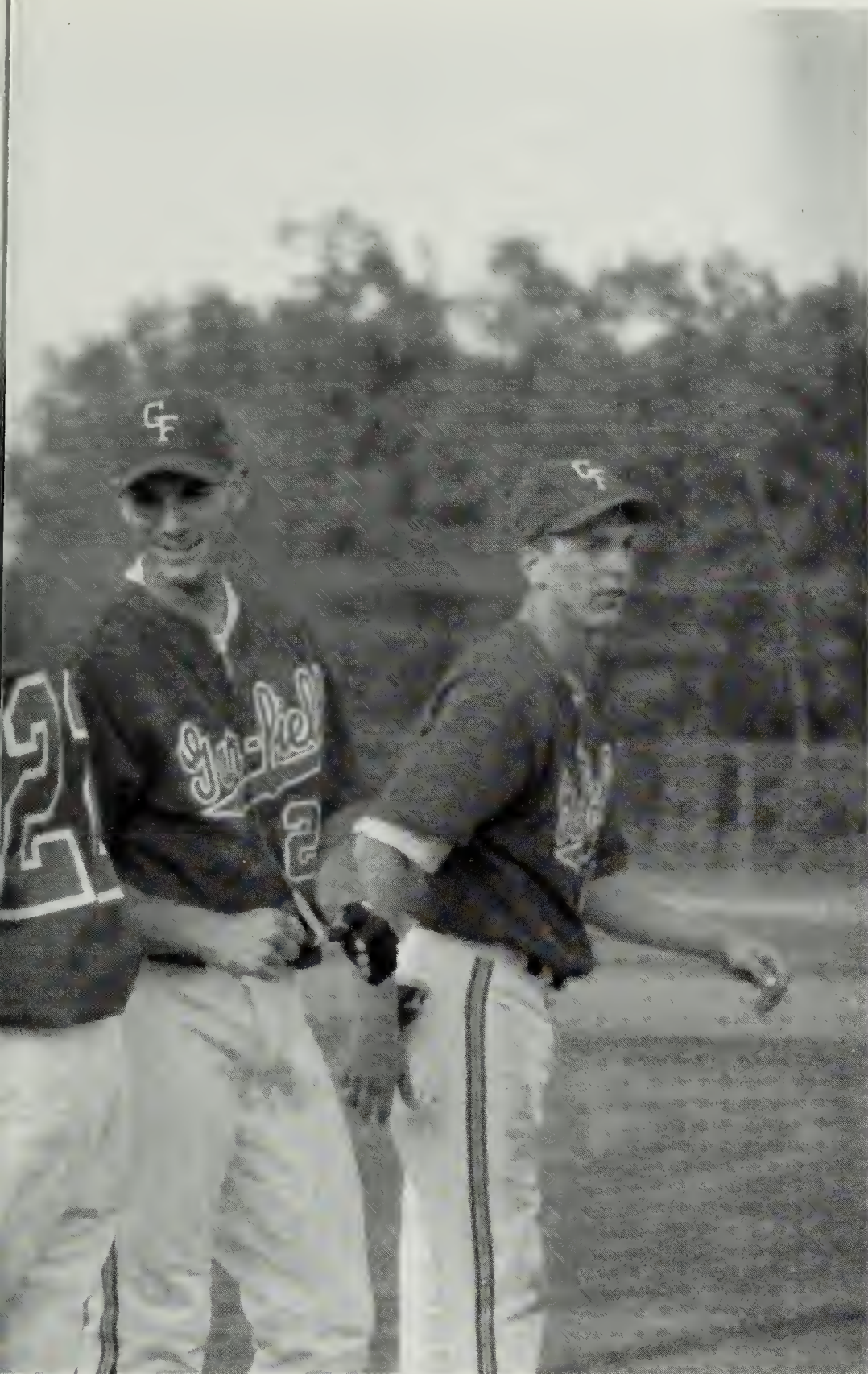


1996 Men's Varsity Baseball Scoreboard

G-F	OPPONENT	
4	Stafford	0
8	Bishop O'Connell	7
4	South Lakes	0
4	Riverdale Baptist	6
2	Osborn Park	1
4	Stonewall Jackson	0
11	Brooke Point	4
18	Woodbridge	6
8	Potomac	6
3	North Stafford	0
4	Hylton	2
3	Osborn Park	0
7	Stonewall Jackson	4
1	Hylton	13
7	Potomac	1
2	Woodbridge	3
0	Hylton	7
6	Stonewall Jackson	0
7	Heritage	5



The 1996 Varsity Baseball team. Top Row: A. Norgart, J. Johnson, C. Clabo, T. St. Clair, S. Clendaniel. Middle Row: C. Clow, A. Watkins, J. Baker, P. Fossum, M. Sullivan, N. Lichtenfels. Bottom Row: D. August, T. Pfizner, M. Klancer, and B. Yawberg.



Before the game, the team slapped hands for good luck. Many teams have their own way of boosting spirits in order to prepare for a game.

Varsity pitcher, Danny August, throws his curve ball to strike out many batters. Every good baseball team has a strong pitcher, and that was true for the Indians.



After cleanly fielding a groundball, shortstop senior Travis Pfitzner turns a double play. Shortstop is one of the most important positions on the field because many balls are hit there.

While stealing second base, Tad St. Clair slid in safely. Stealing a base consists of a lengthy lead off the base and a good jump as the pitcher pitches the ball.

Getting Into the Swing of Things

With the strong core of returning players and the support of new players, the Gar-Field J.V. Baseball team pulled together and had a victorious season. The team ended their season with a record of 8-3 and 4-0 in the Cardinal District.

"I thought as a whole the J.V. Baseball team played well throughout the season and each person on the team contributed greatly," commented Coach Vince Maziekus.

The leading hitters who contributed to the winning season for the team were juniors John Lemay, Brian Grudzinski, Adam Hoffman, John Coe, Eddie Petrovitch, and sophomore Brett Pokusa. The players who made a significant contribution defensively included Mike Scott, Brett Pokusa, Damon Smuzynski, Eddie Petrovich and John Lemay. The main pitchers were Kevin Gorski and Brian Grudzinski and their catcher, Brett Pokusa.

The player who provided the team with the most hustle when called upon to either pitch, run, or start in the outfield was Nat Van Hook.

"He truly enjoys playing and he always showed up to practice and the games," said Maziekus. The M.V.P. this season was John Lemay, and the player who showed the most improvement was Brett Pokusa. •Neda Farahmand and Vidya Kori



Junior Varsity Baseball 1996

G-F	Opponent	
4	Stafford	7
18	O.P.	4
10	Stonewall	0
11	Brooke Point	6
5	Woodbridge	7
17	Broooke point	7
2	Stafford	10
11	Potomac	2
12	North Stfford	6
5	Hylton	2
11	Potomac	0

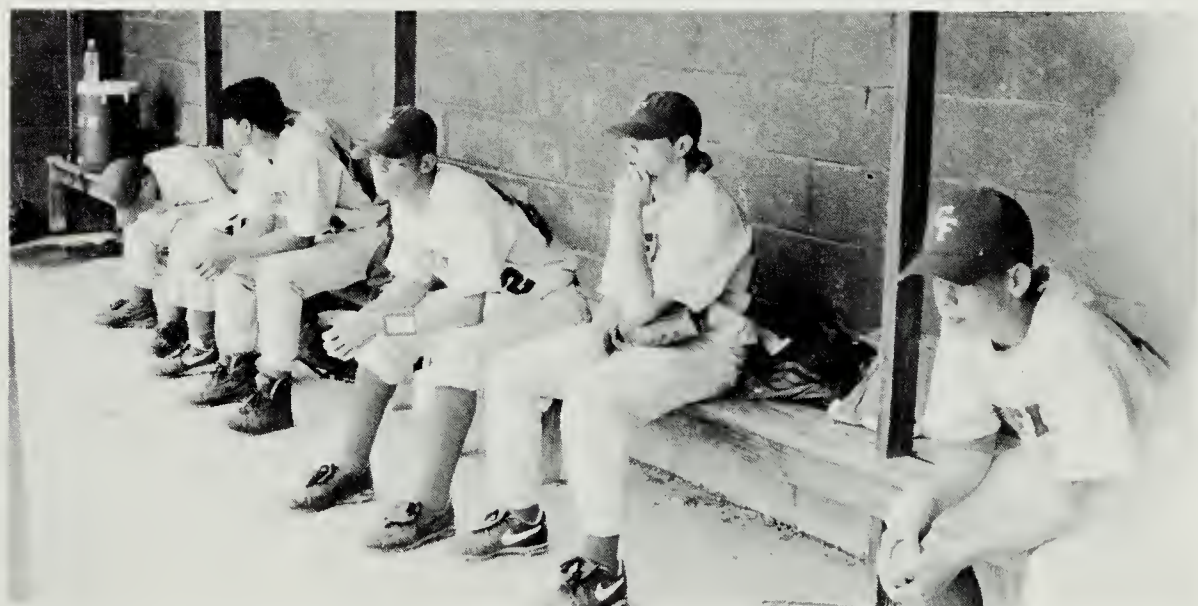
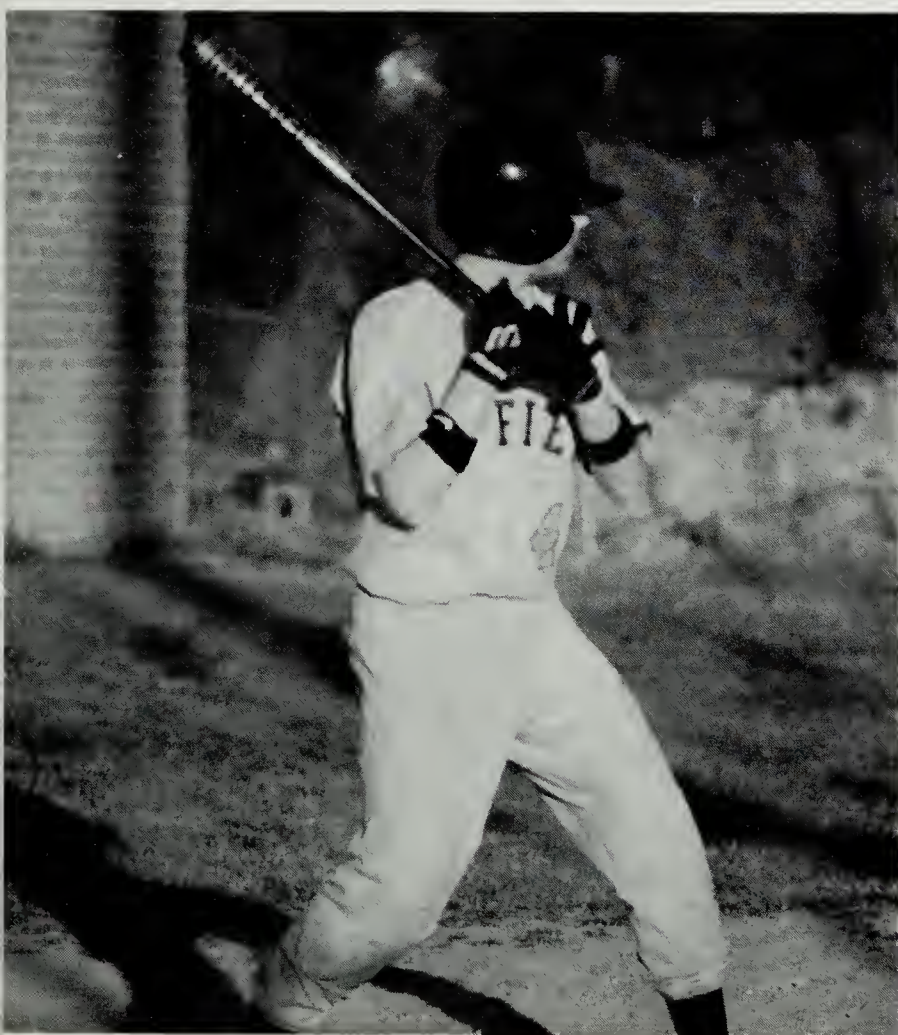
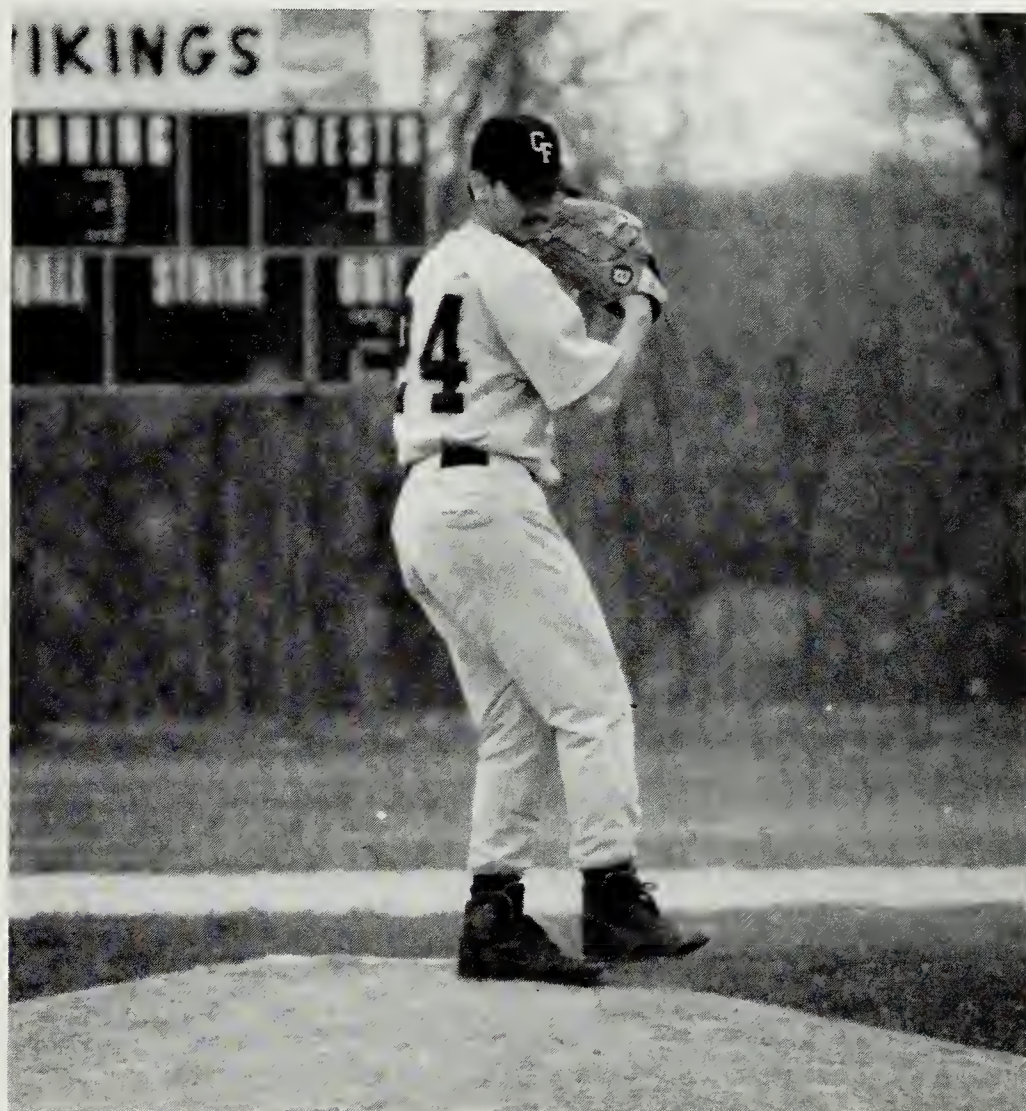


1996 Junior Varsity Baseball Team: Bottom Row: Matt Dibert, Nale Van Hook, John Lemay, Paul Horsay. Middle Row: Brian Grudzinski, Damon Smuzynski, Kevin Gorisek, Brett Pokusa, Matt Lund, Andrew King. Top Row: Mike Scott, Eddie Petrovich, Adam Hoffman, John Coe, Coach Maziekus.



(Left) After a great job of fielding against the North Stafford Wolverines, the team gathers for a pep talk. Pep talks provided the team with great motivation in order to defeat other teams.

(Bottom) On the mound, sophomore Kevin Gorisek winds up for a pitch against the Woodbridge Vikings. Gorisek was one of the main pitchers on the team.



(Left) As sophomore Brett Pokusa holds his stance, he waits for the right pitch. Pokusa was the starting catcher on the team, and he made an important contribution both offensively and defensively.

(Above) While in the dugout, Nate Vanhook, Kevin Gorisek, Damon Smuzyski, John Lemay, and Paul Morsey cheer on their teammates who are going up to bat. Team support such as this was a big factor in team victories.

The Bases Are Loaded

"Ducks on the pond" is a phrase frequently used to describe softball players when the bases are loaded. The player that needs to get her teammates home is represented by the duck. In order to get the teammates safely off the bases, one must have experience.

The experience of the players on Gar-Field's 1996 softball teams ranged from three to ten years. Therefore, the teams were well prepared even at the start of the season.

The varsity team's preseason goals ranged from going to states to individual challenges.

"I hope we make it to states, but we have to concentrate on defeating our rivals Woodbridge and Stonewall first," stated senior captain Amy O'Neil.

"When I was younger, I would watch baseball on television, and I would dream of playing as good as those players," senior Rachel Rybicki recalled.

When many others headed home after school, the softball teams could have been found hard at work on any given day.

Senior Erin Caricofe commented, "As a team we realized that repetition is an efficient way to master skills, so during practice we do drill after drill and we see it pay off on game day."

"It gave me a rush to get out there every day and play a game that I really loved," sophomore Stephanie Spears recollected.

From the start of the season, the Junior Varsity team was all fired up. The girls were highly supported, and enjoyed playing on the field together.

"Our team got plenty of support from parents and our coach, and it proved to be very beneficial to us," said junior Robin Levin.

All in all both teams had a successful season. Most importantly, they learned to work as a team and have fun. •Erin Nicholson, Karen Testerman, Taylor Jefferson



Varsity Softball 1996

G-F	OPPONENT	
10	Stafford	0
1	Edison	2
5	Oakton	2
2	Jefferson	0
1	Woodbridge	7
7	Hylton	3
3	O.P.	2
0	Stonewall	1
2	Brooke Point	1
7	Stafford	0
2	Potomac	1
3	N.Stafford	1
2	Hylton	5
3	Woodbridge	1
13	Brooke Point	2
12	O.P.	3
1	Stonewall	0
3	Potomac	2
2	Woodbridge	3
15	Hylton	1
4	Potomac	0
2	Woodbridge	6



1996 Varsity Softball Team: (Top Row) Jessica Stump, Julie Alter, Carrie Hernandez, Amanda Walters, Christine Peterson, Coach Jennifer Jones (Middle Row) Shea O'Connel, Payton Nash, Erin Caricofe, Amy O'Neil, Allison Garrett, Rachel Rybicki, Megan Oldis (Bottom Row) Rebecca Devanney, Stephanie Russ.



(Left) Pumping themselves up for the rest of the game, the team gathered around for a quick pep talk. Team work is a big part of a successful game, and allows for plans to be carried out effectively.

(Below) With a look of determination, senior Rachel Rybicki focused intently on home plate as her opponent went up to bat. Being prepared is always very important. A good performance on the field is just as necessary as a good performance in practice.



(Left) Giving advice on how to get home, Coach Mike McDonald helps out Christine Peterson. Coach McDonald's help and support proved to be effective throughout the season, and he was very valuable to the team.

Junior Varsity Softball '96-(Top Row) Leslie Allen, Heather Tucker, Stephanie Spears, Kim Keys, Terri O'Grince, Coach Heather Loitner. (Middle Row) Nikki Hammond, Nikko Nasca, Melissa Swift, Michelle Kuzma, Amanda Mosser. (Bottom Row) Robyn Levin, Kim Elosser, Anna Bravo.

Teeing Off

This year brought with it a great season for the golf team. They gave it their all this year and ended the season with a respectable record of 6-6.

Junior Mike Guilfoyle commented, "This is the best team Gar-Field's ever had."

According to the team's captain, senior Dan Broughton, "The top four on the team were Mike Guilfoyle, Ken Lowe, Travis Gee and me. We have been playing really well all year and it has really brought us together."

End of the season awards were given to Dan Broughton as the Most Valuable Player, Brett Pokusa for Most Improved and Thomas Hahn, commonly known as "freshman" by his teammates, as Rookie of the Year.

Overall, the team earned third place in the Cardinal District, and they only missed regionals by two strokes. Dan Broughton left a fantastic impression with a scoring average of 77 followed by Ken Lowe who had a scoring average of 78. These impressive scoring averages did not come easily. Concentration and practice were the two most important factors in completing a victorious season. Hours were spent each day after school concentrating on swings and focusing on follow-through.

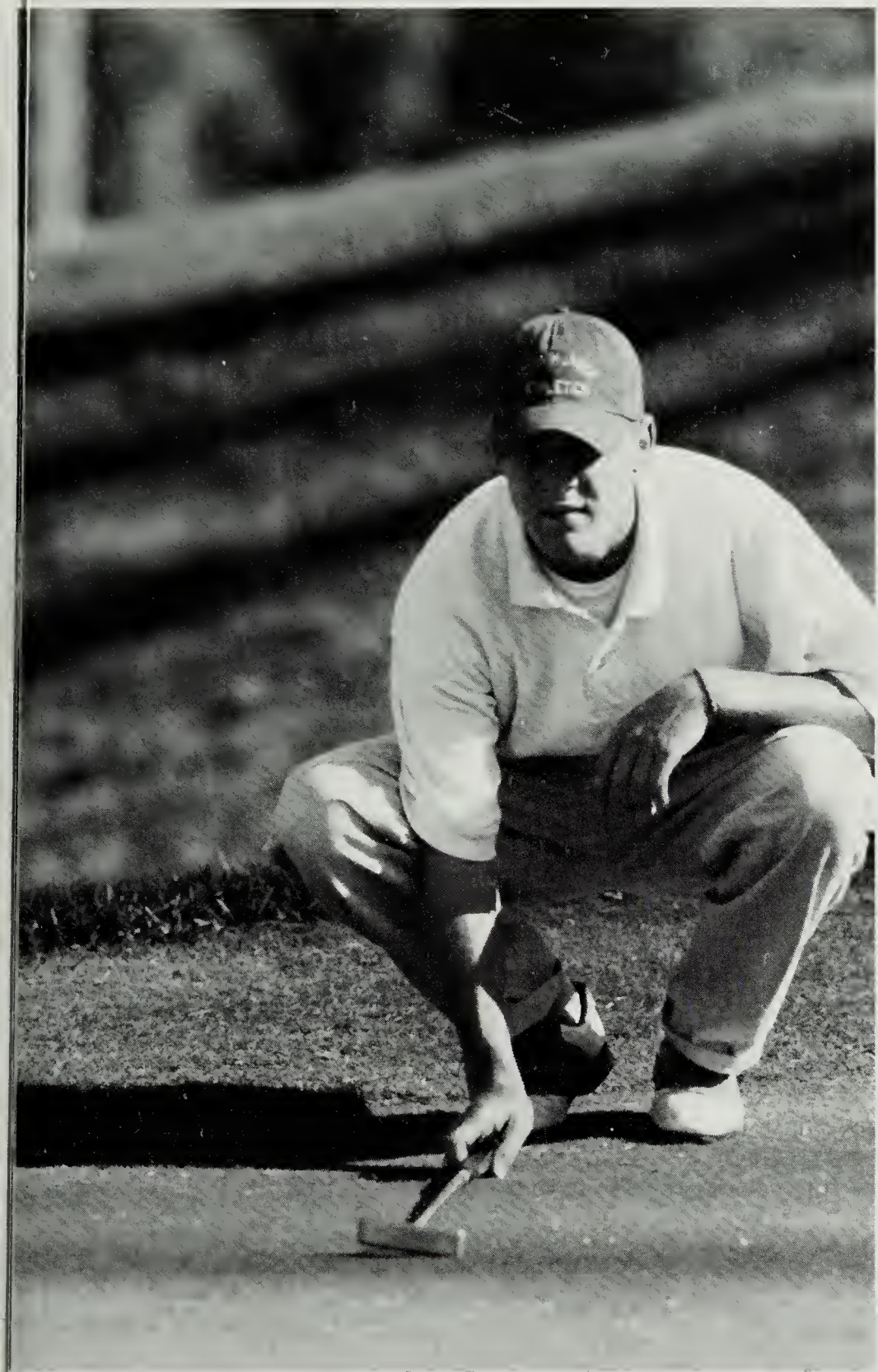
The entire team showed an improvement from last season. Coach Miller is planning on even more improvement for next year's team. He expects most players will return. •Martha Dunn and Tracy Kinoshita



Many dedicated golfers like Junior Chris Tomlinson will do anything not to get a stroke added to his score. Contrary to popular belief, Chris says that golf is what real men do after school. Chris is known for his little tricks that keep the game interesting.



1996 Golf Team. Back Row: Thomas Hahn, Brett Pokusa, Nick Lichtenfels, Eamon Bethel, Dan Broughton, Brian Anderson. Front Row: Mike Guilfoyle, Justin Wilson. Not Pictured: Ken Lowe, Travis Gee, and Chris Tomlinson.



Carefully trying to judge the ball's position, Senior Captain Dan Broughton aimed to make the correct stroke. Golf is a sport in which strategy and careful planning pay off.

Below: Watching their teammates, team captains junior Mike Guilfoyle and senior Dan Broughton observe their teammates practicing their putting skills.



The tee off is one of the most important skills in the golfer's game. Sophomore Bret Pokusa has mastered the tee off which gets him off to a strong start.

A dedicated member of the top four, sophomore Ken Lowe is known as the future of the Gar-Field golf team. Here he is observing his finished shot knowing he had a good stroke.

KICKIN' BACK

The Boys' Varsity soccer team did anything but kick back and relax. After a full day of school, the team headed for the field for the exhausting practice which awaited them. While on the field the team practiced many drills such as passing, shooting, corner and free kicks. They also held weekly scrimmages to challenge their ability and prepare them for their opponents.

"We set some high standards and goals for ourselves, which we were able to accomplish," explains junior Josh Powell. One such goal was Districts. The team won 2-1 over Osbourn Park but unfortunately was defeated 4-1 by Hylton. Their victory over Osbourn Park made the team 1996 District Runners-Up.

The soccer team was made up of both young and older players. This combination of old and new talent made the team the success that it was, according to sophomore Brian Leatham, "We were a real team. With everyone's antics and Mr. Zimmerman's discipline we had a good balance of everything, including a nice balance of young and old players."

Perhaps it was the team's good fortune to have a successful season, but most likely, it was the skillful ability of the coaches and the pure talent the team possessed. •Tina Lambert, Phoebe Kenney and Kace Clark



Boys Varsity Soccer 1995-1996

5	Osbourn	0
0	Stafford	0
4	South Lakes	0
4	Oakton	4
3	Lee	3
4	Hayfield	5
6	Brook Point	2
1	Stonewall	2
5	Fairfax	1
3	Woodbridge	0
3	N. Stafford	6
4	Hylton	1
2	Potomac	7
3	Osbourn Park	0
0	STafford	2
1	Osbourn Park	2
4	Hylton	1
4	Woodbridge	0



1995-96 Boys Varsity Soccer. First Row (from left to right): Brian Leatham, Robby Bouchard, Joey Charles, Keith Benderoth. Second Row: Jay Addo, Steve Huffman, Pat Lichy, Chris Einsman, Shawn Rice, Danny Broughton, and Nick Powers. Third Row: Josh Powell, Dan Gomez, Isaac Hill, Elias Hoxha, Jason Donath, Dennis Mittkaren, Jon Wiegand, Joey Cooper, and coaches Mr. Rudy Zimmerman and Mr. Chris Aleo.



(Left) The best offense was a strong defense. Senior Pat Lichy guards Gar-Field's half of the field. The game against Lee would end in a tie.

(Below) Racing down the field, senior Shawn Rice noticed a chance to change the direction of the game. Taking every step in stride, one can transform adversity into a positive.

Storing their energy, Pat Lichy and Keith Benderoth take a time-out before the action of the game actually begins. Sleeping at night and eating right helped the players to maintain their endurance.



At this home game against Hayfield, it was three on three toward the Indians' goal. Elias Hoxha checks the situation out to see if he can assist in executing the goal.

During half-time, Coach Zimmerman gives the team a little talk about strategy. Outlining his expectations and offering encouragement to the players, Coach Zimmerman asked his players to give him nothing but their best.

Taking the Plunge

The Swimming Indians came into the 1996-97 swim season with a different challenge than in previous years. A newly formed Cardinal District increased the competition, and therefore made the water just a little rougher for the Indians.

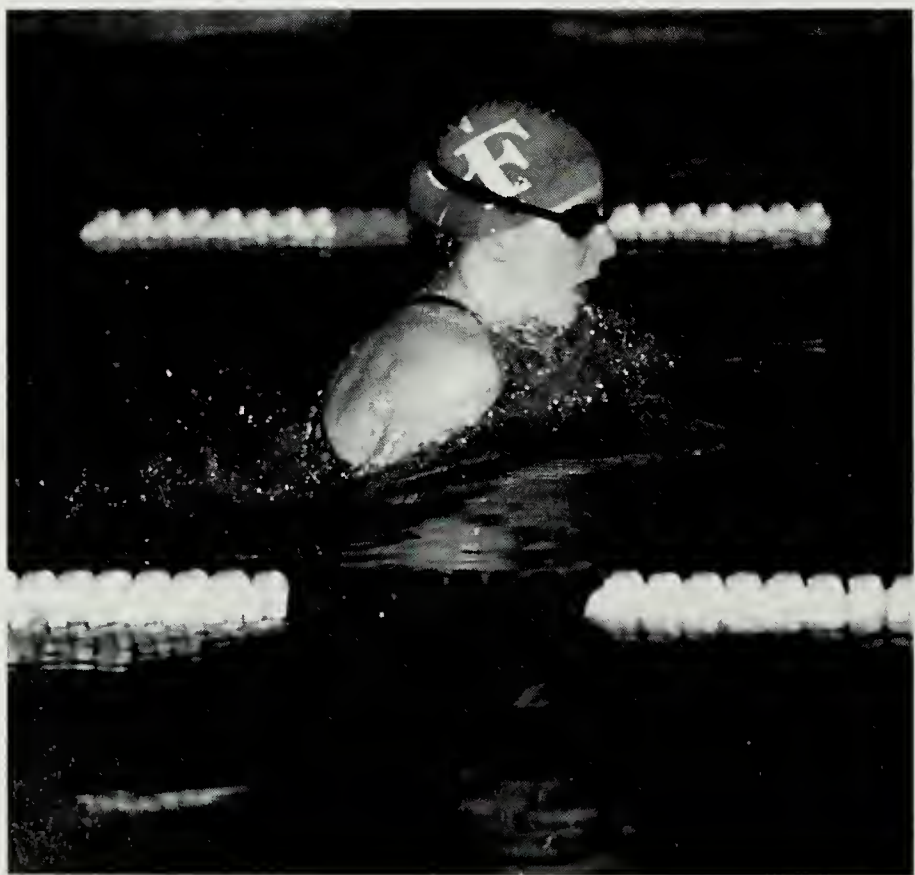
All of the swimmers worked hard, but they also found time to have some fun. Junior Christin Talbot remembered, "My favorite activity was the rubber ducky drill. We had to swim backstroke with plastic toys on our heads!"

A 3-3 record for the boys made this their best year ever. "This team is like a family," freshman Matt Miller explained, "It would be great to have a few more swimmers, but once you hit twenty to twenty-five swimmers, people start to fade into the background and the family atmosphere is lost."

An outstanding finish by the girls made this also one of their best seasons ever. "Practices were tough and included weight lifting, but it made us better swimmers," quoted sophomore Jennifer Hicks. "Our biggest win was against rival Osbourn Park. They were by far one of the best in the league," remarked freshman Jessica Stansfield.

Many records were broken both individually and in relays. The season ended on a high note, with a few of the swimmers qualifying for Regional and State Competitions. This year marked the first season that included year-end Virginia High School League sanctioned Regional and State meets, and the team hopes to continue to do as well as they did this year in the upcoming ones.

•Damon Smuzynski, Margret Rowland, and Lindsey Sharp



Striving for another first place finish, junior Lauren Miller competes in the 100 yard breast stroke. Lauren was a vital asset to the girl's team.

First Row: Mike Eaton (mgr.), John Ritchie, Geoff Yaroschack, Chris Glyer, Pat Burke, Dominques Grigg, Jimmy Christie. Second Row: Mrs. Broach (sponsor), Richard Leung, Damon Smuzynski, Matt Miller, Joseph Rakestraw, Kevin Stansfield, Sean Johnston, Mike Guilfoyle, Rocco Galgano, Coaches Rob Knoepfel and Alecia Johnson



Waiting before their event, the men's 200 yard freestyle relay team of Kevin Stansfield, Damon Smuzynski, Mike Guilfoyle, and Matt Miller, AKA the "Sea Monkeys," take time out to mentally prepare. The relay team had a very successful season.

A newcomer to the team, sophomore Abby Rackster prepares to swim her leg of 200 yard freestyle relay. Freshman Olivia Griffin supports the other members of her relay team after she has finished her swim.



Concentrating on his technique, freshman Jimmy Christie is hard at work. There was always room for improvement on one's times.

First Row: Christin Tallbot, Martha Dunn, Olivia Griffin, Kristen Anderson, Lindsey Sharp, Robyn Herman, Kelly Packard. Second Row: Valerie Dix, Holland McClellan, Jennifer Hicks, Amber Earp, Kristen Bellando, Katie Fajar, Caitlin Czech. Third Row: Coach Jan Packard, Leigh Anne Touchette, Kristen Garvey, Gina Burke, Jessica Stansfield, Kate Dunn, Lauren Miller, Margaret Rouland, Erin Lally, Abby Rackster, Mrs. Broach (sponsor), Sara Smith (mgr.)

Goal Struck

The Varsity Girls' Soccer proved once again that they were a force with which to be reckoned. The team's 10-5-2 record goes a long way to illustrate how hard work and commitment paid off in the 1996 season.

The girls spent many weeks in training before the season was even in sight. Whether playing on fall soccer leagues or indoor teams during the winter months, team members honed their skills and would come together to be one of the greatest teams in the school's history.

Leading the team, Missy Wycinsky scored 21 goals and earned 9 assists. Sarah Jansen came in next with 9 goals and 8 assists. Tami Prisco joined in with 9 goals and 8 assists by the end of the season.

The season was one with many exciting moments. Senior Beth Mills said, "The highlight of our season was knocking Woodbridge out of the regional tournament. This was the first time in twelve years they didn't make it to the state tournament. Our team work and unity paid off."

In each game, the players maintained a positive attitude and accented that attitude with focus and concentration. The team members focused on working together to keep possession of the ball and seizing the opportunity to score when possible.

After such a great season, the players will miss the special moments they shared together. "This year's team was really great. We all came together and did the best that we could. We had our ups and downs, but in the end, we would always gel," said senior Laura McFall. •Jen Robinson, Katie Crabtree, Kelly Smith, and Kristen Crabtree



1996 Girls Varsity Soccer

	G-F	Opponent
Stafford	8	0
First Colonial	2	1
Brooke Point	4	0
Stonewall	9	0
Woodson	0	1
Fairfax	0	0
Woodbridge	2	5
Lake Braddock	2	0
Hylton	0	1
Osborn Park	2	2
Potomac	8	0
Cave Springs	6	0
North Stafford	8	0
Osborn Park	3	2
Hylton	1	3
Woodbridge	2	1
Hylton	2	4

Record 10 - 5 - 2



(Above) Pumping up morale before the game, Heidi Holtzman gains the attention of the spectators. The players are called onto the field for recognition and to boost confidence before a game.

(Right) As she dives for the ball, goalie Shanna Conklin blocks the shot of her opponent. The pressure of the game is now placed on her.



(Left) Soccer is a game about making the right moves. In pursuit of the ball, Emily Ostrander (5) attempts to cut off her opponent. Sarah Clendaniel prepares for the possibility that the ball will be coming back in her direction.

(Below) Sometimes it's best not to keep both feet on the ground. Even in flight, Missy Wycinsky remains in control of the ball.



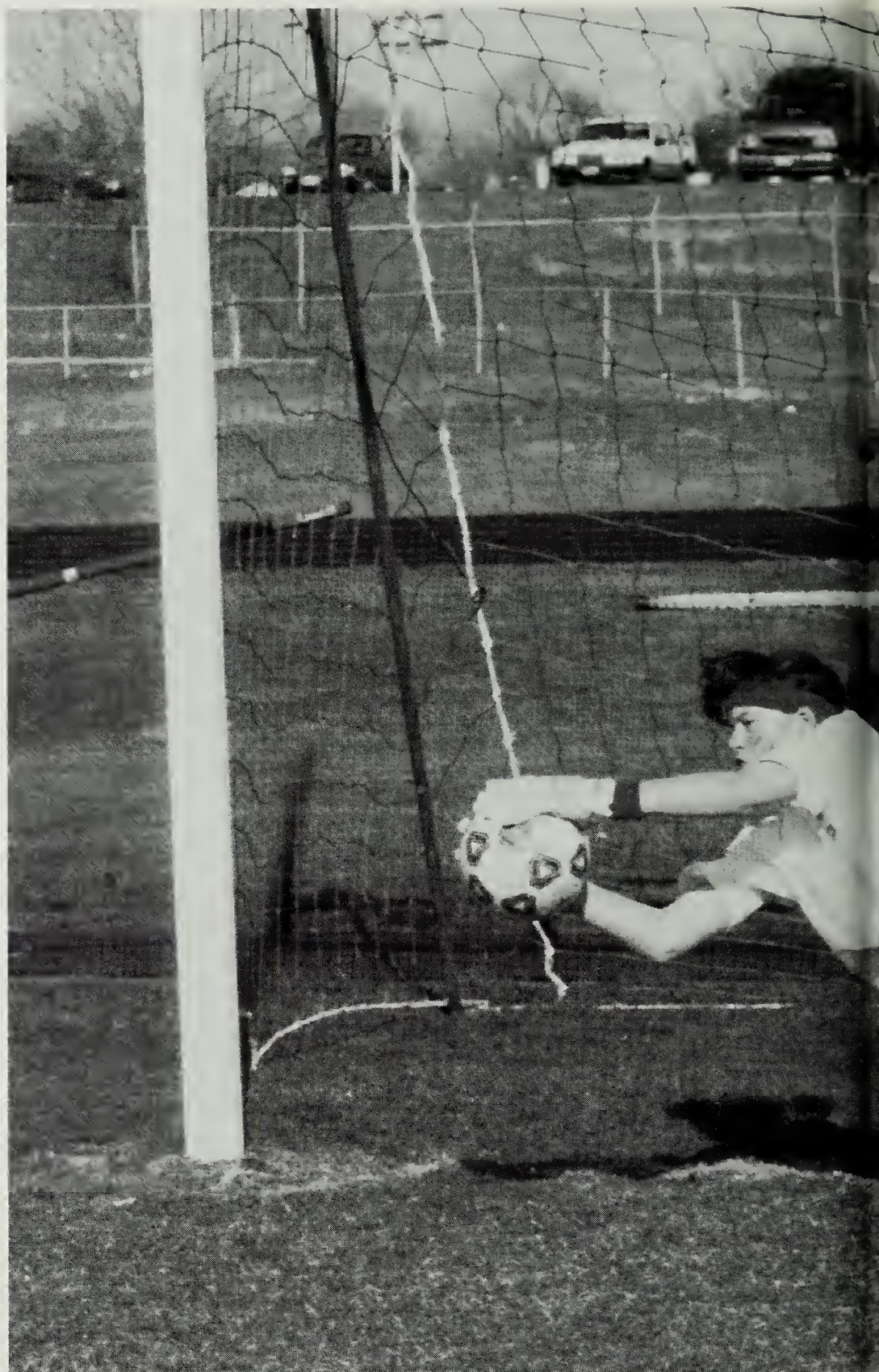
1996 Girls Varsity Soccer. Row One (from left to right): Rachel Powell, Mandy Dietrich, Heidi Holtzman. Row Two: Robyn Herman, Sarah Jansen, Missy Wycinsky, Lauren Rowe, Sara Harney, Kelly Smith, Beth Mills, Laura McFall. Row Three: Lisa Westley, Emily Ostrander, Jennifer Flom, Shanna Conklin, Kelli Hicks, Sarah Clendaniel, Tami Prisco.

JUST FOR KICKS

The J.V. Girls Soccer team worked hard with two aspirations in mind. The goals of team members included finishing the season with an excellent record and polishing one's play in order to rise to the varsity level during the next year. Daily practice and constant dedication to the team brought them as close as possible to accomplishing success in both. "We pulled together and became a lot closer as a team. This helped us communicate much better on the field," said Kelly Packard.

Some of the girls' best achievements during the games were remaining together and never giving up no matter what the score was. Coming back from behind was a common occurrence for the team and a main reason why many of their games resulted in ties. "Spending so much time together as a team also gave us a chance to develop stronger friendships," said Jamie Reichenbach, center midfield for the team. Tying Woodbridge with an unscored game showed the defensive skills of the JV team. Leading the team defensively were the twins Katie and Ali Jung. They were always counted on to clear the ball out and help block the goal.

Under the guidance of a new coach, Mrs. Cox, the team managed to finish the season with a strong record and excellent skills. "We learned a lot and had a great time playing," said Teresa Peters. The goals for the team were accomplished, and each player left with valuable experiences. • John Galgano and Katie Cartwright



On the move, Natalie Anzolin, continues to drive the ball upfield. She played her position as outside wing well, maneuvering the ball around her opponents.



TOP ROW: Coach Cathy Cox, Katie Tochtrop, Mari Kneebone, Amanda Bushner, Jenny Cahill, Ali Jung, Martha Barrayo. MIDDLE ROW: Teresa Peters, Nicole Cozza, Sheri Lawson, Katie Jung, Nancy Flores, Natalie Anzolin. BOTTOM ROW: Jamie Reichenbach, Kelly Packard, Katherine Cartwright, Sarah Fortier.



In mid air, making a great save, Sarah Fortier is a perfect example of the determination shown by this team. She was a main reason why there were so many close scoring games.

In perfect form Teresa Peters throws in the ball from out of bounds. Taking advantage of the other teams mistakes is an easy way to get the ball down the field.



As Ali Jung maintained control of the ball, she was quickly thinking of her next move. Clearing the ball up to her offensive teammates was her main responsibility.

Full of excitement before the game, each teammate cheered on the other as they were announced. Kelly Packard is shown giving high-fives to the team as she was called onto the field.

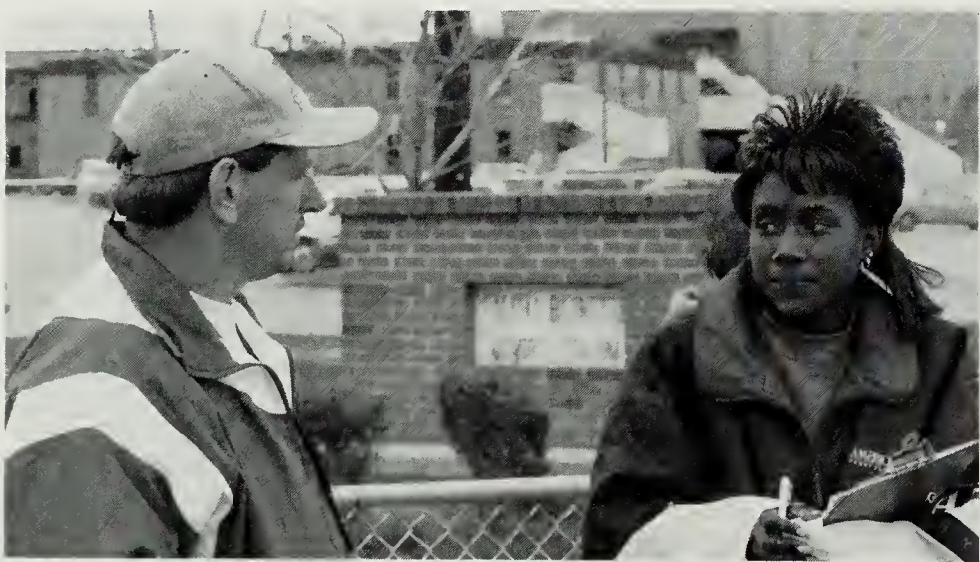
Catch Me If You Can

This was a successful year for both the boys' and girls' track teams. Both teams were District Champions. Also, the girls took first in the Northwestern Regionals, and the boys took twelfth. The girls topped off the year by taking fifth in the state meet and showing an outstanding performance. All state honors went to senior GiGi Miller, Kathy Edwards, Raven Andrews, and Maruquel Williams. The boys also had a good season, and three boys qualified to go to state. They were Selwyn Crittendon, Jerry McClam, and Roland Craig. Many records were broken.

Seniors Kathy Edwards and Raven Andrews stated, "When we were freshman we always said that we wanted to break the school records in our events. We now feel that we have achieved everything we wanted to."

Some of the younger people, such as sophomore Nicole Brown set their own personal goals. She added, "I know that I am inexperienced, but I think with more practice and dedication I can make many improvements in my times."

Senior Dallen Army stated, "I know that I have achieved many things this year, but I hope to do even better next year." There will be many people returning to the teams next season, and they have high hopes to win the state titles. •Raven Andrews and Mike Riley



Discussing the outcome of the meet, Coach Custer and Ebony Prince assessed how the runners did. On many occasions like this the athletes had to endure many obstacles such as the weather.



1996 Boys' Outdoor Track Top row (from left to right): Selwyn Crittendon, Chris Walker, Danny Commander, Bob Graft, Jon Anderson, Roland Craig, Demario Owens, Antonio Mendez, Anthony Smith; Second row: Adam Edmundson, Qualen Bradley, Devlin Jefferson, Peter McClellan, Anthony Peters, Peter Bradford, Keith Cambrel, Leon Locke, Jerry McClam; Third row: Dee Nelson, David Day, Adrian Jenkins, Josh Giamichael, Justin Washinton; Bottom row: Victor Enyi, John Ritchie, Eric Penic, Auntray Jones, Steve Ryan, Paul Bapple, Kevin Mosby.



Charging over the hurdle with great strength, sophomore Cynthia Bennett, knew that being aggressive was the key to being a great hurdler and runner.

Racing and pushing one another in a race, Justin Washington and Kevin Mosby exemplified how pushing another teammate in a race can sometimes help improve times and standing rank in a race.



Adjusting to the height on the high jump, senior Raven Andrews, not only involves running but also helping with the running of the events.

1996 Girls' Outdoor Track. Top row: Candace Sample, Lauren Rowe, Raven Andrews, Kerry James, Lola Olamigoke, Aurora Bushner, Gloria Jackson, Chinita Woody, Nicole Brown, Maleka Mathews; Middle row: Marissa Trowbridge, GiGi Miller, Allison Rowe, Jackie Burrell, Elizabeth Davis, Collen Sullivan, Kate pancratz, Maruquel Williams, Amy Ansong, Ebony Prince, Kathy Edwards; Bottom row: Darcy Priester, Kate Bradford, Jomaine Blount, Nicole Gray, Tanisha Gill, Dublin Kelly, Leah McBride, Allison Banks, Cynthia Bennett.

Different Strokes for Different Folks

Its 6:30 a.m. on a Saturday morning, the fog is so thick that one can barely see the person in front of them. Tired and cranky with nothing one would rather do than to crawl back into their comfortable bed, the crew team practices. There is something which motivates each rower to be on the cold water so early, the adrenaline rush and feeling of success as the team crosses the finish line.

Despite long hard practices out on the water, running for what seems like an eternity, and exhausting oneself on the ergometers does not sound too appealing, many rowers dedicate their afternoons and weekends to the sport. According to sophomore Alexandra Lambert, "Rowing takes up most of my time during the spring and is a lot of hard work, but its all worth it when we win a race."

The crew team has developed various "rituals" often performed before or after a race. It is tradition to throw the coxswain into the water after their boat wins the race. Unfortunately, this practice has been banned due to the 50 dollars the team is fined if someone is caught in the water. Many boats have special good luck charms that are placed on the boat before every race. Junior Jesika Hacker explains, "My boat had little stuffed animals in between the footstretchers for good luck."

Some may say the good luck charms really helped but it was the effort and hard work the team put into each practice which made the team a success. •Tina Lambert



The men's first eight sits ready at the catch for their practice race piece. The standard race piece for a high school team is 1500m. In a day's practice, a team might do up to three practice race pieces.

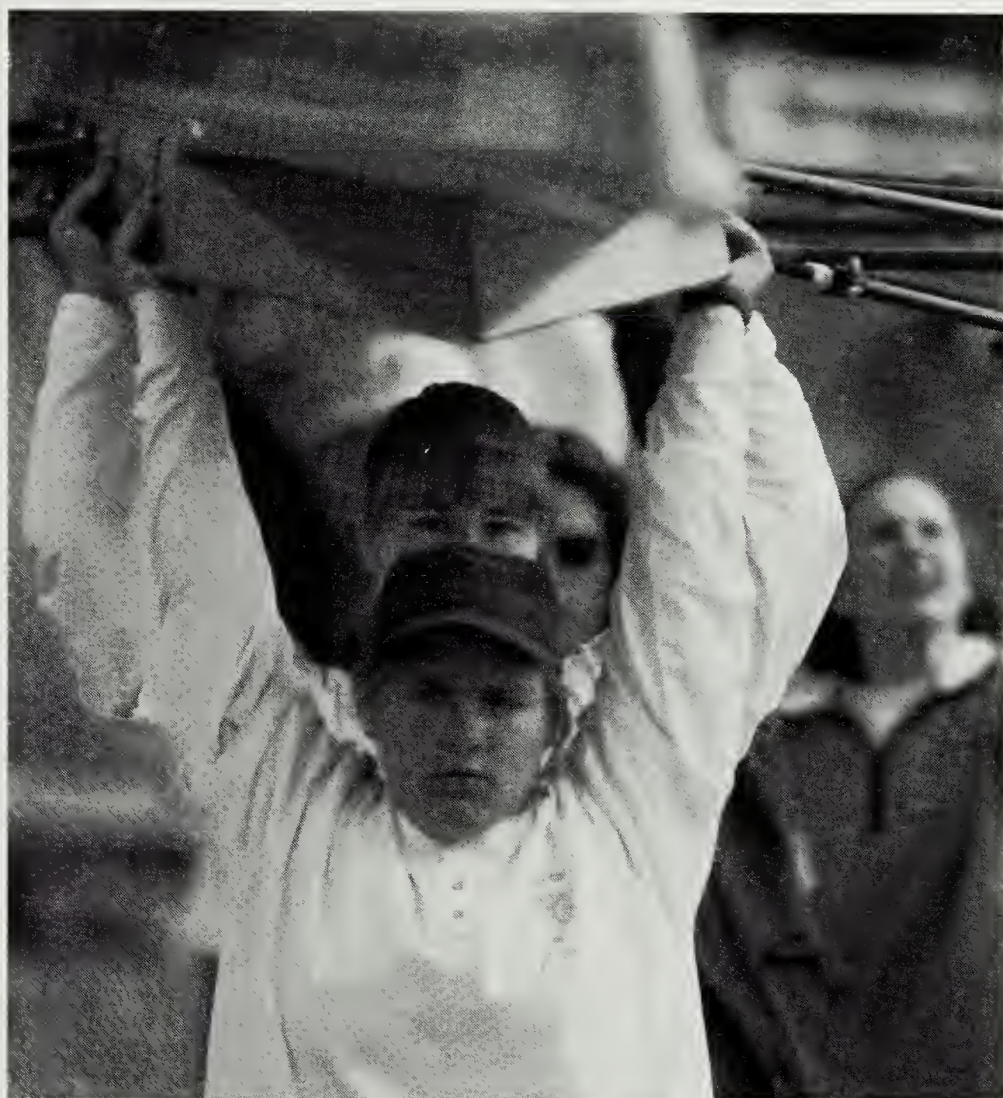


1996-97 Crew Team . First Row (from left to right): N. Nicholson, N. Free, P. Nabholz, J. Goldammer, J. Logan, D. Kalathia, H. Linton. **Second Row:** L. Sherill, V. Humenik, C. Richardson, A. Lambert, C. Poole, W. Bates. **Third Row:** P. Ferris, S. Jones, L. Wescott, E. Motley, C. Lindon, K Webster, B. Webster, J. Stokes. **Fourth Row:** B. Sherill, D. Schiripa, V. Leon, D. Schiripa, S. Nebel, T. Youngs, A. Peterson. **Fifth Row:** R. Crosby, P. McFarland, J. Pannia-Wonnum, K. Nabholz, D. Jones, P. Bobolia, B. Skeens. **Sixth Row:** T. Johnson, M. Pastore, P. Roach, A. Broaddus, T. Giarizzi, A. Thorstad, E. Soliven. **Seventh Row:** W. Pickell, C. Welch, A. Edmundson, T. Harney, K. Sorenson, R. Lee, D. Wilder. (Not Pictured): J. Hacker, T. Lambert, M. Nissen, W. Stein, J. Wilson, N. Brulotte, M. Jacobs, M. Rosenburg, J. Rosenburg.



At the sprint with only 500 meters left to go, the women's second eight uses what's left of their energy to reach the finish. The race, lasting a mere six minutes, can seem endless until the boat reaches the sprint mark.

"Up and over your heads", yells coxswain Dana Miller. The team obeys the command and lifts the shell (boat) out of the racks. Senior Wendy Stein concentrates on the team's strategy for the upcoming race.



As she achieves perfect keel, junior Jesika Hacker concentrates on keeping the boat set. The boat's keel is indispensable when rowing. The slightest offsetting of the boat can be devastating during a race.

In the few moments between land training and practicing on the water, teammates pose in their shades for a group picture. Sunglasses were a dire necessity during practice to protect the rowers from the glare of the sun on the water.

In Full Swing

Along with the coming of spring, also arrives the time of year for boys to try out for the tennis team. Coach Bob Miller evaluates each candidate for an hour and a half for nearly two weeks.

Senior Josh Hogan said of tryouts, "It's kind of like boot camp. We run about 50 laps around the tennis courts and hit balls all afternoon long."

After the marathon try-outs ended, those lucky 12 to 15 people who made the team would find their names posted on the window outside of the locker room. This select few would embark on a rigorous couple of months full of running, racquet, and the refinement of strategy.

"Tennis practice is a way of uniting the team. After having a few practices, it feels like the squad is turning into a real team," said Vicrum Puri. We asked Kevin Stansfield what he liked about the tennis team and he said, "I enjoy the challenges that require me to perform well when I play singles and doubles."

Landon Schaefer shared his feelings on the chances the team had to perform at a superior level. "I believe the top six singles and the top three doubles will be prepared for any surprise challenges that might pose a threat to the Big Red Indians." •Jenni Reese



1996 Men's Tennis Team Scoreboard

G-F	OPPONENT	
7	Stafford	1
1	James Monroe	8
8	Stonewall	1
3	Woodbridge	6
9	Potomac	0
6	Osborn Park	3
6	Hylton	3
9	Potomac	0
8	Osborn Park	1
6	Hylton	3

Record Overall: 8 - 2
District: 6 - 0



The 1996 Men's Tennis Team. Top to bottom (left to right): Vicrum Puri, Landon Schaefer, Kevin Stansfield, Mike Snow, Brian Savage, Paul Morales, Tim Kokan, Sean Johnson, Wade Moore, Ryan Mouw, and Brian Garrett. Not pictured were Josh Hogan, Jason Hogan and Seth Kloss.



Follow-through on a serve is vital to successful placement of the ball. Landon Shaefer sent his first serve across the net. Landon won the Cardinal District Singles championship.



Wanting to make sure that his opponent cannot return the ball, Vicrum Puri exerted all of his forearm strength. Vicrum had been a member of the team for his entire high school career.



Trying to be serious, Mike Snow hits the ball back to his tennis partner. Practice was a time to perfect skills, sweat, and maybe bond a bit as a team.

Twisted up on a cold day, Kevin Stansfield practices playing under pressure. Kevin went on to win the Cardinal District Doubles Championship with Landon Schaefer.

Making a Racket

Every afternoon, beginning on August 12, some of the most dedicated athletes could be found on the tennis courts of Gar-Field improving their game. Under the guidance of Mr. Jim Earl and Ms. Pat Davies, the girls' tennis team worked hard together and improved their tennis skills.

"I want to see some good tennis!" This quote from Mr. Earl could be heard loud and clear as the girls prepared to face the competition. One of the team's strongest qualities was their strong sense of team unity.

"Mr. Earl helped us learn about teamwork," stated Junior Taylor Jefferson.

"Even if you lost a match, you could always count on your teammates for support," added Sophomore Liz Gilbert. Through their hardwork and dedication, the girls encountered many individual victories.

"It's such a great feeling when you win a match. You totally forget how much hard work you put in during practice," commented Junior Lindsey Lunsford.

The team also received help from Miss Bridget Pine and Mr. Hall on the tennis courts. As the team filtered out of Mr. Earl's house after the end of the year pizza party, everyone looked forward to the next season.

"I can't wait until next year!" said Junior Megan Wescott as she ran out the door.

•Tara Koshetar and Sanjana Khoobchandani

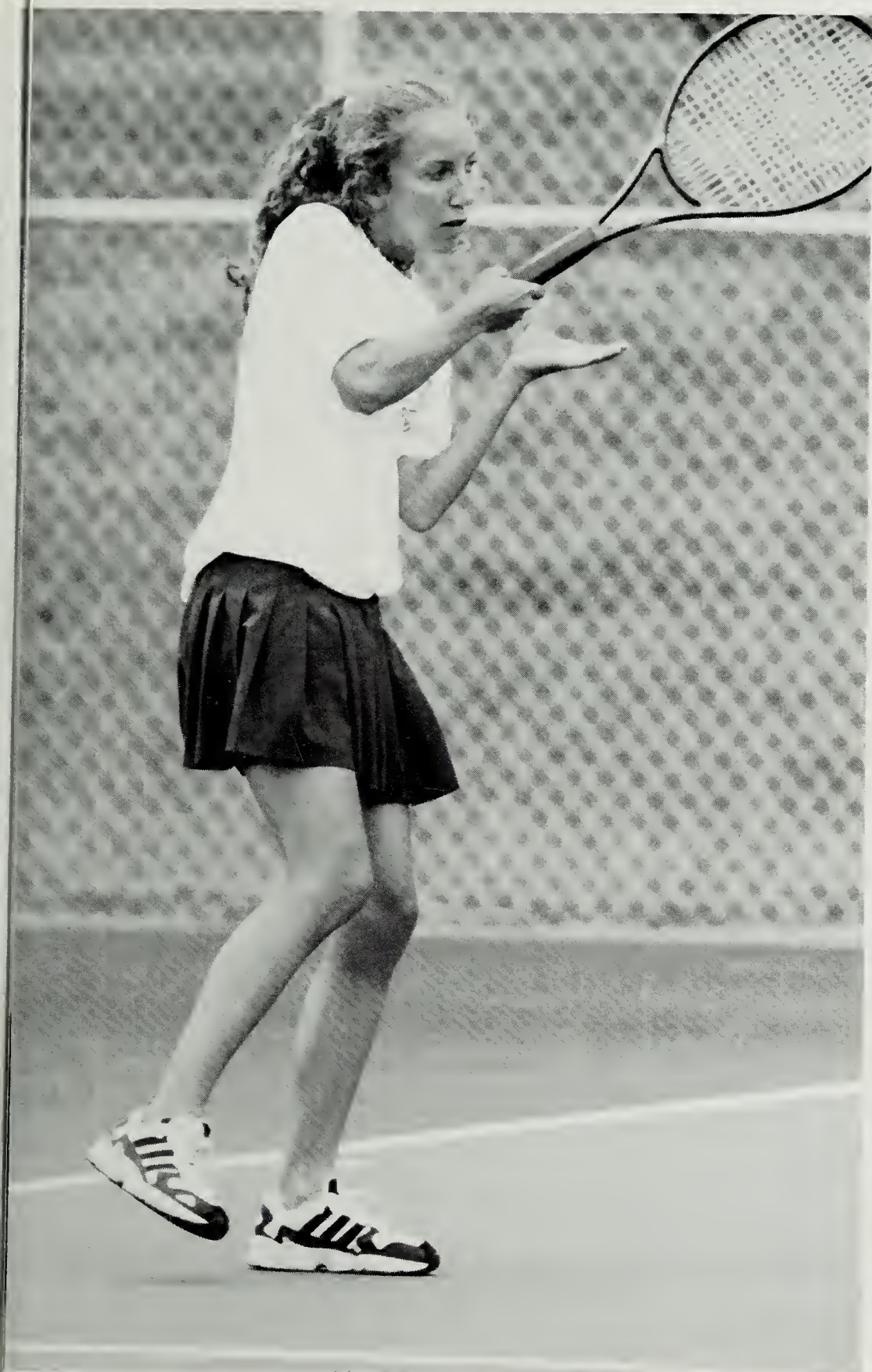


1996 Girls Tennis Scoreboard

G-F	Opponent	
1	Woodbridge	8
6	Brooke Point	3
2	Hylton	7
1	Osborn	8
1	O.P.	8
2	Stonewall	7
0	Woodbridge	9
8	Potomac	1
0	Osborn	9
3	Hylton	6
9	Potomac	0
0	O.P.	8
0	Stonewall	6

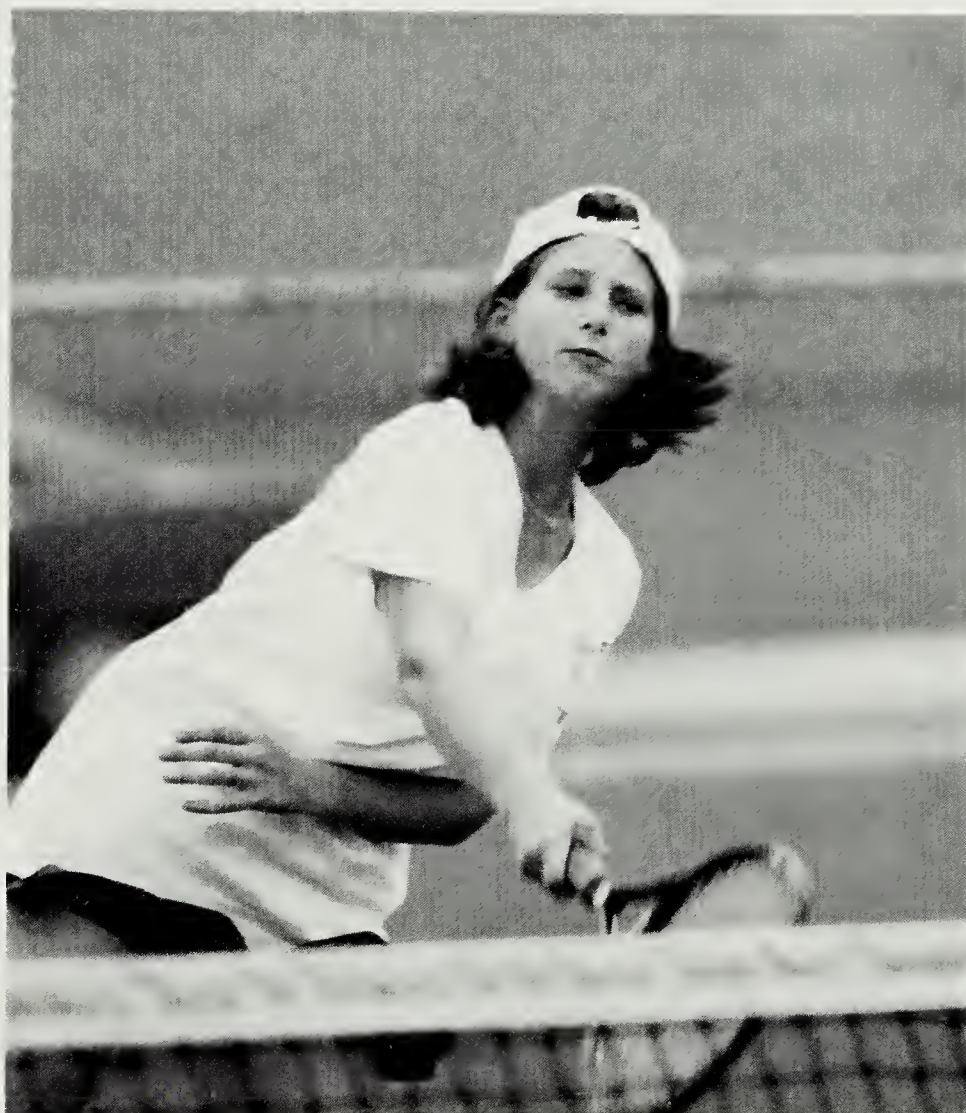


The 1996 Girls' Tennis team. Row One (from left to right): Robyn Levin, Taylor Jefferson, Vidya Kori, and Sarah Nadeau. Row Two: Tracy Kinoshita, Neda Farahmond, Kim Campbell, Megan Westcott, Simran Chawla, and Allison Nichols. Row Three: Ms. Patricia Davies, Yee Choy, Lynsey Lunsford, Liz Gilbert, Cameron Frasier, Jen Burwell, Erin Smith, Lisa Westley, Mr. Jim Earl, and Sanjana Khoobchandani.



Returning the ball over the net with a backhand, junior Lisa Westley shows determination in her eyes. She filled the team's number three slot. Through hard work and discipline, she may return in the fall ranking even higher.

It almost looked easy when Robyn Levin, a junior, slammed the ball back to her opponent. Her third year on the team, Robyn played number two and also served as the team's co-captain.



The team's other co-captain, senior Jennifer Burwell, volleys the ball over the net. Jen served as a leader for the younger players as well as the team's first seed.

Concentrating on the action in the match, the team sat together to cheer teammates on to victory. Much like golf, usually silence is the rule as a spectator.

Big Red on the Warpath

This year Gar-Field's football team did an outstanding job. Though many people doubted the team's capabilities at the beginning of the season, the players believed in themselves.

Senior Steve Ryan summed it up best when he stated, "Nobody gave us a chance, but we knew all along that we had talent." Gar-Field was not even ranked at the beginning of the year and that helped motivate the team.

Senior Peter Burt added, "We just wanted to show everyone that we were good."

The Indians started off to a great year by upsetting L.C. Byrd. Next, the team shocked everyone but themselves when they destroyed Woodbridge, who had been ranked number one.

Senior Carl Carter Jr. said, "When we went out on that field we had one thing on our minds. That was to destroy them."

The team had a few rituals they performed at each game. These proved to be a uniting element for the team.

Khalid Attia stated, "Before every game, we would say a prayer and then tap the top of the door on the way to the field. After the game, we would say another prayer."

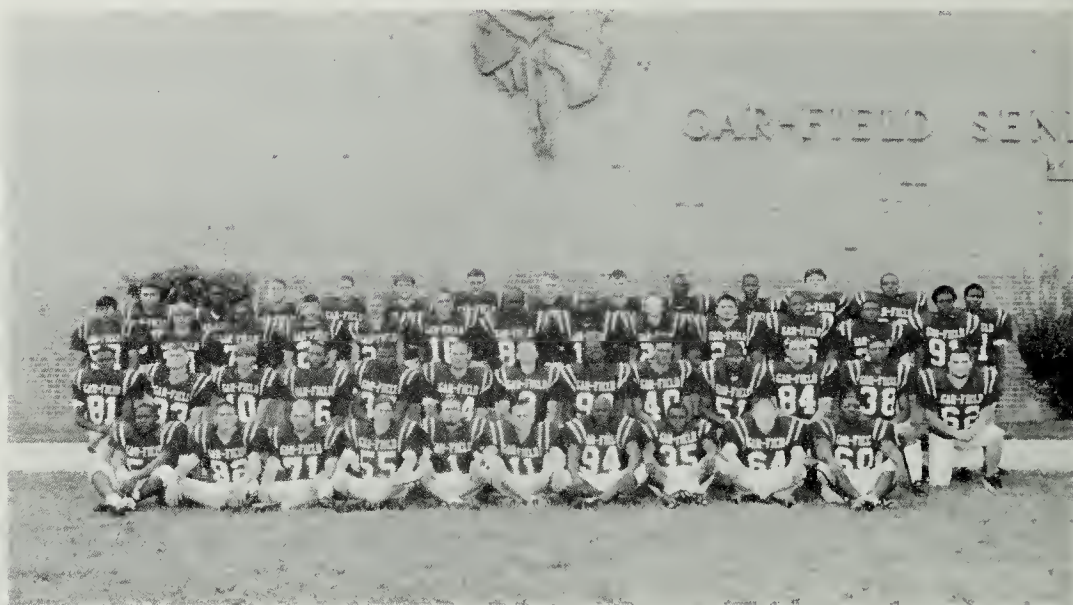
The Indians' prayers were answered when they reached the Regional Semi-finals in the playoffs for the first time in two years. The team played well this season, and they soon began training for the next. •Mike Riley



VARSITY FOOTBALL 1996

Regular Season 6-4

G-F	Opponent	
16	L.C. Byrd	06
14	Woodbridge	07
06	DeMatha	12
19	Annandale	14
35	Stonewall	46
06	Hylton	23
20	Osborn Park	00
24	Potomac	06
27	Osborn City	07
10	Woodbridge	14
Playoffs 0-1		
00	G.W. Danville	49

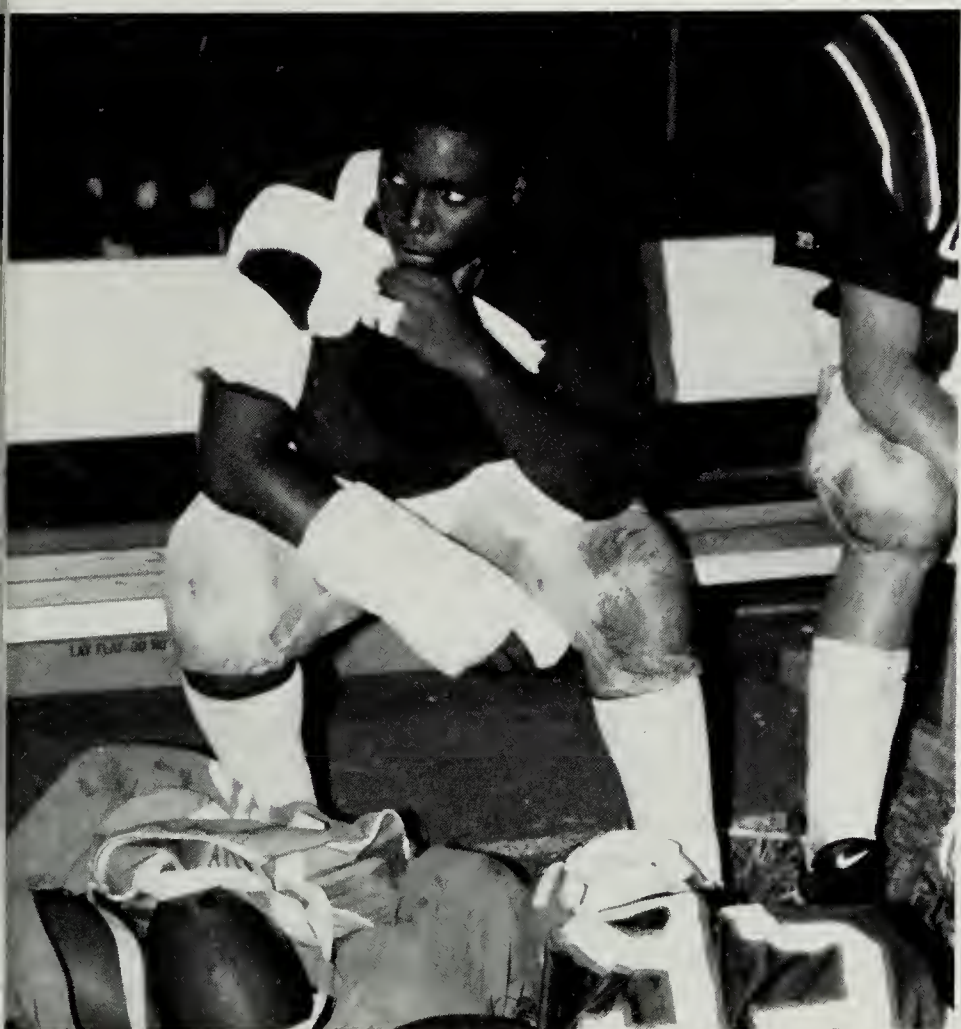


The 1996 Varsity Football Team. First Row: Demario Owens, Tony Bapple, Peter Burt, John Roach, Chris Pustorino, Brad Petruskas, Henri Harps, Turman Weathers, Paul Luke, Leon Locke. Second Row: Chris "Tic Tac" Walker, Brian McElhenny, Eddie Petrovich, Danny Comander, Antonio Mendez, Daniel Kuykendall, Joe Roslan, Jonathan Anderson, Brian Fichter, Carl Carter Jr. "Debo", Kevin Hubbard, Brian "Big Daddy" Daniels, Jamie "Moose" Johnson. Third Row: Jose Gonzales, Chris Petrovich, T.J. Guy, Gary Day, William Jaynes, Alan Lucks "Deluxe", Kareem Terry, Randy Ware, Mike Riley, Gary "Hambone" Ham, Victor Enyi, Laurence Bedeau. Fourth Row: Kalid "Iron Sheik" Attia, Samori Turay, Jeremy Osbourn, Adam Hoffman, Ryan Tekampe, Josh "Big Country" Lawson, Nathan "Felcher" Vinyard, Hal Nesbit, Mac Dobatse, Bill Leake, "Big" Chet Lindemuth, Steven "Tay" Williams, David Anderson.



Cheering on his teammates, senior Nathan Vinyard proved to be an excellent spiritual leader all season. Leaders like Vinyard added a special touch to each game.

A multi-talented athlete, Senior captain Leon Locke was one of the few two-way players the Indians used. Well rounded players were a great help to the team.



Although he suffered from a dislocated thumb and shoulder throughout the season, Junior Linebacker Demario Owens still kept his standing as the team's second leading tackler. He played with all his heart.

Showing the defensive backs' adjustments for the next defensive stand, Coach Pat Hogan is one reason why defense was the team's strongest asset.

1, 2, 3, Hut!

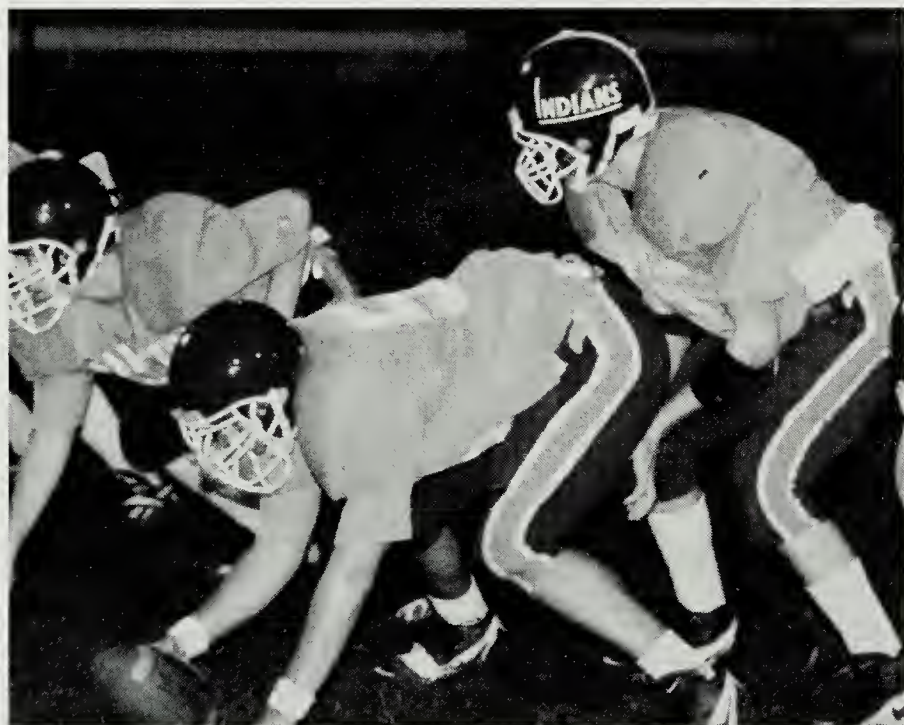
Football takes complete concentration and determination, and this is exactly what the Freshmen and Junior Varsity football players demonstrated this season.

"Before each game I had to clear my mind of all thoughts and focus on striving to be number one," stated junior varsity football player Venturus Fuller.

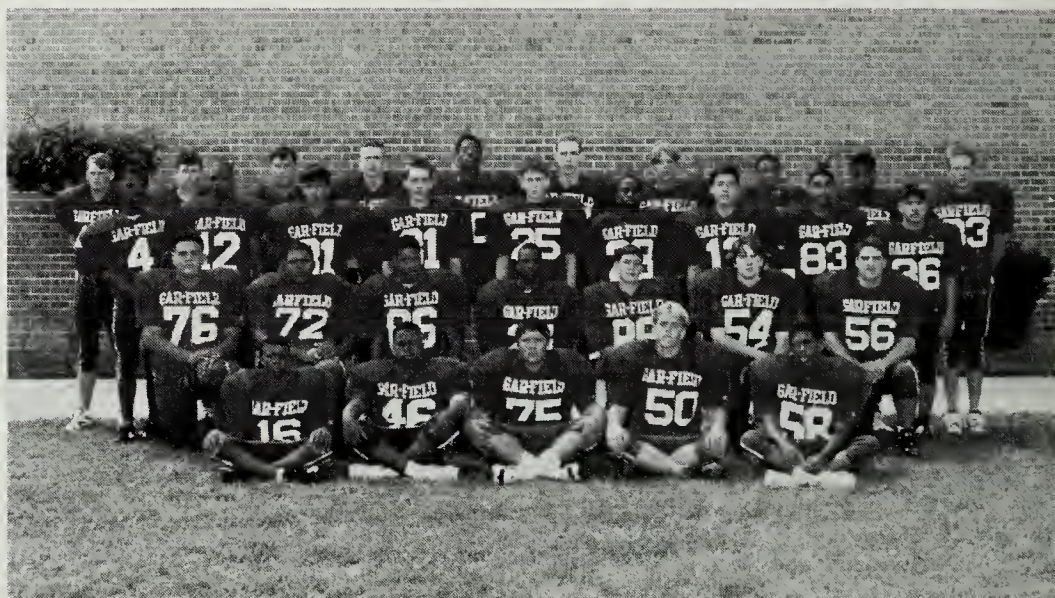
Working as a team was also critical to the success of both teams. The freshmen team had a record of four wins, one loss and one tie. This record shows that working together really pays off. The team played Potomac and defeated them twice. They also were victorious against Woodbridge and Stonewall. Though the team lost to Hylton, they proved to be a strong opponent for the Bulldogs.

"The whole team deserved to be MVP's; there was no one person that stood out," observed freshman Steward White.

After opening their season with two losses, the J.V. football team came back with four consecutive wins. These victories included a string of three shut-outs. The team was ecstatic because of its success. Hard training and practice contributed to these victories. The training was indeed difficult, but when the players stepped out onto the field, the cheerleaders and fans made it all worthwhile. •Palesa Osei-Tutu, Talecia Morton, Jenny Cahill, Colette Mainardi



Preparing for the snap, Rodney Patton's teammates are in ready position to attack their opponents. The team was always ready for the opposing team. They never let each other down. Being able to work with one another added to the unity this team possessed throughout their season.

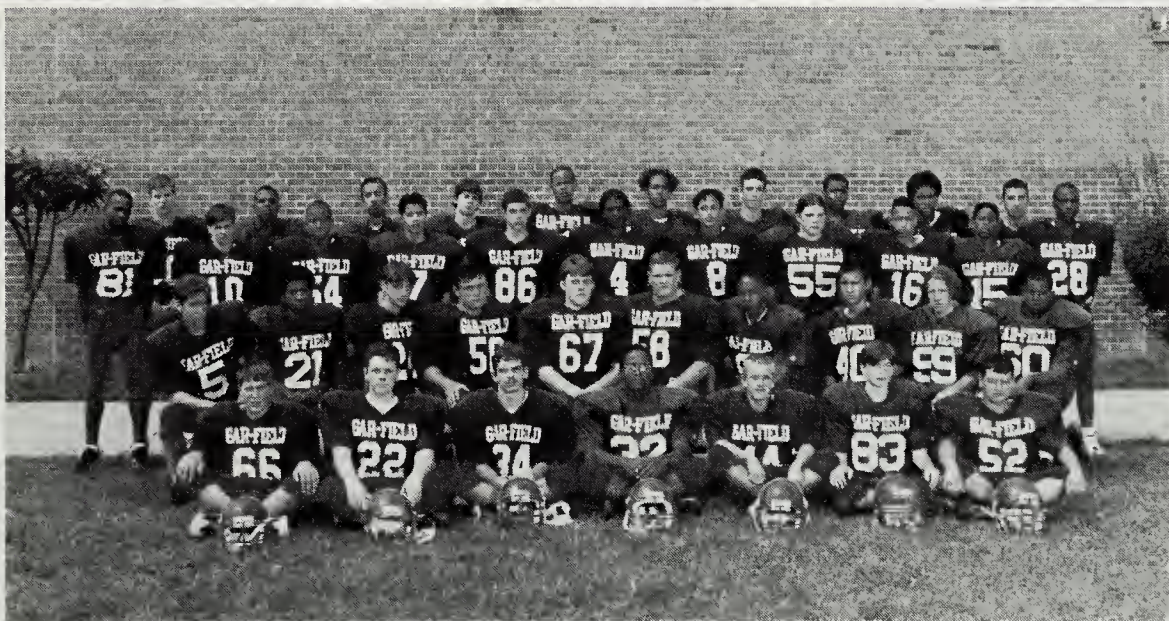


The 1996 Freshman Football Team. From left to right. Front Row: Barry Brewton, Lavar Robinson, Manuel Gonzalez, Brian Stokes, Venturus Fuller. Second Row: Boris Donis, Corey Stephens, Steve Robertson, Ronnie Rohrbach, Greg McChain, Ray Surface. Third Row: Henry Hallie, Derrik Jackson, Tim Brown, Mark Roslan, Grant Hart, David Martin, Ron Brown, Francisco Gonzalez. Fourth Row: Ryan Lee, Jason Abel, Adrian Pittman, Dustin Lawson, Deandre Walker, Shaun Irvin, Chris Lucks, Christian Benton, Robert Harding, Kevin Devine.



Joining his fellow teammates, Mike Santiago listened intently to their coach for the next play. Interaction between coaches and players proved to be one of the reasons for the freshmen team's success.

Always trying to find the best teammate to make the pass, Brad Petrauskas has the word touchdown on his mind.



Attempting to avoid the opposing defense, freshman Steward White cut across the field. Determined to gain extra yardage, White runs full speed to make those extra yards count.

The 1996 Junior Varsity Football Team. (from Left to right) First Row: William Ragland, Mikal Thompson, Jesse Mills, Joel Norris, Tim Koelkebeck. Second Row: Mark Dormstetter, Jamon Brown, John LaGuardia, Sherif El Nagoly, Mike Reddy, Johnathan Clear, Jerome Johnson, Nickolas Kepics, Daryl Winwood, Brandin James. Third Row: Harold Goffney, Mike Crump, Richard Boone, Mike Zepeda, John Sorbello, Steward White, Ali Azimi, Robert Bruce, Charles Bennett, Isaiah Joyce, Damian Borel. Fourth Row: Kevin Bosworth, Kyle Winston, Mike Santiago, Nicholas Torres, Aaron Andrews, Conrad Brooks, James Jimenez, John Simpson, Derrick Campbell, Alan Oleartchick.

Serve It Up

This year's varsity volleyball team focused intensely on their challenging season. The team was able to unite themselves so that they could work together.

"This year's volleyball season was very successful in working together as a team. We did have struggles, but through it all, we hung in there and did our best. Good luck to all the underclassmen. We love you girls," stated senior Christa Gargan, who offered encouragement to her teammates.

Everyday after school, the volleyball team could be found practicing. The volleyball team's dedication and team spirit helped the team to prevail and score some victories. Even though the team did not make it to the playoffs, they were able to achieve a level of play not possible without the coordinated efforts of each player.

"Although the team didn't end up with a great record, we had a whole lot of fun," recalled junior Kelly Hicks.

A great deal of credit goes to Mrs. Rosemary Garrett, who pushed the team to do their best and rallied them to continue through the rough times. Mrs. Garrett, the volleyball team's coach, strived to help the team improve its volleyball skills on the court.

"Mrs. Garrett practiced us hard and did everything that she could to help us come out with a good season," said junior Jessica Stump. •Adam Hoffman

Giving instructions to her players, Mrs. Garrett aided the players in their game. Mrs. Garrett was always providing encouragement and advice.



1996 Varsity Volleyball. Back Row: Kelly Hicks, Christa Gargan, Amanda Walters, Leah Kuhns, Melanie Lindemith, Jessica Stump, Michelle Kuzma. Middle Row: Stacey Siefke, Kristina Stump, Meghan Oldis, Shea O'Connell. Front Row: Sherra Howard.



Providing support for their team, senior Kristina Stump looked on with hopes her team would score a point. Supporting one another proved to be key for a winning season.

After scoring a point for the team, senior Melanie Lindemuth tried to arouse her team's spirits. Having members on the team who cheer each other on added to the team's unity.



Setting herself up for the play, senior Sherra Howard watched her opponent carefully so that she was prepared to block the ball. Interpreting one's opponent's moves was key for the volleyball team.

Making the save was the chief objective for senior Leah Kuhns as she dove for the ball. Getting dirty did not bother her because helping out the team was all that mattered.

A Little Spike With That Punch?

Even after winning the hearts of Gar-Field students everywhere, the girls on the Gar-Field JV volleyball team feel as though they still have a lot to learn. "Our team could have done better had we focused more on our practices and strong points. We let our off-court topics get in the way," said sophomore Teri O'Grince.

Intense and on the ball, so to speak, our JV and Freshman volleyball teams dominated every court they played on, or at least tried their best. The freshmen were especially excited to be representing their new high school, "I played front row because I'm good at spiking the ball," said freshman Katie Fricke. Julie Mestamaker added, "The season was a learning experience and it was successful in that sense." So even though the season wasn't a total success, they tried their best and learned the ways of volleyball, better preparing them for next year, be it for the JV or Varsity level. Freshman Nikki Clodenger's advice is to, "Try your hardest, be aggressive, but most importantly, have fun!"

Teamwork, determination, and the willingness to win were just a few words associated with this year's Freshman and Junior Varsity teams. Hard work and intense practices greatly lead to the team's success. •Kristina Ogilvie, Marissa Manabat, Lynsey Lunsford, Shawna Potter, Katie Dallek, Jenny Bock.



Quickly hitting the ball back over the net, the Gar-Field J.V. team worked together to save the ball. Teamwork is crucial in many sports, especially volleyball.

Junior Varsity Volleyball 1996. Back row: Deidre Tracy, Sarah Wyatt, Amanda Bushner, Megan Bailey, Teri O'Grince. Middle row: Kristen Lund, Stacey Johnson, Caitlin Tracy. Front row: Andrea William, Melanie Dionne. Not pictured are Stephanie Spears and Katie Johnson.



During the most intense moment of the game against the Potomac Panthers, Coach Susan Shelton took her team aside to give them some encouragement and to reorganize their strategy. Team work, cooperation, and communication were only a few of the most important factors in playing any team sport.

Bumping and saving the ball, Delia Ortiz hoped that this would be enough to keep it from hitting the ground. Saving the ball is an important aspect of volleyball.



During the Potomac game, freshman Julie Mestamaker passed the ball to her teammate Olivia Griffin. By getting down low and putting her arms straight out, she shows her good technique.

Freshmen Volleyball 1996: Back row (from left to right): Nikki Clodenger, Kenya Harris, Jaime Buschner, Stephanie Schnoover, Julie Mestamaker. Front row: Carrie Johnson, Delia Ortiz. Not pictured: Olivia Griffin, Alison Flynn, Katie Ericke, Kami Conklin.

The Fastest Game on Two Feet

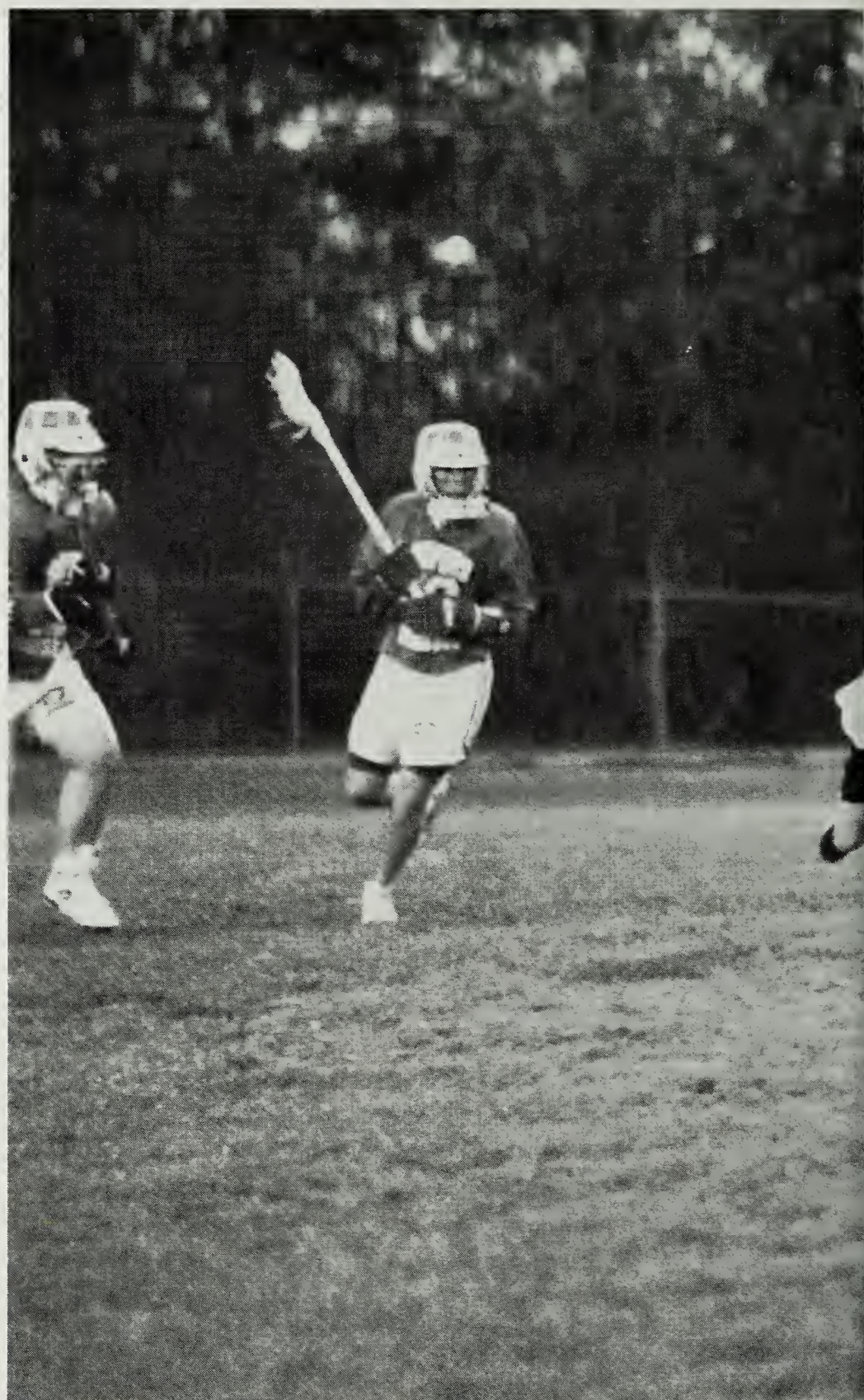
Lacrosse has been nicknamed the fastest game on two feet for its fast pace and non-stop action. First played by the Iroquois Indians, Lacrosse is the oldest known team sport in North America. For sixty grueling minutes players run up and down the field. During this time, sticks and bodies fly while players attempt to put the ball in the net.

Gar-Field had an excellent season behind the senior leadership of Matt Blamey, John McElhenny, Wes Peters, and Joe Brulle. Junior Tommy Cope was also a very important team member, and he is expected to lead the way for the team next season. The dedication of all the team members was exemplified by the fact that they gathered together for practices before they even had a coach. Matt Blamey and Tommy Cope took charge and acted as captains for these practices. This proves the true commitment the team had to lacrosse and the desire they had to excel in their season. The team posted a record of 7 wins and 3 losses. New coach Terry Stockholm did a great job rousing the team to a very respectable season.

"Since lacrosse is a sport still growing here at Gar-Field, I was surprised at the great amount of support the team received from students, teachers, and parents," stated manager Claudia Williams. Managers like Claudia were a big help to the team, and they were greatly appreciated.

"The 1996 team was really good and proved to be a real building year. Lacrosse is a great sport, and I think more people should get involved in it," commented Jim Carson, a member of the 1996 team.

After all was said and done, the 1996 Gar-Field Lacrosse team had a great season, and they hope to do even better next year. •Kate Pancratz



1996 Lacrosse Scoreboard

G-F	Opponent	
5	North Stafford	8
11	Osborn Park	9
14	Arlington	0
7	Stonewall	6
13	Fauquier	0
7	Brooke Point	4
5	Loudon	4
5	Hylton	8
8	Stafford	2
0	Woodbridge	21



The 1996 Lacrosse Team. Back Row: Tommy Cope, Brian McElhenny, Ben Lanzillotta, Jim Carson, Scott Stoneburner, Steve Spencer, John McElhenny, Eamonn Bethel, Mgr. Melissa Hunt. Middle Row: Matt Blamey, Joe Brulle, Daniel Kuhns, Joe Roslan, Sam Siefke, John Roche, Wes Peters. Front Row: Sam Johnson, Derek Mordan, Zack Milam, Aaron Brown, Brian Dahinden, Andy Surrena.



Scooping up the ball, Joe Brulle traveled quickly as Eamonn Bethel looks on confidently knowing that Joe's lightning speed will carry him downfield past any defenders who get in his way.



Doing a little showboating, Tommy Cope used a behind the back shot. This was necessary because the goalie was in front of him.



Skilled both offensively and defensively, Captain Matt Blamey brought the ball up the field looking for a score. Matt scored ten goals this season, twenty-two for his career, and holds the school records for both.

Setting up for the face-off, Brian Dahinden was determined to get the ball before his opponent did. Determination was a key factor for winning the ball in the game of lacrosse.

Starting a Winning Tradition

The Cross-Country team completed a moderately successful season this past year with an impressive 5th place at districts. "We were disappointed that we didn't make it out of Districts, but we still had a decent season," stated senior Adam Edmunson. Though the team was young, they developed and implemented a strong work ethic. The runners showed a complete commitment to the team as they practiced early each morning and also in the afternoons.

Although the season was not a complete success, the seeds for a winning tradition had been planted and the team was hopeful of stronger defeats against their opponents in the years to follow. In many of the meets both teams had strong finishes leaving an impression on their opponents that they were going to be the team to beat in the future. "Next year we plan on starting a winning tradition," explained sophomore John Ritichie.

Through hard work and total concentration the young team plans to follow their newly determined practice structure and make their way towards greatness. •Kevin Stansfield, Margaret Rowland



1996 Cross Country Team Invitational Scoreboard

Boys		Girls
15th	Newport News	8th
14th	Va. Tech Inv.	8th
7th	G. Meadows	2nd
1st	Leesylvania	3rd
10th	Albemarle	9th
21st	Bull Run Inv.	16th
3rd	Stafford Inv.	6th
5th	Districts	6th



Flying to the front, Naveed Massjouni pursues the leaders. Naveed practiced hard, and all his hard work paid off in the meet. Many runners like Naveed appreciate the rigorous practices when they make big improvements in their times.

After the start of the race, John Ritchie and Steven Macurdy strived to make their way to the front of the pack. It was helpful to the runners to get a headstart, but it was also important to keep a steady pace.



As they wait for their event, Leah McBride, Melissa Trowbridge, and Nicky Brown are deep in thought. Concentration prior to the start of each meet was an important element of success.



Never discouraged, Nicky Brown, heads towards the finish line. Nicky exhibited the qualities of a well-motivated cross-country runner, in that she never gave up.

As he strides towards the finish line, Anthony Peters is encouraged and cheered on by Ebony Price. Winning was not always the key, but finishing the race was what really mattered.

Above the Rim ...and Beyond

Off on the right foot, the boys' varsity basketball team gave the school something to talk about. Beating key teams early in the season sparked mass attention to the team through school spirit and media coverage in the *Potomac News*. The leadership of seniors Kelvin Pollard, Mike Gaither, Mak Dogbatse, Steven Williams, Chris Thompson, and Daniel Bono kept the Indians competitive throughout the season.

Coach Andy Gray commented, "Mak Dogbatse and Mike Gaither were the two most consistent players. They came to play hard every night." Working together as a team, they accomplished many goals. And one of the toughest was trying to beat #1 seeded Potomac. Two almost defeats against the cross-town rivals proved that team was definitely strong on defense.

Senior Steven Williams and junior Alex Jenkins agreed, "We are all just like a big family." The unity among the players was not only shown on the courts, (each member huddled together after losing to Potomac), and off with the time spent together just hanging out. Being comfortable with each other kept tension away from the courts.

Hours of hard practice strengthened the team and helped them dominate many of their opponents. The future looked bright considering there were so many young players on the team, including sophomores Kareem Kyer and Billy Perkins. The years ahead will have greater hopes and aspirations for the Boys' Varsity Basketball program. •Shea O'Connell, Lisa Westley



BOYS' VARSITY BASKETBALL SCOREBOARD

Indians	Team	Opponents
72	Culpeper	50
39	Hylton	58
58	Osborn Park	28
64	Woodbridge	59
60	Culpeper	54
51	North Stafford	54
57	Salem	50
65	Patrick Henry	67
65	Glenvar	38
49	Hylton	51
64	Chancellor	60
65	Potomac	75
75	Osborn	42

Senior leadership played a huge part in the Indians' successful season. Kelvin Pollard, a four year varsity member, kept the team motivated and was always a positive influence.



Boys' Varsity Basketball: Front Row: Managers Erick Madison, Ayasha Ware; Randy Ware, Jeremy McCall, Dan Bono, Kareem Kyer, Mike Gaither, Alex Jenkins; Managers Crystal Payne, Dublin Kelly, Jamel Perkins; Back Row: Coaches Mr. Andy Gray, Mr. Gary Anderson; Steven Williams, Makafui Dogbatse, Billy Perkins, Chris Thompson, Travode Wallace, Sam Wright, Kelvin Pollard; Coach Mr. Kevin Brown

Time-outs were taken during crucial moments in a game. The Indians take a time-out to discuss their offensive and defensive strategies. During big games, time-outs were usually saved until the last half.

Despite injuries at the beginning of the season, senior Mike Gaiter demonstrated his confidence to step up and lead the Indians. Going up strong against Osbourn, Mike showed his ability to score despite the obstacles ahead.



Point guards had to show an immense amount of leadership and the ability to bring the ball down court during intense situations. Junior Alex Jenkins, as point guard, had to deliver the plays to his team and be the main ball handler.

Concentrating on his foul shot, senior Steven Williams strives to score for his team. Foul shots make up a major percentage of points accumulated during the game.

The Air Up There

Teamwork and motivation helped lead the JV and Freshmen Boys' Basketball teams to various victories. With new players and a few returning, both teams had to come up with new strategies and plays to keep the ball moving offensively and defensively.

Although the J.V. and Freshman teams did not come away with many notorious wins, the teams did prove that they have what it takes to make a good team. Day in and day out, both teams stayed afterschool for countless hours of practice, conditioning, and running plays in order to prepare for each game. The teams had to learn how to adjust and work together. "It took awhile to get used to one another's individual personalities and how everyone played," stated sophomore Brian Leatham.

With all the time and effort the players put into this season, each player walked away with much more experience and skill than he had at the beginning of the season. Coach Hogan summed it all up by saying, "The season was an outstanding learning experience and the players proved to have great potential for the years to come."

•Robyn Levin, Christopher Nalevanko, and Nikko Nasca



Before the opposing team could block, Mahar Pearson shoots a floater. Good offensive skills were a key to the team's success.



The J.V. Basketball Team. Top Row (from left to right): Mark Crowder, Aaron Andrews, Ryan Tekampe, Leon Joseph, Ivory Anderson, John Macklin and Mr. Rob Bailess (Coach). Bottom Row: Brian Leatham, Dennis Winn, Joaquin Anderson, Victor Enyi, and Frankie Morgan.



Positive attitudes make winning as a team easier. The players listen to Coach Bailless as he gives a pep talk before they take the floor.

While standing at the line, Brian Leatham concentrates on making his foul shot. The basket could be a crucial point for his team's victory.



Pushing the ball down the court, Kadar Hall prepares for a lay-up. Lay-ups were one of the most favorable shots among the players.

Freshmen Team Top Row: Azar Lomax, Mike Santiago, Derrick Campbell, John McLean, Patrick McNease, Phillip Percray, Hank Simmons. Bottom Row: Charles Ruffner, Kadar Hall, Mike Lenyon, Robert Williams, Tyson McCall, and Machar Pearson.

Beyond Champions

The Girls' Varsity Basketball team proved themselves as one of the area's best basketball programs going undefeated in the regular season. The "Lady Indians," or "Milberts Angels," had proven themselves worthy of being called the best by defeating the top ranked team in the metro area, Elizabeth Seton.

Many of the players agreed that beating Elizabeth Seton was the highlight of the season. The greatest moment of the year Coach Milbert stated, "Are those where each player had her moment in the sun and her time of fame. I will cherish the seniors and what they have done to represent our program at Garfield Senior High School. I will remain forever proud of this group, and how they worked to overcome adversity and the many challenges they have faced."

The Girls' Varsity Basketball team was more than just a team, they were a family. Freshman Gloria Jackson said they prayed before each game and they all felt united as one. With the loss of senior "sister" Emily Faught to an injury, the team felt the need to step up their game.

Many of the players stated that Emily's inspiring words at the beginning of the season motivated them to play hard and achieve success. Even though Emily was not on the court physically, she was with them emotionally. The Lady Indians overcame many great adversities to accomplish their goals and they will go down in history as a team of true proven champions winning their fifth consecutive district title and being regional and state champion hopefuls. •Carl Carter,

Steven Ryan



Varsity Lady Indians Basketball Scoreboard

Indians	Team	Opponents
63	Culpeper	37
67	Hylton	52
46	Woodbridge	24
81	O'Connell	36
59	Culpeper	37
69	North Stafford	38
63	W.T. Woodson	28
63	Good Counsel	26
62	Salem	43
36	Woodbridge	32
55	Hylton	53
82	Potomac	30
54	Osborn	32
70	Stonewall	18
53	North Stafford	25
68	Osborn Park	25
50	Seton	43
83	Potomac	40
58	Osborn Park	29
86	Osborn	37
71	Stonewall	23
45	Woodbridge	37

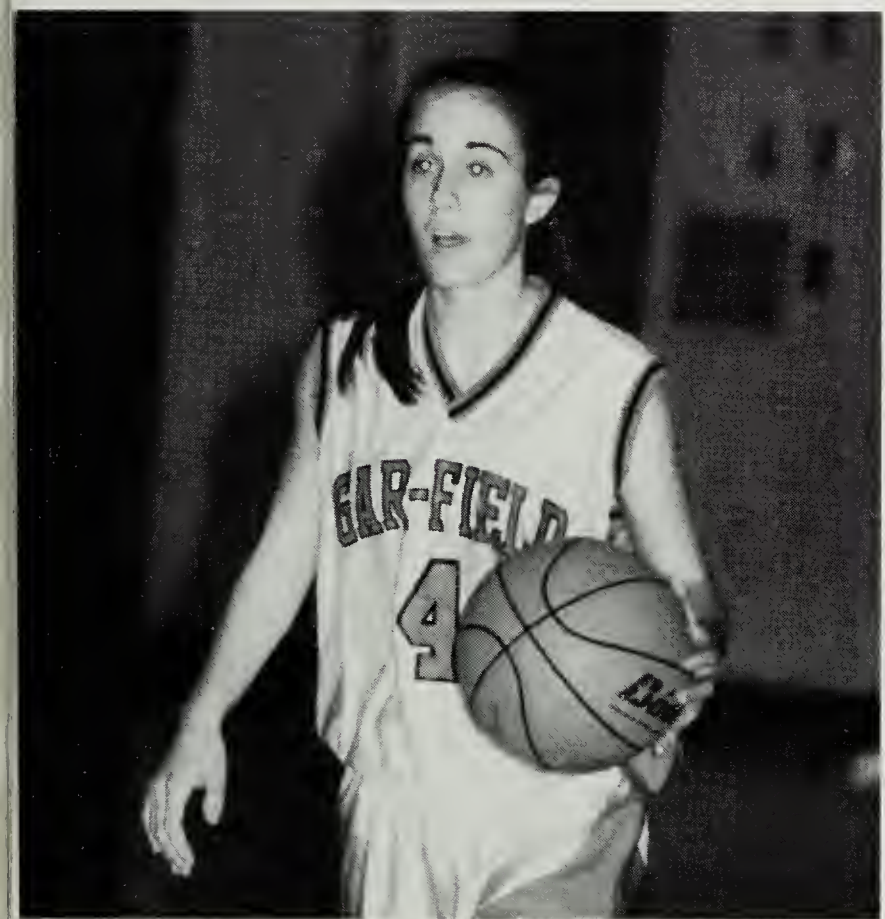
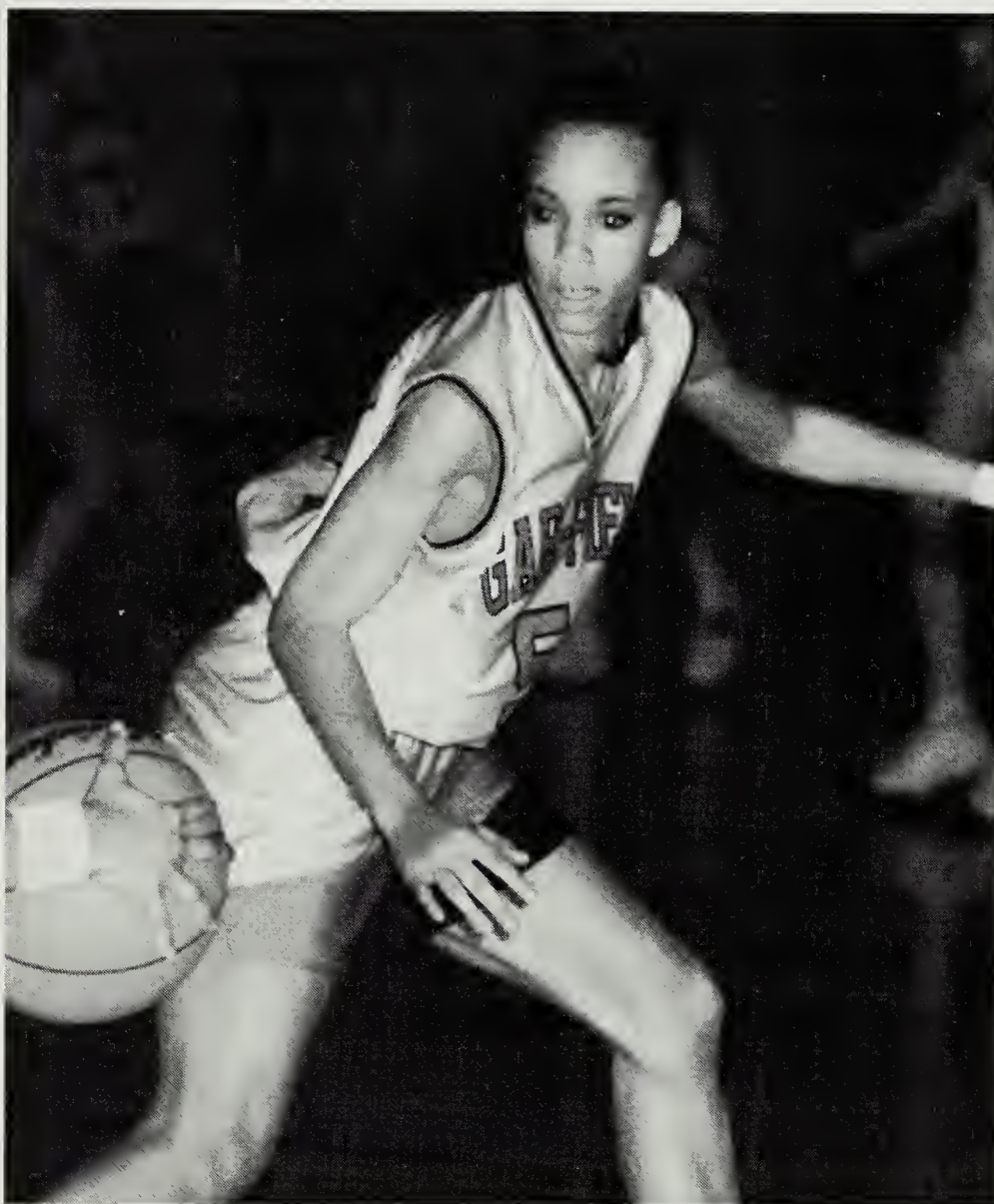


1996-97 Girls' Varsity Basketball: Front row: Erika Ecker, Sarah Jansen, Dishawn King, Gloria Jackson, Rebecca DeVanney. Back row: Kia Manuel, Shannon Segers, Emily Faught, Christy Moore, Lolita Turner, Kaiysha Roebuck, Christina Plutz. Not Pictured: Shavonne Gooden, Danielle Little, Vanessa Massie.



Along with her great passion for the game, junior Kaiysha Roebuck showed leadership under the boards with numerous rebounds and seemingly endless points. Kaiysha Roebuck goes up strong for two points in a tough district match-up. Playing tough is one of the many strong points that helped Gar-Field go undefeated in the Cardinal District.

Defense gave the Indians the advantage against many of their opponents. Junior Dishawn King played aggressive defense against a Stonewall Jackson player. Dishawn was on top of the game in this very critical district match-up. Her many contributions included assisting area scoring leaders, Shannon Segres and Kaiysha Roebuck.



Number 4, sophomore Sarah Jansen, takes control of the offense while dribbling at mid-court. A well controlled offense and defense made Gar-Field one of the area's best teams. Playing under control helped build a strong foundation for a winning season.

"Milbert's Angels" held hands while he gave some encouraging words before a difficult district match-up with Stonewall Jackson. Unity made the Lady Indians play and practice like a family. They came together to beat some of the area's most difficult teams.

Making All The Right Moves

The freshmen girls' basketball team felt a huge load on their shoulders as they felt the immense support the school had for the future leaders of the varsity team. They knew they were expected to learn the skills in order to be prepared for varsity level, and this was one step they mastered quickly. Not only was the team well developed, but they had a huge support system for one another. They were a family.

Having an assistant coach who was extremely familiar with the girls' basketball program made the JV team adjust to faster paced games. Kathy "Phooey" Kruczek taught the girls that speed was the key component to defeating the rival team. Each day at practice the girls would run and practice pass moves, each time getting faster and more alert.

With the skills combined of the starting five it was no wonder they came out above the rest. The energy between the team made them begin a bond that would most likely be shared until their last year in the basketball program. "We really grew as a team because we were such good friends. I'll never forget my first season of high school ball," commented freshman Kami Conklin.

Rebounding and boxing out was an essential skill used in the season. Sophomore Danielle Little and Stephanie Spears, along with the other power forwards, were always on top of the boards creating massive rebounds that led to easy points. With the determination to win the rebound, these players always made sure they were the box-outters not the box-outtees.

With the season ended, some will say goodbye to the sport and some will continue on with the winning tradition well-known and created by the girls' basketball program. •Janet Ortiz, Sanjana Khoobchandani, Vidya Kori, Tara Koshetar



The 1996-97 Girls' Freshman Basketball Team: Back row: Keya Harris, Mia Burke, Katie Johnson, Erin Murray, Megan Goffney, Angela Anderson, Stacey Johnson. Front row: Yvonne Woodhull, Jacky Dargan, Takeithia Jordan. Not pictured: Henrietta McDaniel.

LADY INDIANS BASKETBALL SCOREBOARD

<u>Frosh</u>	<u>Opponent</u>	<u>J.V.</u>
30-17	Culpeper	52-26
43-40	Hylton	41-34
34-15	Woodbridge	41-34
26-66	O'Connell	51-55
29-6	Culpeper	46-26
26-19	Hylton	41-33
21-25	Potomac	53-29
22-21	Osborn	45-18
15-21	Stonewall	38-23
17-35	Osborn Park	50-21
35-19	Elizabeth Seton	45-69
20-19	Potomac	30-32
23-26	Osborn	64-31
	North Stafford	53-31



(Left) Freshman Henrietta McDaniel aggressively dodges her opponent while charging towards the basket. Agility and speed were the key to outsmarting the competition.



(Below) One of the few freshman starters on JV, Kami Conklin defends the basket against North Stafford. Being a freshman on JV was a big honor Conklin proved she could handle.



The 1996-97 Girls Junior Varsity Basketball Team: Front Row: Amanda Bushner, Stephanie Spears, Katie Cornwell, Danielle Little, Emily Ostrander, Back Row: Shavonne Gooden, Vanessa Massie, Katie Fricke, Kami Conklin, LaToya Morton, Nicole Cozz. Not pictured: Coach Rosemary Garrett and Coach Kathy Kruczek

Catch the Big Red Spirit

For the Varsity Cheerleading team, the 1996-1997 season was full of accomplishment and excitement. Starting off over the summer with long practices, the team prepared itself for their upcoming competition at camp. There the team was awarded first place honors in the dance competition as well as two second place honors for sideline and cheer. For the Varsity squad, the biggest accomplishment came when they were given the leadership award, which is presented to the team who demonstrated great leadership as well as outstanding attitude. Senior, Talecia Morton was proud to describe her camp experience as, "one of the most memorable and special because it was her final year of cheerleading." The team brought its energy and spirit along with them as the school year began.

Throughout the year, the team showed off its talent at the various sports events while encouraging others to participate and show their pride. Hosting two pep rallies, the team also invited the student body to attend important games. These were successful in creating spirit for the school and the individual classes. "It's fun to get other members of the school to participate in events and show their spirit at the games," commented junior, Rachel Dean. The squad also tried to increase involvement by hosting the annual Spirit Week and competition between the freshmen, sophomore, junior and senior classes.

During basketball season, the squad not only cheered for the boys and girls teams, but prepared itself for the District Competition as well. Senior, Missy Bussard said, "Because we won the title last year, I was anxious to do it again this year." As the current title-holding team for the Cardinal District, the team was anxious to once again prove itself. On March 22, 1997, the team did prove itself. Winning over third place Lake Braddock and second place Hylton, the squad won the first ever state championship. •John Galgano and Claudia Williams



The Varsity Cheerleading Squad. Back Row (from left to right): Anthony Smith, Tony Bapple, Jim Carson, Seth Kloss, Andy King, Gabe Zepeda. Third Row: Michelle Clark, Melissa Hunt, Erin Nicholson, Monique Welsh, Jami Bedford. Second Row: Chastity Evans, Jenny Moeller, Elizabeth Davis, Jamie Porter, Rachel Dean. First Row: Claudia Williams, Missy Bussard, and Alicia Meyer.

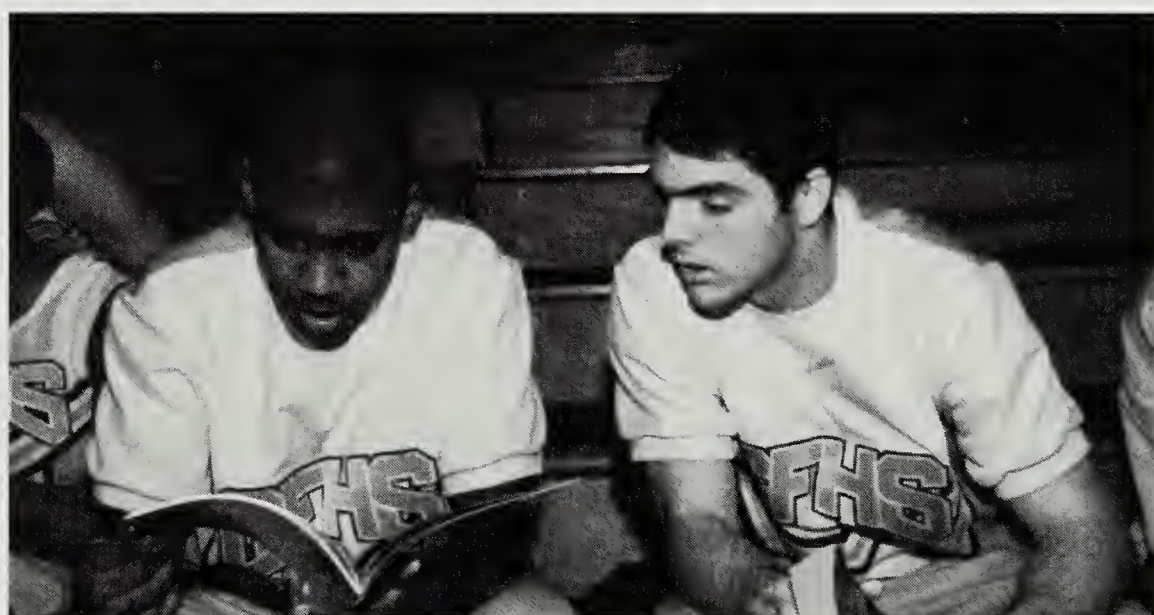


The team takes a break during their lunch at summer camp. During August, the team spent their time practicing and learning new material at UVA. Although a lot of hard work was required, camp was always one of the most fun parts of the team's season.

This liberty, held by Melissa Hunt, Jenny Moeller and Seth Kloss was one of the favorite stunts for the Varsity team. Here, Jami Bedford smiles for the camera while showing her talent. The team always had fun when they were able to build stunts.



"Go Big Red!" shouts Jenny Moeller encouraging the fans to yell with her. Crowd support always made games more exciting for the cheerleaders and team players. Fans were quick to join in familiar chants such as "Big Red."



Two stuntmen, Carl Carter and Tony Bapple take a break during half time to check out the sports program. Stuntmen add elements of strength and versatility to the Gar-Field cheerleading program. The sports program, created by the cheerleaders was important for fundraising and showing off all of the school's great teams.

Pump Up the Spirit

For the Junior Varsity and Freshman Cheerleaders, 1996-1997 was an exciting year. During the summer, they spent their days practicing and attending summer camp at the University of Virginia. There, the junior varsity team won second place in the dance competition and was honored with the Most Improved Team Award.

"This was my first year of cheerleading and I had so much fun at camp," commented freshmen, Jamie Rudowski. The freshmen team took first place in all three areas of competition: dance, cheer and sideline.

During the year, the two teams worked hard to improve their skills and teamwork. Years spent on the junior varsity and Freshmen squads prepared the cheerleaders for cheering on the varsity team. They supported the other sports by selling the sports program at the varsity games.

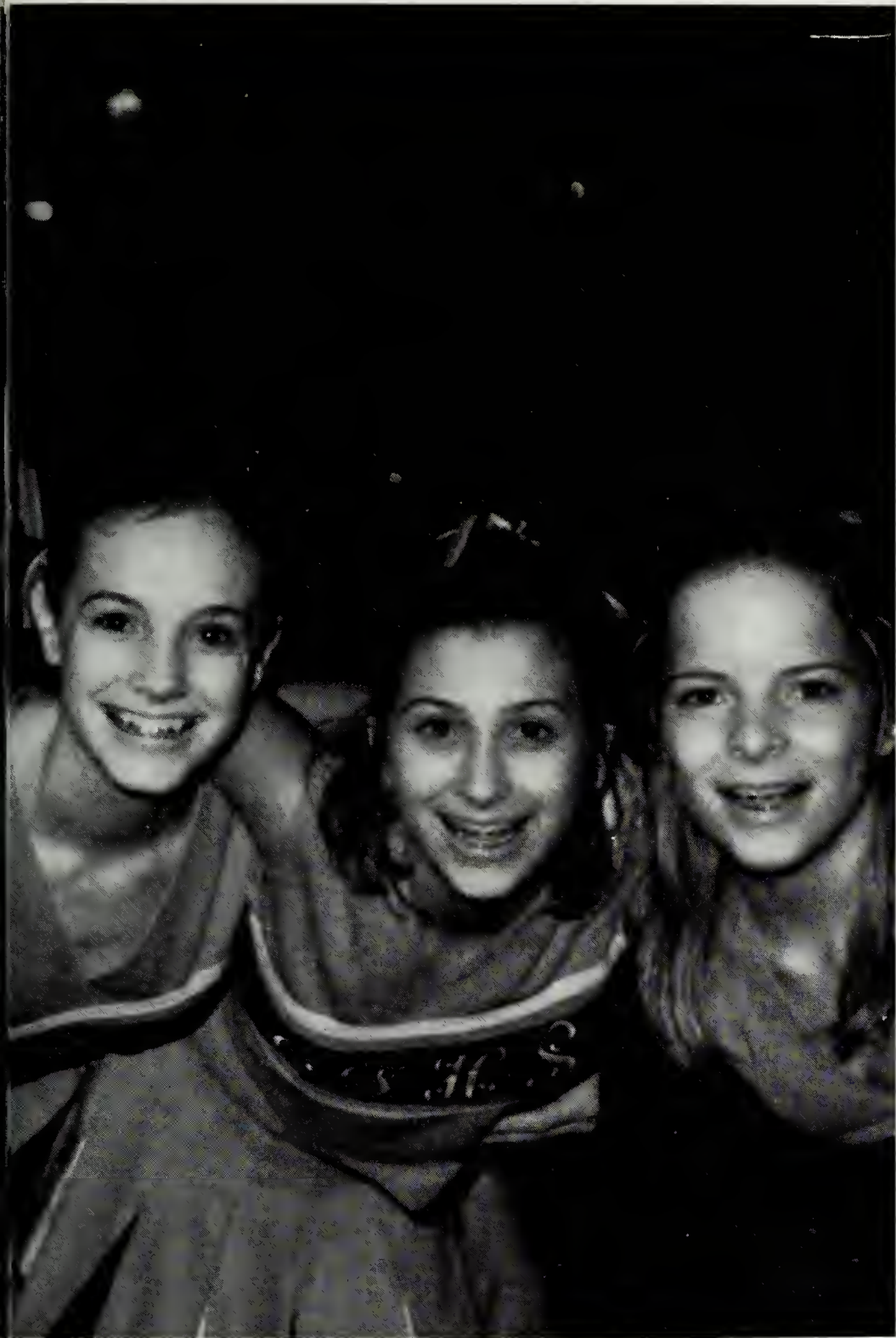
Sophomore Helen Linton said, "Selling programs is so much fun because we get to be part of the varsity games." The freshmen team also went along with the *It's Academic* team to cheer them on at the NBC Studio.

Cheering at the football and basketball games was an important part of the two teams' seasons. The teams spent a lot of practice time preparing for the games. "We practiced a lot during the week, but it was always fun. Our team got to know each other really well from all the time we spent together," Elizabeth Adams commented.

•John Galgano



J.V. Cheerleading. Back Row: Jamie Kessel, Kari Oerman, Beth Ann Dvornak, Kassia Filipovich, Candice Sample, Michelle Dorer. Middle Row: Katie Dallek, Jomaine Blount, Helen Linton, Abby Coffie, Laura Luttrell. Front Row: Lynn Navarro.



Friends are the most fun in sports. Here, a few freshmen and junior varsity members pose together during the half-time. The junior varsity and freshmen teams work together a lot during the year.

As Ms. Black hands them a stack of programs, Helen Linton, Katie Dalk, and Danielle prepare to start selling. Before each Varsity football game, these cheerleaders could be found offering the loyal fans a program. This helped to raise money and enhance support.



Freshmen Cheerleading. Back Row: Robyn Lineu, Danielle, Tara Smiley, Antonio Banks, Tamara Williams. Front Row: Elizabeth Adams, Tamika, Katie Pomaranski, Suhad Awaad, Jamie Rudowski.

Movin' and Shakin'

"There is a lot of talent on our team and we have the potential to be the best," remarked junior Jennifer Major when asked what makes the Indianettes so successful.

Throughout the season, the girls attended many competitions such as the UDA summer dance camp, the Old Bridge Christmas Parade, and the UDA National Dance Team competition. In all of these, they competed very well and received many team awards.

At times, the pressure of meeting team demands became unbearable for some of the team members, but they could always count on Deanna Sexton and Lauren DeWolfe to ease the tension. The team is led by captain Felicia Glapion and co-captain Jennifer Major.

"The elements that make our team the best are good officers, a great coach, and a group of dedicated, hardworking girls," commented sophomore Amy West.

Many of the girls will take away with them lasting memories of their Indianette experience. Since the team is smaller this year, the young ladies have become closer knit. The team is also made up of younger members this year so there is a lot of underclass talent. The Indianettes consist of only two upperclassmen compared to nine underclassmen. At the year's end, many great memories were made.

•Lisa Westley and Christina Madison



As the team warms up, they discuss what they hope to accomplish during the first morning pep rally. Stretching helped to prevent injuries and warming up before each show gave the team an opportunity to talk with each other in a more relaxed setting. Also, during stretching, the team could go over any last minute routine changes.



The 1996-1997 Indianettes. Back Row: Lauren DeWolfe, Amy West, Michelle Grove and Erin Breeden. Middle Row: Deanne Sexton, Diana Bailey, Natalie Wagner, Sarah Branch and Sheena Thomas. Front Row: Jennifer Major and Felicia Glapion.



Diana Bailey, Erin Breeden, Lauren DeWolfe, Amy West, and Sheena Thomas enthusiastically returned to their seats after their pep rally performance. All of their hard work came together and produced a great routine. All of the team members were very proud to be a part of such a highly respected and talented group at the school of champions.

Sarah Branch, Michelle Grove, Jennifer Major and Deanna Sexton watch intently as the basketball game grows more and more intense. The Indianettes enjoyed the fact that they had a front row seat to every game in which they performed.



Despite the rainy weather, the Indianettes still marched out before the football game for the national anthem. The Indianettes proved to be a team extremely dedicated to its school.

Leading the team, captain Felicia Glapion and co-captain Jennifer Major dedicate a lot of their time to choreographing the team's routines. Throughout the season, they continually showed their leadership qualities. As the oldest members of the team, they were chosen to help the team dance to the best of its ability.

Grapplers Pin Down Victory

The sport of wrestling was an excellent opportunity to develop the character a young man needs to prepare himself for his future. The goals of the Gar-Field wrestling team went beyond winning to individual growth. Above all, the wrestlers learned first hand how winning became more consistent as the team grew more cohesive. Because of the emphasis on academics and good conduct, the wrestlers were some of the top student athletes in the school.

The wrestling team has had a long, successful tradition. This past season Richard Appau, in the 145-pound weight class, won the District match, went on to win his Regional match, and placed third in the State tournament consisting of AAA schools. Other top wrestlers included senior Jeff Wade at 160 pounds, senior Adam Thorstad at 189 pounds, and senior Alan Lux at 140 pounds. Juniors Adam Silvis at 119 pounds, Naveed Massjouni at 130 pounds, and sophomore Kwan Kim at 112 pounds also packed a punch on the wrestling mat.

Featuring a fine wrestling room and weight training facility, the wrestlers were provided with an excellent environment in which to train. Coach Horning has been a head coach for 17 years, including his 6-year coaching responsibilities here at Gar-Field.

Coach Horning said, "This was a rebuilding year and we had a winning season. With most of the wrestlers returning, the team will remain strong." •Jenni Cahill, Colette Mainardi, Tracy Kinoshita, Martha Dunn, Neda Farahmand

1996-97 Baguba Wrestling

Gar-Field	54	Osborn	24
Gar-Field	29	Lee	37
Gar-Field	53	Falls Church	24
Gar-Field	46	South Lakes	26
Gar-Field	30	Potomac	35
Gar-Field	48	Osborn Park	22
Gar-Field	17	Hylton	39
Gar-Field	47	Prince George	18
Gar-Field	53	Monacan	12
Gar-Field	9	Doug Freeman	42
Gar-Field	40	Hopewell	29
Gar-Field	42	Culpeper	29
Gar-Field	36	Brooke Point	30
Gar-Field	16	Stonewall	44
Gar-Field	10	Woodbridge	49
Gar-Field	26	Granby	42

Team Record: 9 - 7

**Brutally Aggressive Grappling
Uninhibited By Adversity**



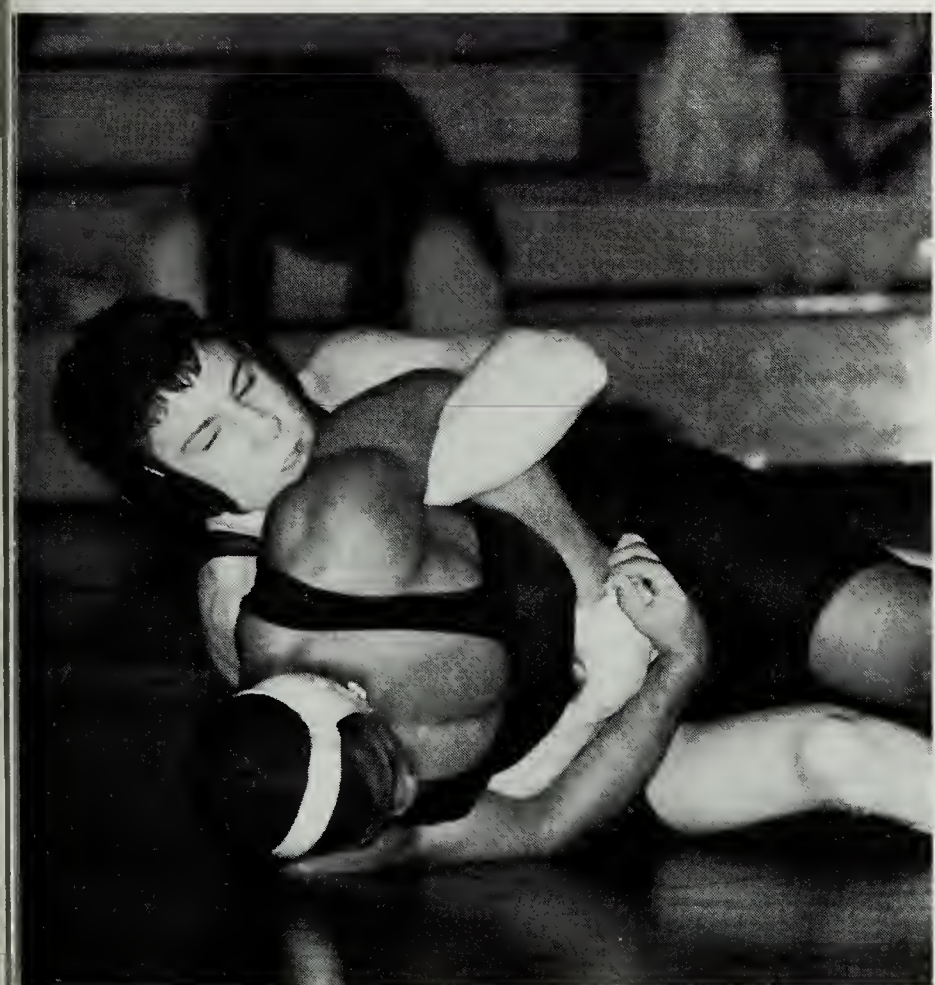
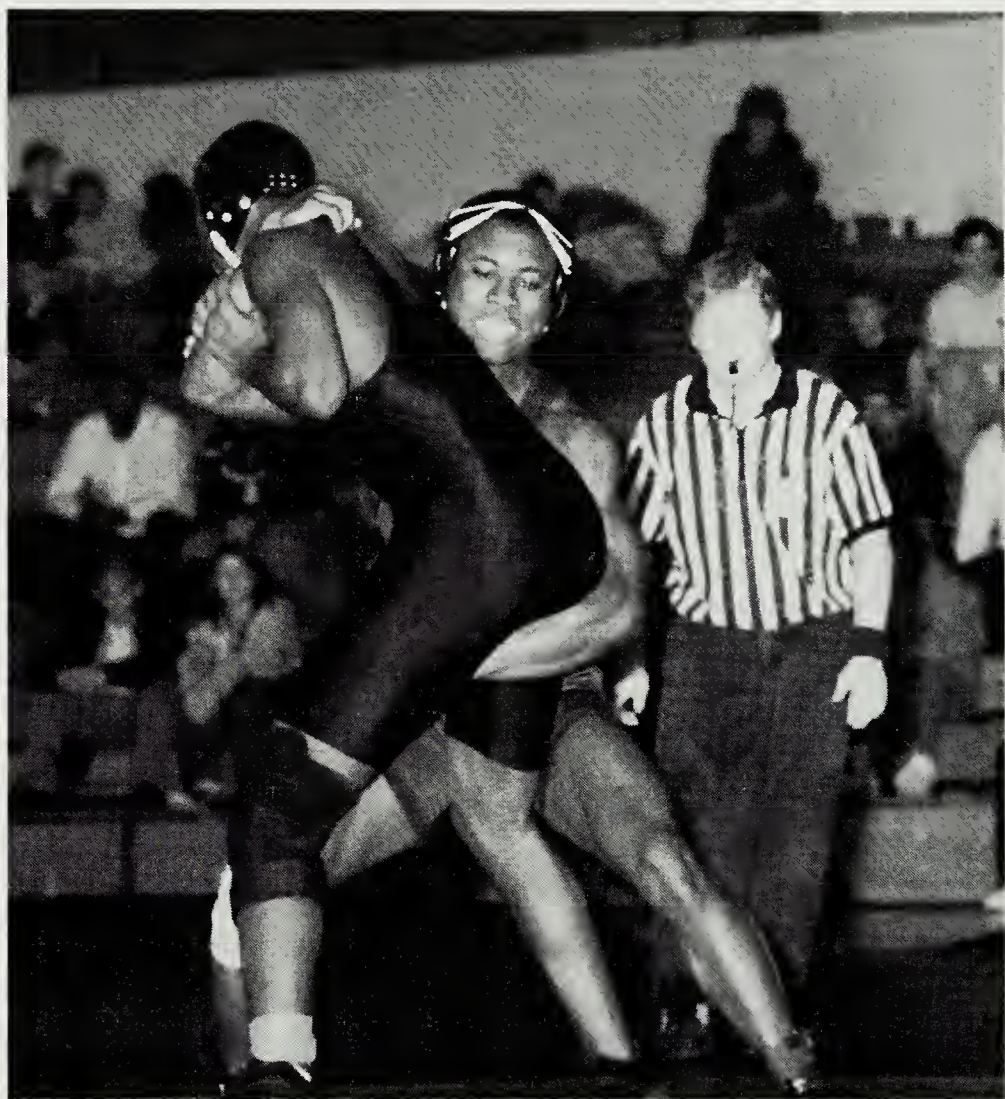
1996-97 Varsity Wrestling. Front Row (from left to right): Macon Foscue, Phong Trang, Naveed Massojouni, Adam Silvis, Derek Mordan, Aaron Jennis, Kwan Kim. Back Row: Luis Rosado, Gabe Zepeda, Alan Lucks, Richard Appau, Boris Donis, Adam Thorstad, Jeff Wade, and Robert Harding.

(Right) At 119 pounds, co-captain Adam Silvis has continued to excel on the wrestling team during his high school career. Adam easily defeated wrestlers much larger than he. He has been on the varsity squad since he was a freshman.



(Left) Concentrating on putting his opponent in the murray tilt, junior Phong Tran moves his opponent's shoulder closer to the mat. Phong's looks were deceiving as he is one of the smallest members of the team.

(Below) Co-captain of the wrestling team, Richard Appau had an exceptional record of 34-4. He was first place in Districts and Regionals and finished third in the State competition. Richard defeated his opponent by using the "turk" maneuver.



1996-97 J.V. Wrestling. Front Row (from left to right): Richard Crosby, David Kauo, Todd Youngs, Mike Zepeda, Jesse Mills, Richard Jones, Thomas Hodges, and Ronnie Rohrbach. Back Row: Levar Robinson, Ismael Russe, Brian Ford, Stephen Macurdy, Ryan Lee, Corey Stephens, Sherif Elnagdy, Rodrigo Martinez, Vesal Targari, and James Rogers.

Taking Talent All-Around

The Gar-Field gymnasts completed a highly successful, undefeated regular season with a win at the Cardinal District Championship. This was the second championship in as many years. The team was carried by a quartet of all-around gymnasts and supported by a talented cast of specialists. Sisters, Becca and Jamy Smith, Kelly Smith, and Michelle Dorer competed in the all-around and consistently achieved high scores.

"This team has a lot of depth," stressed coach Mickie Sullivan. In each meet, six gymnasts competed in each event, and the top four scores were tallied as the team score. With the extensive talent of the team, Gar-Field's scores were quite high.

Spending a lot of time together, the team developed a closeness that showed during their competitions. Time spent during practices and travel provided the squad with an opportunity to strengthen friendships and unity. "We always enjoyed performing at meets knowing that our teammates were constantly supporting us," expressed Shannon Olson. •Kevin Stansfield, Michelle Dorer



Regular Season Results:

G-F 127.9	Hylton 118.9
G-F 124.1	O.P. 85.9
	Woodbridge 111.9
G-F 132.5	Hylton 123.9
	Osborn 118.9
G-F 122.1	Woodbridge 100.2
G-F 126.1	Stonewall 122.0
G-F 132.4	Osborn 87.6

Cardinal District Meet Results:

G-F 136.6	First Place
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Northwest Regionals Results:

G-F 136.6	Third Place
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The Gymnastics Team. First Row: Joyce Price, Missy Neuman, Jamy Smith. Second Row: Mgr. Jennifer Yip, Missy Bussard, Kelly Smith, Michelle Dorer, Sara Tomlin, Mgr. Darcie Priester. Third Row: Mgr. Amanda Tuttle, Candice Sample, Kassia Filipovich, Shannon Olson, Kelly Samanka, Renea Blandford, Becca Smith, Mgr. Nicole Shelton, Coach Mickie Sullivan.



Prior to the uneven bars event, Kelly Smith, Shannon Olson, Joyce Price, Jamy Smith, and Michelle Dorer discuss the event with the judge. To avoid confusion, the judge checks to see if the score cards are in order.

Garfield's top all-around gymnast, Becca Smith, executes her beam routine with grace, balance, strength, control, and power. The balance beam requires not only these physical qualities, but also a great deal of mental prowess.



While deep in thought, Jamy Smith prepares for her bars routine by chalking up. Gymnasts used chalk on their grips to increase their control while performing their routines.

Before the meet, gymnasts Kelly Smith, Jamy Smith, and Joyce Price, prepare for the meet by honoring the flag during the national anthem. Every meet opened with the gymnasts' "march in" and the playing of the national anthem.

Still in the Running

With the Indoor Track season indoor is a technical term with the big meets and occasional practices inside. All and all Indoor Track requires a new breed of athletes. Shot putter Colleen Sullivan described practice conditions best when she said, "Sun or snow shot putters are most likely outside practicing in our t-shirts."

Through the season poor practice conditions didn't matter with the girls winning another Cardinal District title and their sixth strait Northwest Regional title. The boys held their own even with a third in Districts and twelfth in the Regional meet. "The most memorable thing about this season was the trip to VMI. With no heat on the bus," explained senior Joe Brown.

Track draws a lot of new faces every year with its no cut policy. Those who make it through the first month make up the team. First time track team member James Montague describes track, "We work hard and are going far. It's even fun."

The backbone of these winning teams are their coaches. Coaches Brown and Custer work with the majority of the team to help them get better. With the talents Of GiGi Miller, Leon Locke, Jerry McClam, and more as the teams backbone and more talent added every year this team just keeps improving, with eleven of the last six (boys and girls) District titles to prove it. •Kate

Pancratz, Shatuna Potter and Katie Dallek.



INDOOR TRACK TEAM RECORDS

<u>Meets</u>	<u>Girls</u>	<u>Boys</u>
Quad Meet Woodbridge	*	*
Cormack Relays	1st	9th
G. Mason Invitational	1st	31st
Tri-Meet Stafford	*	*
East Coast Invitational	*	*
Quad Meet Woodbridge	*	*
VMI Relays	1st	5th
V.A. Tech Invitational	1st	28th
Cardinal District	1st	3rd
Northwest Regionals	1st	12th



1996-97 Girls' Indoor Track team. Back Row (from left to right): Rebecca Pruitt, Kate Pancratz, Colleen Sullivan, Chinita Woody, Lakeisha McCray, Jasmine Tobias, Stephanie Claybome, Romona Bates, Marissa Troubridge, Amanda Walter, Martha Borrayo, and Coach Custer. Middle Row: Mavis Yeboah, Jonikka Johnson, Isabell Betancourt, Dawn Edwards, Jomaine Blount, Spring Covington, Maleka Matthews, Lauren Rowe, Nikki Brown, Aurora Bushner, and Lauren Wescott. Front Row: Kira Sims, Sheena Johnson, Tiffane Williams, Monica Imbert, Nicole Chambers, Sahra Hall, Jennifer Jeremias, Cynthia Bennet, and Tanya Mutabogerwa.



(Top Left) At the George Mason Invitational, the crowds were consistently large. Lauren Westcott runs her leg of the distance medley relay before a packed audience. Concentration on one's race was a must.



(Below) A member of the distance medley relay, Adam Edmundson knew how to pace himself. The team practiced at George Mason over the winter break to help prepare for State which would be held at Mason.



1996-97 Boys' Indoor Track team. Back Row (from left to right): Selwyn Crittendon, Chris Walker, David Bowes, Gordon Berke, Dannon O'Brian, Craig Citizen, Danny Cominader, Eric Montgomery, Taji Chauja, Adam Edmunson, Anthony Peters, and Coach Custer. Middle Row: Satish James, Joe Brown, Keith Cambrel, Anthony Smith, Bob Graft, Lenard Rouse, Chris Duboius, Terrell Matthews, Jerome Johnson, and Jerry McClain. Front Row: Dee Nelson, Eric Seamster, Steve Macurdy, Doug Seainster, Josh Giamichael, Mike Casolli, Erik Ogilvie, Ben Charlton, and John Richie.



Clubs

"You put your left foot in. You put your left foot out. Then you do the hokie-pokie and you turn yourself about. You do the hokie pokie and you turn yourself around. That's what it's all about."

-The Hokie-Pokie

There was always something more to the high school experience than studying. For those who weren't sports-minded, there was a plethora of activities from which to choose. Clubs and organizations provided outlets for people who wanted to make a difference or be a productive member of a group. Clubs organized to suit a variety of students. Involving every topic imaginable from school government to academics-related clubs like Model UN, It's Academic, and Debate. Regardless of interest, club membership required a certain amount of dedication and unification. Countless hours of hard work go into the making of drama productions such as *A Midsummer Night's Dream*. "You need discipline in everything you do, especially in clubs or organizations because nothing would be accomplished otherwise," said senior Dennis Martin. In the past three years, membership in school-sponsored clubs has dropped. This decrease may be in part due to the elimination of the activity period. Being active in a club meant possessing a willingness to give time and energy to a common cause. Students who were willing to go the extra mile ... did. •Phoebe Kenney and Palesa Osei-Tutu



Senior John Kelly and junior Kim Campbell make up the stage lighting crew. Wires, circuit breakers, and a mire of technical components, stage lighting required concentration and an ability to hang from high places.

Lights! Camera! Action!

For this fall's drama production of *A Midsummer Night's Dream* two of Gar-Field's recent graduates returned to assist in making the production a success. Aaron Fuksa, a 1995 graduate, acted as the play's choreographer. Jennifer Robinson, a 1992 graduate, was in charge of costumes. Both Fuksa and Robinson were involved in Gar-Field drama while in high school, and both did an excellent job at their assigned tasks. One of the two drama sponsors, Ms. Lisa O'Hara, graduated from Gar-Field as well. Ms. O'Hara was a member of the cast of *The Music Man*, the spring musical when she was in high school. Her former role will be performed by Noelle Schott.

The fact that these graduates returned to participate in Gar-Field drama proves that there is definitely something special and memorable about it. This year's group was close-knit, and they worked well together. "This is my first year performing in Gar-Field Drama and I already feel like a part of the 'drama family.'" Sharing many memories and having a great time is what drama is all about," stated sophomore Melanie Dionne.

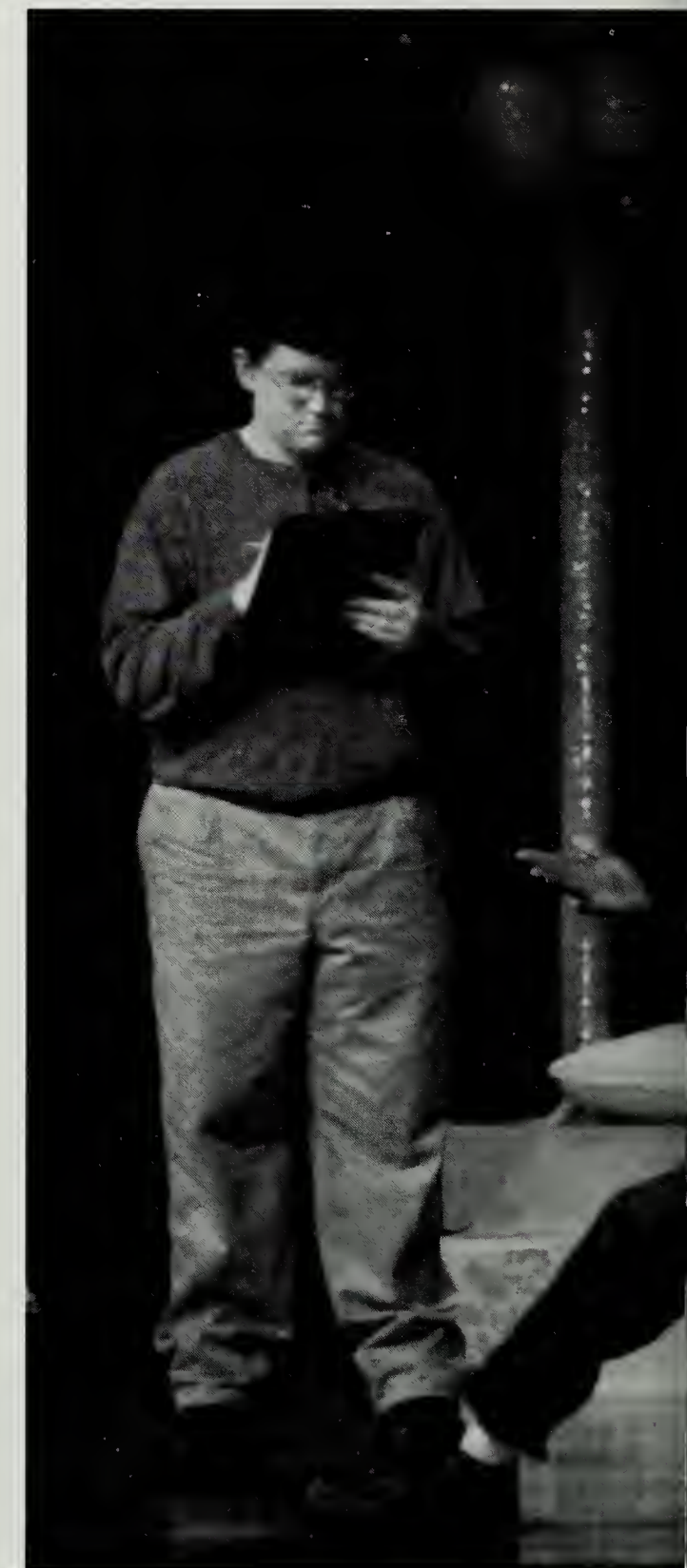
A Midsummer Night's Dream received a standing ovation after all three performances. Putting on such an awe-inspiring performance required much dedication and hard work from a number of people. It was not only the actors and actresses themselves that made the play a success, but many others were involved in the rigorous work. The people who built, painted, and created the set as well as the people who did the make-up were essential.

The directors, Ms. Lisa O'Hara and Mrs. Ann Martin, devoted many hours to making the play the best it could be. Ms. O'Hara commented, "I felt really good about this play. The cast did a wonderful job of tackling Shakespeare." Both were extremely talented and highly respected. Ms. O'Hara and Mrs. Martin were always busy perfecting details.

The lighting crew, led by John Kelly and Kim Campbell, included responsible students. Many thought the job was as simple as the click of a few switches, but it was much more than that. It required learning the whole electrical system in the auditorium and replacing blown bulbs, circuits and colored gels. Though these people were not seen in person, one could see their hard work demonstrated on stage.

This year's drama club was very thankful for the graduates who returned to help them. Who knows who will return next?

•Phoebe Kenney and Palesa Osei-Tutu



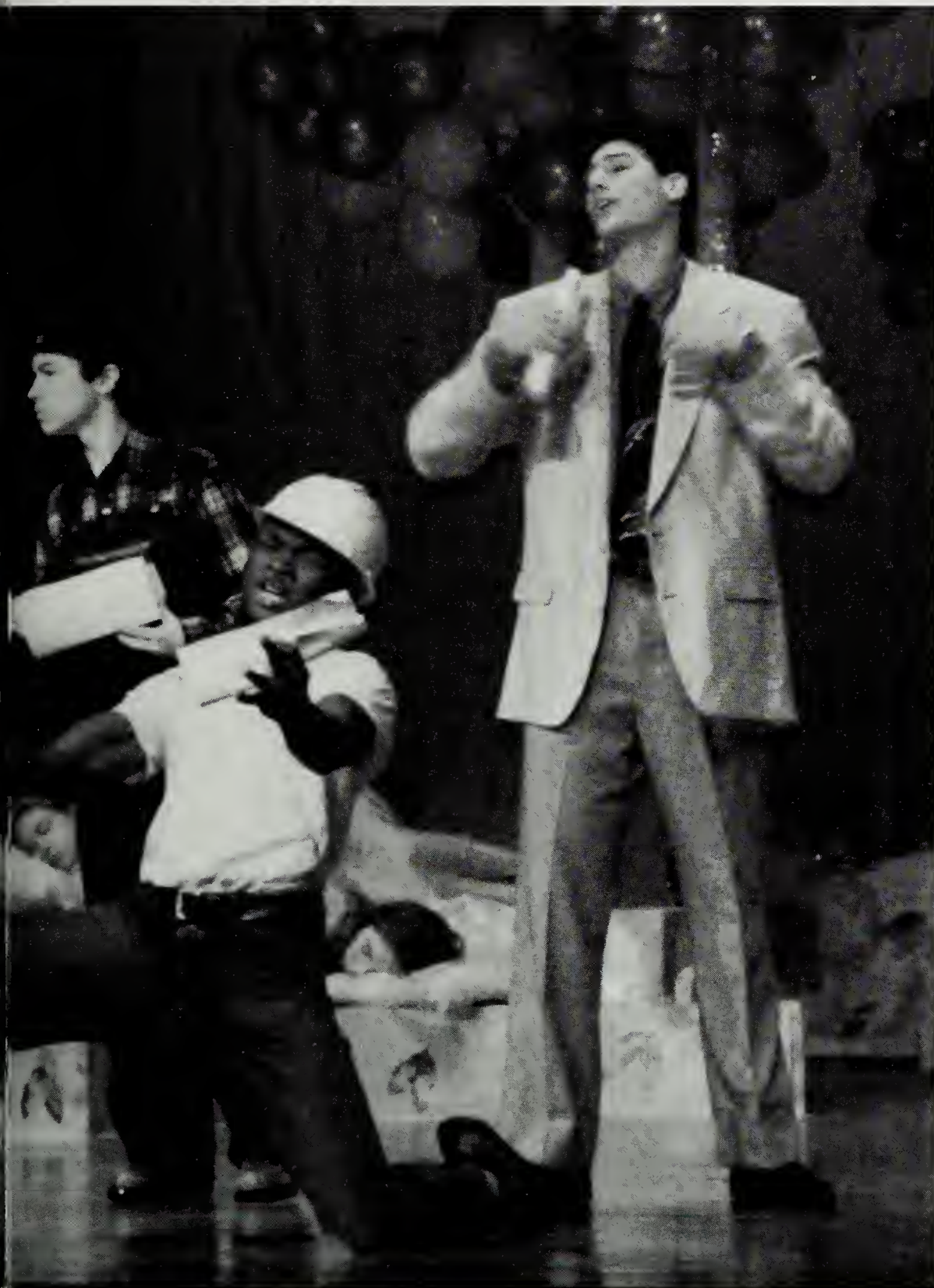
Preparation and a lot of practice is necessary for a big production like *A Midsummer Night's Dream*. During dress rehearsal, Danielle Johnson and Doug Lincoln practice their scene and lines for perfection.

A costume is just as important to the play as the script. Danielle Johnson's costume was created out of odds and ends.



Awakening from a long nap, the characters of Helena, Demetrious, Lysander, and Hermia were confused, but were all very much in love. These characters were played by sophomore Melanie Dionne and juniors Matt Smiley, Charles Hilton, and Mariah Fore respectively, and each was extremely talented.

(Below) After being put under a spell by the character Oberan, Titania, played by junior Sarah Blindauer, fell in love with Nick Bottom, played by junior Jesse Gray. Bottom had been turned into a donkey, and Peach Blossom, played by junior Ronnie VanLowe, helped the stricken animal.



With a look of anger upon her face, sophomore Melanie Dionne, as Helena, was furious with her two suitors for being obsessive. The suitors, Lysander and Demetrious, or, juniors Charles Hilton and Matt Smiley competed for Helena's love.



Drama Club. First Row: Nicole Shelton, Ronnie Van Lowe, Mariah Fore, Danielle Johnson, Krissy Price, Melanie Dionne, Angela Farrel. Second Row: Sheanett Robinson, Daniel Cabrera, Emily Surrena, Patty Mueller, Joyce Price, Kim Campbell, Amber Hoke, Stephanie Hooks. Third Row: Kevin McMullen, Amber Earp, Jamila Vernon, Sara Blindauer, Charles Hilton, Noelle Shott, Mary Schoenborn, Anthony Wright, Doug Lincoln, Elizabeth Gilbert. Fourth Row: John Kelly, Joe Bruss, Kristina Ogilvie, Sharon Zirkle, Matt Smiley, Nicole Evans, Chris Parker.

Defining Intelligence

From history and geography to logarithmic equations, the It's Academic club strived to excel in a variety of subject areas. The start of the new school year brought a new season to this mind-challenging club. Every Thursday from the beginning of the year to its completion, this club met after school to involve themselves in a practice that consisted of trivia questions asked by the sponsors. The sponsors, Mrs. Jean Bittner and Mr. Chuck Castrina, dedicated much time to expanding the knowledge of the club members.

The weekly practices were not only a learning experience, but they also helped to keep the members on their toes as they prepared for the county wide-competitions. The practices were invigorating and mind-boggling; however, the practices were a lot of fun as well.

"I really enjoy being a member of the It's Academic club. I have such a good time at the meetings that I forget the fact that I am learning," explained member Chris Townsend.

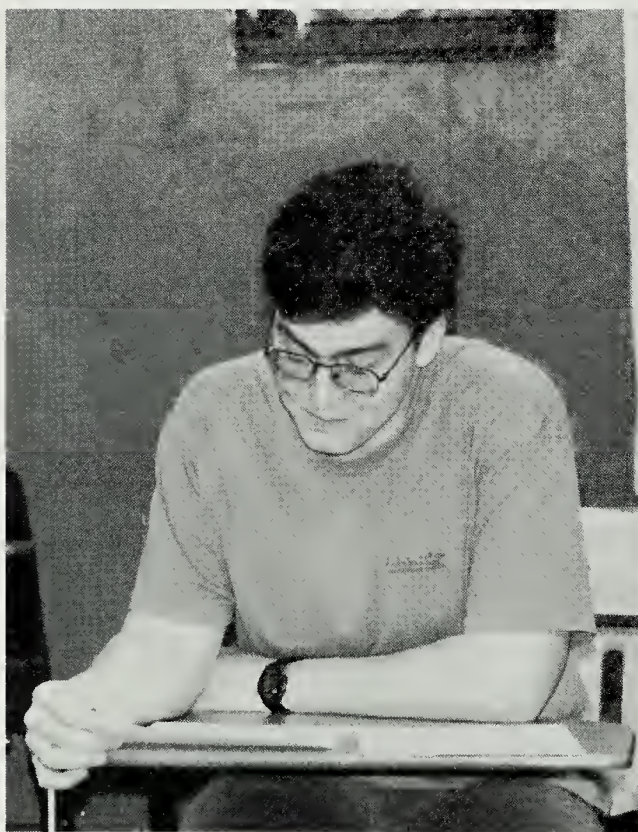
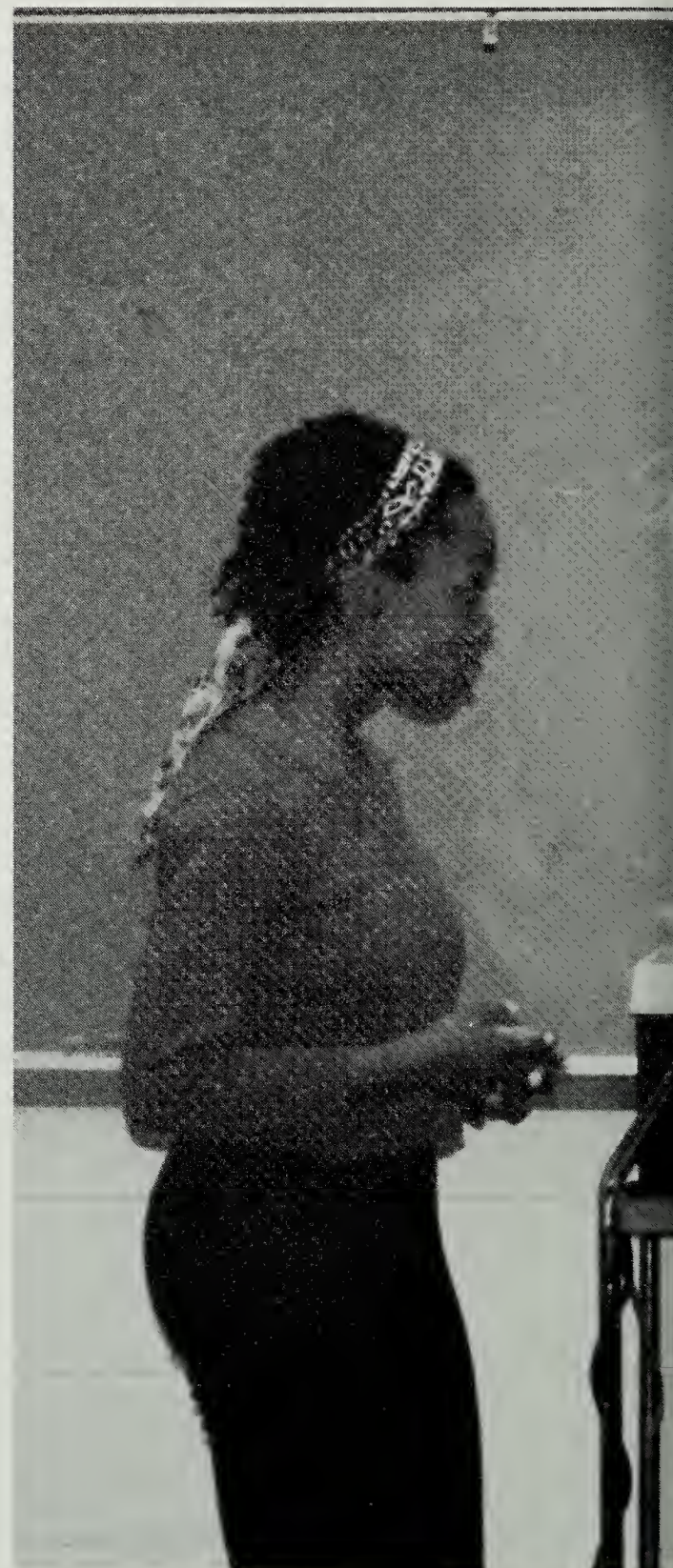
The team's captain, senior John Kelly commented, "The practices prove to be worthwhile, and they are never dull or boring."

Voicing one's opinion was never a problem for this year's Debate team. The team focused primarily on political values, which was this year's theme. The debate tournaments averaged about one a month and used the Lincoln-Douglas style of debating. This style featured one-on-one competition, instead of two teams against each other.

The team sponsor, Mrs. Geri Cantwell, devoted much of her time to the team and she made sure its members were always prepared. Mrs. Cantwell announced issues that were chosen for upcoming debates at afterschool practices. The practices were held every Tuesday. At these practices, the debators would read and evaluate their issues. The team members would question each other on their stand points for the assigned topics. The members were expected to do all research on their own time. It was necessary for the team to prepare themselves adequately to ensure they could appropriately defend their viewpoint on the issue at hand.

Member Mike O'Leary described his opinion about the debate team as the following, "This being my second year as a debator, I have come to realize how much time and effort it requires to be successful. Also, I've found that all the hard work pays off; a lot of the things I have researched in debate have helped me in my classes. I really enjoy debating, and I plan on joining the club again next year."

Although the team was not very big this year, Mrs. Cantwell stated, "The team was small, but dedicated." Both It's Academic and the Debate team had a challenging and successful year. Each club hopes to do even better in the future. •Erin Nicholson, Taylor Jefferson, and Michelle Dorer



Carefully reading over the topic for his next debate, Senior Matthew Novacek contemplated about his plan of attack. It took an experienced debator like Matthew to read and analyze the issue. Analyzing and evaluating one's issue is all a part of a good day's work for the Debate Team.

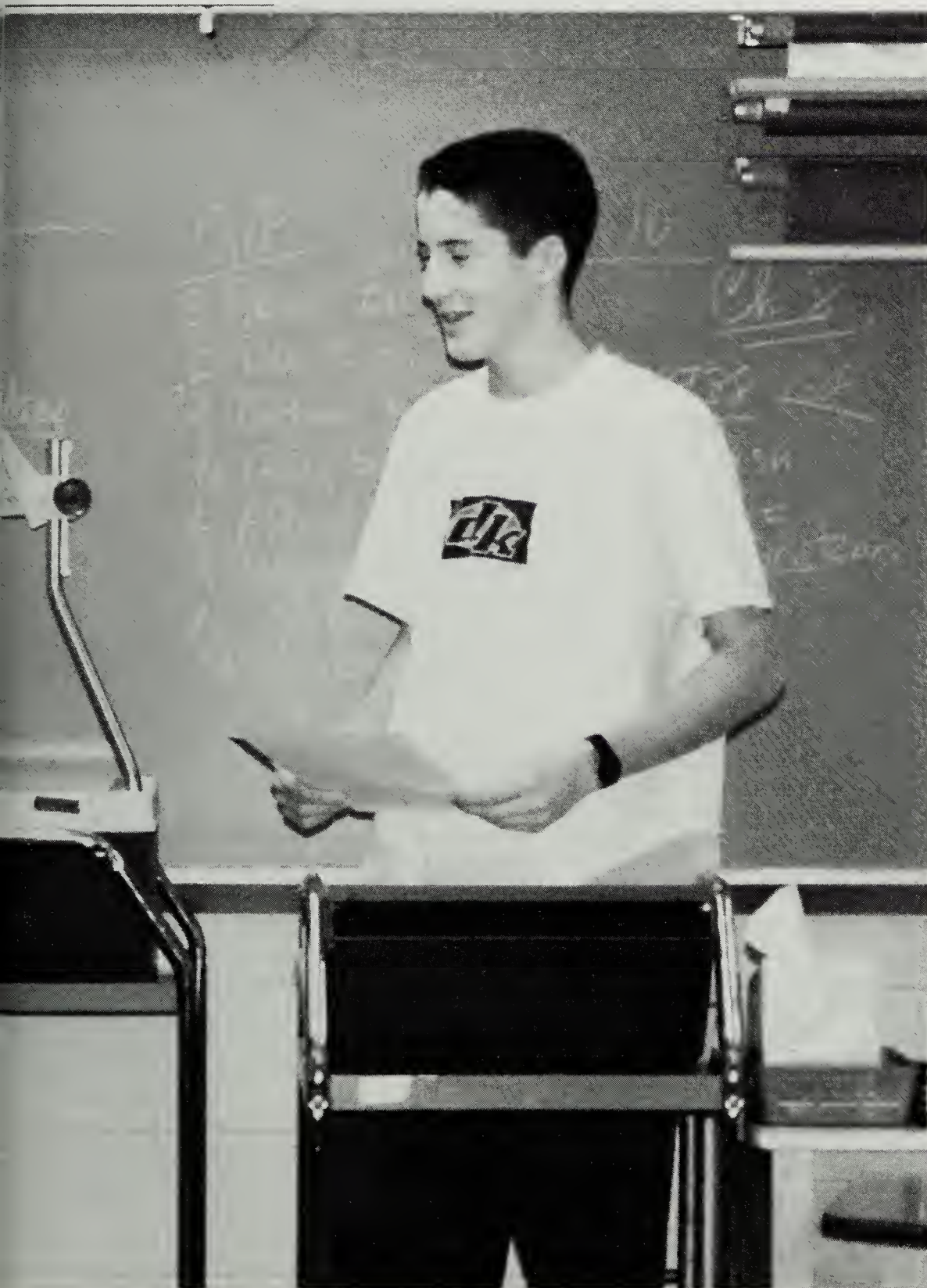


After reading off a trivia question, the It's Academic club sponsor, Mrs. Bittner, left the team to ponder over the answer. Mrs. Bittner and Mr. Castrina spent many hours helping the team to prepare.



Sharing a moment of laughter, seniors Hameet Bindra and John Kelly were quick to refocus their mindsets back to the intense trivia questioning. It is always good to have some comic relief during hard work.

(Below) Deep in thought, senior Harman Bajwa tried to recall the answer to a difficult question. Concentration is a major factor to success, especially in the It's Academic club.



1996-1997 Debate Team: Junior Michael O'Leary, Senior Matthew Novacek, Senior Maisha Williams, and sponsor Mrs. Cantwell. What this year's club lacked in size, it made up for in intelligence and devotion.



Preparing for an upcoming debate, Senior Maisha Williams and Junior Michael O'Leary practiced by engaging in a mock debate and questioning one another.

1996 It's Academic- Back Row: Micheal Sweeney, John Kelly, Hameet Bindra, Matthew Novacek, Front Row: Harman Bajwa, Maribel Gaytan, Chris Townsend, Matt Smiley.

A Walk in the Wild

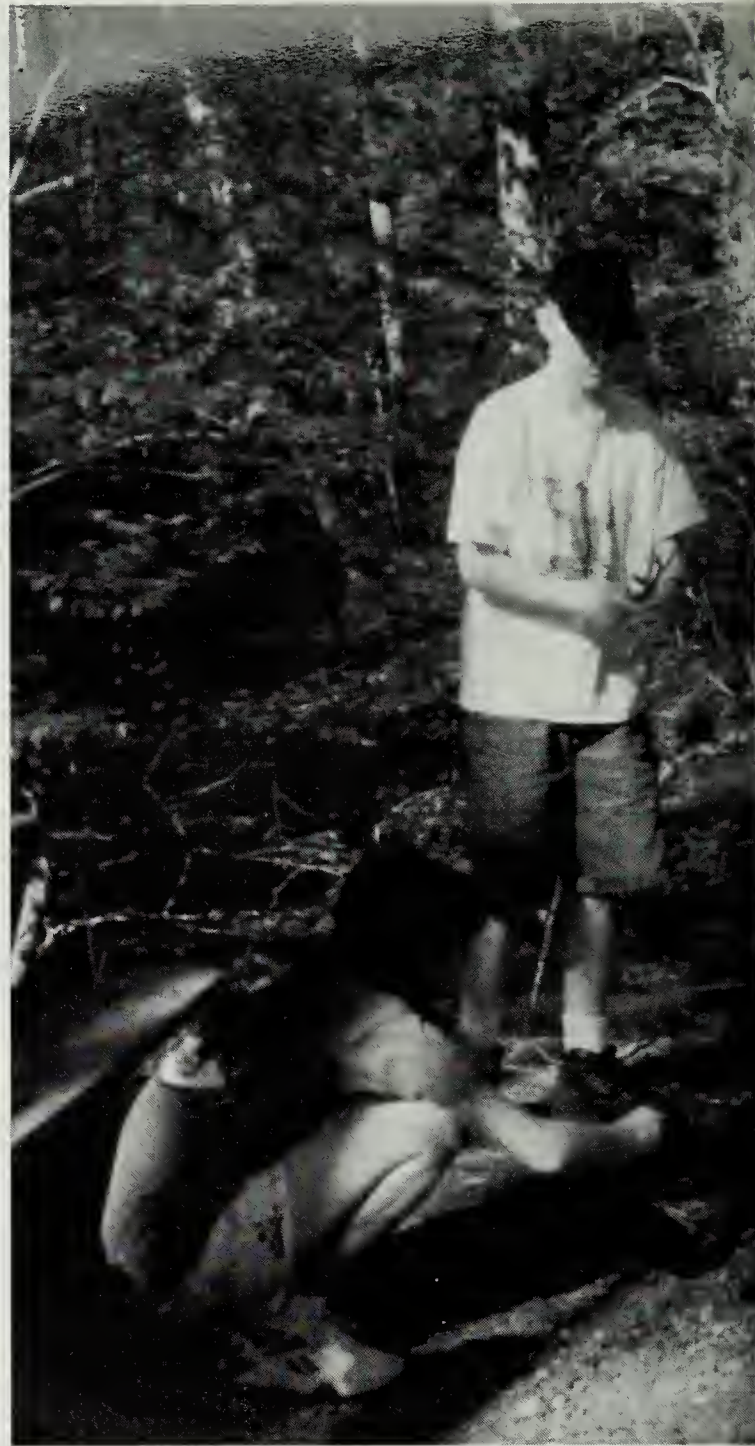
Many people agree that it is important to be aware of what is going on in the environment, but only a few devote their time and energy into actually doing something to improve it. "I feel it is really important to learn about our environment and do everything we can to help it. We have a lot of fun being part of this club and we get an opportunity to help," commented sophomore Amy Turner.

The Environmental Club takes numerous trips to survey land and clean up streams. Once a month they visited the Woodbridge Wildlife Refuge where they cleaned the grounds and observed plants and animals. The Refuge wanted responsible helpers and they were pleased to have the club's help. Freshman Armand Sanchez said, "Every month we go to the Wildlife Refuge and we have a lot of fun helping our environment."

The Environmental Club sold t-shirts this year as their annual fund raiser. The money was used to fund this year's Envirothon trip. The Envirothon offers students an opportunity to meet with other environmentally-based clubs during a two-day (overnight) stay. While at the Envirothon, they competed in games and projects that tests their knowledge about the environment. They went hiking and were quizzed in other areas of wildlife, soil, streams, and tree identification.

Club president junior Chris Townsend exclaimed, "We do many things from helping out at the Wildlife Refuge to tromping through the dirt, and walking through creeks. We have a lot of fun and it is definitely worth it."

It takes more than just this small group to make the world a cleaner place, but the Environmental Club is making a great start to a cleaner world. •Margaret Rowland and Katie Cartwright



Surveying the stream was a major task of the Environmental Club. Junior Chris Townsend and his fellow club members took time to survey and clean up this stream to at least make a small difference.



(Left) On the annual Envirothon trip, junior Katie Lawson takes a break to make some s'mores. A snack and some comraderie for a common cause made the trip a memorable one.

(Below) This stream behind Gar-Field is representative of many in the county that were threatened by pollution and development.



The Lakeview subdivision behind Gar-Field was just one more example of the rampant development that threatens the county's ecosystem. Once a haven for birds and other wildlife, the lack of environmentally sound building affects us all.

"For if one link in Nature's chain might be lost, another and another might be lost, til this whole system of things would vanish by piece-meal."

— Thomas Jefferson —



Environmental Club. Back Row: Mrs. Martha Slover, Chris Townsend, Armand Sanchez, Gina Cusati, Mrs. Evelyn Holt. Middle Row: Kristen Headley, Katie Lawson. Front Row: Amy Roberts, Maisha Williams, Champa Nouv.

Indians Come Marching In

"Practice, practice, practice" were the key words by which the Marching Band lived. Not only were the band members expected to memorize their show music, they were also expected to learn their grid spots and how to march towards them in step.

Saturday competitions were cancelled because of the cold and damp weather that struck the Prince William area earlier this year. Even with all the setbacks, under the direction of band instructors, Ms. Melinda McKenzie and Mr. John Lacava, Drum Major Wendy Stein, and Flag Captain Amy Ansong, the marching band never failed to leave its mark when given the chance to perform.

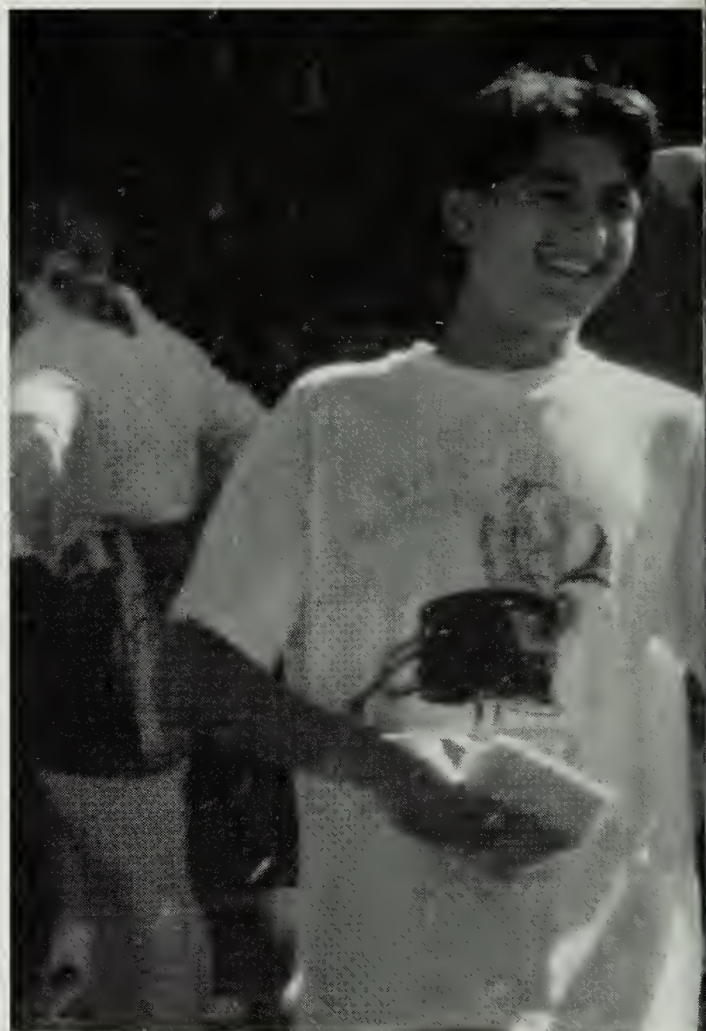
"Flags takes an enormous amount of time out of summer vacation, so it is nice to see our hard work finally pay off," stated junior Colleen Sullivan.

When junior James Weathers was asked about discipline, he responded by saying, "We do push-ups on the hot pavement and in the mud. Sometimes we run laps around the student or drivers ed. parking lots."

With all the long hours members put into their work, they were "able to attend many competitions this year and placed well. "My favorite competition trip was the one in Roanoke Rapids, North Carolina," junior Erica Cook said.

Sophomore Abby Racster said, "I wanted to meet and make new friends before my freshmen year, so I joined the band. I have made many new friends."

As for the Gar-Field Marching Band as a whole, Amy Ansong said, "Marching Band is like a huge family. Everyone works hard and cooperates in order to get things done. Marching Band not only disciplines its members, it also provides a sense of brotherhood." •Mike Eaton and Tina Lambert



The 1996-97 Marching Band. First Row (from left to right): Wendy Stein, Drum Major. Second Row: A. Brown, S. Chowdhury, B. Sekhon, A. Broaddus, M. Gill. Third Row: K. James, S. Shott, R. Conner, C. Zeiders, D. Priester, R. Raffield, M. Narburgh, S. Puffenbarger, M. Bresnahan, A. Ansong. Fourth Row: N. Cornell, C. Thompson, G. Cunningham, C. Suver, C. Sullivan, J. Barton, D. McBridge, A. Newman, R. Bryant, N. Brulotte, T. Dabney. Fifth Row: K. James, E. Cook, L. Allen, J. Ewell, M. Pitera, N. Ford, B. McCurdy, N. Chambers, B. Vasquez. Sixth Row: C. Stamler, S. Pitera, J. Gleason, C. Nohilly, L. Tidwell, L. Jones, S. Engel, C. Woodey, J. Veal, K. Rodriguez, E. Witt, T. Drisbaugh, C. Spain. Seventh Row: K. Kaneshiro, D. Holton, M. Hart, Q. Ledbetter, N. Natale, N. Litvinas, A. Racster, J. Adamson, R. Love, L. Rouse, J. Weathers, C. Sullivan. Eighth Row: D. Dallek, M. Okwabi, S. Puffenbarger, D. Day, A. Kennedy, B. Brack, D. Kiser, M. Hersi, S. Shelton, E. Amy, J. Maldonado, T. McGill, D. Byrant, N. Thompson. Ninth Row: K. Day, M. Reniere, C. Stokes, J. Jones, J. Hunter, A. Guilmette, M. Barrett, D. Rice, B. Garrett. Tenth Row: M. Elliot, C. Holston, J. Rakestraw.

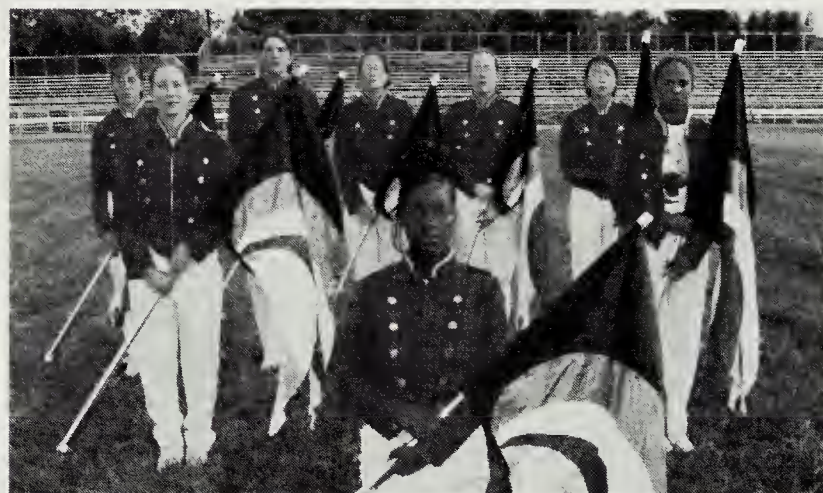


(Top Center) Not quite wet enough, Gabe Cunningham and Nina Williams tossed around their soaked sponges at a Marching Band car wash fundraiser.

(Bottom Center) Deep in thought, Joe Rakestraw and Evan Army await their next cue to start playing again.



Saluting the camera, Wendy Stein also salutes the band. Much credit was given to Drum Major Wendy Stein for her hard work and dedication.



Flag Team. First Row: Amy Ansong (captain). Second Row: Cindy Spain and Kendra James. Third Row: T. Dabney, Colleen Sullivan, Cheryl Stamler, Nicole Cornell, Krystal Kaneshiro.



At a Friday night football game, parading around the track in perfect formation, the Marching Band prepares for another stunning half-time performance. The band practiced many hours on hot and humid summer days in order to produce such spectacular results.

Sauerkraut and Salsa: Foreign Language Clubs Thrive

This year the foreign language clubs consisted of the Spanish Club, and the German club. These clubs took time out after school to learn more about the culture and languages of the country. By taking special trips to restaurants and going on cultural field trips, the students were able to get more involved with the countries in which they were interested.

The goal of the German club was to familiarize German-speaking students with German customs and traditions in a fun and friendly environment. At Locust Shade Park, German clubs from the whole county celebrated the culture with an Oktoberfest. There they played games, participated in competitions, and had a cook-out. The members of the German club took a field trip to Union Station to the German-America Weeks.

Several students attended the German club convention in March with German clubs from all over Virginia hosted by the Virginia Organization of German Students. Many German students came with the exchange program to Gar-Field and were a part of the German club.

The president of the German club, senior Wendy Foscue said, "After living in Germany for nine years, I thought it would be fun to share that experience with others who were interested in the German culture."

This year the Spanish Club went to the restaurante El Bodegon in Washington, DC to experience a touch of Spain. Not only entertaining, it provided its visitors with Flamenco shows and traditional spanish cuisine.

By going to this restaurant, the trip offered the Spanish club members the opportunity to participate in the Spanish experience.

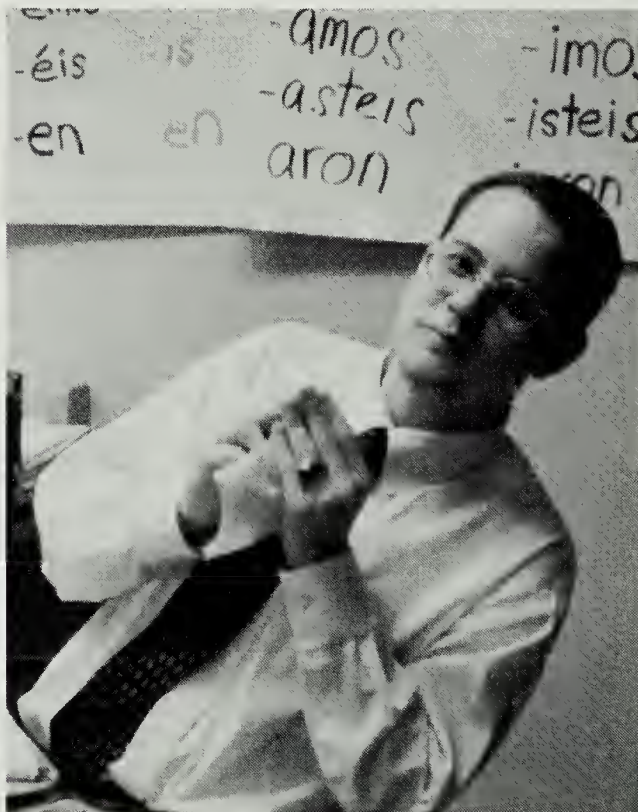
For Teacher Appreciation Week in May, the Spanish club ordered special pencils that had engraved on them "Si usted puede leer esto, agradezcale a su maestro," which said "If you can read this, thank a teacher." • Jenny Cahill, Colette Mainardi, Tracy Kinoshita, Neda Farahmand, Martha Dunn



(Above) The German club had a successful year with the help of its officers Secretary Amy Elliott, President Wendy Foscue, and Vice President Gina Burke. These officers enjoyed helping out sponsor, Mr. Byron Bailey.



Armed for battle, the German club readies for combat. Spending time together, the German club learned how to play games in the German spirit.

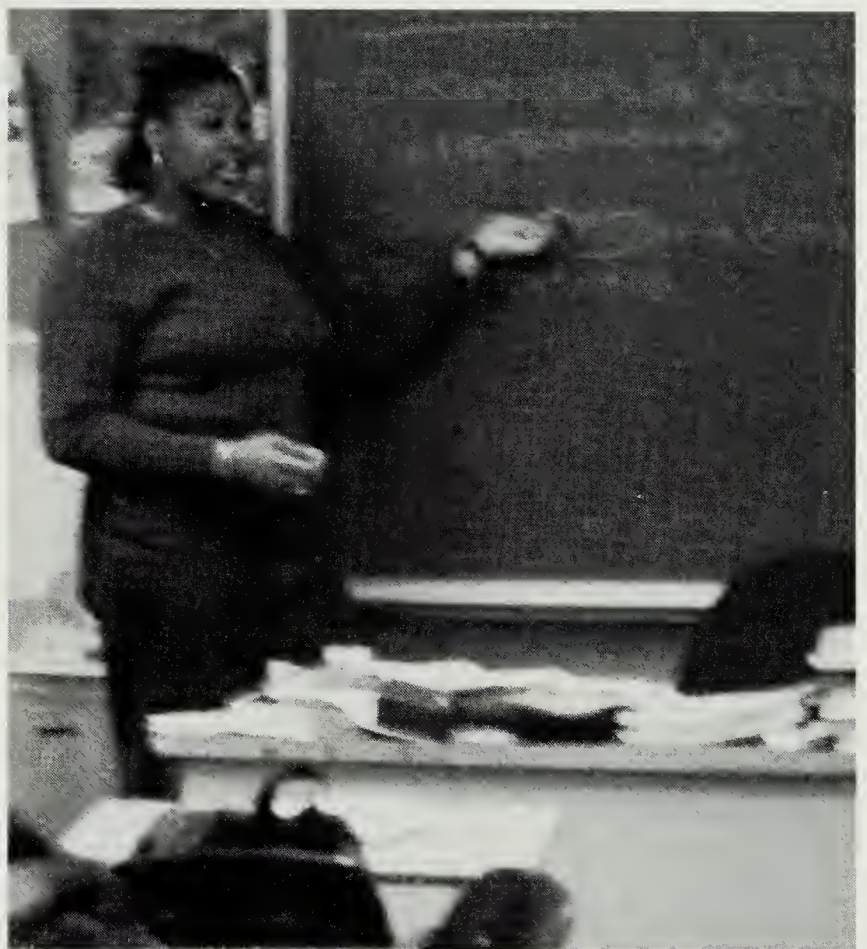


Spanish Club sponsor, Mr. Anthony Ferrara, spent many hours planning club activities with students. In Mr. Ferrara's second year here at Gar-Field, he has generated much interest in Spanish.



(Top Center) German foreign exchange student, Linda de Wilde, joined the German club to share her culture with other members. They had their Oktoberfest celebration at Locust Shade Park.

(Below) Spanish Club member, Kiesha Pickett, refers to the agenda for the March meeting. Among some of the club's activities included a Teacher Appreciation Week gift for the faculty.



German Club: Ryan Barker, Johanna Barron, Janelle Bartron, Jami Bedford, Zsuzsanna Berenyi, Dante Bradford, Gina Burke, Amanda Bushner, Dawn Condon, Linda DeWilde, Mandy Dietrich, Erin Edens, Jennifer Ellerbe, Mike Ellis, Amy Elliott, Chastity Evans, Wendy Foscue, Kristin Garvey, Josh Gestrich, Karl Gnadt, John Hilton, Marc Howes, Joel Hunko, Dan Huynh, Kerry James, David Kauo, Jami Kessel, Seth Kloss, Ben Lanzillotta, Matt Linton, Gordon Mack, Cassandra Mahatha, Mike Main, Leah McBride, Lee Miller, Christine Price, Sam Puffenbarger, Abby Racster, Ian Stewart, Brian Taylor, William Watson, James Weathers, Micca Weiggands, Josh Welker, Jeff Williams, and Tom Wilson.



Spanish Club. (from left to right): Janel Hart, Sharon Zirkle, Simran James, and Mr. Anthony Ferrara (sponsor).

Write On, Gar-Field

This year students eagerly awaited the arrival of Gar-Field's various publications. The hyphen, the award-winning seasonal magazine, covered a variety of issues concerning the school and community. "This year we are doing more to increase our readership. We have a new entertainment section filled with reviews and previews of music, movies, television, and fashion," explained junior hyphen staffer Jean Lanagan.

The annual literary magazine, The Shaman, consisted of a compilation of poems, stories, and artwork, all of which was submitted by the student body.

Amy Elliot stated, "I am in this club because I thought it would be interesting to see how a literary magazine is put together. I also enjoy reading original writings."

The Indian Echoes staff was composed of two classes that worked all year long to complete a retrospective look at the past year's events. Students were assigned layouts and worked diligently to meet deadlines. From newsgathering to developing one's own film, the classes worked closely with the publisher.

"I enjoy being on the yearbook staff because it is rewarding to see all of your efforts come together to create something special that students will keep for years to come," recalled Chris Nalevanko.

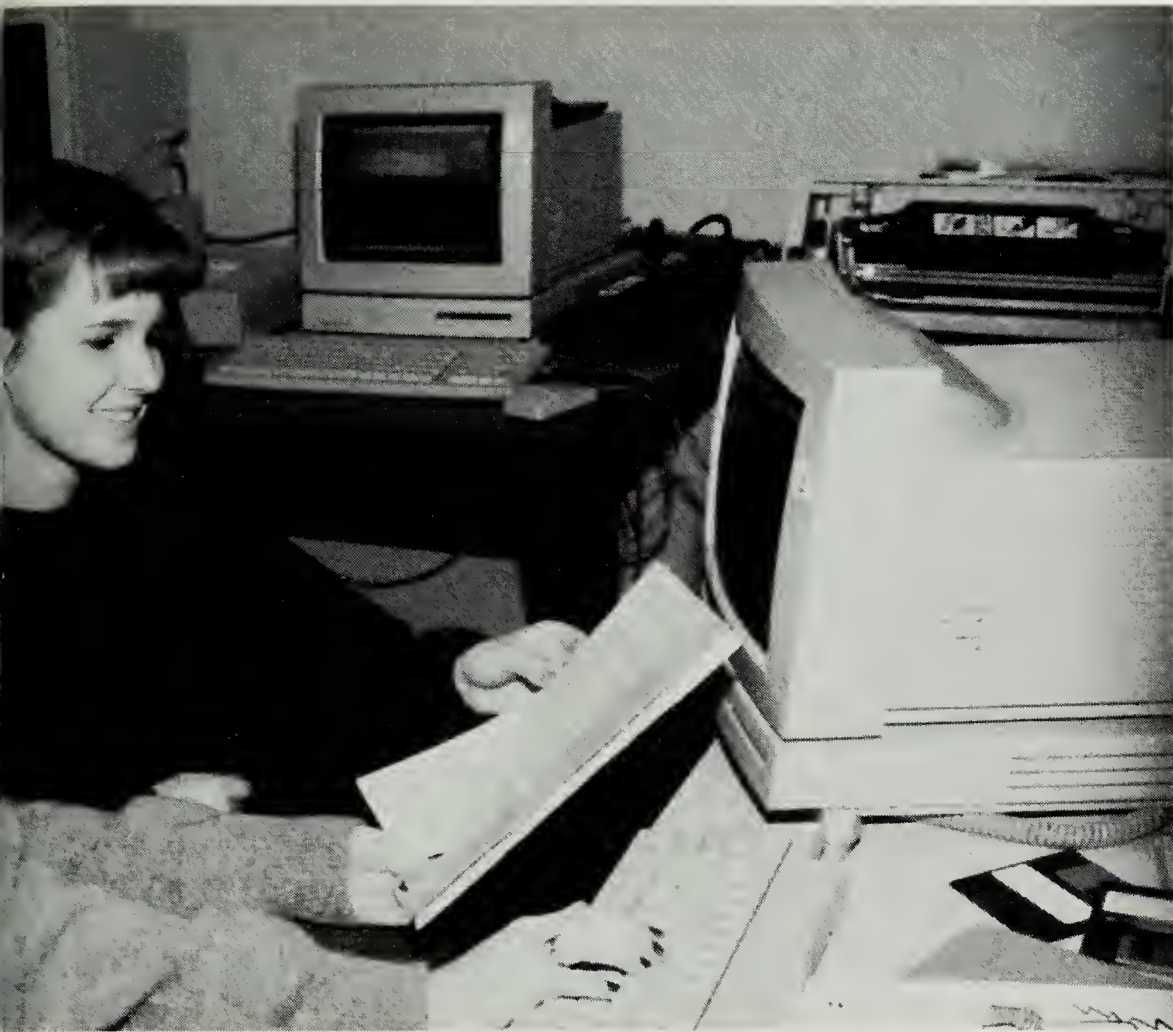
All three publications strove to highlight the talent and creativity reflective of the student body. These publications were our history books. They were documentaries in your honor. •Kevin Stansfield, Lindsey Sharp



The Indian Echoes sponsor, Ms. Rhonda Early, played a vital role in the production of the book and was constantly assisting her students.



Conferring with her layout partner, Colette Mainardi proofreads the copy of their layout. After many revisions, copies like this were sent to the publisher on a computer disk.



(Left) Hard at work on the next issue of the hyphen, Kristen Webster and Danielle Pokusa discuss their article and its theme. The staff members worked both in and out of school.

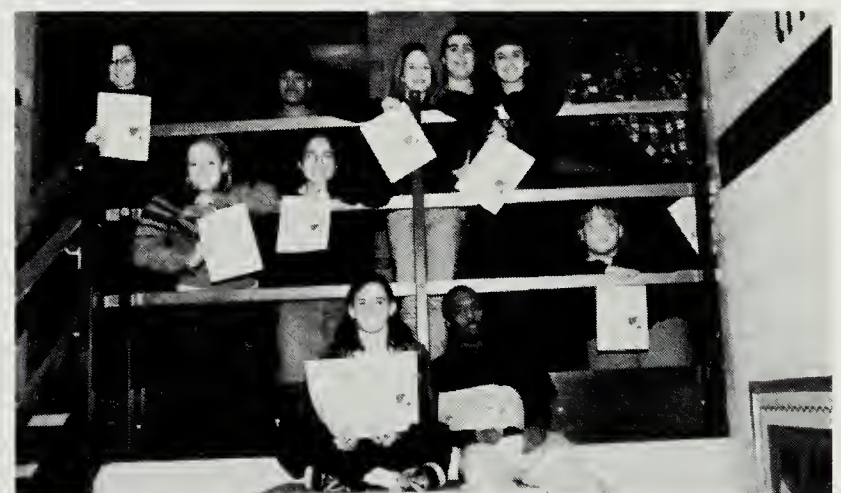
(Below Center) The Shaman's two sponsors, Mrs. Andrea Barbuzza and Mrs. Judy Powers, search for ideas and graphics for the literary magazine.



Yearbook: First Row: Taylor Jefferson, Erin Nicholson, Tracy Kinoshita, Talecia Morton and Phoebe Kenney. Second Row: Josh Hamilton, Neda Farahmand, Martha Dunn, Kace Clark and Lindsey Sharp. Third Row: Leigh Anne Touchette, Colette Mainardi, Jenny Cahill, Karen Testerman, Tara Koshetar and Sanjana Khoobchandani. Fourth Row: Nikko Nasca, Chris Nalevanko, Adam Hoffman, Damon Smuzynski, Michelle Dorer, Kevin Stansfield, Katie Cartwright, Mike Riley, Janet Ortiz, John Galgano and Claudia Williams.



Yearbook: First Row: Nadine Boisvere, Kelly Smith and Christina Lambert. Second Row: Kate Pancrantz, Nisreen Elhillali, Kristina Ogilvie, Jenni Reese, Mike Eaton and Anna Drago. Third Row: Cindy Compion, Shea O'Connell, Lynsey Lunsford, Katie Monahan, Mike Riley, Jennifer Bock, Steven Ryan, Katie Dallek and Carl Carter. Fourth Row: Lisa Westley, Kristen Crabtree, Marissa Manabat, Shawna Potter and Danielle Colbert.



the hyphen: First Row: Elizabeth Ramsey and Corey Starks. Second Row: Kristen Webster, Carola Garay and Micca Weiggands. Third Row: Mrs. Terri Loveland (advisor), Jamila Vernon, Holly Ringold, Jean Lanagan, Danielle Pokusa and Ebony Prince.



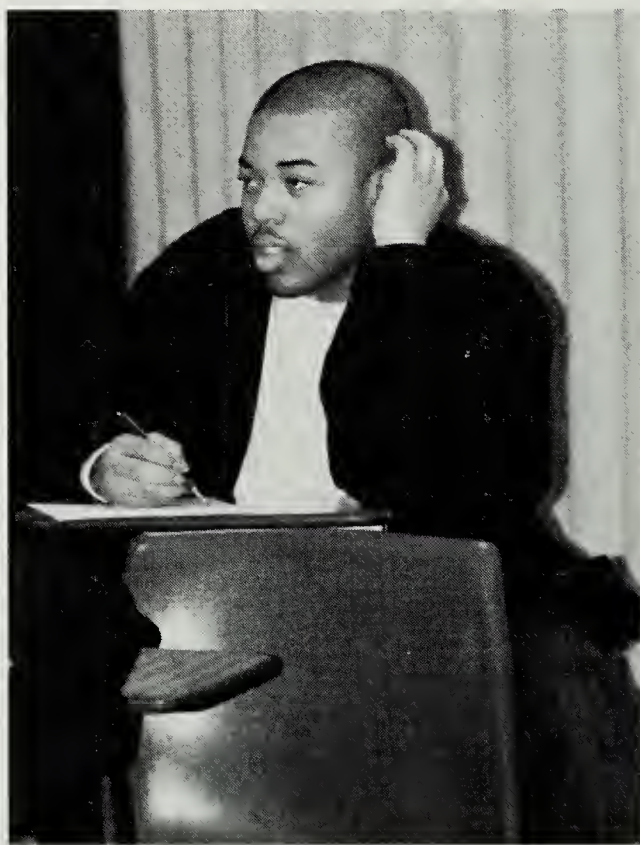
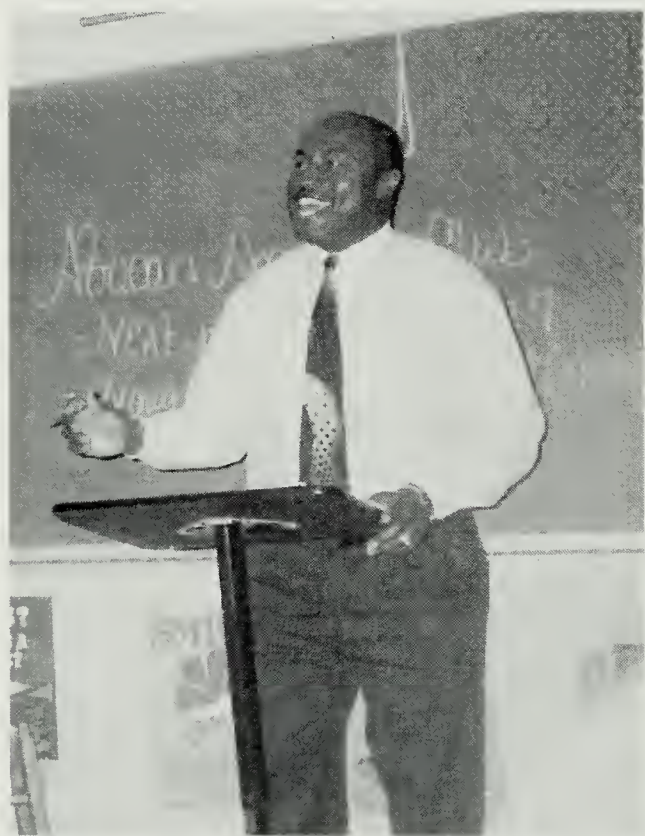
The Shaman: First Row: Eli Mintzer, Maisha Williams, Amy Turner and Deborah Freshwater. Second Row: Mark Lopez, John Stephens, Stephanie Souders, Chris Davidson and Amy Elliot.

Working Towards a Better Society

The African American History Club united to involve black students in a study of their history. Including their visit to the Frederick Douglas House in Washington, D.C., the African American History Club had been more active this year than in any other. Their successful revamping of the "One Hundred Reasons to Celebrate Black History Month," was merely one of the activities its members had endured throughout the year.

Speakers included Mrs. Faye Patterson, Mr. Larry Bell and Mrs. Lisa Shacklette. Trying to spread the word that black history was an important aspect of American history, the members visited elementary schools and taught the students what they had learned. "Our visits with the children gave us a sense of hope that they would one day follow in our footsteps and be active members in a club like ours," stated senior Eunice Omole.

DREAMS, (Dedicated Responsible Enthusiastic and Motivated Students) were some of the characteristics each member displayed as members of the club. These students were dedicated to the improvement of minority achievement. The members in the program tried to make teens more aware of the problems that occur in everyday life. DREAMS members believed the club was necessary to prepare youths for the reality of society. All members did their part to further the success of the club with the commitment of their sponsor and the involved members. By being in touch with their culture, these teens felt a unity with one another. •Talecia Morton, Kace Clark



Many speakers came to talk with the African American club to inform them of the happenings in their community and society. Larry Bell was just one of the many speakers the African American History Club featured.

A dedicated member of the AAHC, John Hayes listens attentively to the discussion at hand and takes a few notes. Listening and notetaking were common in every meeting.



Questions always came up when discussions were being held. Mary Vreeland listens as Mrs. Teresa Mahmood tries to answer her question without giving a biased opinion.

(Below) As president of DREAMS, Tashia Bunch, was responsible for setting the objectives for each meeting. As a strong leader, she motivated the other members to strive for more.



Before the actual day the AAHC members headed for the elementary schools, Amy Ansong, Danielle Colbert, Mrs. Teresa Mahmood, and Candace Sample discussed the strategy they would use to get their message across.



D.R.E.A.M.S. Members: (listed by name) Crystal Curry, Rashida Farves, Dianne Whitaker, Laura Akinlotan, Derrick Gibson, Jamaal Jones, Lakeisha McCray, Chinita Woody, Derrick Jackson, Kareem Terry, Nicole Chambers, Ayasha Ware, Phillip Asante, Metha Macauley, Alicia Williams, Crystal Mayo, Tamara Mayo, Keisha Pickett, Wumi Akinlotan, Tiffany Sneath, Katrina McMillon, Cardlyn Wade, Ebony Snell, Akota Dogbatse, Nana-Ama Danhuan, Latoya Marshall, Amy Ansong, Eunice Omole, Julie Omole, Myra Franklin, Crystal Slater, Nikki Franklin, Danielle McDonald, Ray Barnes, Danielle Colbert, Tashia Bunch (President), Mrs. Paulette Jones (Sponsor).



African American History Club: Front Row: (from left to right) Julie Omole, Ayasha Ware, Eunice Omole, Alicia Williams, Chinita Woody, Nana-Ama Danquah, Crystal Mayo, Carolyn Wade Second Row: Laura Akinlotan, Ray Barnes, Asia Chavis, Nicole Chambers, Kareem Terry Third Row: Kiesha Pickett, Akofa Dogbatse, Lakeisha McCray, Danielle Colbert, John Hayes (Fourth row) Philip Asante, Jamaal Jones, Metha McCauley, Tiffany Williams, Atiba Grimes, Sandrine Chebou.

Service With a Smile

The Key Club, Leo Club, and Junior Civitans are each community service organizations. They sponsored various activities to help better the community and people in need.

From bell ringing for the Salvation Army to Operation Turkey, the Key Clubbers were quite busy this year. One of their many projects included building a fence behind our school. "Building the fence was so much fun and it really brought our club closer together," commented Sabrina Pitera. A Halloween Bake Sale was held to raise money for people who suffer from the Iodine Deficiency Disorder. The Key Club sponsored the annual Red Cross Blood Drive in addition to selling Valentine's Day candy-grams.

The Leo Club has participated in many of the similar activities, and others unique to their organization. Leo members have spent countless hours in front of different grocery stores ringing the Salvation Army Bell, collecting food for ACTS, and collecting money for the White Cane Foundation, which donates its profits to the blind.

The Leo Club and the Junior Civitans worked face to face with those less fortunate than themselves. Every Tuesday they went to the bowling alley and bowled members of the Association for Retarded Citizens. They also attended the Special Olympics and each member worked one on one with an athlete. The most rewarding activity the Leo Club did was play Bingo with the residents of the Woodbridge Nursing Home on the third Thursday of each month. Junior Mike Guilfoyle summed up the attitude of the Leo clubbers when he stated, "It's very satisfying work, and you leave with a smile. They all love us at the nursing home!"

The Junior Civitans are very active by volunteering their service. The club was involved with the Special Olympics and participated in many dances with the athletes.

All three groups had a very busy and rewarding year, and each of the clubs made a difference in the lives of many people.

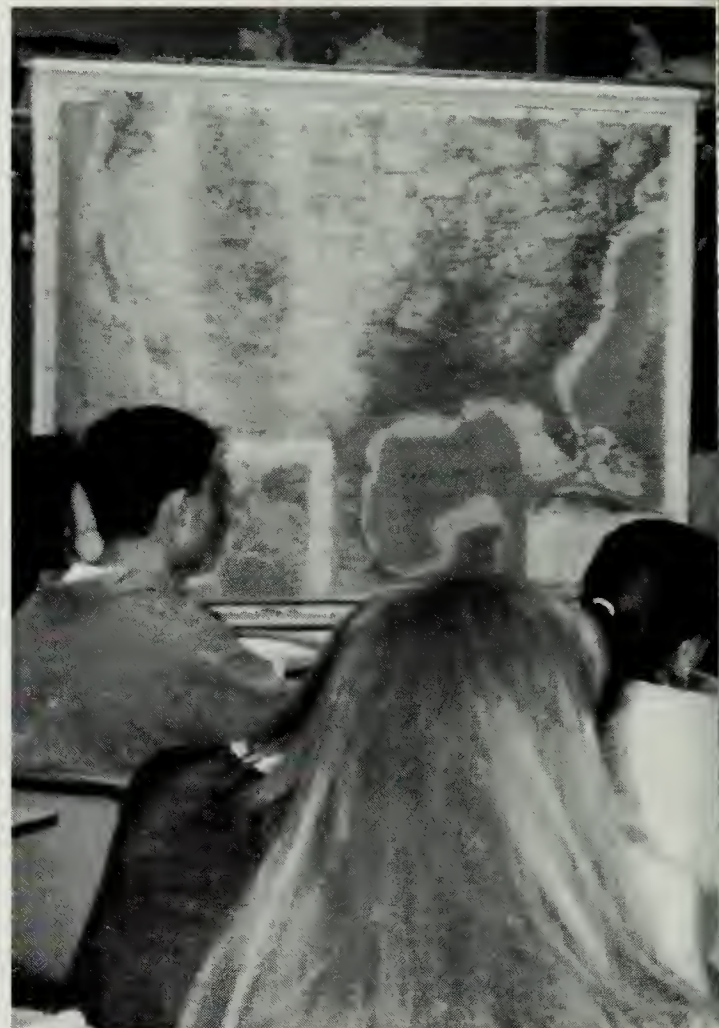
•Vidya Kori, Karen Testerman, Sanjana Khoobchandani, Martha Dunn, Nadine Boisvere, Cindy Compton, and Anna Drago



Standing in the cold for two hours was not a problem for sophomore Katie Dallek, freshman Natalie Brulotte, and junior Shannon Olson. The three took a Saturday afternoon off from their busy schedules to ring the Salvation Army Bell.



Dancing with the athletes, seniors Nadine Boisvere and Cindy Compton involve themselves in the "chicken dance." Dances were a large part of the Junior Civitan activities.





(Top Center) Telling the Key Club of future events, Mr. Damewood from the Woodbridge Kiwanis Club hoped that the planned events would spark interest in the club members.



Focusing on the Bingo game at hand, freshman Natalie Chambers assists her friend Ethel Mays. Ethel is a regular bingo player and we all look forward to seeing her each month.



Key Club: Vidya Kori, Eunice Omole, Champa Nouw, Taylor Jefferson, Neda Farahmand, Cyndi Spain, Tammy Ambrose, Catherine Lindon, Mary Shoenborn, Mr. Darrough, Annie Peterson, Sanjana Khoobchandani, Sharon Zirkle, Sabrina Pitera, Kevin McMullen, Landon Schaefer, Sheanette Rogers.



After a long night dancing, senior Sarah Hill stops for a few minutes, to chat with some of the Special Olympic Athletes at the St. Patrick's Day dance. This dance was one of the many activities the Jr. Civitans engaged themselves in this year.



Being able to add excitement to another person's life is very rewarding. Although Teresa is vision-impaired, with the help of junior Mustaf Hersi, she is able to play Bingo.

Drenched after a long day of washing cars, senior Sonya Jordan stops for a little rest with her friends that helped out with the car wash that day.

Rocketing Toward the Future

The National Honor Society, Model UN, and Computer Club have had a history of motivating students to excel in their various causes and projects.

The Computer Club was a technology-based group of students who learned how to create and maintain a web page called simply The Digital Indian. When the computer lab receives its Pentium processors, they will be able to program Window's '95 and learn how to do hypertext mark-up language (html) programming. The Computer Club utilized up-to-date technology to expand the website.

The National Honor Society consisted of the top 10 percent of each class. Mrs. Davies said, "There are four qualities we look for in students, and they are all equal in weight. These things include leadership, service, good character, and academics." In November, the veteran members put on a great spectacle to welcome the new inductees, while others were inducted in May.

Model UN was an incredible group of young men and women. They represented the United Nations. They held summit meetings and traveled periodically to gather with other UN members to collaborate on foreign issues.

Junior Danielle Johnson stated, "Traveling and meeting new people is one of the best parts of Model UN." Students in Model UN also performed under quite a bit of pressure. "Standing up in front of all those people in the summit meetings is so scary. All the people are listening to everything you say and watching your every move," added junior Henri Harps.

These clubs symbolize the true work ethic of dedicated students who don't mind the hard work and long hours it takes to realize success.

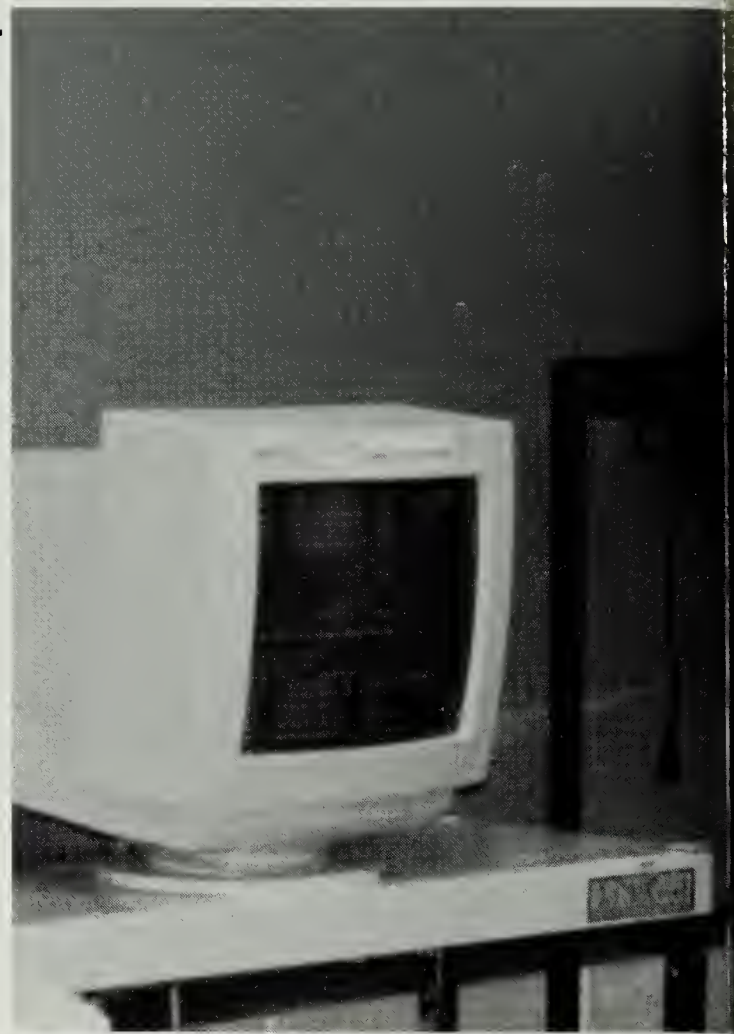
•Mike Riley, Nisreen Elhillali, Kristina Ogilvie, Danielle Colbert

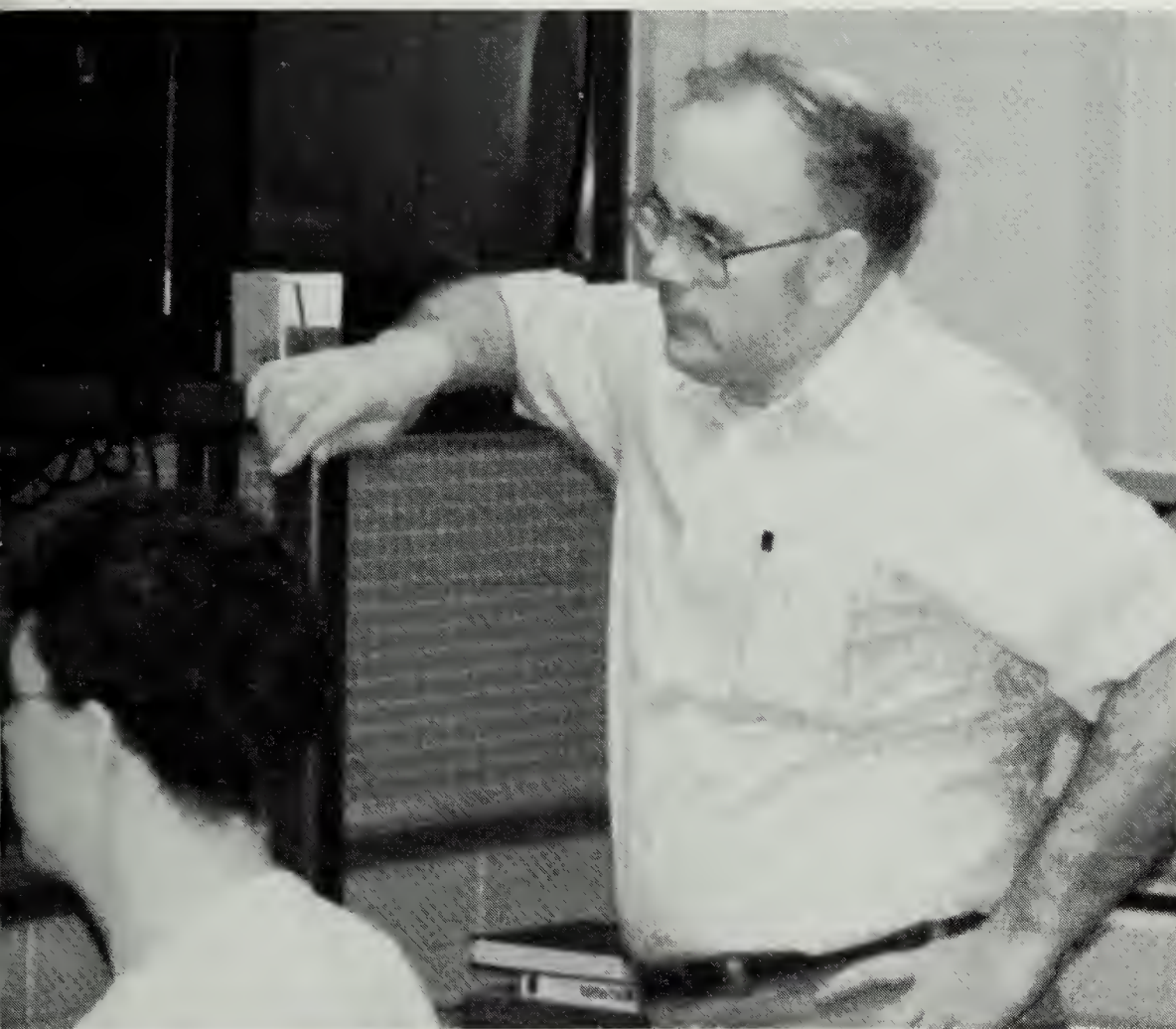


Senior Matt Linton and sophomore Robert Kelly take pride in participating in a regional Model UN meeting. Representing countries and discussing world events in front of a large audience is a big part of what Model UN is all about.



After checking in at the hotel, junior Charles Caldwell and senior Scott Clendaniel rest up before the summit. Held annually at Old Dominion University, the Model UN conferences attracted a wide variety of high school students.

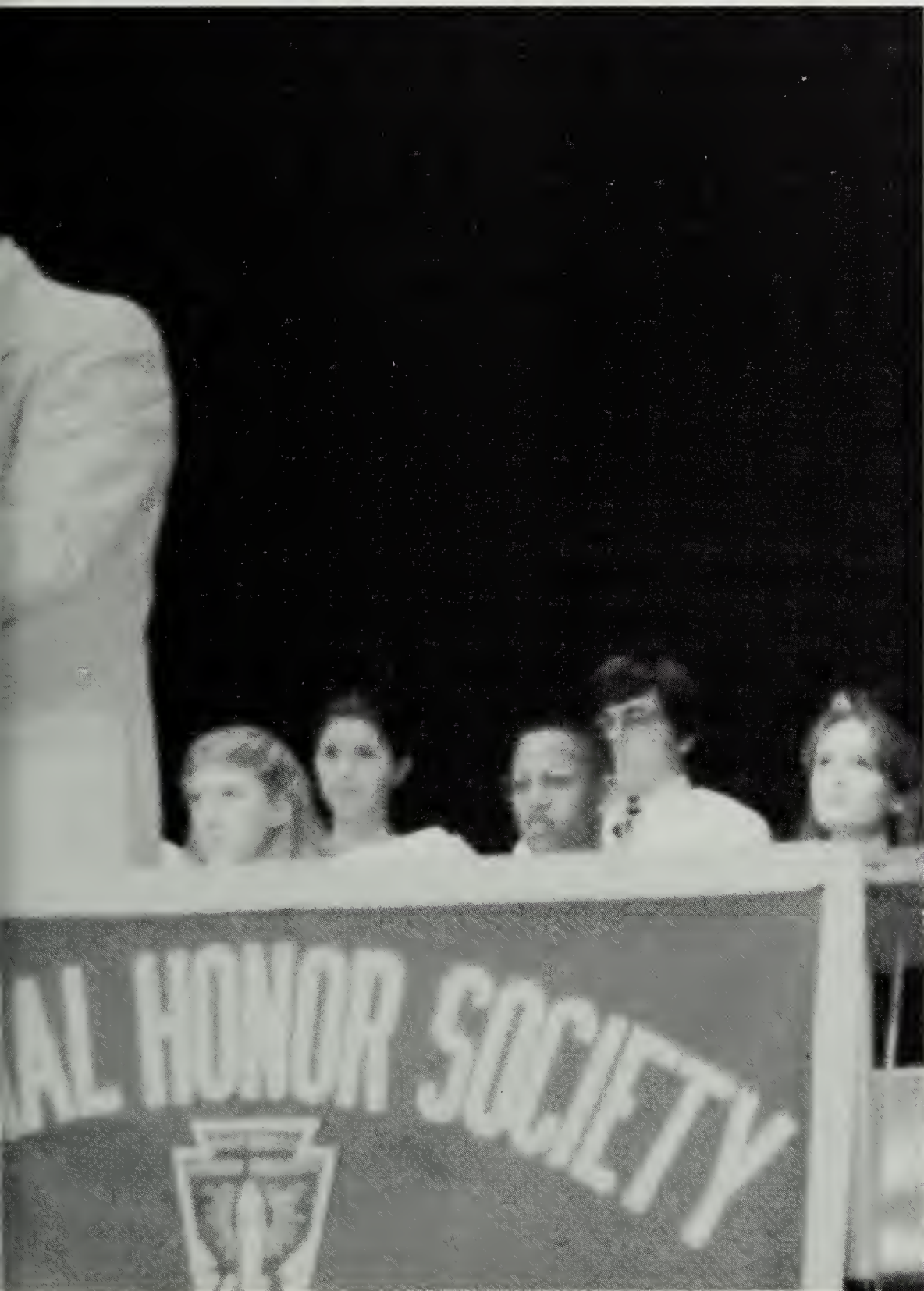




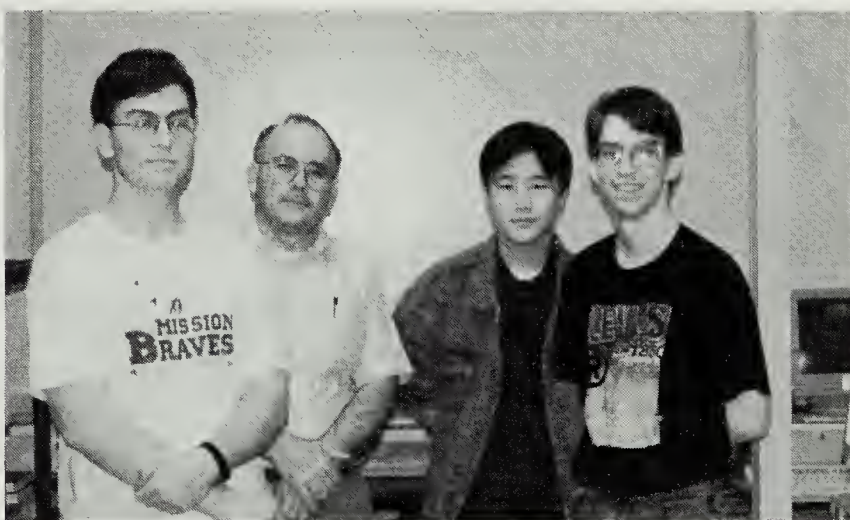
Computer Club sponsor, Mr. Willis, supervises senior Matt Novacek as he installs a new program. The group regularly learns up-to-date programming techniques.



Model United Nations: John Kelly, Scott Clendaniel, Maisha Williams, Mustafa Hersi, Danielle Johnson, Darcie Priester, Sarah Kimble, Robert Kelly, Kerry Johnson, Nick Zimbardo, Troy Alston, Vincent Admance, Curtis Tunner, Tanya Mutaboyerwa, Kristen Wilson, Charles Caldwell.



National Honor Society: K. Barnes, A. Ansong, J. McClam, J. Roslan, W. Khalid, M. Sweeney, H. Bajwa, H. Bindra, J. Kelly, H. Holtzman, N. Farahmand, L. Westley, T. Ambrose, A. Peterson, A. Edmundson, C. Lindon, B. Kingrey, M. Wescott, S. Clapham, D. Moore, J. Jeremias, V. Kori, K. McMullen, W. Moore, S. Khoobchandani, D. Johnson, C. Stamler, A. Drago, M. Novachek, M. O'Leary, A. Elliott, C. Welch, M. Clark, J. Muller, F. Galapion, S. Zirkle, C. Sullivan, T. Jefferson, C. Madison, J. Lopretto, M. Schoeborn, M. Fore, M. Smiley, S. Hill, T. Wilson, A. Johnston, E. Bradford, M. Novachek, C. Guray, K. Webster, S. Abraham, E. Caricofe, B. Garrett, L. Watson, N. Bruloutte, G. Burke, S. Howard, E. Nicholson, T. Pfitzner, L. Roberts, J. Stump, C. Townsend, K. Mott, K. James, S. Pitera, C. Spain, W. Foscue, A. Broadus, D. Lincoln.



At the '96 NHS Induction Ceremony, Shea O'Connell (98) gladly accepts her certificate of induction from principal, Mr. Roger Dallek. Friends and family were on hand to congratulate Shea on her new status.

Computer Club: Matthew Novacek, Mr. Bill Willis (sponsor), Jung S. Lee, Daniel Staudt.

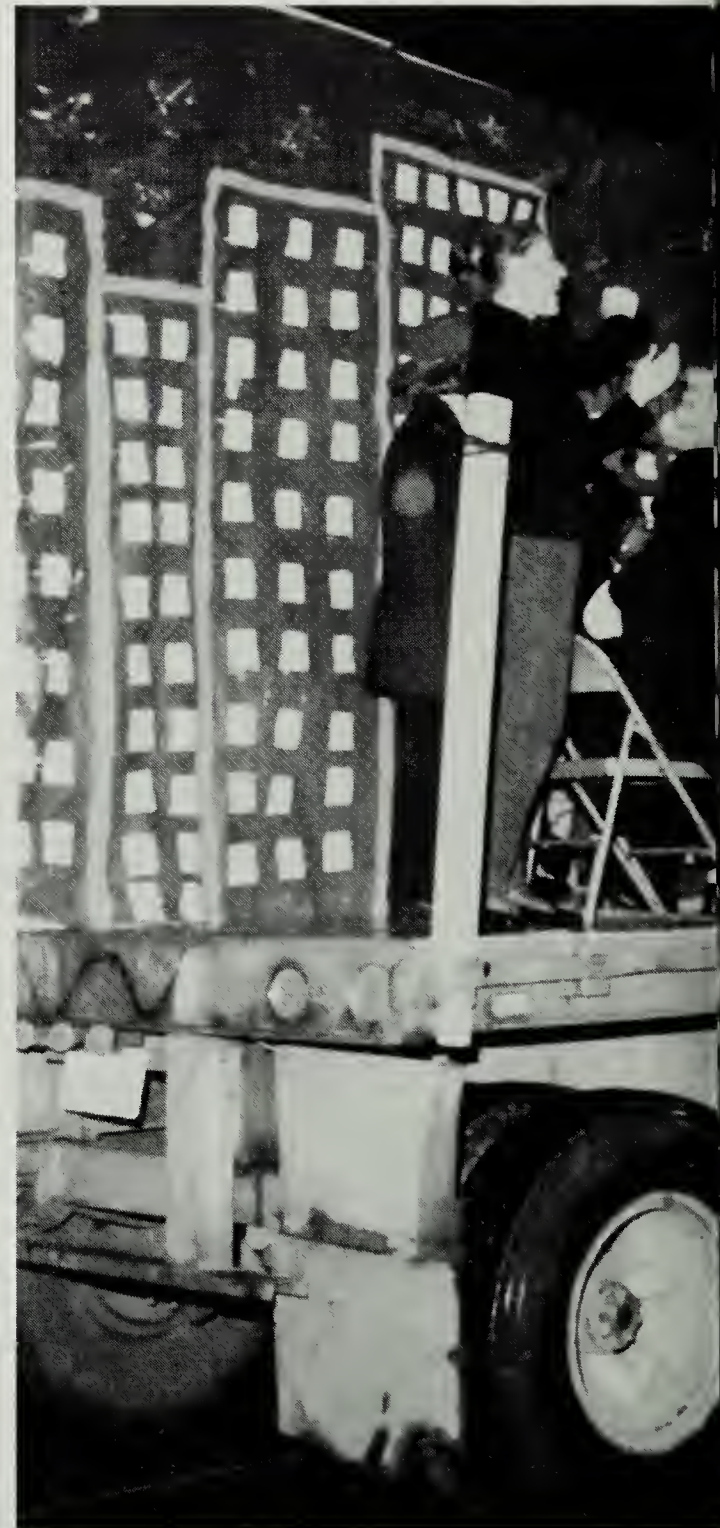
Heads of the Class

The Student Council Association, SCA, is not just an organization, but a club with dedicated members. At the beginning of each year, the students of each individual grade level vote for their class officers of president, vice-president, secretary, and treasurer. The elected students then go on to represent their class in meetings with their principal, as well as help plan upcoming events, fundraisers, and other activities.

Each class must hold various fundraisers, such as carwashes and concessions, in order to raise money for their class's activities and responsibilities for the year. It is also each class' responsibility to get students involved to help out their class and participate in the making of homecoming floats.

Most of the greater responsibilities are carried out by the junior and senior classes. The juniors, raising money since their freshmen year, are in charge of the planning and preparation of the annual homecoming dance and prom. Working non-stop all year, the seniors must plan their graduation. The seniors also plan their after-graduation party and the big senior class trip.

With so many important events and activities to be planned, the school and the students are privileged to have an involved SCA. •Michelle Dorer, Robyn Levin, Chris Nalevanko, and Nikko Nasca



Careful planning and dedication of the SCA members resulted in a successful prom. Most everyone had a great time and the evening was a memorable one.



Senior Class Officers: Amy Ansong, Kala Barnes, Joshua Hogan, Maria Gomez, Tomi Olamigoke, and Phoebe Kenney.



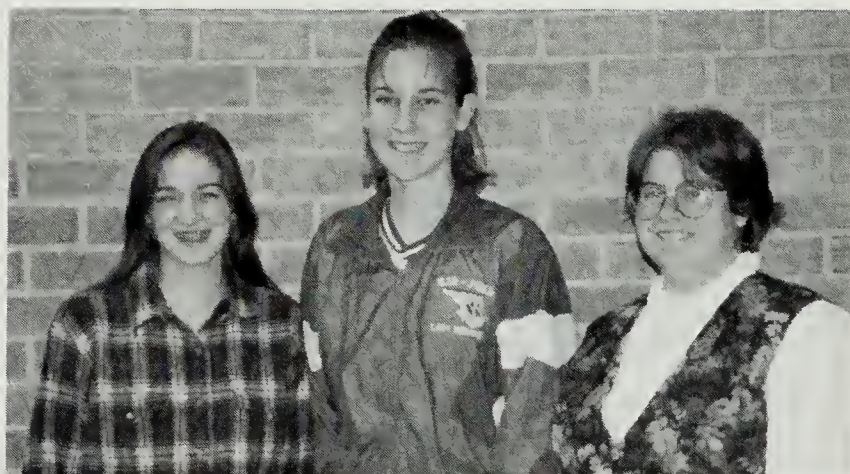
SCA Officers: Daniel Bono, Jason Hogan, Mary Campos. Not pictured: Khalid Attia. The group strove to make the senior year the best it could be for everyone.



Junior Class Officers: Kelli Hicks, Jami Bedford, Danielle Johnson, and Christina Madison. This team of four was busy planning many activities, one of these being prom.



Sophomore class officer, Ayasha Ware, was extremely dedicated and a hard worker. She did her best to get the sophomores involved in school activities.



Freshmen Class Officers: Amanda Brower, Angela Anderson, and Caitlin Czech. The three worked hard this year to get the class of 2000 off to a good start.

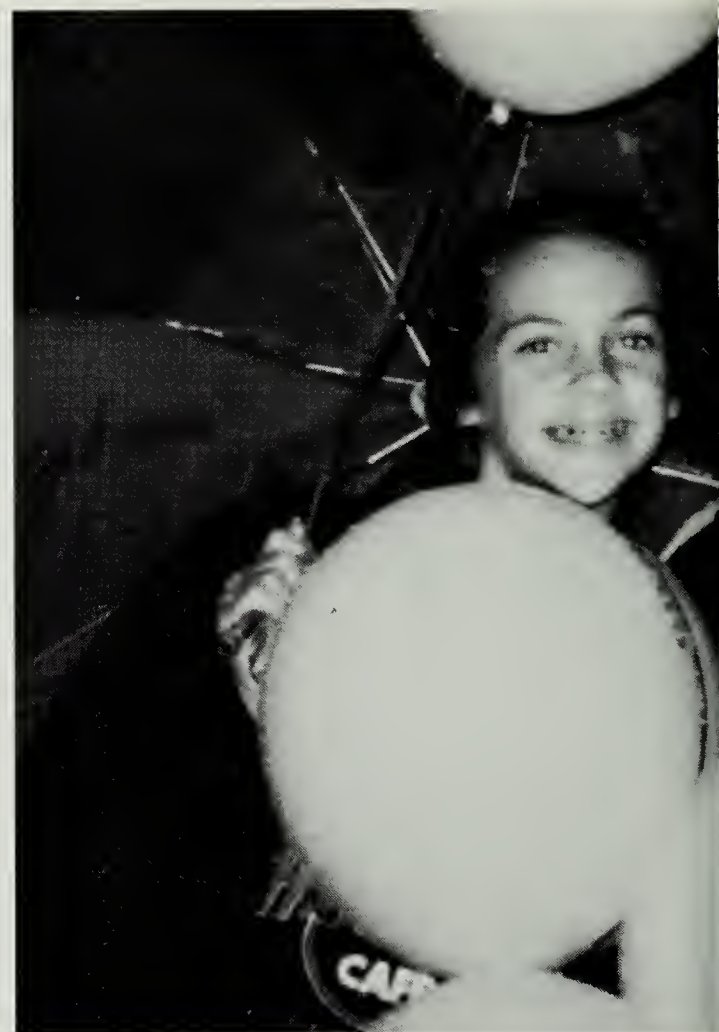
Our Corporate Future: FBLA and DECA

The Distributive Education Club of America (DECA) started off the year with a field trip to the State Fair in Richmond, Virginia. After a seminar on public relations, the students were free to explore the fair, experience exhibits, and network with other DECA club members from all over the state. Later in the year, a fashion show became the focus for the fashion merchandising classes. Together, they worked to put on a successful show under the direction of coordinators Christine Flom and Sara Smith.

In the spring, the sports marketing classes planned a trip to the Inner Harbor in Baltimore, Maryland, and watched the Orioles play at Camden Yards. Another activity the marketing students participated in was the co-op program. This program involved finding a job and getting evaluations from one's boss for a grade. This extra responsibility rewarded the students with two credits. DECA provided students with a basic knowledge of marketing to assist them in future jobs.

Future Business Leaders of America (FBLA) was established to create more interest and a greater understanding of American business enterprise. FBLA was a great way to help one learn skills that would help him or her succeed in the professional world. This club provided a student with the opportunity to explore a career in the business field. Throughout the course of the year, students practiced business skills, took on leadership roles, and worked in groups.

FBLA participated in the ACTS (Action in the Community Through Service) food drive to help those in need. Many individual FBLA members have participated in other volunteer work throughout the community. A few select members participated in the Spring Regional Conference and attended both local and state competitions in many areas of business. Being a member of FBLA brought one much knowledge and taught one many skills that would last a lifetime. •Tara Kosheter, Neda Farahmand, Tracy Kinoshita



Behind the scenes at the fashion show, Fashion coordinators senior Christine Flom and junior Sara Smith were the two most important people.

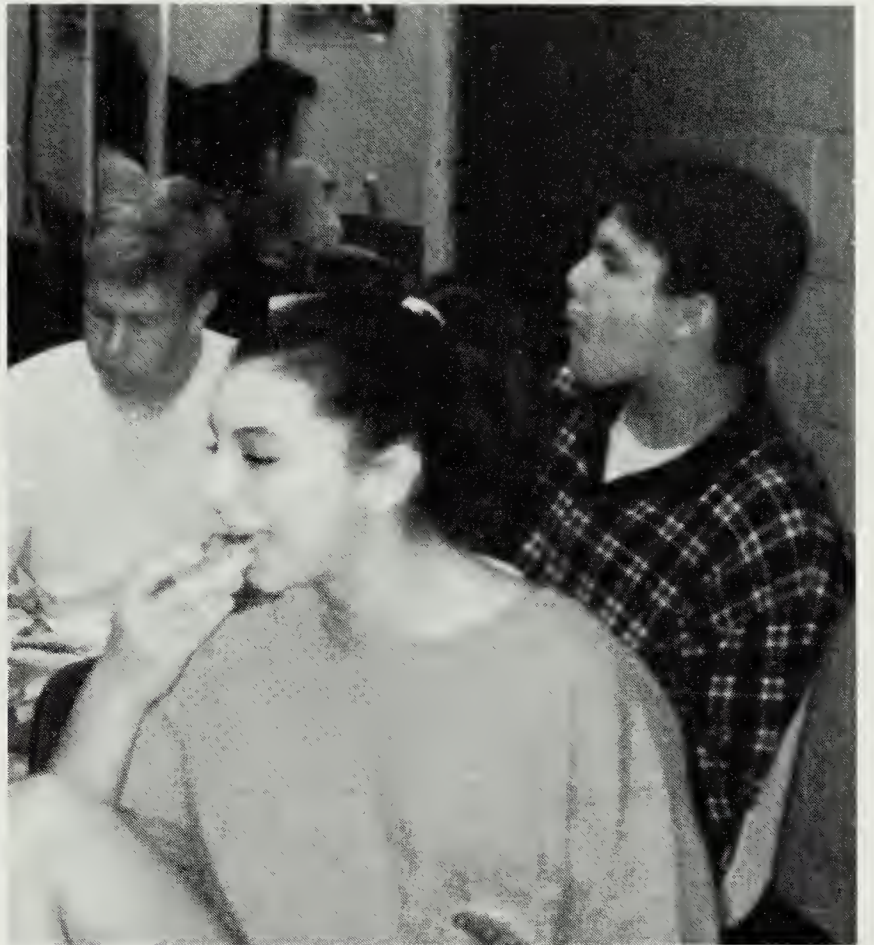


Given a lift by fellow DECA members, junior Sinett Kem came together with the other officers. The group learned how to deal with one another outside of school.



At the Homecoming game, DECA members handed out balloons to support the team.

At a DECA meeting, members junior David Cable, senior Alicia Meyer, and junior Justin Wilson enjoy pizza.



The Future Business Leaders of America. First Row (from left to right): Ryan Brown, Nana Ana Kuwah, Eunice Omole, Kasha James, Caroline Wade, Jami Bedford. Second Row: Andrea Augustoski, Michael Gricke, Carlos Moya, Angela Tsao. Third Row: Michael Moore, Jared Myers, Julie Omole, Akofo Dogbaise, Joshua Storment, Thomas Wilson, and Crystal Slater.



Posing in front of one of their props, this group of students were participating in the fashion show. A lot of time and effort went into the preparation of this event.

The backbone of DECA proved to be its strong leaders. Working together often caused conflicts, but the officers were always able to work things out.

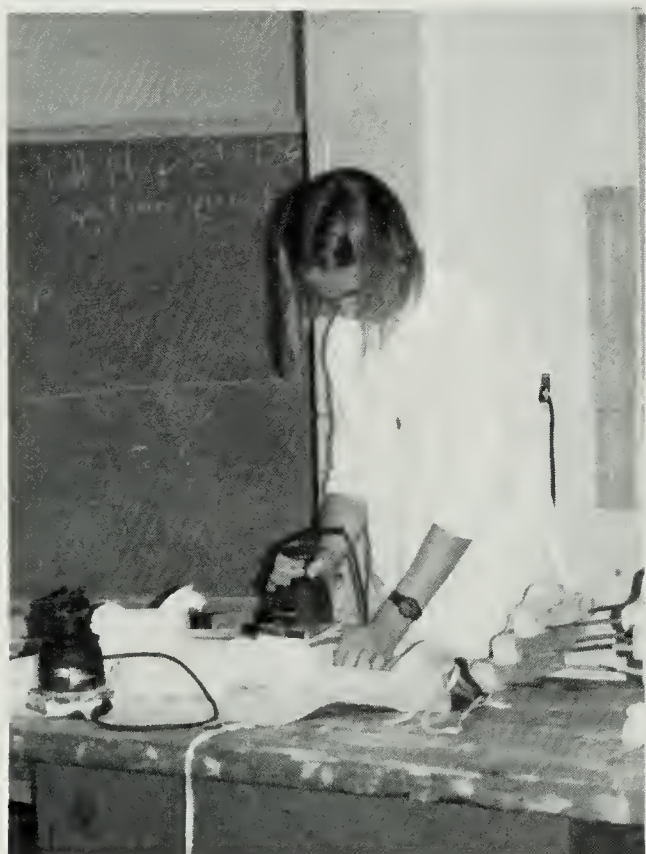
Building Tomorrow One Day at a Time

The Technology Student Association (TSA) develops leadership skills, social skills, and improves technical awareness. It is an international club which has high school students involved everywhere. Club members can compete in local, regional, and international competitions. This year's big event was building toys for children on Christmas. TSA built 63 toys to give as gifts to the underprivileged children of the community. The students have also made air cars which they raced at local schools in competitions. TSA provides hands on experience, which involves the students and helps them to learn more effectively.

Vocational Industrial Clubs of America (VICA) are made to promote vocational and industrial training for high school students. This includes auto mechanics, construction, cosmetology, electronics and printing. This club is an in school activity which students take as a class. After these classes, students have improved their skills in the field they wish to pursue after high school, and they can now apply for a job.

Auto mechanics student senior Mike Moore stated, "Auto mechanics is fun, if you like working on cars. This class helps me learn more about my car and has gotten me involved in auto mechanics."

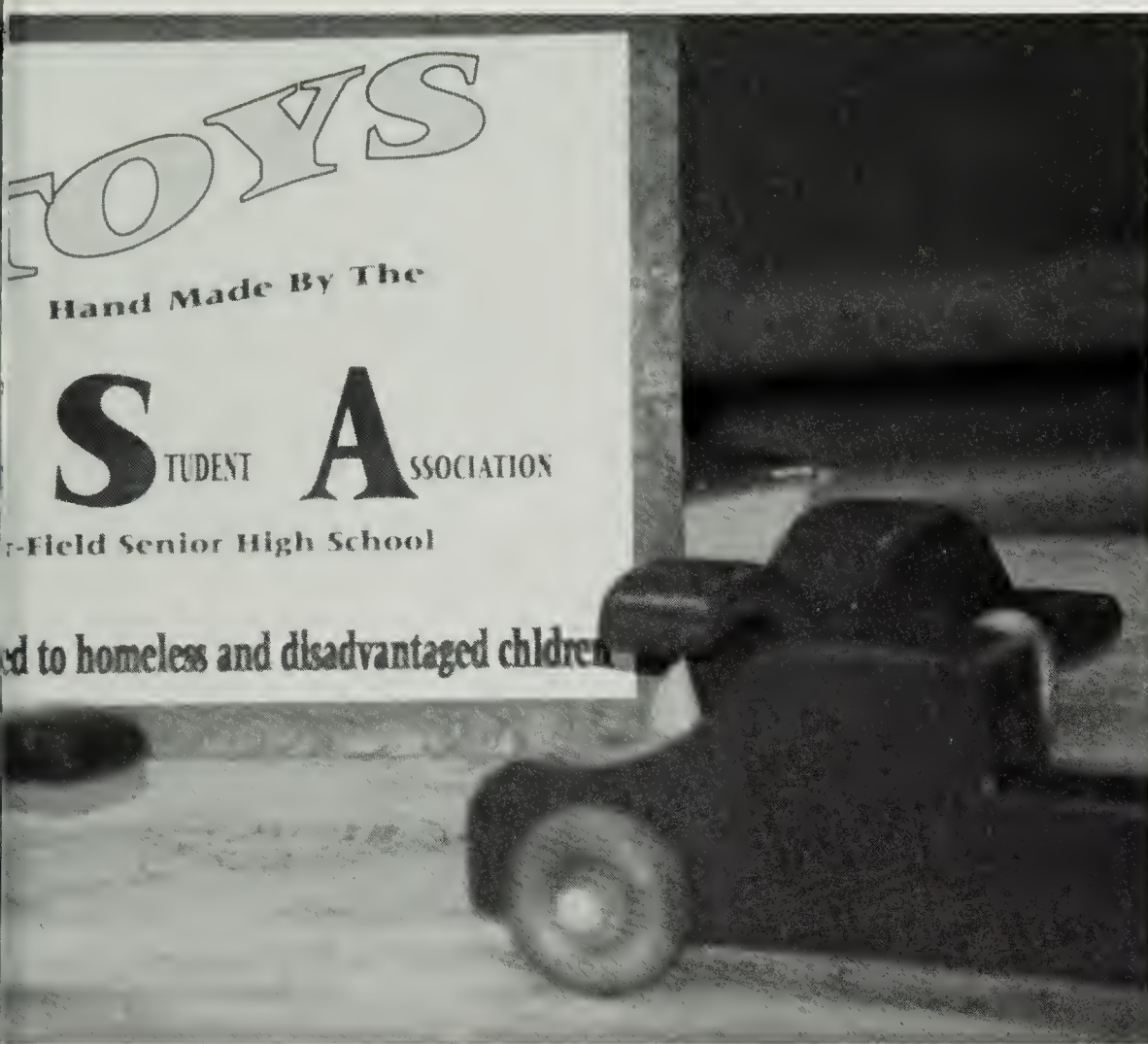
In preparing for the future, Vocational Industrial Clubs of America gives one a better start in many different fields. With these courses, Gar-Field provides students with great opportunities for reaching their goals. •Jenny Cahill, Colette Mainardi, Neda Farahmand



Developing his social skills and improving his technical awareness, sophomore Sam Chada is a TSA member. Sanding was one of the many skills taught in TSA classes.



Learning the special techniques of building and creating, junior Glen Escario helped in the success of toy making. Many underprivileged children in the community were very grateful to the students for their generosity.



Toys such as these were made by technology students for homeless and disadvantaged children. This year TSA hand-made 63 toys which were donated.

Teaching his technology students the correct way to spray paint objects, TSA sponsor, Mr. Quortz, has well prepared his students for future obstacles of daily life.



VICA and vocational training students accompanied junior Ray Surface as they worked together on a class assignment. The students enjoyed hands-on projects such as this.



Drafting has become a very important part of the vocational department. Many students, such as Liz Gilbert, chose drafting as an elective. Drafting requires much concentration and skill.

Living in the Real World

"Begun by Christians; Run by Athletes; Open to everyone!" This statement summed up the answer to the frequently asked question; What is FCA? The Gar-Field Fellowship of Christian Athletes club made a come-back this year, but only with the hard work of their sponsor, Ms. Black of the social studies department. Also, there were many dedicated student leaders that made the club a reality. These leaders were Lee Foresman, Erin Nicholson, Leigh Anne Touchette, Robyn Herman, and Ruth Zirkle.

After a few planning meetings, the club delved into many projects. These included the sponsoring of a needy family over the holiday season and the True Love Waits campaign, through which students had the opportunity to pledge abstinence until marriage. The club also held prayer meetings each morning before school in the science pod.

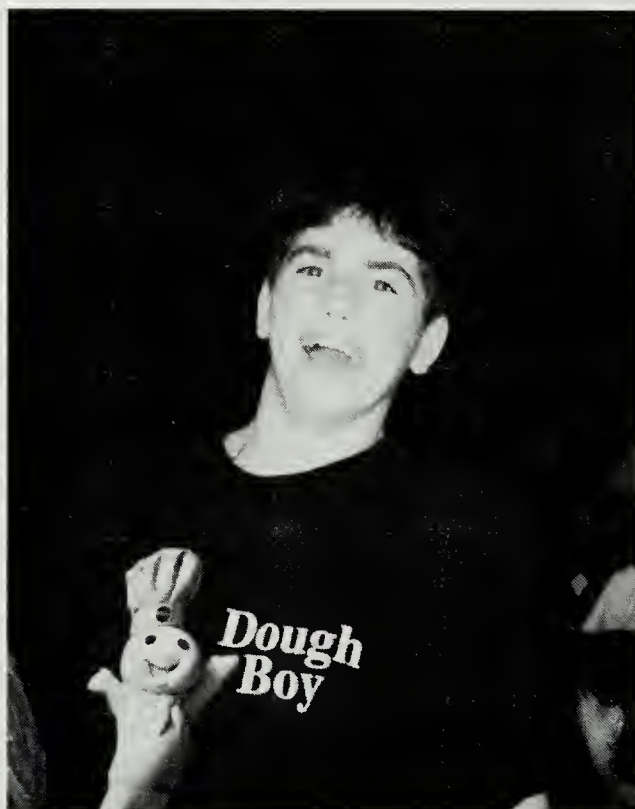
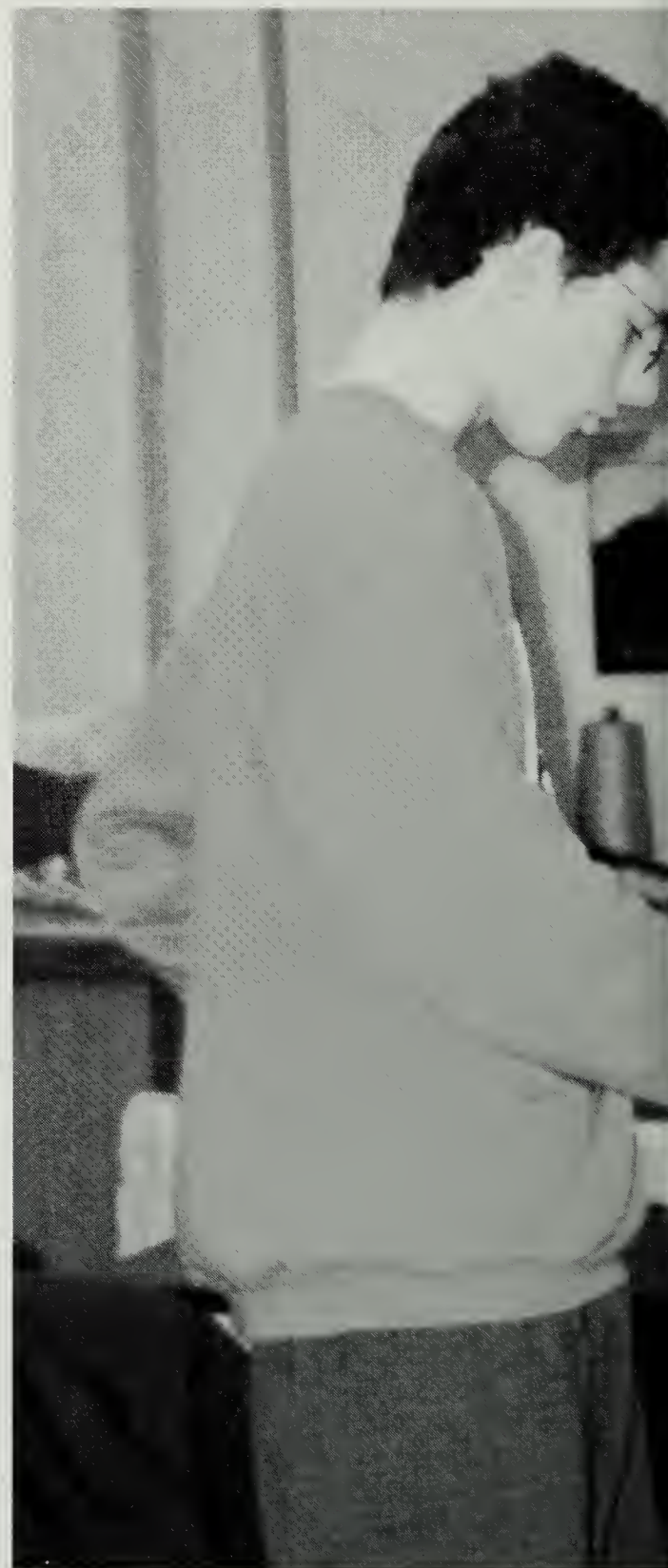
At each club meeting, leaders led discussions about common teen problems and faith-related questions. Through these meetings, the members became close friends. "FCA is a great place to meet other Christians, to have fun, and to learn about faith!" stated senior Lee Foresman.

As one can see, even though the Fellowship of Christian Athletes was a new club this year, they participated in many activities and are still growing.

Aside from FCA, two other clubs that prepare students for the future are the Future Homemakers of America (FHA) and the Home Economics Related Occupations (HERO) clubs. These two clubs helped students by teaching them applications as well as job-related skills that they would need for survival in the future.

Members of the FHA/HERO clubs participated in a variety of activities this year. These activities included a Harvest party, a Mexican buffet, the sewing of an AIDS quilt, and the teaching of preschool students. The clubs were also involved in competitions and community service functions. Students prepared healthy snacks, created childrens' games, and wrote childrens' stories for the competitions.

By giving students stability, the FCA and FHA/HERO were all successful in preparing them for the real world. •Leigh Anne Touchette and Jenni Reese



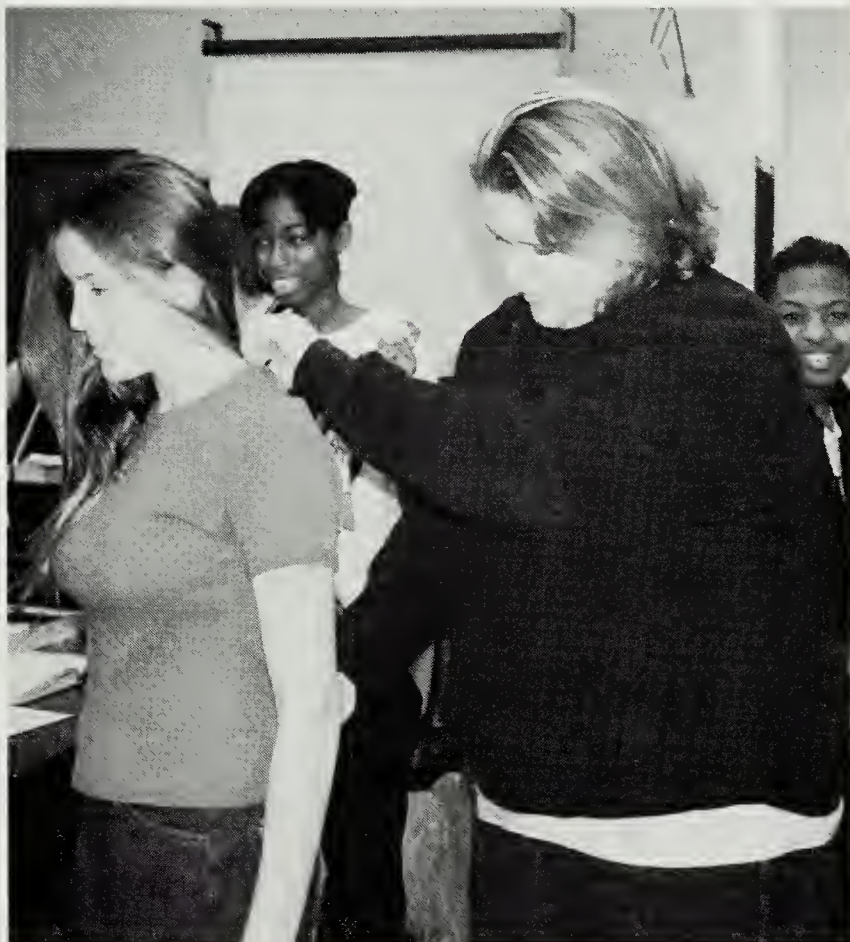
Preparing snacks for three and four year olds, senior Sonya Jordan collects the ingredients. Sonya has been a member of FHA/HERO for all four years of her high school career.

Anticipating the start of the rally, freshman Nathan Thompson stops for a quick picture. The rally was held on February 5, 1997 at Grace Baptist Church. Many F.C.A. members attended.



After the True Love Waits Rally, senior Lee Foresman and junior Teresa Peters were all fired up for the in-school campaign. Students across the country were in charge of these in-school True Love Waits campaigns.

Taking torso measurements, these two partners worked quickly and efficiently. These measurements would help them with their project.



Fellowship of Christian Athletes Club. Back row: Kevin McMullin, Lee Foresman, Wendy Fosque, Leah McBride, and Nikki Brown. Middle Row: Tom Wilson, Sharon Zirle, Ruth Zirkle, Angela Tsao. Front Row: Erin Nicholson, Teresa Peters, Nicole Brulotte.



Using the measuring tape, freshman Anthony Rastelli and junior Raul Sanchez found lengths such as waist size and body height. The two students worked well together.

After tasting their cheese samples, junior Kelly Pembroke finishes a data chart. The chart compared types of cheese, appearances, textures, tastes, and countries of origin.



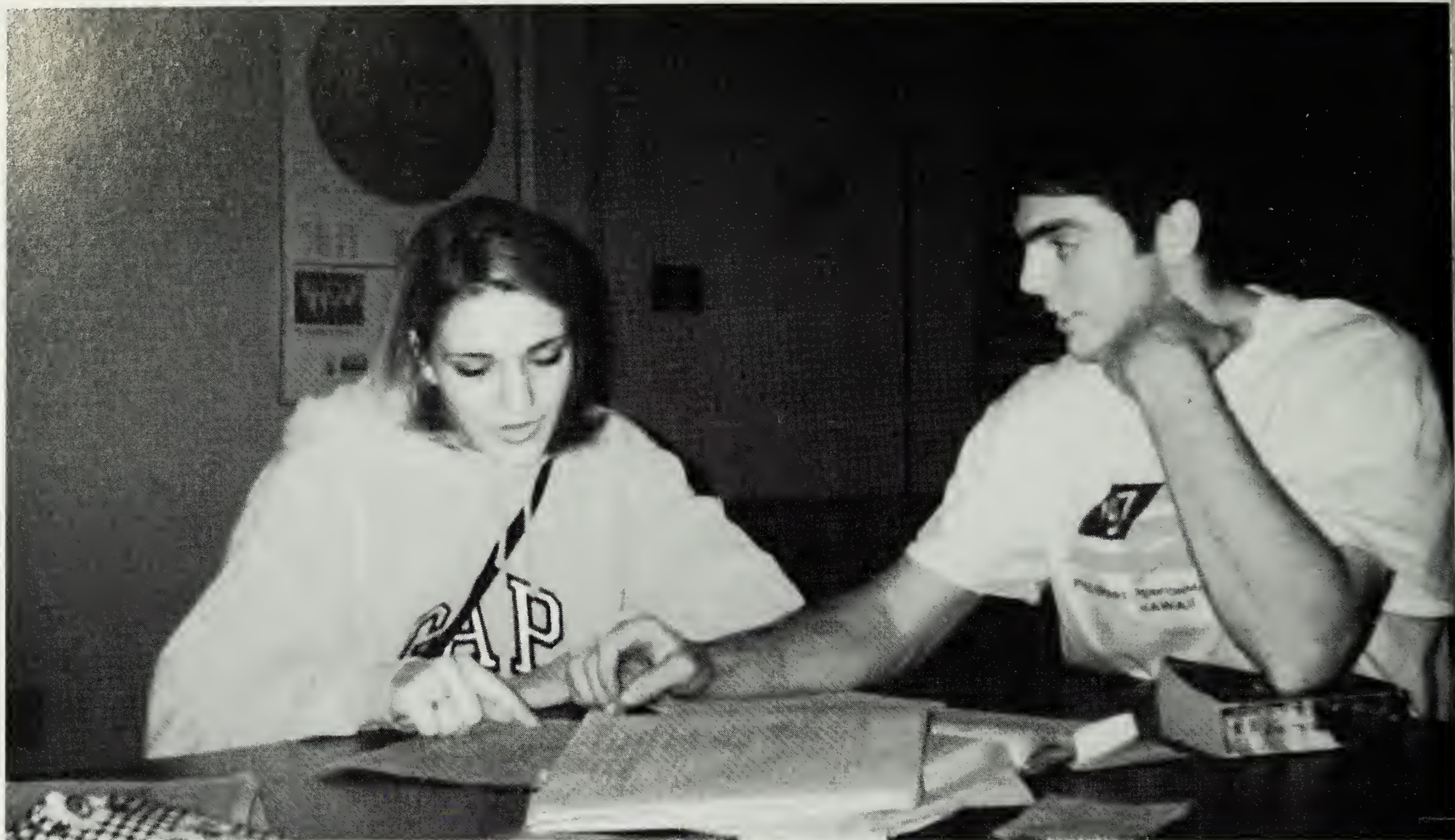
Community

"Oh the way Glen Miller played. Songs that made the Hit Parade.
Guys like us, we had it made . . . those were the days.
Didn't need no welfare state. Everybody pulled his weight.
Gee, our old LaSalle ran great . . . those were the days.
And you knew who you were then. Girls were girls and men
were men. Mister, we could use a man like Herbert Hoover again . . . those
were the days!" -*All in the Family*

This year in our community, many events have taken place which involve the students at Gar-Field High School. From the graduation of our seniors to the passing of friends and those we care about. This year has been filled with many positives and negatives. With the passing of Alan Bukzin and our friend, Tiffany Lewis, the year was one for reflection. Alan lost his long struggle with cancer, even though he was triumphant in every way in life. Alan's friend, John LeMay said, "We had some good times, but not enough of them." Tiffany Lewis lost her long battle with illness this year as well. She, and Alan will be missed and remembered by all, even those who didn't know them personally, but mourned for the tragedy of one's so young losing their lives. Remembrance is at the core of the following section. As a tribute to graduating seniors, parents have placed messages to their children. As these students prepare to go out into the world, they take the support of parents, faculty and friends with them. At the close of a very different year, the struggle to maintain grades, hold down jobs, and find time for each other ends for 1996-97. •Chris Nalevanko, Robyn Levin, Nikko Nasca



A parent helps out at the after-grad party. Manning game tables was one of many ways parent volunteers chipped in to provide graduating seniors with a good time.



Some students chose to tutor other students as a part of their community service. Before taking her mid-term exam, Tony Bapple helped Melanie Lindemuth in mathematics. Even though Tony needed only fifteen hours to complete his project, he dedicated extra hours helping friends who needed tutoring.



Picking up trash was an easy way to clean up the environment and gain hours toward senior community service requirements. At a local playground, Travis Fox and Tony McGee pick up trash that created an unsightly atmosphere for children playing. Not many people were willing to do such a dirty job. It took motivated people like Tony and Travis who were, in a sense, saving our environment. "Every little bit helps," stated Tony McGee while tying up a garbage bag.

Lending A Helping Hand



Every Wednesday, as part of her community service, Eunice Omole was devoted to the children at the Dale City Recreation Center. In such meetings, Eunice played child favorites such as Ring Around The Rosies, Duck Duck Goose, Hide and Go Seek and Foosball. Eunice incorporated her knowledge of childhood games to make the children's stay at the rec center an enjoyable one.

Before graduation, many seniors found themselves forgetting their requirements of community service. The stress of being seniors led to overwhelming schedules. The service requirements gave the students a chance to give back to the community.

"I don't do enough community service and I feel it is important to serve others in the community and give back what they have given to me," stated senior Tony Bapple.

Through community service, students learned and felt the special rewards that were priceless and could only be received from helping others. From hospitals to elementary schools, students chose to volunteer at a wide variety of places. Usually they preferred to work in an environment that was similar to their future careers. This helped them get a better perspective on the real work force that lay ahead of them.

The Key Club, Junior Civitans and Environmental Club all participated in community services. Each year they raised money, food and support for patrons of their communities. These clubs were responsible for many holiday food drives and for school participation in outreach programs.

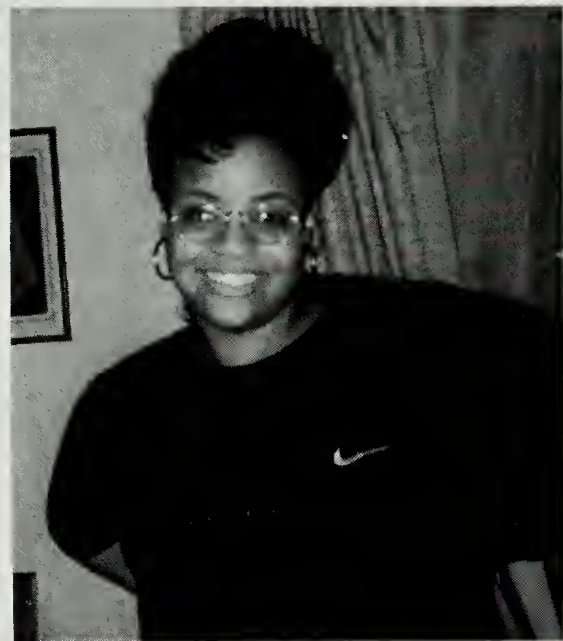
Members of the senior class, and others who participated in these different activities, learned that it was not just about graduating. Participation was about stopping to realize what's important in life. Participation gave the students a sense of responsibility for one's community. It gave the seniors a chance to become active citizens.

•Talecia
•Morton

It's So Hard to Say Good-bye

In loving
memory of
Tiffany Lewis.

January 26,
1980 — October
11, 1996



"Tiffany was a nice, kind, sweet and strong person. She was always there for me when nobody else was. She was a true friend because she would never do anything to hurt me. She was like a sister to me and is missed by her friends and family. I will never forget her and nobody could ever take her place. I miss you, Tiffy." — Tiffany Smith



"Throughout the years, many friends come and go. Tiffany was one friend everyone wanted in their life. She wore a smile wherever she was, always cheerful and could brighten up anyone's worst day. I love her like a sister and will miss her dearly. As long as she is in my heart I will be able to carry on." — Casey Vera



"I loved her smile and how she always made me laugh. That is what I will never forget about her. She always knew what to say when you were feeling down." — Julie Omole

Strength

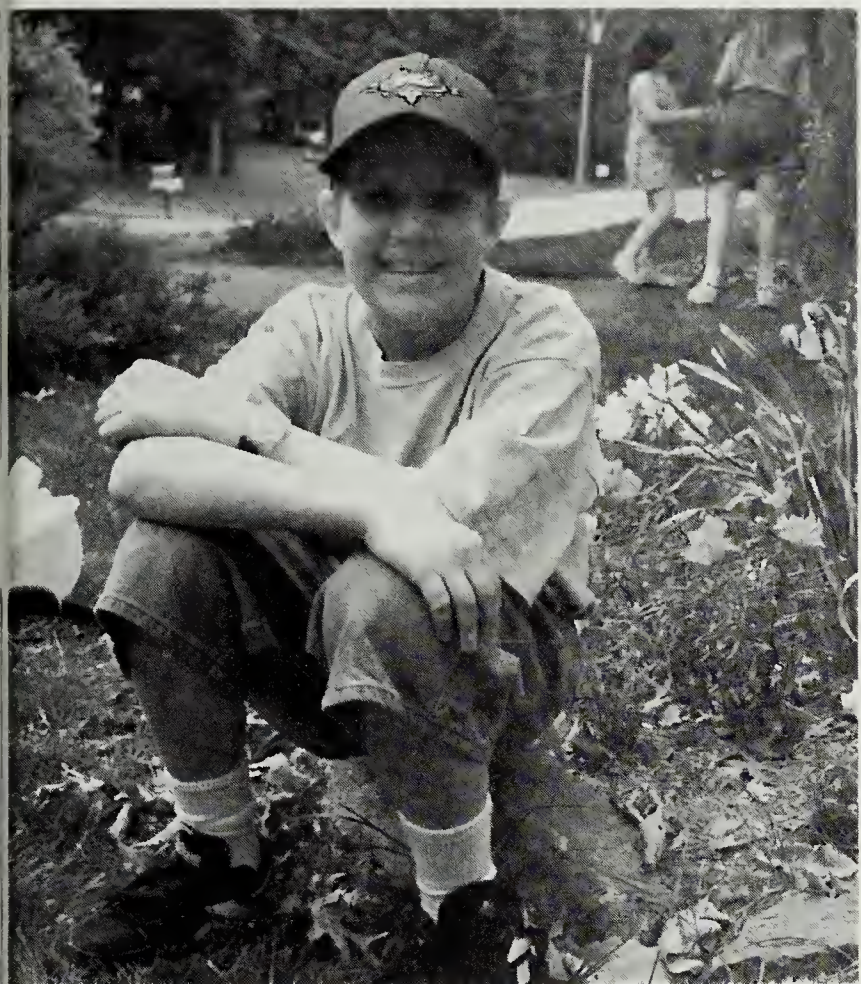
*Why do I fear
What may not be
I'm always thinking
So negatively
Why not have hope
Just take it one day
But I can't seem to do
What I always seem to say
I am very happy
Every once in awhile
But one minor set back
Makes me go in denial
My feelings go in circles
Always stopping to say
Why am I doing this
Just remember to pray
I have so much love
From so many directions
My family and friends
show me so much affection
I am strong
I am very wise
And all of this together
Will keep my faith alive.
— Tiffany Lewis*



"Tiffany kept on going strong throughout everything. She is one of the strongest people I will ever know. I got a lot of my strength from her and I thank her for that. She was wonderful and impacted many people's lives. Her writing and presence inspired others and will never be forgotten. She is my best friend and I will love her always." — Akofa Dogbatse

In Loving Memory of Alan Cline Bukzin

July 6, 1979 — July 16, 1996



On July 16, 1996, our school community lost one of its dearest members. Alan Cline Bukzin inspired others to meet their potential regardless of adverse circumstances.

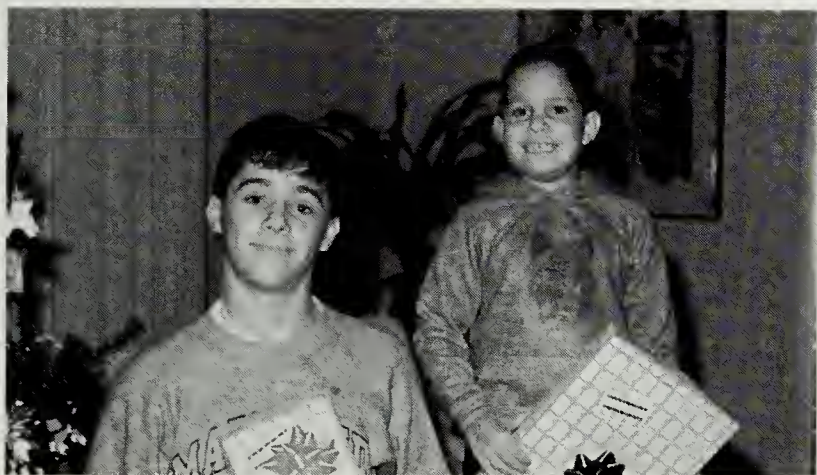
Since the time he was diagnosed with leukemia when he was only two years-old, Alan fought his way through five courses of chemotherapy. His fight ended with his parents and brother at his bedside.

At 17 years of age, it seemed like Alan had beaten the disease. Alan received a bone marrow transplant in 1994 that seemed to clear his body of the cancer. The transplant sent him into remission for the fourth time. His death came as an unwelcome surprise to his family and friends.

Alan was a cadet with the Dale City Fire and Rescue Department and a charter member of the Gourmet Gadflies of Prince William County.

Recognized by the Head Injury Services Partnership of Virginia, Alan earned a "Celebration of the Spirit" Award that acknowledged his commitment to overcoming his disease.

Alan would have been a junior at Gar-Field this year. We will miss his light and inspiration.



In Memory of

Mrs. Sara Hannum Chase

We lost a dear member of the Gar-Field family on December 25, 1996. English teacher and author, Mrs. Sara Hannum Chase, died of breast cancer after a long illness.

Mrs. Chase's ten-year teaching career at Gar-Field, and her tenure as an adjunct instructor of English at George Mason University, further highlighted her dedication to her students.

She applied her love of teaching and literature, and her expertise in the publishing field, to co-sponsor the award-winning literary magazine, *The Shaman*.

Mrs. Chase was born in Moundsville, West Virginia. She graduated from Radcliffe College and had done graduate study at the Sorbonne in Paris. She earned a master's degree in English literature from George Mason University.

Aside from Mrs. Chase's numerous academic accomplishments, she was the author of *The First Book of Silver*, a history of silver from mining operations to household silverware, and *The First Book of Diamonds*, a history of diamonds. With her husband, John Terry Chase, Mrs. Chase had compiled two anthologies of poetry, *The Wind is Round* and *To Play Man Number One*, which include contemporary and nature-related poetry. Mrs. Chase and Gwendolyn Reed together compiled an anthology of poetry entitled *Lean Out of the Window*.

Mrs. Chase originally left her prospering career as an editor and writer in New York City so that she could raise her newborn son, Robert Terry Chase. Six years later, she decided to return to work as a teacher because, like so many working mothers, she found that the teaching hours allowed her to spend more time with her son. However, in the process of teaching, she found that she was also learning. She loved knowledge, nature, people, and the potential for human growth in all its forms. Teaching became a dedication. -Special thanks go to Robert Chase for eloquently writing his mother's story.



The young Sara Chase enjoys a beautiful day in Europe. As a young college student in Paris, the future was filled with so many options.



Enjoying a sunny day at her home in Arlington, Mrs. Chase and her dog admire her gardening.



Mr. and Mrs. John Terry Chase

Fern Hill

Sara Chase honored life with her devotion to the written word. Surely, there can be no finer way to honor her life than with the words of Dylan Thomas whose poetry is a celebration of life and language. - Mrs. Judy Powers (English)

*Now as I was young and easy under the apple boughs
About the lilting house and happy as the grass was green,
The night above the dingle starry,
Time let me hail and climb
Golden in the heydays of his eyes,
And honoured among wagons I was prince of the apple towns
And once below a time I lordly had the trees and leaves
Trail with daisies and barley
Down the rivers of the windfall light.*

*And as I was green and carefree, famous among the barns
About the happy yard and singing as the farm was home,
In the sun that is young once only,
Time let me play and be
Golden in the mercy of his means,
And green and golden I was huntsman and herdsman, the calves
Sang to my horn, the foxes on the hills barked clear and cold,
And the sabbath rang slowly
In the pebbles of the holy streams.*

*All the sun long it was running, it was lovely, the hay
Fields high as the house, the tunes from the chimneys, it was air
And playing, lovely and watery
And fire green as grass.
And nightly under the simple stars
As I rode to sleep the owls were bearing the farm away,
All the moon long I heard, blessed among stables, the night-jars
Flying with the ricks, and the horses
Flashing into the dark.*



Seen here with her proudest accomplishment, Sara Chase and her son, Mr. Robert Terry Chase, share some time with one another.



A gifted writer with a boundless imagination, the outdoors gave Sara Chase a sense of awe and inspiration.

The Christmas Carol tells us that in the midst of bleak mid-winter a rose bloomed. In a sense, the metaphor of a rose's blooming in winter is a proper one for Sara Chase.

Sara bloomed in the winter that is today's public education through her dedication to the classroom. She bloomed in her concern for her students' intellectual and social development, and she bloomed in her perseverance in the belief in education, enlightenment and change in spite of the odds. We can only speculate about the number of blossoms that Mrs. Chase created as a result of her work in education.

Sara also bloomed through the winter of a catastrophic disease, and her strong blossoms of strength, courage, dedication, and hope give us more flowers for our bouquet of living. She inspired us, she challenged us, and she taught us many lessons.

As a result of Mrs. Chase's many lessons to us, taught through her wit, intelligence, care and compassion, the page that is each of us is fuller and richer. John Donne in his "Meditation XVII" tells us that mankind is a volume and that each of us is but a page within that volume. We thank Sara for her page of mankind's volume and for the commentary that she has helped each of us write on what are our pages.

Lo, how a rose e'er blooming in the bleak mid-winter . . .

-Written by Mr. Tom Corbin, English Department Chairperson

-Read at Mrs. Chase's Memorial Service by Mr. Corbin



Elgin,

Thank you! Thank you for coming into our lives. Thank you for all of the happiness you have given us. Thank you for being our son. We hope life gives you as much happiness as you have given us. We're very honored to call you our son.

Congratulations!

Mom, Dad, Jacob and Shaun



Good Luck,
Brian!

#33

You're our MVP!

Love,

Mom, Dad, John ('96),

Shauny and Cailin



Kristina,

You are not only my sister, but my friend. You have always been there for me, through thick and thin. I will stand by you until the end. I wish you all the best in the years to come.

I love you.

Jessica



Congratulations, Kristina!

Love, Aunt Sissy, Amber, April and Darrell

Kristina,



ALWAYS ...

Think Deeply

Speak Gently

Love Much

Laugh A Lot

Give Freely

Be Kind

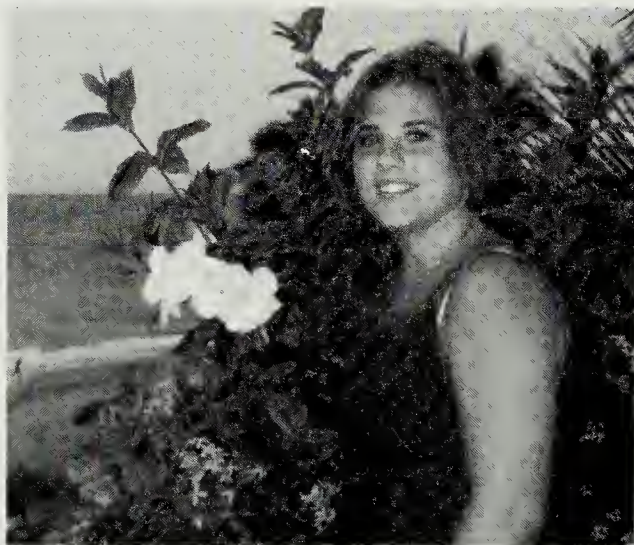
Believe in God

Respect Your Country

Love Yourself

Follow Your Dreams.

Our Love and Pride will always be with you.



Congratulations,
Joshua!



Love,

Mom and Dad



(5 years old)

Alicia M. Meyer

Since you were born, you have been our little Barbie Doll!! Starting in 1985 as a mascot with the Dale City Giants, your life as a cheerleader was destiny, and your gymnastics abilities helped you in your super **ALL STAR GOALS.**



(7 years old)

Achievements

- *Presidential Awards in Fitness
- *Reading Awards
- *Fred Lynn, maintaining 3.5 and over for all three years
- *All Star for Hawaii for two consecutive years for the Pro Bowl
- *All Star for London's New Year's Parade
- *All Star District
- *Captain for Junior Varsity
- *Captain for Varsity



**YOU'VE COME
A LONG
WAY,
BABY!**



(17 years old)

Alicia,
Thank you for 17 years of wondrous joy and pride. You have made us proud, for you are a very intelligent, honest, independent and beautiful young woman and you are not afraid to speak your mind. Although sensitive to the feelings of others, you are a leader. Watching you grow and guiding you along the way has been worth all the worries that parents have. Congratulations on your college acceptance!
Love, Mom and Dad

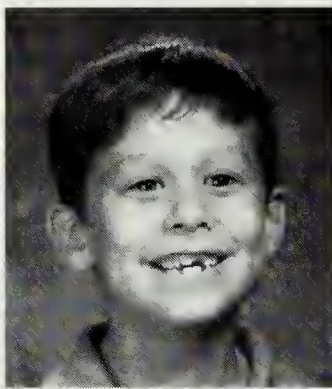


(16 years old)

Jesse.

Through the years and into the future, you can count on us. Being our son has been an experience and a joy we will never forget. We love you and are proud of you. Congratulations 1997 graduate—Jess D Mess!

Love,
Mom and Dad



Jesse,
I'm glad you finally made it through. I wish you the best in your future. Whatever you do, you know I'll support you and be by your side. I love you!

Your little sister,
"Jamo"

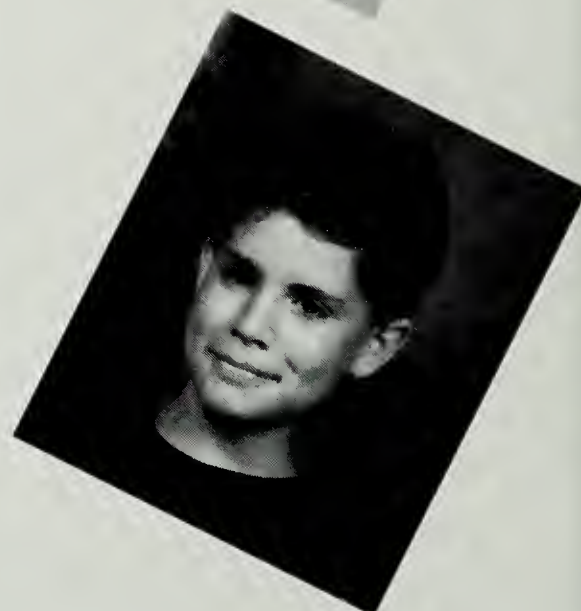
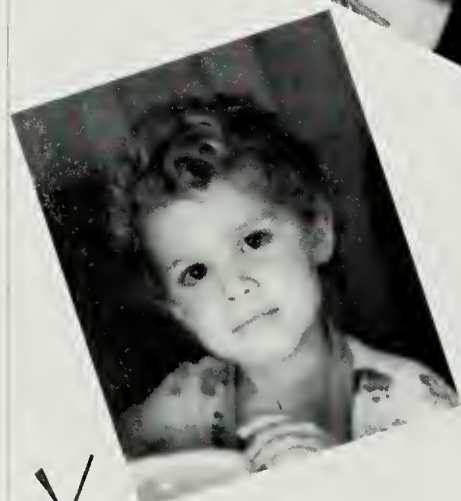
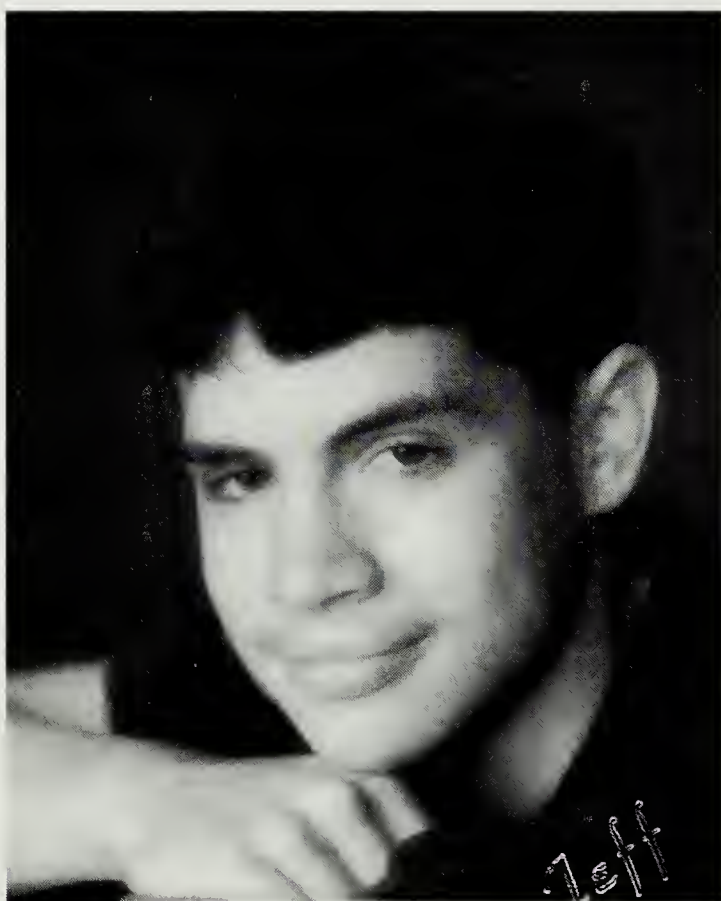
"Pooh Bear"

As you leave the security of your "Hundred Acre Wood", remember what you have learned. Always be true to yourself and keep dreaming.



You have made us so proud of you and thankful for you. We love you!

Jamie, Mom and Dad



Congratulations, Jeff!

Love,
Mom, Dad and Jen



Julie,

**We are so
proud of you!**

Love,
Mom, Dad, Amy,
Shannon, Adam
and Jason



Pete,

My, how you've grown big and strong, and now your high school years are all but gone. Soon it won't be very long, to pack your things and move along. College now awaits for you, long days of studying, even nights too. Don't despair. I'll help you through with laundry, care packages, and even that forgotten shoe. Though soon you may not be with me everyday, you'll be in my heart and that's where you'll stay. So until the time arrives for you to go away, keep smiling and enjoy your play.

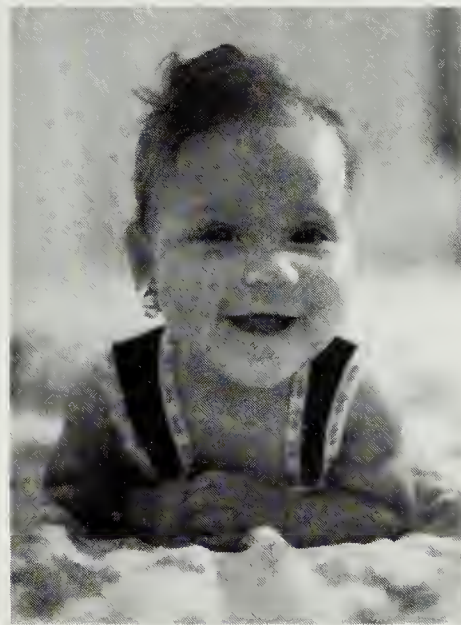
Congratulations!

I love you very much! Sue

Ember Johnston

**"Legend in
the Making"**

Love,
All of the pets, parents,
and Bro and Sis



Kristina,

We know you never thought this day would arrive. Well, here it is, and you've done great. We wish you success, happiness, and "A" days in your college studies.

Go-On-Girl!

Mom, Dad and Erik

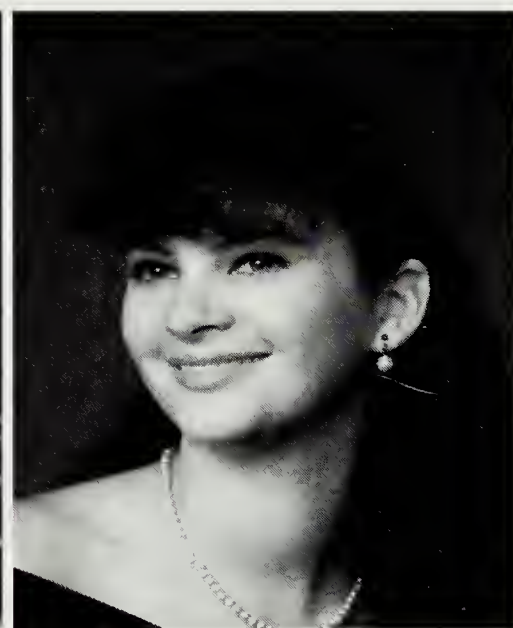


"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

Congratulations, Tammy!

Since you were a baby, we have told you that you could do anything. Later, we encouraged you to always "Do your Best." Little did we know you would make this your life's motto and go above and beyond in your persistence, determination, optimism and dedication. We are very proud of you, Tammy! Since you really enjoy Disney, it seems appropriate to quote Jiminy Cricket singing, "When you wish upon a star makes no difference who you are. *Anything* your heart desires will come to you." Praying all your "dreams" will come to you--ours did!

Love You Lots,
Mom, Dad,
Kris and Kim



Denise,

Since the day you entered the world, you have brought sunshine, laughter and love into our lives. We have been truly blessed.

Always believe in yourself and remember that whatever road life leads you down, we will be there to support you.

We are very proud of the young lady you have become.

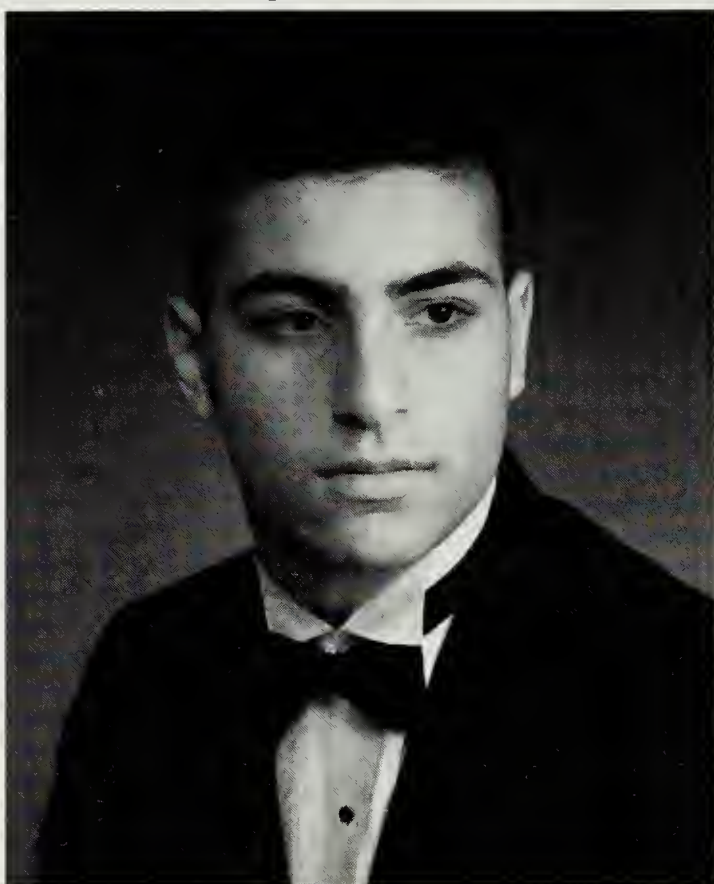
Congratulations!

We love you.

Mom and Dad

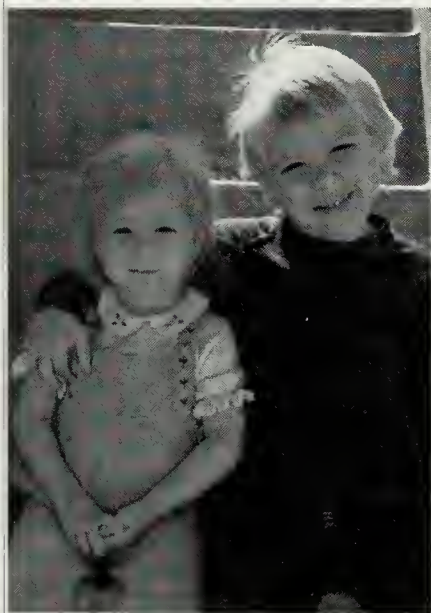
Khalid Attia

Our Little Boy Has Become A Man



Congratulations on what you have accomplished!
We know it's only the beginning!

Love,
Mom, Dad
and little brother



Sam,

Thanks for always
looking out for me.
Good Luck!

Love your sister,
Stacey



Lindsey Marie,

You have changed so
much over the years.
Don't ever forget me.
Love you always.

Your best friend,
Nadine Marie

Sara Harney,

We hope all of **your**
dreams come true
because you have
definitely been **our**
dream come true!
Good Luck at MWC!

Love,
Mom and Dad



Congratulations, Kristinal



We love you
and are
proud
of you!

Love, Uncle Charles, Aunt Winnie and C.G., Grandma
& Grandad Stump

Congratulations, Christine!



Gar-Field '97

JMU '01

We're all proud of you!!!
Love,

Mom, Dad, Grandma, and Jennifer

Leap towards the future, Kerry. Aim High!
You can do it!



We are so proud of you and love you very much.
Mom, Dad and Kendra



Dear Monique,

"Whatever you do, whether in word or deed, do it all
in the name of the Lord Jesus, giving thanks to God
the Father through Him." (Col. 3:17)

Congratulations! Reach for the stars!
We love you so much.

Love Forever,

Mom, Dad, Angel, Joshua, Jordan, and Justin





Dear Jennifer,

You are the sunshine of our lives. You've given us great pride and joy. We love you very much and will always be proud of you. We wish you lots of success and happiness in your future years. Most of all, you must believe in yourself and never lose sight of your dreams or your faith in God.

**Congratulations to you and
the Class of 1997!**

Love Always,
Mom and Dad,
Michele, Christine, Mitch and Aaron



Tara,

The future is yours ...



Dear Tata,

We love you,

Mom, Dads, and Paul

Go for it!





Congratulations!

Kristen Elizabeth Yawberg

From the first minute we saw your beautiful face, we knew you were something special. You've made us so proud. Now we watch our little girl start her exciting future. Way to go, Kristen!

With all our love,
Mom, Dad and Brian



Dear Seth,



Your sweetness and compassion for all living things has made you very special. Your smile and great attitude has helped you succeed. We know good things will follow you. **No one loves you more!**

Mom and Dad



To Karen,

A very special person

Then ...

Now ...

Always ...

May all your dreams
come true. Carpe
Diem!

Happy Graduation!
Love, Mom, Dad and Pam



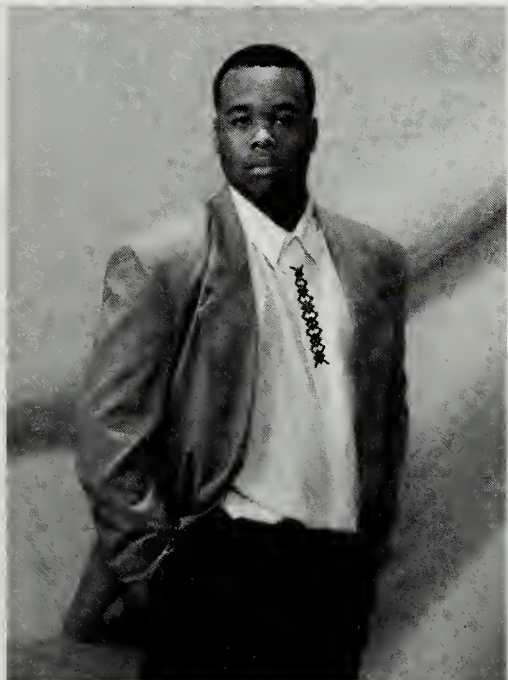
Atiba,

You have made us proud parents and when we think of you, we think of you as awesome and grand. We thank and praise God daily for the wonderful Gift he besought upon our lives. We pray you will always seek God's wisdom and knowledge. We pray you will be successful in every area of your life that you apply yourself. Remember always believe in yourself, because the power is within. We love you so very much. Stay focused on your goals and visions in life. Angels take charge over our son.

With all our love and prayers,

Dad, Mom and Patrice

We are always only one call away.



"Trust in the Lord with all your heart.
Acknowledge him and he shall direct your
paths." (Prov. 3:6)



Talecia.

It seems like only yesterday I watched you take your first step or watched you go off to your first day of school. Now, I'm watching you become a beautiful high school graduate. **Congratulations** on all your achievements and endeavors. Our love will always be with you as you follow your dreams.

Love Always,
Mom and Travis



*Christina
Maria
Lambert*

Congratulations!

Love,
Mami and Papi



Palesa,
Keep focused.
Don't forget your
history, nor your
destiny.

We are proud of
you always!!!

Congrats from

Mom, Dad
and
Vanessa



... We are sisters ... !!!
Congratulations, Tinal
We love you lots! Good luck!
Elisa and Alexandra



Congratulations Karen !!

You've reached a milestone. We're very proud of all your accomplishments, and we wish you every success in the years to come.

Love,

Dad, Mom and Mark



You've come a long way, kiddo.
Congratulations Jennifer!

You made it! Set your goals, aim straight, and if you take life seriously, you will do fine. An enjoyable life is when one works hard; then one can enjoy her hard work and become prosperous.

With love,
your Dad and friend



Jennifer-

In the words of Pamela Starr,
"Reach high, for stars
lie hidden in your soul.
Dream deep, for every
dream precedes the goal."

I knew you could do it--
job well done! I'm proud to
be your mother!

Love,
Mom and Karah



Jenni,

Congratulations on graduating. Since we met, you have made life so much more enjoyable. I never imagined that loving a person the way I love you was possible, but you showed me that it is. For that, I want to thank you.

Love always,
Your Sweetie

Here's Michael

Very active and very energetic. Always dubbed the "six million dollar man" of the family. We wish you fervently to transform your energy into a great, successful life. Hard work pays. You should always remember that.

"The heights which great men reached and kept were not attained by sudden flight. But they, while their companions slept, kept toiling up in the night."

We love you, Mike.



Dad, Mom,
and Jennifer



To Our Beautiful Daughter, Kelly:

As a little girl you were a beautiful child, a treasured gem--our most precious gift.

As a young woman, you now possess a rare inner beauty that shines through to show what you have become, a diamond in the rough--our gift to the world.

We know you will do great things. We are proud. You will be treasured by many.

Love,
Mom and Dad



**Congratulations,
Dawn!**
**We are so proud
of you!**

Reach
for
the
Stars.

**Punkie
Doodle**

Love,
Mom, Dad, Shawn,
Ashley and Danielle



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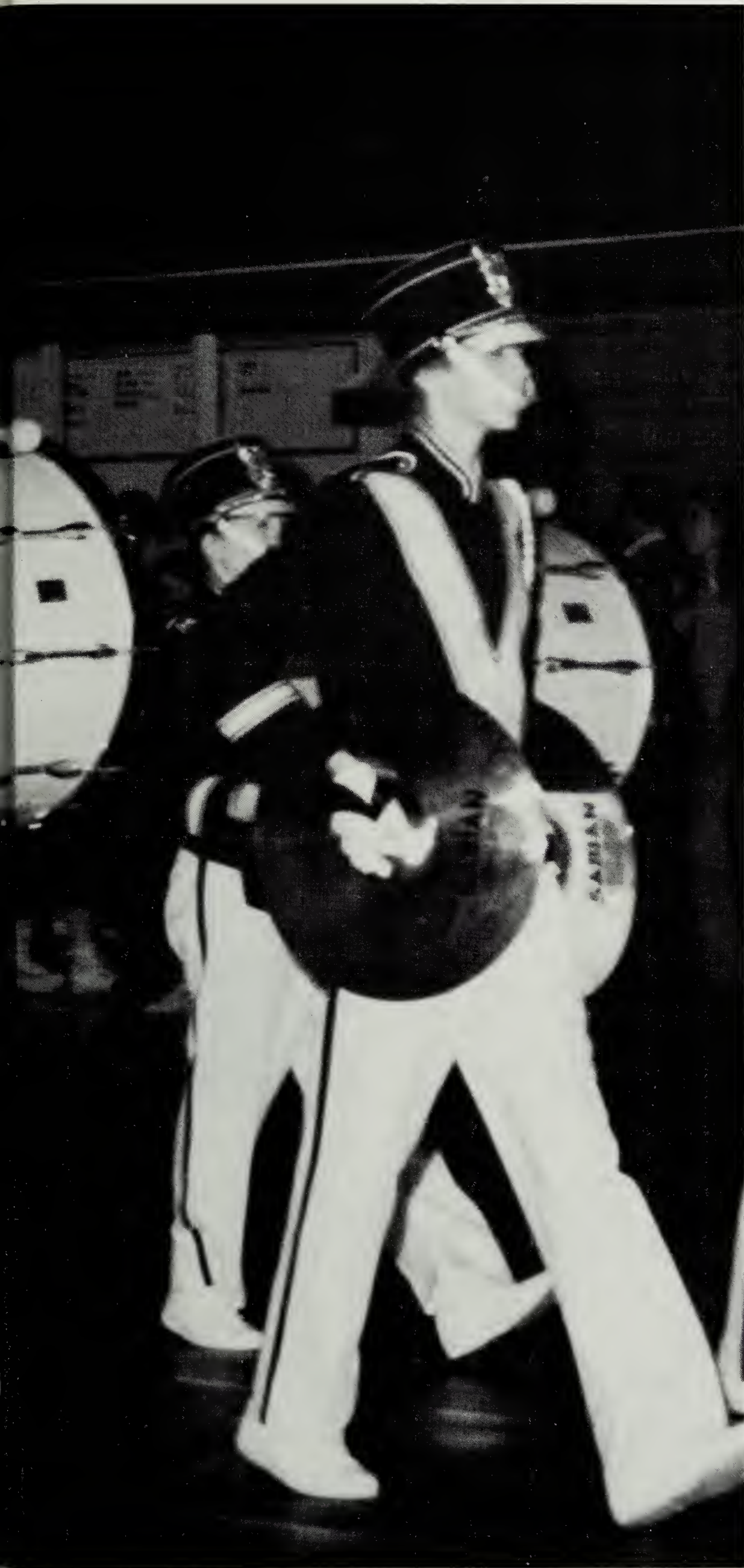
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Fade to Black

As the year came to an end, we thought slowly of what the 1996-97 school year brought to us. We celebrated good times and mourned the bad times. Yet, as we settled into the nestled world of reality, we remembered that high school was more than a challenge to our everyday lives; it was our way of living. Each day we made a new memory as we enjoyed the company of our peers and realized what true friendship really was.

Despite the memories we have kept deep in our minds of the friends and teachers whom have gone, it is time for us to move on and either expand or develop new memories. For our seniors, this will be our long trip into adulthood. We are bound to begin new experiences and face tough challenges. But, we will always be able to look back as a way to escape and remember the easy days; days of innocence and delight. These were our days; this is our story.

We are on our last run as we end our season. We will look through this book and realize that the memories we made are now the reruns of yesterday and we must proceed forward and make a new series. This book is more than a collection of pictures, it is our history; the history that we as peers, teachers, and faculty, have banded together to make impressionable. We are the world of Gar-Field; together we are a united tribe.

To all of you, I leave this book as a reflection, as a symbol, and as recognition to the yesteryears. Months of hard work and commitment went into this book and I would like to thank the year-book staff for all their support in order to meet the deadlines. It was a long four years, but we worked hard.

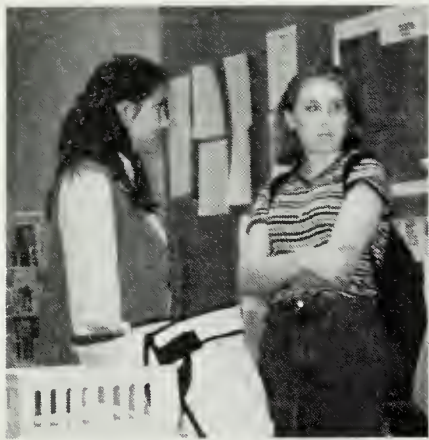
This is the end of yet another chapter in the Gar-Field Saga.

•Janet Ortiz, Editor-in-Chief

Indian Echoes

A Yearbook for the 90's

1996-97



Janet Ortiz & Erin Nicholson



Kelly Smith

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Colophon

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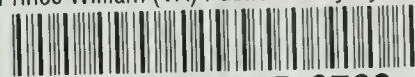
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